

Finishers by Category - Heat 1

Rundate: 06/12/2011 11:42:42 2011 SPCA Rescue Run 5 km 06/12/2011

| Cat | Plc | Place | Name | City | ST | Time | Time min/mile | Ag | Grand Prix |
|--------------------|-----|-------|-----------------------|----------------|----|----------|------------------|----|---------------|
| Women's Overall | | | | | | | | | |
| | 17 | 1/3 | Molly Catherine Roohi | King George | VA | 00:18:39 | 6:00 | 30 | 1000 |
| | 32 | 2/3 | Sara Perez | Stafford | VA | 00:20:18 | 6:32 | 33 | 998 |
| | 34 | 3/3 | Ruth Olson | Fredericksburg | VA | 00:20:26 | 6:35 | 48 | 996 |
| Women's 11 & under | | | | | | | | | |
| | 101 | 1/11 | Margo Weber | Fredericksburg | VA | 00:24:45 | 7:58 | 11 | 954 |
| | 129 | 2/11 | Delaney Galbraith | Stafford | VA | 00:26:22 | 8:29 | 11 | 930 |
| | 149 | 3/11 | Marina Petretich | Fredericksburg | VA | 00:27:27 | 8:50 | 11 | 914 |
| | 185 | 4/11 | Tristen Muterspaw | Stafford | VA | 00:29:21 | 9:27 | 8 | 860 |
| | 196 | 5/11 | Savannah Hunt | Stafford | VA | 00:29:48 | 9:36 | 10 | 848 |
| | 308 | 6/11 | Shauna Jenkins | Fredericksburg | VA | 00:35:49 | 11:32 | 10 | 682 |
| | 325 | 7/11 | Elizabeth N. Goodwin | Fredericksburg | VA | 00:37:11 | 11:58 | 7 | 652 |
| | 345 | 8/11 | Meena Woodson | Falls Church | VA | 00:40:17 | 12:58 | 6 | 622 |
| | 378 | 9/11 | Madeleine Lowe | Fredericksburg | VA | 00:46:25 | 14:56 | 9 | 570 |
| | 402 | 10/11 | McKenzie Lowe | Fredericksburg | VA | 01:02:43 | 20:11 | 7 | 532 |
| | 403 | 11/11 | Maggie Cline | King George | VA | 01:02:52 | 20:14 | 7 | 530 |
| Women's 12-19 | | | | | | | | | |
| | 89 | 1/21 | Hannah Somers | Stafford | VA | 00:24:08 | 7:46 | 18 | 962 |
| | 90 | 2/21 | Alyssa DeVane | Stafford | VA | 00:24:08 | 7:46 | 17 | 960 |
| | 98 | 3/21 | Haley Heath | Spotsylvania | VA | 00:24:31 | 7:53 | 13 | 956 |
| | 121 | 4/21 | Sydney Wiles | Spotsylvania | VA | 00:25:49 | 8:19 | 14 | 934 |
| | 130 | 5/21 | Taylor Hayes | Fredericksburg | VA | 00:26:22 | 8:29 | 13 | 928 |
| | 170 | 6/21 | Emma Dolby | Fredericksburg | VA | 00:28:52 | 9:17 | 12 | 882 |
| | 183 | 7/21 | Kelly Dills | Fredericksburg | VA | 00:29:20 | 9:26 | 13 | 864 |
| | 186 | 8/21 | Micah Dupie | Fredericksburg | VA | 00:29:22 | 9:27 | 14 | 858 |
| | 199 | 9/21 | Lauren Wick | Fredericksburg | VA | 00:29:56 | 9:38 | 12 | 844 |
| | 211 | 10/21 | Virginia Frischkorn | Locust Grove | VA | 00:30:18 | 9:45 | 15 | 832 |
| | 256 | 11/21 | Brittany McGraw | Stafford | VA | 00:32:15 | 10:23 | 33 | 762 |
| | 270 | 12/21 | Emily Fennell | Spotsylvania | VA | 00:32:48 | 10:33 | 16 | 744 |
| | 274 | 13/21 | Jessie Showalter | Fredericksburg | VA | 00:32:56 | 10:36 | 16 | 738 |
| | 291 | 14/21 | Abigail Weiderhold | Fredericksburg | VA | 00:34:27 | 11:05 | 13 | 716 |
| | 292 | 15/21 | Allison Weiderhold | Fredericksburg | VA | 00:34:27 | 11:05 | 15 | 714 |
| | 293 | 16/21 | Brandi Wick | Fredericksburg | VA | 00:34:29 | 11:06 | 17 | 712 |
| | 309 | 17/21 | Lauren Hagan | Stafford | VA | 00:35:51 | 11:32 | 18 | 680 |
| | 365 | 18/21 | Mary Pegelow | Fredericksburg | VA | 00:43:02 | 13:51 | 16 | 592 |
| | 368 | 19/21 | Marie LUPia | Fredericksburg | VA | 00:43:06 | 13:52 | 17 | 586 |
| | 374 | 20/21 | Emma Pallotti | King George | VA | 00:45:33 | 14:40 | 12 | 578 |
| | 377 | 21/21 | Victoria Hempfling | Fredericksburg | VA | 00:46:23 | 14:56 | 19 | 572 |
| Women's 20-24 | | | | | | | | | |
| | 63 | 1/13 | Katie Arquette | Fredericksburg | VA | 00:22:22 | 7:12 | 20 | 978 |
| | 66 | 2/13 | Allison Lindsey | Spotsylvania | VA | 00:22:24 | 7:13 | 22 | 974 |
| | 108 | 3/13 | Jackie Arquette | Fredericksburg | VA | 00:25:01 | 8:03 | 23 | 944 |
| | 222 | 4/13 | Rebecca Funkhouser | Fredericksburg | VA | 00:30:48 | 9:55 | 24 | 812 |
| | 224 | 5/13 | Emily Robinson | Fredericksburg | VA | 00:30:56 | 9:57 | 22 | 808 |
| | 248 | 6/13 | Emily McDonald | Fredericksburg | VA | 00:31:53 | 10:16 | 24 | 772 |
| | 268 | 7/13 | Amanda Willging | Fredericksburg | VA | 00:32:41 | 10:31 | 20 | 748 |
| | 285 | 8/13 | Nicole O'Malley | Fredericksburg | VA | 00:33:51 | 10:54 | 20 | 726 |
| | 305 | 9/13 | Morinda Moore | Fredericksburg | VA | 00:35:26 | 11:24 | 22 | 688 |
| | 306 | 10/13 | Ashlee Brown | Alexandria | VA | 00:35:27 | 11:25 | 24 | 686 |
| | 316 | 11/13 | Megan Mullins | Stafford | VA | 00:36:27 | 11:44 | 22 | 666 |
| | 341 | 12/13 | Sholeere Smith | Triangle | VA | 00:39:52 | 12:50 | 24 | 630 |
| | 367 | 13/13 | Sarah Likins | Orange | VA | 00:43:06 | 13:52 | 21 | 588 |
| Women's 25-29 | | | | | | | | | |
| | 59 | 1/30 | Bridget Kohl | Stafford | VA | 00:22:17 | 7:10 | 28 | 980 |
| | 107 | 2/30 | Joy Turkal | Fredericksburg | VA | 00:24:52 | 8:00 | 28 | 946 |
| | 133 | 3/30 | Jestine Dooney | Locust Grove | VA | 00:26:32 | 8:32 | 27 | 926 |

