

Finishers by Category - Heat 1

Rundate: 04/18/2015 11:36:07 2015 Stafford Hospital 5km 04/18/2015

| Cat | Plc | Place | Name | City | ST | StartInt | ChipTime | Gun Time | Time | Time | min/mile | Ag | Grand Prix | Bib # |
|--------------------|-----|-------|---------------------|----------------|----|----------|----------|----------|----------|------|----------|----|------------|-------|
| Women's Overall | | | | | | | | | | | | | | |
| | 16 | 1/3 | Sara Lasker | Ashland | VA | 00:00:05 | 00:19:57 | 00:20:02 | 00:19:57 | | 6:25 | 24 | 1000 | 422 |
| | 21 | 2/3 | Liz Lauzon | Spotsylvania | VA | 00:00:01 | 00:21:02 | 00:21:03 | 00:21:02 | | 6:46 | 27 | 998 | 426 |
| | 22 | 3/3 | Vicky Jaspardo | Fredericksburg | VA | 00:00:01 | 00:21:12 | 00:21:13 | 00:21:12 | | 6:49 | 41 | 996 | 983 |
| Women's 14 & under | | | | | | | | | | | | | | |
| | 46 | 1/10 | Caroline Jones | Fredericksburg | VA | 00:00:04 | 00:22:45 | 00:22:49 | 00:22:45 | | 7:19 | 14 | 982 | 966 |
| | 61 | 2/10 | SYDNEY MAYNARD | Fredericksburg | VA | 00:00:02 | 00:24:33 | 00:24:35 | 00:24:33 | | 7:54 | 11 | 972 | 991 |
| | 67 | 3/10 | Niamh Connell | Fredericksburg | VA | 00:00:01 | 00:25:09 | 00:25:10 | 00:25:09 | | 8:06 | 13 | 966 | 704 |
| | 73 | 4/10 | Enya Cea-Lavin | Fredericksburg | VA | 00:00:02 | 00:25:20 | 00:25:22 | 00:25:20 | | 8:09 | 11 | 960 | 701 |
| | 87 | 5/10 | Adia Goldsmith | Fredericksburg | VA | 00:00:02 | 00:27:00 | 00:27:02 | 00:27:00 | | 8:41 | 12 | 946 | 388 |
| | 100 | 6/10 | Mary Dzibela | Fredericksburg | VA | 00:00:07 | 00:28:02 | 00:28:09 | 00:28:02 | | 9:01 | 9 | 936 | 375 |
| | 150 | 7/10 | Jessica Nester | King George | VA | 00:00:22 | 00:33:36 | 00:33:58 | 00:33:36 | | 10:49 | 10 | 890 | 457 |
| | 195 | 8/10 | Priya Singh | Stafford | VA | 00:00:04 | 00:38:38 | 00:38:42 | 00:38:38 | | 12:26 | 12 | 832 | 330 |
| | 250 | 9/10 | Skylar McDaniel | Stafford | VA | 00:00:27 | 00:49:31 | 00:49:58 | 00:49:31 | | 15:56 | 12 | 752 | 445 |
| | 252 | 10/10 | Morighan Whitfield | Spotsylvania | VA | 00:00:19 | 00:50:21 | 00:50:40 | 00:50:21 | | 16:12 | 6 | 748 | 302 |
| Women's 15-19 | | | | | | | | | | | | | | |
| | 70 | 1/6 | Jade Tucker | Fredericksburg | VA | 00:00:18 | 00:24:56 | 00:25:14 | 00:24:56 | | 8:02 | 16 | 964 | 951 |
| | 104 | 2/6 | Olivia Santos | Spotsylvania | VA | 00:00:10 | 00:28:20 | 00:28:30 | 00:28:20 | | 9:07 | 17 | 930 | 492 |
| | 122 | 3/6 | Cidalia Santos | Spotsylvania | VA | 00:00:09 | 00:29:56 | 00:30:05 | 00:29:56 | | 9:38 | 17 | 918 | 488 |
| | 196 | 4/6 | Cassidy Powell | Fredericksburg | VA | 00:00:15 | 00:38:30 | 00:38:45 | 00:38:30 | | 12:24 | 17 | 830 | 292 |
| | 197 | 5/6 | Emerson Golden | Fredericksburg | VA | 00:00:15 | 00:38:31 | 00:38:46 | 00:38:31 | | 12:24 | 17 | 828 | 279 |
| | 219 | 6/6 | Savannah Ochs | Fredericksburg | VA | 00:00:24 | 00:41:23 | 00:41:47 | 00:41:23 | | 13:19 | 16 | 794 | 290 |
| Women's 20-24 | | | | | | | | | | | | | | |
| | 192 | 1/7 | Megan Hesse | King George | VA | 00:00:25 | 00:37:48 | 00:38:13 | 00:37:48 | | 12:10 | 24 | 836 | 403 |
| | 208 | 2/7 | Tiffany Merrill | Stafford | VA | 00:00:26 | 00:39:29 | 00:39:55 | 00:39:29 | | 12:43 | 24 | 808 | 319 |
| | 230 | 3/7 | Brittany Murphy | Fredericksburg | VA | 00:00:02 | 00:44:30 | 00:44:32 | 00:44:30 | | 14:19 | 22 | 778 | 455 |
| | 231 | 4/7 | Kendra Childs | Fredericksburg | VA | 00:00:09 | 00:44:26 | 00:44:35 | 00:44:26 | | 14:18 | 22 | 776 | 266 |
| | 256 | 5/7 | Jillian Gregory | Fredericksburg | VA | 00:00:10 | 00:52:44 | 00:52:54 | 00:52:44 | | 16:58 | 22 | 744 | 280 |
| | 257 | 6/7 | Amanda Strawn | Fredericksburg | VA | 00:00:11 | 00:52:43 | 00:52:54 | 00:52:43 | | 16:58 | 24 | 742 | 298 |
| | 275 | 7/7 | Maria Buel | Fredericksburg | VA | 00:00:15 | 00:58:18 | 00:58:33 | 00:58:18 | | 18:46 | 23 | 712 | 353 |
| Women's 25-29 | | | | | | | | | | | | | | |
| | 77 | 1/9 | Charde Hall | Fredericksburg | VA | 00:00:07 | 00:25:30 | 00:25:37 | 00:25:30 | | 8:12 | 28 | 956 | 395 |