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| 145 | 4/30 | Brooklynn schaffer | Fredericksburg | VA | 00:27:05 | 8:43 | 27 | 918 |
| 162 | 5/30 | Amy Colgan | Fredericksburg | VA | 00:28:24 | 9:08 | 25 | 896 |
| 163 | 6/30 | Emily Likins | Orange | VA | 00:28:32 | 9:11 | 28 | 894 |
| 171 | 7/30 | Elizabeth Austin | Fredericksburg | VA | 00:28:53 | 9:18 | 28 | 880 |
| 175 | 8/30 | Jessica McDonald | Fredericksburg | VA | 00:29:00 | 9:20 | 28 | 872 |
| 178 | 9/30 | Mary Patrignani | Fredericksburg | VA | 00:29:04 | 9:21 | 27 | 868 |
| 214 | 10/30 | Rachel Pennington | Fredericksburg | VA | 00:30:20 | 9:46 | 28 | 826 |
| 215 | 11/30 | Hannah Briscoe | King George | VA | 00:30:24 | 9:47 | 27 | 824 |
| 219 | 12/30 | Amber Van Alstine | Fredericksburg | VA | 00:30:34 | 9:50 | 28 | 818 |
| 225 | 13/30 | Samantha Sperry | Spotsylvania | VA | 00:30:57 | 9:58 | 25 | 806 |
| 230 | 14/30 | Rebecca Guernsey | Fredericksburg | VA | 00:31:01 | 9:59 | 29 | 800 |
| 231 | 15/30 | Betsy Kusniez | Fredericksburg | VA | 00:31:01 | 9:59 | 28 | 798 |
| 239 | 16/30 | Jessica Critz | Fredericksburg | VA | 00:31:32 | 10:09 | 25 | 784 |
| 250 | 17/30 | Erin Brooks | Fredericksburg | VA | 00:32:03 | 10:19 | 26 | 768 |
| 251 | 18/30 | Kelly Loynes | Stafford | VA | 00:32:04 | 10:19 | 29 | 766 |
| 257 | 19/30 | Tricia Coyle | Fredericksburg | VA | 00:32:16 | 10:23 | 27 | 760 |
| 263 | 20/30 | Jennifer Sunshine | Spotsylvania | VA | 00:32:21 | 10:25 | 29 | 754 |
| 273 | 21/30 | Abigal Comeay | Fredericksburg | VA | 00:32:55 | 10:36 | 28 | 740 |
| 310 | 22/30 | Edys Small | Fredericksburg | VA | 00:36:12 | 11:39 | 25 | 678 |
| 313 | 23/30 | Kathryn Sheckels | Fredericksburg | VA | 00:36:15 | 11:40 | 25 | 672 |
| 330 | 24/30 | Maggie Dunford | Fredericksburg | VA | 00:37:53 | 12:12 | 28 | 646 |
| 337 | 25/30 | Kristi Lindberg | Stafford | VA | 00:39:13 | 12:37 | 25 | 636 |
| 338 | 26/30 | Christina Ogonowski | Stafford | VA | 00:39:14 | 12:38 | 25 | 634 |
| 353 | 27/30 | Mia Logan | Fredericksburg | VA | 00:41:14 | 13:16 | 25 | 610 |
| 366 | 28/30 | Katie Vosburg | Fredericksburg | VA | 00:43:05 | 13:52 | 26 | 590 |
| 371 | 29/30 | Christina McCartney | Fredericksburg | VA | 00:44:24 | 14:17 | 25 | 582 |
| 394 | 30/30 | Lindsay Bowden | Fairfax | VA | 00:58:53 | 18:57 | 27 | 544 |

Women's 30-34

| | | | | | | | | |
|-----|-------|---------------------|-----------------|----|----------|-------|----|-----|
| 55 | 1/32 | Melissa Cunningham | Fredericksburg | VA | 00:22:01 | 7:05 | 30 | 986 |
| 56 | 2/32 | Emily Freehling | Fredericksburg | VA | 00:22:02 | 7:06 | 31 | 984 |
| 64 | 3/32 | Erin Reid | Fredericksburg | VA | 00:22:23 | 7:12 | 34 | 976 |
| 111 | 4/32 | Meghan Heflin | Fredericksburg | VA | 00:25:16 | 8:08 | 32 | 940 |
| 141 | 5/32 | Adele Uphaus-Conner | Fredericksburg | VA | 00:26:51 | 8:39 | 30 | 922 |
| 143 | 6/32 | mindy lee | Fredericksburg | VA | 00:26:56 | 8:40 | 31 | 920 |
| 151 | 7/32 | Kate Dennis | Fredericksburg | VA | 00:27:31 | 8:51 | 30 | 912 |
| 158 | 8/32 | Christine Demetz | Bealton | VA | 00:27:52 | 8:58 | 30 | 900 |
| 165 | 9/32 | Alice Pallotti | King George | VA | 00:28:40 | 9:14 | 34 | 892 |
| 174 | 10/32 | Casey Bonds | Fredericksburg | VA | 00:28:56 | 9:19 | 30 | 874 |
| 179 | 11/32 | Cadence Heden | Fredericksburg | VA | 00:29:05 | 9:22 | 31 | 866 |
| 212 | 12/32 | Mary C Jenkins | Fredericksburg | VA | 00:30:19 | 9:45 | 31 | 830 |
| 218 | 13/32 | Nichole Langa | Fredericksburg | VA | 00:30:33 | 9:50 | 30 | 820 |
| 226 | 14/32 | Sarah Jacobson | Charlottesville | VA | 00:30:58 | 9:58 | 30 | 804 |
| 233 | 15/32 | Tiaisha Myers | Fredericksburg | VA | 00:31:11 | 10:02 | 33 | 794 |
| 235 | 16/32 | Jessica Sine | Fredericksburg | VA | 00:31:22 | 10:06 | 30 | 790 |
| 238 | 17/32 | Sarah Schmidt | Fredericksburg | VA | 00:31:28 | 10:08 | 33 | 786 |
| 267 | 18/32 | Mandy Gensimore | Fredericksburg | VA | 00:32:40 | 10:31 | 32 | 750 |
| 269 | 19/32 | Lakisha Hickman | Stafford | VA | 00:32:42 | 10:32 | 31 | 746 |
| 277 | 20/32 | Jacqueline Komar | Fredericksburg | VA | 00:33:16 | 10:42 | 31 | 736 |
| 288 | 21/32 | jaime biagi statler | Fredericksburg | VA | 00:34:09 | 11:00 | 34 | 720 |
| 290 | 22/32 | Christine O'Leary | Spotsylvania | VA | 00:34:25 | 11:05 | 34 | 718 |
| 299 | 23/32 | Christine Engelen | Dumfries | VA | 00:34:58 | 11:15 | 33 | 700 |
| 300 | 24/32 | Jodi Duffy | Fredericksburg | VA | 00:35:04 | 11:17 | 34 | 698 |
| 304 | 25/32 | Kelly Via | Fredericksburg | VA | 00:35:18 | 11:22 | 31 | 690 |
| 312 | 26/32 | Meghan Johnson | Fredericksburg | VA | 00:36:15 | 11:40 | 32 | 674 |
| 314 | 27/32 | tiffany majewski | Fredericksburg | VA | 00:36:16 | 11:40 | 34 | 670 |
| 347 | 28/32 | Mary R. Neibauer | Fredericksburg | VA | 00:40:18 | 12:58 | 30 | 620 |
| 350 | 29/32 | Julie rose | Locust Grove | VA | 00:40:50 | 13:09 | 30 | 616 |
| 389 | 30/32 | Ayree Rice | Fredericksburg | VA | 00:56:16 | 18:07 | 33 | 552 |
| 390 | 31/32 | Rebecca Needy | Fredericksburg | VA | 00:57:02 | 18:21 | 32 | 550 |
| 393 | 32/32 | Amanda Quick | Fairfax | VA | 00:58:53 | 18:57 | 32 | 546 |

Women's 35-39

| | | | | | | | | |
|----|------|----------------|----------------|----|----------|------|----|-----|
| 50 | 1/32 | Patti Gabriel | Stafford | VA | 00:21:53 | 7:03 | 36 | 992 |
| 54 | 2/32 | Aimee Fulwider | Fredericksburg | VA | 00:22:00 | 7:05 | 35 | 988 |

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| 69 | 3/32 | Lonna Mayer | Fredericksburg | VA | 00:22:49 | 7:21 | 35 | 972 |
| 73 | 4/32 | Dusty McKinnon | Dumfries | VA | 00:23:11 | 7:28 | 35 | 968 |
| 103 | 5/32 | Keli McCan | Fredericksburg | VA | 00:24:47 | 7:59 | 35 | 952 |
| 106 | 6/32 | Laurie Dew | Fredericksburg | VA | 00:24:50 | 8:00 | 37 | 948 |
| 135 | 7/32 | Cindy Horne | Fredericksburg | VA | 00:26:34 | 8:33 | 38 | 924 |
| 155 | 8/32 | Renee Almond | Unionville | VA | 00:27:47 | 8:57 | 36 | 906 |
| 156 | 9/32 | Tammy Felts | Stafford | VA | 00:27:48 | 8:57 | 35 | 904 |
| 160 | 10/32 | Mia Rodecap | King George | VA | 00:28:12 | 9:05 | 35 | 898 |
| 168 | 11/32 | JC Mason | Spotsylvania | VA | 00:28:49 | 9:17 | 38 | 886 |
| 172 | 12/32 | Laurel Jordan | Fredericksburg | VA | 00:28:55 | 9:18 | 36 | 878 |
| 173 | 13/32 | Tara Taffera | Stafford | VA | 00:28:55 | 9:18 | 37 | 876 |
| 177 | 14/32 | Niccole Taylor | Fredericksburg | VA | 00:29:02 | 9:21 | 39 | 870 |
| 200 | 15/32 | Sheri Bettis | Fredericksburg | VA | 00:29:57 | 9:38 | 35 | 842 |
| 221 | 16/32 | Dina Young | Fredericksburg | VA | 00:30:44 | 9:54 | 36 | 814 |
| 237 | 17/32 | Carolyn Garcia | King George | VA | 00:31:26 | 10:07 | 39 | 788 |
| 246 | 18/32 | Alex Mazza | Stafford | VA | 00:31:52 | 10:15 | 38 | 776 |
| 264 | 19/32 | Kymmee Persinger | Spotsylvania | VA | 00:32:22 | 10:25 | 35 | 752 |
| 278 | 20/32 | Pontarelli | Fredericksburg | VA | 00:33:17 | 10:43 | 37 | 734 |
| 298 | 21/32 | Sabrina Reese | Fredericksburg | VA | 00:34:50 | 11:13 | 37 | 702 |
| 302 | 22/32 | tracy anderson | Fredericksburg | VA | 00:35:12 | 11:20 | 37 | 694 |
| 329 | 23/32 | Amy Mueller | Fredericksburg | VA | 00:37:50 | 12:11 | 39 | 648 |
| 335 | 24/32 | Stephanie Franklin | Fredericksburg | VA | 00:38:04 | 12:15 | 37 | 640 |
| 348 | 25/32 | Dawn Baker | Fredericksburg | VA | 00:40:28 | 13:01 | 39 | 618 |
| 352 | 26/32 | Lynn Pompilio | Fredericksburg | VA | 00:41:04 | 13:13 | 37 | 612 |
| 354 | 27/32 | Andrea Clayton | Fredericksburg | VA | 00:41:18 | 13:18 | 37 | 608 |
| 373 | 28/32 | Kristie Kane | Fredericksburg | VA | 00:45:16 | 14:34 | 39 | 580 |
| 379 | 29/32 | Debbie Lowe | King George | VA | 00:46:30 | 14:58 | 37 | 568 |
| 386 | 30/32 | Victoria Tanenbaum | Fredericksburg | VA | 00:54:41 | 17:36 | 35 | 558 |
| 404 | 31/32 | Brandee Cline | King George | VA | 01:05:35 | 21:07 | 38 | 528 |
| 407 | 32/32 | Catherine Gunia | Fredericksburg | VA | 01:11:56 | 23:09 | 36 | 522 |
| Women's 40-44 | | | | | | | | |
| 35 | 1/38 | Michelle Dolby | Fredericksburg | VA | 00:20:34 | 6:37 | 43 | 994 |
| 70 | 2/38 | Helena Bozarth | Fredericksburg | VA | 00:22:54 | 7:22 | 44 | 970 |
| 76 | 3/38 | Suzanne Bain | Fredericksburg | VA | 00:23:18 | 7:30 | 44 | 966 |
| 105 | 4/38 | Susan Sinton | Fredericksburg | VA | 00:24:50 | 8:00 | 42 | 950 |
| 116 | 5/38 | Paula Harker | Spotsylvania | VA | 00:25:28 | 8:12 | 40 | 938 |
| 128 | 6/38 | Kimberly Willits | Fredericksburg | VA | 00:26:20 | 8:29 | 41 | 932 |
| 146 | 7/38 | Alicia Colgan | Stafford | VA | 00:27:10 | 8:45 | 40 | 916 |
| 157 | 8/38 | Sandy VanValkenburg | Fredericksburg | VA | 00:27:51 | 8:58 | 42 | 902 |
| 167 | 9/38 | Bonnie Heath | Spotsylvania | VA | 00:28:49 | 9:17 | 42 | 888 |
| 184 | 10/38 | Jane Yuan | Fredericksburg | VA | 00:29:20 | 9:26 | 44 | 862 |
| 189 | 11/38 | Wendy Martins-Abrell | Fredericksburg | VA | 00:29:30 | 9:30 | 40 | 856 |
| 198 | 12/38 | Mary Ann Gonzales | Stafford | VA | 00:29:52 | 9:37 | 42 | 846 |
| 201 | 13/38 | Dianne Devito | Fredericksburg | VA | 00:29:57 | 9:38 | 42 | 840 |
| 217 | 14/38 | Cindy Davis | Fredericksburg | VA | 00:30:28 | 9:48 | 40 | 822 |
| 220 | 15/38 | Jackie Colon | Fredericksburg | VA | 00:30:39 | 9:52 | 43 | 816 |
| 232 | 16/38 | Cindy Horne | Fredericksburg | VA | 00:31:09 | 10:02 | 41 | 796 |
| 242 | 17/38 | Heidi Miller | Fredericksburg | VA | 00:31:43 | 10:13 | 44 | 778 |
| 247 | 18/38 | Iris Franklin | Fredericksburg | VA | 00:31:53 | 10:16 | 42 | 774 |
| 249 | 19/38 | Jenna Conlee | Fredericksburg | VA | 00:31:56 | 10:17 | 41 | 770 |
| 254 | 20/38 | Shawn Carrington | Fredericksburg | VA | 00:32:12 | 10:22 | 42 | 764 |
| 261 | 21/38 | Anita K Gossett | Spotsylvania | VA | 00:32:18 | 10:24 | 41 | 756 |
| 271 | 22/38 | Teresa Berra | Fredericksburg | VA | 00:32:51 | 10:34 | 40 | 742 |
| 279 | 23/38 | Kitty Daniels | Stafford | VA | 00:33:22 | 10:44 | 43 | 732 |
| 294 | 24/38 | Lisa Renard-Spicer | King George | VA | 00:34:29 | 11:06 | 41 | 710 |
| 296 | 25/38 | piper foresman | Fredericksburg | VA | 00:34:37 | 11:09 | 43 | 706 |
| 301 | 26/38 | MARY WILFONG | Spotsylvania | VA | 00:35:11 | 11:19 | 41 | 696 |
| 303 | 27/38 | Wendy E. Schaeffer | King George | VA | 00:35:12 | 11:20 | 41 | 692 |
| 317 | 28/38 | Dione mazzolini | | | 00:36:32 | 11:46 | 41 | 664 |
| 320 | 29/38 | Kelly Nash | Fredericksburg | VA | 00:36:42 | 11:49 | 40 | 658 |
| 326 | 30/38 | Jalina Jovkovich | Fredericksburg | VA | 00:37:16 | 12:00 | 42 | 650 |
| 342 | 31/38 | Kathleen Klein | Rockville | MD | 00:40:08 | 12:55 | 43 | 628 |
| 356 | 32/38 | Donna Wilson | Fredericksburg | VA | 00:41:43 | 13:26 | 42 | 604 |