| | 98 | 2/9 | Emily Hopely | Fredericksburg | VA | 00:00:10 | 00:27:55 | 00:28:05 | 00:27:55 | | 8:59 | 28 | 940 | 996 |
| | 107 | 3/9 | Chelsey Halsey | Fredericksburg | VA | 00:00:10 | 00:28:40 | 00:28:50 | 00:28:40 | | 9:14 | 25 | 928 | 315 |
| | 120 | 4/9 | Kristen VanderWijst | Fredericksburg | VA | 00:00:08 | 00:29:49 | 00:29:57 | 00:29:49 | | 9:36 | 26 | 920 | 953 |
| | 128 | 5/9 | Katie Spaulding | Stafford | VA | 00:00:09 | 00:30:31 | 00:30:40 | 00:30:31 | | 9:49 | 28 | 910 | 938 |
| | 163 | 6/9 | Sarah Runyon | Stafford | VA | 00:00:08 | 00:35:08 | 00:35:16 | 00:35:08 | | 11:18 | 25 | 872 | 296 |
| | 178 | 7/9 | Holly Evans | Stafford | VA | 00:00:27 | 00:36:31 | 00:36:58 | 00:36:31 | | 11:45 | 29 | 848 | 273 |
| | 194 | 8/9 | Sarah Guill | Fredericksburg | VA | 00:00:14 | 00:38:18 | 00:38:32 | 00:38:18 | | 12:20 | 27 | 834 | 282 |
| | 244 | 9/9 | Whitney Ackers | Fredericksburg | VA | 00:00:09 | 00:46:49 | 00:46:58 | 00:46:49 | | 15:04 | 25 | 760 | 260 |

Women's 30-34

| | | | | | | | | | | | | |
|-----|-------|----------------------|----------------|----|----------|----------|----------|----------|-------|----|-----|-----|
| 30 | 1/21 | Eve Baker | Triangle | VA | 00:00:01 | 00:21:43 | 00:21:44 | 00:21:43 | 6:59 | 34 | 994 | 343 |
| 38 | 2/21 | Tracy Dunn | Fredericksburg | VA | 00:00:05 | 00:22:22 | 00:22:27 | 00:22:22 | 7:12 | 33 | 990 | 313 |
| 42 | 3/21 | Jennifer Dodson | Stafford | VA | 00:00:04 | 00:22:34 | 00:22:38 | 00:22:34 | 7:16 | 31 | 986 | 268 |
| 50 | 4/21 | Melanie Cisiewicz | Stafford | VA | 00:00:05 | 00:23:00 | 00:23:05 | 00:23:00 | 7:24 | 33 | 980 | 267 |
| 65 | 5/21 | Jennifer Polardino | Stafford | VA | 00:00:10 | 00:24:49 | 00:24:59 | 00:24:49 | 7:59 | 32 | 968 | 470 |
| 78 | 6/21 | Laura Dudley | Stafford | VA | 00:00:08 | 00:25:32 | 00:25:40 | 00:25:32 | 8:13 | 32 | 954 | 374 |
| 82 | 7/21 | Erin Brooks | Fredericksburg | VA | 00:00:15 | 00:26:03 | 00:26:18 | 00:26:03 | 8:23 | 30 | 952 | 349 |
| 92 | 8/21 | Elizabeth Austin | Fredericksburg | VA | 00:00:06 | 00:27:25 | 00:27:31 | 00:27:25 | 8:49 | 32 | 944 | 305 |
| 143 | 9/21 | Rysheda McClendon | Woodbridge | VA | 00:00:22 | 00:32:12 | 00:32:34 | 00:32:12 | 10:22 | 32 | 898 | 444 |
| 154 | 10/21 | Monica Foreman | Stafford | VA | 00:00:16 | 00:34:24 | 00:34:40 | 00:34:24 | 11:04 | 33 | 886 | 383 |
| 155 | 11/21 | Andrea Motica-Varga | Fredericksburg | VA | 00:00:21 | 00:34:20 | 00:34:41 | 00:34:20 | 11:03 | 34 | 884 | 320 |
| 156 | 12/21 | Amy Epperson | Spotsylvania | VA | 00:00:26 | 00:34:15 | 00:34:41 | 00:34:15 | 11:01 | 32 | 882 | 378 |
| 166 | 13/21 | Jessika Lemerond | Stafford | VA | 00:00:14 | 00:35:22 | 00:35:36 | 00:35:22 | 11:23 | 30 | 868 | 429 |
| 174 | 14/21 | DANIELLE EMIRO | King George | VA | 00:00:16 | 00:36:11 | 00:36:27 | 00:36:11 | 11:39 | 32 | 856 | 377 |
| 189 | 15/21 | Kim Pivirotto | Stafford | VA | 00:00:28 | 00:37:31 | 00:37:59 | 00:37:31 | 12:05 | 33 | 838 | 469 |
| 199 | 16/21 | Christy Ferreira | Fredericksburg | VA | 00:00:16 | 00:38:30 | 00:38:46 | 00:38:30 | 12:24 | 31 | 824 | 275 |
| 205 | 17/21 | Danielle Kozloski | Fredericksburg | VA | 00:00:09 | 00:39:41 | 00:39:50 | 00:39:41 | 12:46 | 31 | 814 | 318 |
| 212 | 18/21 | Ashley Lamb | Fredericksburg | VA | 00:00:11 | 00:40:10 | 00:40:21 | 00:40:10 | 12:56 | 30 | 804 | 286 |
| 251 | 19/21 | Susan Whitfield | Spotsylvania | VA | 00:00:19 | 00:49:58 | 00:50:17 | 00:49:58 | 16:05 | 34 | 750 | 303 |
| 258 | 20/21 | Taniya Puig | Fredericksburg | VA | 00:00:23 | 00:52:41 | 00:53:04 | 00:52:41 | 16:57 | 33 | 740 | 475 |
| 264 | 21/21 | Jackie Schwabenbauer | Stafford | VA | 00:00:28 | 00:54:11 | 00:54:39 | 00:54:11 | 17:26 | 31 | 728 | 494 |

Women's 35-39

| | | | | | | | | | | | | |
|-----|-------|--------------------------|----------------|----|----------|----------|----------|----------|-------|----|-----|-----|
| 43 | 1/18 | Stephanie Hayden | Fredericksburg | VA | 00:00:06 | 00:22:36 | 00:22:42 | 00:22:36 | 7:16 | 39 | 984 | 997 |
| 57 | 2/18 | Aimee Weems | Fredericksburg | VA | 00:00:06 | 00:23:41 | 00:23:47 | 00:23:41 | 7:37 | 39 | 974 | 978 |
| 97 | 3/18 | Mechelle Cutshaw | Locust Grove | VA | 00:00:19 | 00:27:44 | 00:28:03 | 00:27:44 | 8:56 | 36 | 942 | 312 |
| 101 | 4/18 | Tracy Dzubela | Fredericksburg | VA | 00:00:08 | 00:28:01 | 00:28:09 | 00:28:01 | 9:01 | 37 | 934 | 376 |
| 111 | 5/18 | Amy Olson | Locust Grove | VA | 00:00:10 | 00:29:03 | 00:29:13 | 00:29:03 | 9:21 | 37 | 926 | 712 |
| 140 | 6/18 | Amy Steele | Stafford | VA | 00:00:08 | 00:32:13 | 00:32:21 | 00:32:13 | 10:22 | 38 | 900 | 297 |
| 162 | 7/18 | Amie Nester | King George | VA | 00:00:22 | 00:34:52 | 00:35:14 | 00:34:52 | 11:13 | 39 | 874 | 456 |
| 181 | 8/18 | Holly Dobson | King George | VA | 00:00:28 | 00:36:45 | 00:37:13 | 00:36:45 | 11:50 | 39 | 846 | 373 |
| 207 | 9/18 | Lena Paris | Culpeper | VA | 00:00:24 | 00:39:31 | 00:39:55 | 00:39:31 | 12:43 | 35 | 810 | 321 |
| 220 | 10/18 | Rebecca Grimes | Fredericksburg | VA | 00:00:24 | 00:41:23 | 00:41:47 | 00:41:23 | 13:19 | 38 | 792 | 281 |
| 222 | 11/18 | Onie Girton | Fredericksburg | VA | 00:00:14 | 00:41:48 | 00:42:02 | 00:41:48 | 13:27 | 39 | 790 | 278 |
| 223 | 12/18 | Casey Luck | Spotsylvania | VA | 00:00:09 | 00:41:59 | 00:42:08 | 00:41:59 | 13:31 | 35 | 788 | 287 |
| 224 | 13/18 | Sharnneice Allen | Spotsylvania | VA | 00:00:10 | 00:41:59 | 00:42:09 | 00:41:59 | 13:31 | 36 | 786 | 261 |
| 235 | 14/18 | Tasha Browne | Fredericksburg | VA | 00:00:17 | 00:44:37 | 00:44:54 | 00:44:37 | 14:22 | 37 | 770 | 705 |
| 237 | 15/18 | Sharite King | Fredericksburg | VA | 00:00:26 | 00:44:31 | 00:44:57 | 00:44:31 | 14:20 | 39 | 766 | 317 |
| 254 | 16/18 | Stephanie Creekmur-Mills | Fredericksburg | VA | 00:00:26 | 00:52:16 | 00:52:42 | 00:52:16 | 16:49 | 36 | 746 | 310 |
| 263 | 17/18 | Jenni McAfee | Springfield | VA | 00:00:29 | 00:54:10 | 00:54:39 | 00:54:10 | 17:26 | 37 | 730 | 442 |
| 270 | 18/18 | Carmen Garrett | Fredericksburg | VA | 00:00:06 | 00:56:25 | 00:56:31 | 00:56:25 | 18:10 | 38 | 718 | 277 |

Women's 40-44

| | | | | | | | | | | | | |
|-----|------|------------------|----------------|----|----------|----------|----------|----------|-------|----|-----|-----|
| 31 | 1/14 | Heather Howes | Port Royal | VA | 00:00:04 | 00:21:48 | 00:21:52 | 00:21:48 | 7:01 | 43 | 992 | 965 |
| 51 | 2/14 | Julia Chase | Fredericksburg | VA | 00:00:05 | 00:23:01 | 00:23:06 | 00:23:01 | 7:25 | 44 | 978 | 358 |
| 103 | 3/14 | Renae SanNicolas | Stafford | VA | 00:00:05 | 00:28:24 | 00:28:29 | 00:28:24 | 9:08 | 42 | 932 | 709 |
| 114 | 4/14 | Nancy Dominesey | Fredericksburg | VA | 00:00:06 | 00:29:27 | 00:29:33 | 00:29:27 | 9:29 | 43 | 924 | 988 |
| 145 | 5/14 | Renee Almond | Unionville | VA | 00:00:17 | 00:32:35 | 00:32:52 | 00:32:35 | 10:29 | 40 | 896 | 338 |

| | | | | | | | | | | | | |
|---------------|-------|-------------------------|----------------|----|----------|----------|----------|----------|-------|----|-----|-----|
| 164 | 6/14 | Mary Dietch | Fredericksburg | VA | 00:00:14 | 00:35:20 | 00:35:34 | 00:35:20 | 11:22 | 40 | 870 | 989 |
| 168 | 7/14 | Sara Otto | Stafford | VA | 00:00:31 | 00:35:19 | 00:35:50 | 00:35:19 | 11:22 | 43 | 866 | 463 |
| 169 | 8/14 | Shontal Linder | Fredericksburg | VA | 00:00:22 | 00:35:31 | 00:35:53 | 00:35:31 | 11:26 | 44 | 864 | 435 |
| 202 | 9/14 | Jennifer Collins | Fredericksburg | VA | 00:00:30 | 00:39:04 | 00:39:34 | 00:39:04 | 12:34 | 40 | 820 | 362 |
| 229 | 10/14 | Candy Farmer | Fredericksburg | VA | 00:00:07 | 00:44:19 | 00:44:26 | 00:44:19 | 14:16 | 44 | 780 | 274 |
| 247 | 11/14 | McKisa Tate | Fredericksburg | VA | 00:00:26 | 00:48:58 | 00:49:24 | 00:48:58 | 15:46 | 41 | 756 | 973 |
| 267 | 12/14 | Crystal Fitzgerald | Fredericksburg | VA | 00:00:09 | 00:56:00 | 00:56:09 | 00:56:00 | 18:01 | 43 | 722 | 276 |
| 271 | 13/14 | Lorrie Buoymaster | Atoona | PA | 00:00:12 | 00:56:47 | 00:56:59 | 00:56:47 | 18:17 | 42 | 716 | 354 |
| 276 | 14/14 | Aretha Ligon | Fredericksburg | VA | 00:00:33 | 00:58:56 | 00:59:29 | 00:58:56 | 18:58 | 43 | 710 | 432 |
| Women's 45-49 | | | | | | | | | | | | |