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| 358 | 33/38 | susie sheets | Fredericksburg | VA | 00:41:51 | 13:28 | 40 | 600 |
| 361 | 34/38 | Valerie Wick | Fredericksburg | VA | 00:42:14 | 13:36 | 42 | 598 |
| 362 | 35/38 | Char Polanosky | Spotsylvania | VA | 00:42:38 | 13:43 | 42 | 596 |
| 376 | 36/38 | Marla Stephens | Fredericksburg | VA | 00:46:13 | 14:53 | 44 | 574 |
| 388 | 37/38 | Diane Anderson | Fredericksburg | VA | 00:54:42 | 17:36 | 41 | 554 |
| 397 | 38/38 | Jennifer Clark | Spotsylvania | VA | 00:59:46 | 19:14 | 40 | 540 |
| Women's 45-49 | | | | | | | | |
| 52 | 1/16 | Carol Krill | Stafford | VA | 00:22:00 | 7:05 | 47 | 990 |
| 88 | 2/16 | Elizabeth Quinn | Stafford | VA | 00:24:07 | 7:46 | 49 | 964 |
| 110 | 3/16 | Catherine M Norvell | Spotsylvania | VA | 00:25:03 | 8:04 | 49 | 942 |
| 192 | 4/16 | Julie Weber | Fredericksburg | VA | 00:29:42 | 9:34 | 45 | 852 |
| 202 | 5/16 | Lisa Lyman | Fredericksburg | VA | 00:29:58 | 9:39 | 47 | 838 |
| 213 | 6/16 | Renee Allison | Stafford | VA | 00:30:20 | 9:46 | 48 | 828 |
| 287 | 7/16 | Linda O'Malley | Fredericksburg | VA | 00:34:06 | 10:59 | 45 | 722 |
| 297 | 8/16 | Judy Campbell | Fredericksburg | VA | 00:34:39 | 11:09 | 47 | 704 |
| 307 | 9/16 | Karen RUFF | Fredericksburg | VA | 00:35:45 | 11:30 | 49 | 684 |
| 318 | 10/16 | Julie Shahan | Fredericksburg | VA | 00:36:35 | 11:47 | 49 | 662 |
| 323 | 11/16 | Lissa Hamilton | Fredericksburg | VA | 00:37:01 | 11:55 | 47 | 654 |
| 334 | 12/16 | Karyl-Lynne Tirk | King George | VA | 00:38:04 | 12:15 | 46 | 642 |
| 336 | 13/16 | Lisa Kenney | Fredericksburg | VA | 00:38:06 | 12:16 | 45 | 638 |
| 339 | 14/16 | Nina Willging | Fredericksburg | VA | 00:39:17 | 12:39 | 47 | 632 |
| 351 | 15/16 | Kimberly Kemp | Fredericksburg | VA | 00:40:57 | 13:11 | 47 | 614 |
| 355 | 16/16 | Donna Ogonowski | Stafford | VA | 00:41:25 | 13:20 | 49 | 606 |
| Women's 50-54 | | | | | | | | |
| 57 | 1/24 | Lynne Clemo | Fredericksburg | VA | 00:22:06 | 7:07 | 51 | 982 |
| 96 | 2/24 | Leslie Rigby Kash | Round Hill | VA | 00:24:25 | 7:52 | 54 | 958 |
| 152 | 3/24 | Nancy Cooper | Colonial Beach | VA | 00:27:35 | 8:53 | 52 | 910 |
| 153 | 4/24 | Marta Lindsey | Spotsylvania | VA | 00:27:41 | 8:55 | 54 | 908 |
| 166 | 5/24 | Beth Venable | King George | VA | 00:28:47 | 9:16 | 53 | 890 |
| 169 | 6/24 | Joyce Lupia | Fredericksburg | VA | 00:28:51 | 9:17 | 53 | 884 |
| 190 | 7/24 | Robin Sampier | Stafford | VA | 00:29:36 | 9:32 | 51 | 854 |
| 193 | 8/24 | Marylee Brown | Woodbridge | VA | 00:29:45 | 9:35 | 51 | 850 |
| 208 | 9/24 | Carol Shelton | Fredericksburg | VA | 00:30:13 | 9:44 | 50 | 836 |
| 210 | 10/24 | Amy Newton | Fredericksburg | VA | 00:30:15 | 9:44 | 50 | 834 |
| 229 | 11/24 | Jeannie Dahnk | Fredericksburg | VA | 00:31:00 | 9:59 | 52 | 802 |
| 241 | 12/24 | Nadine Aguilera | Fredericksburg | VA | 00:31:40 | 10:12 | 50 | 780 |
| 259 | 13/24 | Betty Claytor | Spotsylvania | VA | 00:32:17 | 10:23 | 50 | 758 |
| 281 | 14/24 | Barbara Toellner | Fredericksburg | VA | 00:33:32 | 10:48 | 53 | 728 |
| 295 | 15/24 | Beth Fletcher | Spotsylvania | VA | 00:34:31 | 11:07 | 50 | 708 |
| 315 | 16/24 | Cindy Habercom | Palm Bay | FL | 00:36:19 | 11:41 | 53 | 668 |
| 331 | 17/24 | Mary Ann Ante-Amburgey | Fredericksburg | VA | 00:37:53 | 12:12 | 54 | 644 |
| 343 | 18/24 | Mary Dann | Silver Spring | MD | 00:40:14 | 12:57 | 54 | 626 |
| 344 | 19/24 | Tammy Kovaly | Fredericksburg | VA | 00:40:15 | 12:57 | 53 | 624 |
| 357 | 20/24 | Debbie Pereira | Fredericksburg | VA | 00:41:44 | 13:26 | 53 | 602 |
| 375 | 21/24 | Terry Brunshron | Fredericksburg | VA | 00:45:50 | 14:45 | 51 | 576 |
| 381 | 22/24 | Kathy Coombs | Locust Grove | VA | 00:47:09 | 15:11 | 52 | 566 |
| 382 | 23/24 | Dana Hasty | Woodbridge | VA | 00:47:20 | 15:14 | 53 | 564 |
| 385 | 24/24 | Barbara Taylor | King George | VA | 00:54:38 | 17:35 | 50 | 560 |
| Women's 55-59 | | | | | | | | |
| 240 | 1/7 | Debbie Arquette | Fredericksburg | VA | 00:31:33 | 10:09 | 55 | 782 |
| 369 | 2/7 | Gillian Likins | Orange | VA | 00:43:07 | 13:53 | 56 | 584 |
| 384 | 3/7 | Ann Marie Khinoo | Bumpass | VA | 00:53:05 | 17:05 | 57 | 562 |
| 395 | 4/7 | Judy Wragg | Clifton | VA | 00:59:11 | 19:03 | 57 | 542 |
| 400 | 5/7 | Roberta Simpson | Spotsylvania | VA | 01:02:00 | 19:57 | 56 | 536 |
| 401 | 6/7 | Juanita Francis | King George | VA | 01:02:37 | 20:09 | 56 | 534 |
| 406 | 7/7 | Patricia Fox | Spotsylvania | VA | 01:11:54 | 23:09 | 57 | 524 |
| Women's 60-69 | | | | | | | | |
| 120 | 1/11 | Kathleen Fike | King George | VA | 00:25:40 | 8:16 | 61 | 936 |
| 223 | 2/11 | Brenda Purcell | Louisa | VA | 00:30:53 | 9:56 | 62 | 810 |
| 234 | 3/11 | Nancy Morrissette | Stafford | VA | 00:31:11 | 10:02 | 63 | 792 |
| 280 | 4/11 | Alice Austiff | King George | VA | 00:33:31 | 10:47 | 62 | 730 |
| 286 | 5/11 | Jannette Martin | Fredericksburg | VA | 00:34:02 | 10:57 | 60 | 724 |
| 311 | 6/11 | Trudy Monroe | Fredericksburg | VA | 00:36:14 | 11:40 | 64 | 676 |

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|------------------|-------|--------------------------|----------------|----|----------|-------|----|------|
| 321 | 7/11 | Marcia Hall | King George | VA | 00:36:47 | 11:50 | 67 | 656 |
| 364 | 8/11 | Anita Perrow | Stafford | VA | 00:42:50 | 13:47 | 62 | 594 |
| 391 | 9/11 | Mona Lamb | Spotsylvania | VA | 00:57:49 | 18:37 | 61 | 548 |
| 398 | 10/11 | Alice M. Collins | Fredericksburg | VA | 00:59:46 | 19:14 | 63 | 538 |
| 405 | 11/11 | Ruby Roberts | Fredericksburg | VA | 01:11:54 | 23:09 | 65 | 526 |
| Women's 70+ | | | | | | | | |
| 319 | 1/1 | Arlowene Garland | Warsaw | VA | 00:36:41 | 11:48 | 72 | 660 |
| Women's Others | | | | | | | | |
| 387 | 1/1 | Marilyn Eichelberger | Fredericksburg | VA | 00:54:41 | 17:36 | 1 | 556 |
| Men's Overall | | | | | | | | |
| 1 | 1/3 | Bert Jacoby | Fredericksburg | VA | 00:16:20 | 5:15 | 28 | 1000 |
| 2 | 2/3 | Ted Poulos | McLean | VA | 00:17:39 | 5:41 | 49 | 998 |
| 3 | 3/3 | Justin C. Neibauer | Fredericksburg | VA | 00:17:42 | 5:42 | 30 | 996 |
| Men's 11 & under | | | | | | | | |
| 67 | 1/10 | Paul Pierce | Fredericksburg | VA | 00:22:26 | 7:13 | 11 | 896 |
| 81 | 2/10 | Nick Pierce | Fredericksburg | VA | 00:23:42 | 7:38 | 11 | 876 |
| 91 | 3/10 | Mitchell Dolby | Fredericksburg | VA | 00:24:12 | 7:47 | 10 | 862 |
| 125 | 4/10 | Dalton Muterspaw | Stafford | VA | 00:26:07 | 8:24 | 11 | 820 |
| 131 | 5/10 | Kyle Ernandes | Spotsylvania | VA | 00:26:26 | 8:30 | 7 | 814 |
| 139 | 6/10 | Russ Pierce | Fredericksburg | VA | 00:26:44 | 8:36 | 11 | 802 |
| 140 | 7/10 | Jet Hayes | Fredericksburg | VA | 00:26:47 | 8:37 | 11 | 800 |
| 154 | 8/10 | Andrew Willging | Fredericksburg | VA | 00:27:46 | 8:56 | 11 | 788 |
| 332 | 9/10 | Zachary Franklin | Fredericksburg | VA | 00:38:01 | 12:14 | 9 | 696 |
| 370 | 10/10 | THOMAS WILFONG | Spotsylvania | VA | 00:43:10 | 13:54 | 9 | 680 |
| Men's 12-19 | | | | | | | | |
| 7 | 1/19 | Kyle Pfohl | Fredericksburg | VA | 00:17:55 | 5:46 | 16 | 988 |
| 12 | 2/19 | Neil Schubel | Fredericksburg | VA | 00:18:24 | 5:55 | 14 | 978 |
| 16 | 3/19 | Patrick O'Connor III | Locust Grove | VA | 00:18:39 | 6:00 | 15 | 970 |
| 19 | 4/19 | Garrett Horne | Fredericksburg | VA | 00:19:01 | 6:07 | 15 | 966 |
| 29 | 5/19 | Sam Glover | Fredericksburg | VA | 00:20:14 | 6:31 | 17 | 946 |
| 31 | 6/19 | Jacob Smith | Spotsylvania | VA | 00:20:17 | 6:32 | 14 | 942 |
| 41 | 7/19 | Hunter Renard | King George | VA | 00:20:58 | 6:45 | 15 | 928 |
| 45 | 8/19 | John Woodburn | Fredericksburg | VA | 00:21:23 | 6:53 | 16 | 920 |
| 48 | 9/19 | Jessie Woodburn | Fredericksburg | VA | 00:21:44 | 7:00 | 18 | 914 |
| 77 | 10/19 | Christopher Willgiing | Fredericksburg | VA | 00:23:21 | 7:31 | 15 | 884 |
| 78 | 11/19 | Shawn O'Malley | Fredericksburg | VA | 00:23:35 | 7:35 | 17 | 882 |
| 79 | 12/19 | Hunter Wilfong | Spotsylvania | VA | 00:23:37 | 7:36 | 12 | 880 |
| 82 | 13/19 | Noah Holmes Foster | Fredericksburg | VA | 00:23:47 | 7:39 | 13 | 874 |
| 85 | 14/19 | Daniel | Fredericksburg | VA | 00:23:57 | 7:43 | 18 | 868 |
| 114 | 15/19 | Matthew Davis | Partlow | VA | 00:25:25 | 8:11 | 15 | 836 |
| 115 | 16/19 | Nick Polanosky | Spotsylvania | VA | 00:25:26 | 8:11 | 14 | 834 |
| 144 | 17/19 | Aaron O'Leary | Spotsylvania | VA | 00:27:01 | 8:42 | 14 | 796 |
| 159 | 18/19 | Tyler Osowski | Fredericksburg | VA | 00:27:56 | 8:59 | 12 | 786 |
| 182 | 19/19 | James Clayton III | Stafford | VA | 00:29:19 | 9:26 | 19 | 774 |
| Men's 20-24 | | | | | | | | |
| 11 | 1/9 | Matthew Resnick | Fredericksburg | VA | 00:18:09 | 5:51 | 24 | 980 |
| 15 | 2/9 | Paul Cornelius Jerry | King George | VA | 00:18:36 | 5:59 | 21 | 972 |
| 42 | 3/9 | Denis Anothonia Gonzalez | Silver Spring | MD | 00:20:59 | 6:45 | 20 | 926 |
| 68 | 4/9 | Todd H. Repass III | Fredericksburg | VA | 00:22:36 | 7:16 | 20 | 894 |
| 84 | 5/9 | Matthew Armentrout | Fredericksburg | VA | 00:23:57 | 7:43 | 24 | 870 |
| 137 | 6/9 | Michael Dickson | Stafford | VA | 00:26:38 | 8:34 | 24 | 806 |
| 147 | 7/9 | Kyle Pfaff | Fredericksburg | VA | 00:27:18 | 8:47 | 20 | 794 |
| 164 | 8/9 | Matt Cruz | Ruther Glen | VA | 00:28:39 | 9:13 | 24 | 782 |
| 236 | 9/9 | Jamie Ellis | Spotsylvania | VA | 00:31:26 | 10:07 | 21 | 742 |
| Men's 25-29 | | | | | | | | |
| 13 | 1/13 | Jeff Branscome | Fredericksburg | VA | 00:18:24 | 5:55 | 29 | 976 |
| 14 | 2/13 | Nick Dunford | Fredericksburg | VA | 00:18:32 | 5:58 | 28 | 974 |
| 21 | 3/13 | Wesley Rogers | King George | VA | 00:19:13 | 6:11 | 27 | 962 |
| 58 | 4/13 | Eric Menendez | Stafford | VA | 00:22:08 | 7:07 | 26 | 906 |
| 100 | 5/13 | jeremy Eck | Stafford | VA | 00:24:39 | 7:56 | 29 | 848 |
| 102 | 6/13 | Eric Hohman | Boston | VA | 00:24:45 | 7:58 | 29 | 846 |
| 127 | 7/13 | Ryan Skupski | Fredericksburg | VA | 00:26:15 | 8:27 | 27 | 816 |
| 142 | 8/13 | Matthew McCartney | Fredericksburg | VA | 00:26:51 | 8:39 | 25 | 798 |