| 55 | 1/26 | Helena Bozarth | Fredericksburg | VA | 00:00:06 | 00:23:17 | 00:23:23 | 00:23:17 | 7:30 | 48 | 976 | 994 |
| 72 | 2/26 | Cathie Realmuto | Stafford | VA | 00:00:04 | 00:25:13 | 00:25:17 | 00:25:13 | 8:07 | 45 | 962 | 481 |
| 85 | 3/26 | Patricia Kramer | Stafford | VA | 00:00:07 | 00:26:31 | 00:26:38 | 00:26:31 | 8:32 | 47 | 948 | 979 |
| 118 | 4/26 | Kirsten TalkenSpaulding | Stafford | VA | 00:00:16 | 00:29:35 | 00:29:51 | 00:29:35 | 9:31 | 48 | 922 | 939 |
| 126 | 5/26 | Kerry-Anne Dachos | King George | VA | 00:00:07 | 00:30:24 | 00:30:31 | 00:30:24 | 9:47 | 49 | 914 | 706 |
| 127 | 6/26 | Jami Mckenna | Fredericksburg | VA | 00:00:07 | 00:30:26 | 00:30:33 | 00:30:26 | 9:48 | 48 | 912 | 288 |
| 136 | 7/26 | Michelle Batitto | Fredericksburg | VA | 00:00:20 | 00:31:45 | 00:32:05 | 00:31:45 | 10:13 | 47 | 904 | 307 |
| 139 | 8/26 | Bonnie Hall | Stafford | VA | 00:00:04 | 00:32:11 | 00:32:15 | 00:32:11 | 10:22 | 48 | 902 | 394 |
| 147 | 9/26 | Laurie Vorrath | Midland | VA | 00:00:24 | 00:32:56 | 00:33:20 | 00:32:56 | 10:36 | 46 | 894 | 955 |
| 152 | 10/26 | donna gamache | King George | VA | 00:00:05 | 00:34:18 | 00:34:23 | 00:34:18 | 11:02 | 47 | 888 | 710 |
| 157 | 11/26 | Renee Dalziel | Stafford | VA | 00:00:21 | 00:34:29 | 00:34:50 | 00:34:29 | 11:06 | 46 | 880 | 367 |
| 161 | 12/26 | Joy Jones | Fredericksburg | VA | 00:00:25 | 00:34:48 | 00:35:13 | 00:34:48 | 11:12 | 45 | 876 | 416 |
| 170 | 13/26 | Marsha Ikner | Stafford | VA | 00:00:22 | 00:35:33 | 00:35:55 | 00:35:33 | 11:27 | 46 | 862 | 409 |
| 182 | 14/26 | Yvette Teegardin | Fredericksburg | VA | 00:00:28 | 00:36:46 | 00:37:14 | 00:36:46 | 11:50 | 45 | 844 | 944 |
| 185 | 15/26 | Melissa Simpson | Ruther Glen | VA | 00:00:17 | 00:37:13 | 00:37:30 | 00:37:13 | 11:59 | 47 | 842 | 987 |
| 186 | 16/26 | Cindy Santos | Spotsylvania | VA | 00:00:09 | 00:37:33 | 00:37:42 | 00:37:33 | 12:05 | 46 | 840 | 489 |
| 210 | 17/26 | Rhonda Shell | Fredericksburg | VA | 00:00:25 | 00:39:46 | 00:40:11 | 00:39:46 | 12:48 | 45 | 806 | 497 |
| 215 | 18/26 | Theresa Philmon | Stafford | VA | 00:00:27 | 00:40:06 | 00:40:33 | 00:40:06 | 12:54 | 48 | 798 | 468 |
| 232 | 19/26 | Paminder Singh | Stafford | VA | 00:00:03 | 00:44:37 | 00:44:40 | 00:44:37 | 14:22 | 48 | 774 | 329 |
| 233 | 20/26 | Cynthia Keyser | Stafford | VA | 00:00:19 | 00:44:30 | 00:44:49 | 00:44:30 | 14:19 | 48 | 772 | 419 |
| 236 | 21/26 | Karen Battle-Scott | Fredericksburg | VA | 00:00:24 | 00:44:32 | 00:44:56 | 00:44:32 | 14:20 | 47 | 768 | 308 |
| 241 | 22/26 | Elizabeth Washington | Fredericksburg | VA | 00:00:25 | 00:46:22 | 00:46:47 | 00:46:22 | 14:55 | 45 | 764 | 325 |
| 246 | 23/26 | Karen Lynne | Fredericksburg | VA | 00:00:10 | 00:47:18 | 00:47:28 | 00:47:18 | 15:13 | 45 | 758 | 438 |
| 248 | 24/26 | Lisa Lastes | Fredericksburg | VA | 00:00:32 | 00:49:16 | 00:49:48 | 00:49:16 | 15:51 | 46 | 754 | 423 |
| 262 | 25/26 | Armenta Howerton | Triangle | VA | 00:00:32 | 00:54:00 | 00:54:32 | 00:54:00 | 17:23 | 48 | 732 | 992 |
| 277 | 26/26 | Johnella Wright | Fredericksburg | VA | 00:00:33 | 00:58:56 | 00:59:29 | 00:58:56 | 18:58 | 45 | 708 | 963 |
| Women's 50-54 | | | | | | | | | | | | |
| 40 | 1/14 | Carol David | Stafford | VA | 00:00:05 | 00:22:31 | 00:22:36 | 00:22:31 | 7:15 | 52 | 988 | 985 |
| 62 | 2/14 | Ellen Jones | Fredericksburg | VA | 00:00:04 | 00:24:45 | 00:24:49 | 00:24:45 | 7:58 | 52 | 970 | 968 |
| 99 | 3/14 | Sonya Jackson | Stafford | VA | 00:00:22 | 00:27:46 | 00:28:08 | 00:27:46 | 8:56 | 52 | 938 | 411 |
| 129 | 4/14 | Sheri Briggs | Stafford | VA | 00:00:11 | 00:30:39 | 00:30:50 | 00:30:39 | 9:52 | 50 | 908 | 348 |
| 149 | 5/14 | nadine aguilera | Fredericksburg | VA | 00:00:11 | 00:33:30 | 00:33:41 | 00:33:30 | 10:47 | 54 | 892 | 337 |
| 159 | 6/14 | Debra Fair | Fredericksburg | VA | 00:00:13 | 00:34:53 | 00:35:06 | 00:34:53 | 11:14 | 52 | 878 | 381 |
| 177 | 7/14 | Darlene Cropp | Fredericksburg | VA | 00:00:20 | 00:36:25 | 00:36:45 | 00:36:25 | 11:43 | 52 | 850 | 311 |