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|-------------|-------|-------------------------|----------------|----|----------|-------|----|-----|
| 203 | 9/13 | Chris Patrignani | Fredericksburg | VA | 00:29:58 | 9:39 | 27 | 760 |
| 205 | 10/13 | SCOTT BRISCOE | King George | VA | 00:30:09 | 9:42 | 27 | 756 |
| 206 | 11/13 | Brian Lamb | Spotsylvania | VA | 00:30:10 | 9:43 | 27 | 754 |
| 245 | 12/13 | Aaron Spicer | King George | VA | 00:31:49 | 10:14 | 28 | 736 |
| 349 | 13/13 | Kyle Rose | Locust Grove | VA | 00:40:50 | 13:09 | 29 | 688 |
| Men's 30-34 | | | | | | | | |
| 5 | 1/20 | Jeremy Lynch | Falls Church | VA | 00:17:53 | 5:45 | 30 | 992 |
| 6 | 2/20 | Zach Whalen | Fredericksburg | VA | 00:17:54 | 5:46 | 31 | 990 |
| 26 | 3/20 | james hayner | Fredericksburg | VA | 00:20:00 | 6:26 | 30 | 952 |
| 36 | 4/20 | Jay Fitzsimmons | King George | VA | 00:20:36 | 6:38 | 31 | 938 |
| 38 | 5/20 | Rodger Palko | Fredericksburg | VA | 00:20:47 | 6:41 | 32 | 934 |
| 65 | 6/20 | Edwin Wyant | Fredericksburg | VA | 00:22:24 | 7:13 | 32 | 898 |
| 71 | 7/20 | Paul Oldt | Fredericksburg | VA | 00:22:57 | 7:23 | 32 | 892 |
| 74 | 8/20 | ALFRED HICKMAN | Stafford | VA | 00:23:15 | 7:29 | 33 | 888 |
| 83 | 9/20 | Nick Hoben | Partlow | VA | 00:23:51 | 7:41 | 34 | 872 |
| 97 | 10/20 | Shirodkar Lane | Stafford | VA | 00:24:29 | 7:53 | 32 | 852 |
| 126 | 11/20 | Brad Duffy | Fredericksburg | VA | 00:26:12 | 8:26 | 34 | 818 |
| 136 | 12/20 | Christopher Meyer | Fredericksburg | VA | 00:26:37 | 8:34 | 30 | 808 |
| 180 | 13/20 | Van Garcia | Fredericksburg | VA | 00:29:10 | 9:23 | 30 | 778 |
| 191 | 14/20 | Jason Kitchen | Fredericksburg | VA | 00:29:38 | 9:32 | 34 | 768 |
| 207 | 15/20 | Douglas Phelan | Fredericksburg | VA | 00:30:11 | 9:43 | 33 | 752 |
| 209 | 16/20 | Nathan Rodecap | King George | VA | 00:30:14 | 9:44 | 34 | 750 |
| 324 | 17/20 | Shawn Mclendy | Fredericksburg | VA | 00:37:08 | 11:57 | 32 | 702 |
| 340 | 18/20 | thomas majewski | Fredericksburg | VA | 00:39:37 | 12:45 | 34 | 692 |
| 346 | 19/20 | Josh Woodson | Falls Church | VA | 00:40:17 | 12:58 | 31 | 690 |
| 399 | 20/20 | Alison Moss | Spotsylvania | VA | 01:02:00 | 19:57 | 30 | 668 |
| Men's 35-39 | | | | | | | | |
| 4 | 1/16 | E.J. O'Malley | Stafford | VA | 00:17:51 | 5:45 | 36 | 994 |
| 10 | 2/16 | Chris Leggett | Ruther Glen | VA | 00:18:07 | 5:50 | 36 | 982 |
| 25 | 3/16 | Andy Gotchel | King George | VA | 00:19:57 | 6:25 | 39 | 954 |
| 28 | 4/16 | Jeff Modliszewski | Fredericksburg | VA | 00:20:14 | 6:31 | 35 | 948 |
| 60 | 5/16 | Bob Appleton | Fredericksburg | VA | 00:22:18 | 7:11 | 37 | 904 |
| 87 | 6/16 | Anthony Pontarelli | Fredericksburg | VA | 00:24:06 | 7:45 | 38 | 864 |
| 99 | 7/16 | Mike Knutson | Fredericksburg | VA | 00:24:34 | 7:54 | 39 | 850 |
| 113 | 8/16 | Shawn Pallotti | King George | VA | 00:25:20 | 8:09 | 37 | 838 |
| 118 | 9/16 | Hugh Thatcher | Fredericksburg | VA | 00:25:34 | 8:14 | 39 | 830 |
| 123 | 10/16 | Ron Tiberio | Fredericksburg | VA | 00:25:58 | 8:21 | 36 | 824 |
| 150 | 11/16 | Brian Higgins | Fredericksburg | VA | 00:27:31 | 8:51 | 36 | 790 |
| 194 | 12/16 | Luigi onofrio Castiglia | Spotsylvania | VA | 00:29:47 | 9:35 | 35 | 766 |
| 195 | 13/16 | David Hunt | Stafford | VA | 00:29:48 | 9:36 | 39 | 764 |
| 282 | 14/16 | Jeff Small | Fredericksburg | VA | 00:33:34 | 10:48 | 39 | 712 |
| 333 | 15/16 | Brian Wilfong | Spotsylvania | VA | 00:38:01 | 12:14 | 39 | 694 |
| 372 | 16/16 | Mark Romeo | Fredericksburg | VA | 00:44:35 | 14:21 | 37 | 678 |
| Men's 40-44 | | | | | | | | |
| 30 | 1/15 | Garth Horne | Fredericksburg | VA | 00:20:15 | 6:31 | 43 | 944 |
| 37 | 2/15 | Mark Reeves | Fredericksburg | VA | 00:20:45 | 6:41 | 44 | 936 |
| 51 | 3/15 | James B LaFratta | Fredericksburg | VA | 00:21:58 | 7:04 | 44 | 910 |
| 61 | 4/15 | Ciro Marchetti | Fredericksburg | VA | 00:22:19 | 7:11 | 43 | 902 |
| 86 | 5/15 | Robert Aven | Spotsylvania | VA | 00:24:00 | 7:43 | 42 | 866 |
| 92 | 6/15 | Andrew Dolby | Fredericksburg | VA | 00:24:13 | 7:48 | 43 | 860 |
| 93 | 7/15 | Michael Kamin | Fredericksburg | VA | 00:24:18 | 7:49 | 41 | 858 |
| 95 | 8/15 | Timothy Daniels | Stafford | VA | 00:24:20 | 7:50 | 43 | 854 |
| 109 | 9/15 | travis sheets | Fredericksburg | VA | 00:25:02 | 8:03 | 41 | 842 |
| 161 | 10/15 | Paul Terebesi | Fredericksburg | VA | 00:28:20 | 9:07 | 42 | 784 |
| 204 | 11/15 | James Clayton | Fredericksburg | VA | 00:30:00 | 9:39 | 43 | 758 |
| 258 | 12/15 | John McGraw | Stafford | VA | 00:32:16 | 10:23 | 41 | 728 |
| 275 | 13/15 | Steven Showalter | Fredericksburg | VA | 00:32:56 | 10:36 | 43 | 716 |
| 284 | 14/15 | Aubrey Heflin | Fredericksburg | VA | 00:33:50 | 10:53 | 40 | 708 |
| 359 | 15/15 | David Anderson | Fredericksburg | VA | 00:41:53 | 13:29 | 42 | 686 |
| Men's 45-49 | | | | | | | | |
| 8 | 1/14 | Glenn Oxford | Fredericksburg | VA | 00:17:57 | 5:47 | 46 | 986 |
| 18 | 2/14 | Duane Williamson | Warrenton | VA | 00:18:55 | 6:05 | 47 | 968 |
| 20 | 3/14 | Mike Cutright | Fredericksburg | VA | 00:19:09 | 6:10 | 45 | 964 |

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| 44 | 4/14 | Charles Penn | Fredericksburg | VA | 00:21:15 | 6:50 | 48 | 922 |
| 62 | 5/14 | Patrick Willging | Fredericksburg | VA | 00:22:21 | 7:12 | 45 | 900 |
| 104 | 6/14 | Chris Ernandes | Spotsylvania | VA | 00:24:49 | 7:59 | 45 | 844 |
| 112 | 7/14 | Dimas Santos | Spotsylvania | VA | 00:25:17 | 8:08 | 48 | 840 |
| 119 | 8/14 | Ralph Lewis | Fredericksburg | VA | 00:25:36 | 8:14 | 48 | 828 |
| 122 | 9/14 | Guy Gormley | Fredericksburg | VA | 00:25:55 | 8:21 | 45 | 826 |
| 132 | 10/14 | Darius Wilson | Fredericksburg | VA | 00:26:28 | 8:31 | 46 | 812 |
| 188 | 11/14 | Les Abrell | Fredericksburg | VA | 00:29:29 | 9:29 | 46 | 770 |
| 255 | 12/14 | Holly Powell | Fredericksburg | VA | 00:32:12 | 10:22 | 46 | 730 |
| 265 | 13/14 | Michael Lloyd | King George | VA | 00:32:22 | 10:25 | 48 | 722 |
| 360 | 14/14 | Michael Vittoria | Fredericksburg | VA | 00:42:09 | 13:34 | 47 | 684 |