| 213 | 8/14 | Yvette Landers | Stafford | VA | 00:00:25 | 00:40:08 | 00:40:33 | 00:40:08 | 12:55 | 52 | 802 | 714 |
| 216 | 9/14 | Linda Triplett | Fredericksburg | VA | 00:00:24 | 00:40:31 | 00:40:55 | 00:40:31 | 13:02 | 50 | 796 | 949 |
| 226 | 10/14 | Cristina Wright | Fredericksburg | VA | 00:00:03 | 00:42:31 | 00:42:34 | 00:42:31 | 13:41 | 51 | 784 | 961 |

| | | | | | | | | | | | | |
|------------------|-------|-------------------|----------------|----|----------|----------|----------|----------|-------|----|------|-----|
| 227 | 11/14 | Leslie Tanner | Stafford | VA | 00:00:18 | 00:43:43 | 00:44:01 | 00:43:43 | 14:04 | 51 | 782 | 300 |
| 260 | 12/14 | Lynn Rafferty | Fredericksburg | VA | 00:00:31 | 00:53:44 | 00:54:15 | 00:53:44 | 17:18 | 52 | 736 | 477 |
| 266 | 13/14 | carmen miranda | Stafford | VA | 00:00:12 | 00:55:27 | 00:55:39 | 00:55:27 | 17:51 | 54 | 724 | 446 |
| 272 | 14/14 | sherry moses | Fredericksburg | VA | 00:00:12 | 00:56:47 | 00:56:59 | 00:56:47 | 18:17 | 53 | 714 | 454 |
| Women's 55-59 | | | | | | | | | | | | |
| 74 | 1/12 | Leslie Rigby Kash | Fredericksburg | VA | 00:00:07 | 00:25:25 | 00:25:32 | 00:25:25 | 8:11 | 58 | 958 | 417 |
| 123 | 2/12 | Mary Cooper | | | 00:00:05 | 00:30:01 | 00:30:06 | 00:30:01 | 9:40 | 58 | 916 | 364 |
| 130 | 3/12 | Marylee Brown | Woodbridge | VA | 00:00:12 | 00:30:45 | 00:30:57 | 00:30:45 | 9:54 | 55 | 906 | 351 |
| 171 | 4/12 | Donna Moore | Fredericksburg | VA | 00:00:17 | 00:35:56 | 00:36:13 | 00:35:56 | 11:34 | 56 | 860 | 449 |
| 176 | 5/12 | Carol Widman | Fredericksburg | VA | 00:00:22 | 00:36:22 | 00:36:44 | 00:36:22 | 11:42 | 55 | 852 | 956 |
| 200 | 6/12 | Ethel Guerrero | King George | VA | 00:00:13 | 00:38:55 | 00:39:08 | 00:38:55 | 12:32 | 59 | 822 | 981 |
| 203 | 7/12 | Bethia Washenko | Fredericksburg | VA | 00:00:06 | 00:39:32 | 00:39:38 | 00:39:32 | 12:43 | 56 | 818 | 984 |
| 206 | 8/12 | Nancy Quesenberry | Jersey | VA | 00:00:07 | 00:39:47 | 00:39:54 | 00:39:47 | 12:48 | 57 | 812 | 476 |
| 259 | 9/12 | Diane Hall | Fredericksburg | VA | 00:00:21 | 00:52:44 | 00:53:05 | 00:52:44 | 16:58 | 55 | 738 | 397 |
| 261 | 10/12 | Stephanie Priddy | Fredericksburg | VA | 00:00:27 | 00:53:58 | 00:54:25 | 00:53:58 | 17:22 | 56 | 734 | 473 |
| 269 | 11/12 | Toni Mohrman | Stafford | VA | 00:00:19 | 00:55:52 | 00:56:11 | 00:55:52 | 17:59 | 55 | 720 | 289 |
| 278 | 12/12 | Cheryl Capparra | Fredericksburg | VA | 00:00:06 | 01:12:08 | 01:12:14 | 01:12:08 | 23:13 | 56 | 706 | 998 |
| Women's 60-64 | | | | | | | | | | | | |
| 83 | 1/3 | Jean Lauzon | Spotsylvania | VA | 00:00:04 | 00:26:23 | 00:26:27 | 00:26:23 | 8:30 | 61 | 950 | 425 |
| 175 | 2/3 | Virginia Hudson | Stafford | VA | 00:00:06 | 00:36:33 | 00:36:39 | 00:36:33 | 11:46 | 64 | 854 | 408 |
| 214 | 3/3 | Sandra Willis | Fredericksburg | VA | 00:00:28 | 00:40:05 | 00:40:33 | 00:40:05 | 12:54 | 60 | 800 | 957 |
| Women's 65-69 | | | | | | | | | | | | |
| 173 | 1/2 | Bonnie Thomen | Stafford | VA | 00:00:28 | 00:35:52 | 00:36:20 | 00:35:52 | 11:33 | 66 | 858 | 946 |
| 242 | 2/2 | Anita Perrow | Stafford | VA | 00:00:17 | 00:46:31 | 00:46:48 | 00:46:31 | 14:58 | 66 | 762 | 977 |
| Women's 70+ | | | | | | | | | | | | |
| 198 | 1/3 | Marilyn Love-Cody | Stafford | VA | 00:00:20 | 00:38:26 | 00:38:46 | 00:38:26 | 12:22 | 71 | 826 | 436 |
| 204 | 2/3 | Marcia Hall | King George | VA | 00:00:04 | 00:39:40 | 00:39:44 | 00:39:40 | 12:46 | 71 | 816 | 398 |
| 265 | 3/3 | Judy Callihan | Fredericksburg | VA | 00:00:13 | 00:55:25 | 00:55:38 | 00:55:25 | 17:50 | 74 | 726 | 972 |
| Men's Overall | | | | | | | | | | | | |
| 1 | 1/3 | Kyle Pfohl | Fredericksburg | VA | 00:00:00 | 00:16:40 | 00:16:40 | 00:16:40 | 5:22 | 19 | 1000 | 467 |
| 2 | 2/3 | Mark Hopely | Fredericksburg | VA | 00:00:00 | 00:16:43 | 00:16:43 | 00:16:43 | 5:23 | 26 | 998 | 995 |
| 3 | 3/3 | Craig Chasse | Reston | VA | 00:00:00 | 00:17:51 | 00:17:51 | 00:17:51 | 5:45 | 45 | 996 | 359 |
| Men's 14 & under | | | | | | | | | | | | |
| 23 | 1/8 | Alexander Dachos | King George | VA | 00:00:03 | 00:21:11 | 00:21:14 | 00:21:11 | 6:49 | 11 | 962 | 708 |
| 25 | 2/8 | Andrew Watson | Fredericksburg | VA | 00:00:01 | 00:21:25 | 00:21:26 | 00:21:25 | 6:54 | 13 | 958 | 301 |
| 41 | 3/8 | Kyle Ernandes | Spotsylvania | VA | 00:00:02 | 00:22:35 | 00:22:37 | 00:22:35 | 7:16 | 11 | 934 | 380 |
| 117 | 4/8 | Ethan Santos | Spotsylvania | VA | 00:00:09 | 00:29:34 | 00:29:43 | 00:29:34 | 9:31 | 9 | 846 | 491 |
| 135 | 5/8 | Evan McIntosh | Fredericksburg | VA | 00:00:18 | 00:31:31 | 00:31:49 | 00:31:31 | 10:09 | 8 | 828 | 975 |
| 153 | 6/8 | Gabriel Wooten | Stafford | VA | 00:00:01 | 00:34:31 | 00:34:32 | 00:34:31 | 11:07 | 10 | 810 | 960 |
| 165 | 7/8 | Konnor Kendrick | Stafford | VA | 00:00:14 | 00:35:22 | 00:35:36 | 00:35:22 | 11:23 | 9 | 804 | 418 |
| 187 | 8/8 | Nicholas Sanders | Stafford | VA | 00:00:12 | 00:37:34 | 00:37:46 | 00:37:34 | 12:05 | 9 | 790 | 982 |
| Men's 15-19 | | | | | | | | | | | | |
| 11 | 1/7 | Jacob Jones | Fredericksburg | VA | 00:00:02 | 00:19:27 | 00:19:29 | 00:19:27 | 6:16 | 17 | 980 | 415 |
| 17 | 2/7 | R. Max Atkinson | Fredericksburg | VA | 00:00:01 | 00:20:08 | 00:20:09 | 00:20:08 | 6:29 | 16 | 970 | 341 |
| 56 | 3/7 | Hayden Realmuto | Stafford | VA | 00:00:04 | 00:23:32 | 00:23:36 | 00:23:32 | 7:34 | 15 | 916 | 482 |
| 66 | 4/7 | Devlin Sacra | Fredericksburg | VA | 00:00:02 | 00:25:05 | 00:25:07 | 00:25:05 | 8:04 | 16 | 904 | 487 |

| | | | | | | | | | | | | |
|-------------|-------|---------------------|----------------|----|----------|----------|----------|----------|-------|----|-----|------|
| 116 | 5/7 | Jonathan Linder | Fredericksburg | VA | 00:00:20 | 00:29:23 | 00:29:43 | 00:29:23 | 9:27 | 16 | 848 | 434 |
| 134 | 6/7 | Caleb Rippey | Fredericksburg | VA | 00:00:09 | 00:31:25 | 00:31:34 | 00:31:25 | 10:07 | 15 | 830 | 485 |
| 209 | 7/7 | JonJon Shell | Fredericksburg | VA | 00:00:24 | 00:39:41 | 00:40:05 | 00:39:41 | 12:46 | 15 | 778 | 496 |
| Men's 20-24 | | | | | | | | | | | | |
| 15 | 1/3 | Vincent Jeter | King George | VA | 00:00:01 | 00:19:58 | 00:19:59 | 00:19:58 | 6:26 | 23 | 972 | 412 |
| 105 | 2/3 | Jack Hylan | Fredericksburg | VA | 00:00:13 | 00:28:35 | 00:28:48 | 00:28:35 | 9:12 | 23 | 864 | 284 |
| 108 | 3/3 | Daniel Puig | Fredericksburg | VA | 00:00:23 | 00:28:27 | 00:28:50 | 00:28:27 | 9:09 | 23 | 860 | 474 |
| Men's 25-29 | | | | | | | | | | | | |
| 10 | 1/11 | Kyle Grimsley | Alexandria | VA | 00:00:00 | 00:19:28 | 00:19:28 | 00:19:28 | 6:16 | 26 | 982 | 392 |
| 24 | 2/11 | Doug Quarles IV | Washington | DC | 00:00:01 | 00:21:17 | 00:21:18 | 00:21:17 | 6:51 | 27 | 960 | 293 |
| 44 | 3/11 | Marcus Leverette | Stafford | VA | 00:00:01 | 00:22:44 | 00:22:45 | 00:22:44 | 7:19 | 26 | 932 | 431 |
| 81 | 4/11 | Jordan Cleary | Stafford | VA | 00:00:01 | 00:26:14 | 00:26:15 | 00:26:14 | 8:27 | 26 | 888 | 332 |
| 89 | 5/11 | Brian Evans | Stafford | VA | 00:00:08 | 00:27:08 | 00:27:16 | 00:27:08 | 8:44 | 28 | 880 | 272 |
| 132 | 6/11 | Jared Matney | Fredericksburg | VA | 00:00:02 | 00:31:16 | 00:31:18 | 00:31:16 | 10:04 | 26 | 834 | 440 |
| 146 | 7/11 | LeRon Lewis | Fredericksburg | VA | 00:00:16 | 00:32:36 | 00:32:52 | 00:32:36 | 10:30 | 29 | 816 | 334 |
| 151 | 8/11 | David Parsons | Fredericksburg | VA | 00:00:11 | 00:33:52 | 00:34:03 | 00:33:52 | 10:54 | 27 | 812 | 322 |
| 193 | 9/11 | Matthew Dalziel | Fredericksburg | VA | 00:00:20 | 00:37:57 | 00:38:17 | 00:37:57 | 12:13 | 29 | 782 | 971 |
| 255 | 10/11 | Tyler Strawn | Fredericksburg | VA | 00:00:11 | 00:52:42 | 00:52:53 | 00:52:42 | 16:58 | 26 | 748 | 299 |
| 274 | 11/11 | James Buel | Fredericksburg | VA | 00:00:14 | 00:58:18 | 00:58:32 | 00:58:18 | 18:46 | 25 | 742 | 264 |
| Men's 30-34 | | | | | | | | | | | | |
| 5 | 1/11 | James Hayner | Fredericksburg | VA | 00:00:01 | 00:18:25 | 00:18:26 | 00:18:25 | 5:56 | 34 | 992 | 970 |
| 8 | 2/11 | Nick Dunford | Fredericksburg | VA | 00:00:01 | 00:18:49 | 00:18:50 | 00:18:49 | 6:03 | 32 | 986 | 715 |