Men's 50-54

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|-----|-------|-------------------|----------------|----|----------|-------|----|-----|
| 9 | 1/21 | Terry McLaughlin | Spotsylvania | VA | 00:17:58 | 5:47 | 50 | 984 |
| 23 | 2/21 | David Lovegrove | Fredericksburg | VA | 00:19:37 | 6:19 | 54 | 958 |
| 24 | 3/21 | Jack Morrison | Fredericksburg | VA | 00:19:50 | 6:23 | 51 | 956 |
| 27 | 4/21 | William Hamilton | Fredericksburg | VA | 00:20:07 | 6:28 | 53 | 950 |
| 40 | 5/21 | Mike Cannon | Springfield | VA | 00:20:55 | 6:44 | 53 | 930 |
| 43 | 6/21 | Bret Schmidt | Fredericksburg | VA | 00:21:12 | 6:49 | 52 | 924 |
| 46 | 7/21 | Mike Brooks | Fredericksburg | VA | 00:21:35 | 6:57 | 54 | 918 |
| 47 | 8/21 | David Smith | Tappahannock | VA | 00:21:43 | 6:59 | 54 | 916 |
| 80 | 9/21 | John L Timmerman | Fredericksburg | VA | 00:23:40 | 7:37 | 53 | 878 |
| 124 | 10/21 | Mike Rogers | King George | VA | 00:26:01 | 8:22 | 53 | 822 |
| 148 | 11/21 | Daniel Hansen | Fredericksburg | VA | 00:27:22 | 8:49 | 54 | 792 |
| 176 | 12/21 | David Rasmussen | King George | VA | 00:29:00 | 9:20 | 53 | 780 |
| 216 | 13/21 | Keith Amburgey | Fredericksburg | VA | 00:30:27 | 9:48 | 52 | 748 |
| 227 | 14/21 | Doug Pfaff | Fredericksburg | VA | 00:30:59 | 9:58 | 52 | 746 |
| 228 | 15/21 | William Glover | Fredericksburg | VA | 00:31:00 | 9:59 | 50 | 744 |
| 243 | 16/21 | David Ruggieri | Spotsylvania | VA | 00:31:46 | 10:13 | 54 | 740 |
| 244 | 17/21 | William Nebiker | Fredericksburg | VA | 00:31:47 | 10:14 | 50 | 738 |
| 260 | 18/21 | Marty Claytor | Spotsylvania | VA | 00:32:17 | 10:23 | 50 | 726 |
| 289 | 19/21 | Denny Keffer | Fredericksburg | VA | 00:34:17 | 11:02 | 54 | 706 |
| 328 | 20/21 | Michael Ogonowski | Stafford | VA | 00:37:30 | 12:04 | 50 | 698 |
| 363 | 21/21 | Doug Dickson | Fredericksburg | VA | 00:42:42 | 13:45 | 50 | 682 |

Men's 55-59

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|-----|-------|------------------|----------------|----|----------|-------|----|-----|
| 22 | 1/15 | Jeff Peterson | Fredericksburg | VA | 00:19:33 | 6:18 | 55 | 960 |
| 33 | 2/15 | Steve Sakry | Stafford | VA | 00:20:21 | 6:33 | 58 | 940 |
| 39 | 3/15 | Rolando Pancotti | Fredericksburg | VA | 00:20:52 | 6:43 | 57 | 932 |
| 49 | 4/15 | Paul Weber | Fredericksburg | VA | 00:21:52 | 7:02 | 55 | 912 |
| 72 | 5/15 | Paul Riede | Stafford | VA | 00:23:10 | 7:27 | 59 | 890 |
| 75 | 6/15 | Larry Anderson | Springfield | VA | 00:23:18 | 7:30 | 55 | 886 |
| 117 | 7/15 | John Henderson | Fredericksburg | VA | 00:25:29 | 8:12 | 57 | 832 |
| 197 | 8/15 | Ralph Arquette | Fredericksburg | VA | 00:29:50 | 9:36 | 55 | 762 |
| 262 | 9/15 | Wayne Baker | Stafford | VA | 00:32:20 | 10:24 | 59 | 724 |
| 272 | 10/15 | Willard Sipple | Fredericksburg | VA | 00:32:53 | 10:35 | 57 | 718 |
| 276 | 11/15 | Roger Austiff | King George | VA | 00:33:09 | 10:40 | 57 | 714 |
| 322 | 12/15 | Bob Brammer | Fredericksburg | VA | 00:36:54 | 11:53 | 58 | 704 |
| 327 | 13/15 | tim zafrano | Locust Grove | VA | 00:37:21 | 12:01 | 56 | 700 |
| 380 | 14/15 | Guy L Tirk | King George | VA | 00:47:01 | 15:08 | 55 | 676 |
| 408 | 15/15 | Gary Best | Fredericksburg | VA | 01:11:56 | 23:09 | 56 | 666 |

Men's 60-69

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|-----|-------|-------------------|----------------|----|----------|-------|----|-----|
| 53 | 1/10 | Allan McLearn | Rochelle | VA | 00:22:00 | 7:05 | 60 | 908 |
| 94 | 2/10 | steve schaeffer | Mt Airy | MD | 00:24:20 | 7:50 | 62 | 856 |
| 134 | 3/10 | Stephen C. Fisher | Fredericksburg | VA | 00:26:33 | 8:33 | 63 | 810 |
| 138 | 4/10 | Dave Thomen | Stafford | VA | 00:26:43 | 8:36 | 61 | 804 |
| 181 | 5/10 | Durrell Boyd | King George | VA | 00:29:15 | 9:25 | 67 | 776 |
| 253 | 6/10 | Kerry Wyant | Colonial Beach | VA | 00:32:06 | 10:20 | 67 | 732 |
| 283 | 7/10 | William J Murray | Fredericksburg | VA | 00:33:42 | 10:51 | 65 | 710 |
| 383 | 8/10 | William Stevens | Bumpass | VA | 00:51:17 | 16:30 | 65 | 674 |
| 392 | 9/10 | Charles Hayward | Stafford | VA | 00:58:52 | 18:57 | 64 | 672 |
| 396 | 10/10 | Lew Doggett | Fredericksburg | VA | 00:59:11 | 19:03 | 64 | 670 |

Men's 70 and over

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|-----|-----|----------------|-------------|----|----------|-------|----|-----|
| 187 | 1/3 | Tom Kenney | Glen Echo | MD | 00:29:23 | 9:27 | 78 | 772 |
| 252 | 2/3 | Charles C Hall | King George | VA | 00:32:05 | 10:20 | 70 | 734 |