| 33 | 3/11 | Kevin Bouffard | Fredericksburg | VA | 00:00:05 | 00:21:55 | 00:22:00 | 00:21:55 | 7:03 | 34 | 946 | 713 |
| 63 | 4/11 | Keven Mayfield | Fredericksburg | VA | 00:00:02 | 00:24:53 | 00:24:55 | 00:24:53 | 8:01 | 32 | 908 | 441 |
| 64 | 5/11 | christopher reiser | Stafford | VA | 00:00:04 | 00:24:54 | 00:24:58 | 00:24:54 | 8:01 | 32 | 906 | 483 |
| 121 | 6/11 | Adam VanderWijst | Fredericksburg | VA | 00:00:08 | 00:29:50 | 00:29:58 | 00:29:50 | 9:36 | 30 | 842 | 952 |
| 133 | 7/11 | Jeremy Blakeslee | Fredericksburg | VA | 00:00:30 | 00:31:04 | 00:31:34 | 00:31:04 | 10:00 | 32 | 832 | 309 |
| 141 | 8/11 | Harry Howard | Stafford | VA | 00:00:14 | 00:32:07 | 00:32:21 | 00:32:07 | 10:20 | 34 | 822 | 283 |
| 142 | 9/11 | Justin Fazzio | Fredericksburg | VA | 00:00:06 | 00:32:20 | 00:32:26 | 00:32:20 | 10:24 | 34 | 820 | 314 |
| 191 | 10/11 | Michael Sienkowski | Fredericksburg | VA | 00:00:26 | 00:37:47 | 00:38:13 | 00:37:47 | 12:10 | 30 | 784 | 498 |
| 221 | 11/11 | Matthew Dodson | Stafford | VA | 00:00:10 | 00:41:50 | 00:42:00 | 00:41:50 | 13:28 | 32 | 770 | 269 |
| Men's 35-39 | | | | | | | | | | | | |
| 35 | 1/8 | Crispin Hill | Fredericksburg | VA | 00:00:02 | 00:22:03 | 00:22:05 | 00:22:03 | 7:06 | 36 | 942 | 990 |
| 47 | 2/8 | sorin mihalcea | Fredericksburg | VA | 00:00:03 | 00:22:49 | 00:22:52 | 00:22:49 | 7:21 | 35 | 928 | 1000 |
| 48 | 3/8 | dale moore | Stafford | VA | 00:00:12 | 00:22:43 | 00:22:55 | 00:22:43 | 7:19 | 38 | 926 | 448 |
| 91 | 4/8 | Rich Barnes | Fredericksburg | VA | 00:00:30 | 00:26:56 | 00:27:26 | 00:26:56 | 8:40 | 37 | 876 | 306 |
| 110 | 5/8 | Andrew Olson | Locust Grove | VA | 00:00:11 | 00:29:02 | 00:29:13 | 00:29:02 | 9:21 | 37 | 856 | 462 |
| 115 | 6/8 | Luigi Castiglia | Spotsylvania | VA | 00:00:05 | 00:29:28 | 00:29:33 | 00:29:28 | 9:29 | 39 | 850 | 711 |
| 119 | 7/8 | William Jones | Fredericksburg | VA | 00:00:31 | 00:29:20 | 00:29:51 | 00:29:20 | 9:26 | 39 | 844 | 316 |
| 131 | 8/8 | Joseph Hildreth | Stafford | VA | 00:00:13 | 00:30:54 | 00:31:07 | 00:30:54 | 9:57 | 39 | 836 | 404 |
| Men's 40-44 | | | | | | | | | | | | |
| 4 | 1/8 | Christopher Koehler | Locust Grove | VA | 00:00:00 | 00:18:25 | 00:18:25 | 00:18:25 | 5:56 | 43 | 994 | 986 |
| 13 | 2/8 | Nathan Howes | Port Royal | VA | 00:00:01 | 00:19:56 | 00:19:57 | 00:19:56 | 6:25 | 42 | 976 | 407 |
| 37 | 3/8 | Andy Gotchel | King George | VA | 00:00:03 | 00:22:16 | 00:22:19 | 00:22:16 | 7:10 | 42 | 938 | 389 |
| 39 | 4/8 | Steve Frederiksen | Stafford | VA | 00:00:12 | 00:22:15 | 00:22:27 | 00:22:15 | 7:10 | 41 | 936 | 385 |
| 109 | 5/8 | Rick Cordero | Stafford | VA | 00:00:30 | 00:28:40 | 00:29:10 | 00:28:40 | 9:14 | 42 | 858 | 365 |
| 179 | 6/8 | Steven Otto | Stafford | VA | 00:00:30 | 00:36:40 | 00:37:10 | 00:36:40 | 11:48 | 40 | 798 | 464 |

| | | | | | | | | | | | | |
|-------------|-------|--------------------|----------------|----|----------|----------|----------|----------|-------|----|-----|-----|
| 238 | 7/8 | Franklin Richmond | Triangle | VA | 00:00:33 | 00:44:33 | 00:45:06 | 00:44:33 | 14:20 | 44 | 762 | 993 |
| 243 | 8/8 | Anthony Romanello | Fredericksburg | VA | 00:00:27 | 00:46:31 | 00:46:58 | 00:46:31 | 14:58 | 44 | 756 | 486 |
| Men's 45-49 | | | | | | | | | | | | |
| 7 | 1/19 | Matt Boyd | Fredericksburg | VA | 00:00:00 | 00:18:29 | 00:18:29 | 00:18:29 | 5:57 | 45 | 988 | 345 |
| 9 | 2/19 | Brad Rippey | Fredericksburg | VA | 00:00:01 | 00:19:23 | 00:19:24 | 00:19:23 | 6:14 | 48 | 984 | 484 |
| 12 | 3/19 | Robert Atkinson | Fredericksburg | VA | 00:00:00 | 00:19:39 | 00:19:39 | 00:19:39 | 6:19 | 46 | 978 | 342 |
| 32 | 4/19 | Todd Leshner | Fredericksburg | VA | 00:00:07 | 00:21:50 | 00:21:57 | 00:21:50 | 7:02 | 49 | 948 | 430 |
| 34 | 5/19 | Ciro Marchetti | Spotsylvania | VA | 00:00:03 | 00:22:01 | 00:22:04 | 00:22:01 | 7:05 | 47 | 944 | 999 |
| 49 | 6/19 | James B LaFratta | Fredericksburg | VA | 00:00:06 | 00:22:50 | 00:22:56 | 00:22:50 | 7:21 | 48 | 924 | 421 |
| 68 | 7/19 | Michael Hardiman | Fredericksburg | VA | 00:00:01 | 00:25:10 | 00:25:11 | 00:25:10 | 8:06 | 45 | 902 | 400 |
| 76 | 8/19 | John Lavin | Fredericksburg | VA | 00:00:03 | 00:25:32 | 00:25:35 | 00:25:32 | 8:13 | 49 | 894 | 702 |
| 80 | 9/19 | Chris Ernandes | Spotsylvania | VA | 00:00:04 | 00:25:54 | 00:25:58 | 00:25:54 | 8:20 | 49 | 890 | 379 |
| 84 | 10/19 | Tony Morales | Fredericksburg | VA | 00:00:05 | 00:26:24 | 00:26:29 | 00:26:24 | 8:30 | 48 | 886 | 451 |
| 88 | 11/19 | Dan Singh | Stafford | VA | 00:00:04 | 00:27:07 | 00:27:11 | 00:27:07 | 8:44 | 45 | 882 | 328 |
| 125 | 12/19 | Scott McAtee | Stafford | VA | 00:00:02 | 00:30:12 | 00:30:14 | 00:30:12 | 9:43 | 49 | 838 | 443 |
| 137 | 13/19 | Steve Hanscome | Stafford | VA | 00:00:17 | 00:31:54 | 00:32:11 | 00:31:54 | 10:16 | 48 | 826 | 399 |
| 148 | 14/19 | Gary Linder | Fredericksburg | VA | 00:00:20 | 00:33:10 | 00:33:30 | 00:33:10 | 10:41 | 47 | 814 | 433 |
| 183 | 15/19 | David Smith | Stafford | VA | 00:00:19 | 00:37:01 | 00:37:20 | 00:37:01 | 11:55 | 48 | 794 | 499 |
| 190 | 16/19 | Doug Wright | Fredericksburg | VA | 00:00:02 | 00:38:10 | 00:38:12 | 00:38:10 | 12:17 | 48 | 786 | 962 |
| 217 | 17/19 | William Triplett | Fredericksburg | VA | 00:00:25 | 00:40:30 | 00:40:55 | 00:40:30 | 13:02 | 47 | 774 | 950 |
| 218 | 18/19 | Dan Wildman | Fredericksburg | VA | 00:00:16 | 00:40:42 | 00:40:58 | 00:40:42 | 13:06 | 46 | 772 | 335 |
| 239 | 19/19 | Brian Haynes | Fredericksburg | VA | 00:00:29 | 00:44:46 | 00:45:15 | 00:44:46 | 14:25 | 47 | 760 | 401 |
| Men's 50-54 | | | | | | | | | | | | |
| 6 | 1/20 | Ted Poulos | McLean | VA | 00:00:00 | 00:18:28 | 00:18:28 | 00:18:28 | 5:57 | 53 | 990 | 472 |
| 14 | 2/20 | Robert Pawlak | King George | VA | 00:00:02 | 00:19:56 | 00:19:58 | 00:19:56 | 6:25 | 51 | 974 | 466 |
| 18 | 3/20 | Kurt Wohler | Spotsylvania | VA | 00:00:01 | 00:20:36 | 00:20:37 | 00:20:36 | 6:38 | 52 | 968 | 958 |
| 26 | 4/20 | Roger Dalziel | Stafford | VA | 00:00:04 | 00:21:25 | 00:21:29 | 00:21:25 | 6:54 | 50 | 956 | 368 |
| 27 | 5/20 | John Taninecz | Stafford | VA | 00:00:03 | 00:21:29 | 00:21:32 | 00:21:29 | 6:55 | 53 | 954 | 940 |
| 45 | 6/20 | Allen Tanner | Stafford | VA | 00:00:01 | 00:22:45 | 00:22:46 | 00:22:45 | 7:19 | 50 | 930 | 941 |
| 54 | 7/20 | David Croteau | Stafford | VA | 00:00:05 | 00:23:14 | 00:23:19 | 00:23:14 | 7:29 | 52 | 918 | 366 |
| 58 | 8/20 | Gerry Griffin | Quantico | VA | 00:00:11 | 00:23:54 | 00:24:05 | 00:23:54 | 7:42 | 54 | 914 | 390 |
| 59 | 9/20 | Dennis Funderburke | Fredericksburg | VA | 00:00:03 | 00:24:26 | 00:24:29 | 00:24:26 | 7:52 | 54 | 912 | 386 |
| 79 | 10/20 | Kyle Jones | Fredericksburg | VA | 00:00:05 | 00:25:47 | 00:25:52 | 00:25:47 | 8:18 | 54 | 892 | 967 |
| 93 | 11/20 | Dimas Santos | Spotsylvania | VA | 00:00:09 | 00:27:22 | 00:27:31 | 00:27:22 | 8:49 | 52 | 874 | 490 |
| 102 | 12/20 | Howard Thomas | King George | VA | 00:00:07 | 00:28:04 | 00:28:11 | 00:28:04 | 9:02 | 53 | 866 | 945 |
| 124 | 13/20 | Robert Rafferty | Fredericksburg | VA | 00:00:32 | 00:29:42 | 00:30:14 | 00:29:42 | 9:34 | 51 | 840 | 478 |
| 138 | 14/20 | Jonathan Dachos | King George | VA | 00:00:06 | 00:32:08 | 00:32:14 | 00:32:08 | 10:21 | 50 | 824 | 707 |
| 144 | 15/20 | Donald Keyser | Stafford | VA | 00:00:19 | 00:32:27 | 00:32:46 | 00:32:27 | 10:27 | 52 | 818 | 420 |
| 160 | 16/20 | Ricardo Newman | Stafford | VA | 00:00:23 | 00:34:50 | 00:35:13 | 00:34:50 | 11:13 | 54 | 806 | 458 |
| 172 | 17/20 | Ken Ehmer | Fredericksburg | VA | 00:00:16 | 00:35:57 | 00:36:13 | 00:35:57 | 11:34 | 51 | 800 | 271 |
| 184 | 18/20 | Robert Bingaman | Spotsylvania | VA | 00:00:15 | 00:37:14 | 00:37:29 | 00:37:14 | 11:59 | 52 | 792 | 263 |
| 234 | 19/20 | Kevin Dillard | Fredericksburg | VA | 00:00:17 | 00:44:34 | 00:44:51 | 00:44:34 | 14:21 | 54 | 764 | 333 |
| 273 | 20/20 | Mark Johnson | Stafford | VA | 00:00:28 | 00:57:07 | 00:57:35 | 00:57:07 | 18:23 | 50 | 744 | 413 |
| Men's 55-59 | | | | | | | | | | | | |
| 19 | 1/16 | David Lovegrove | Fredericksburg | VA | 00:00:02 | 00:20:45 | 00:20:47 | 00:20:45 | 6:41 | 58 | 966 | 437 |
| 20 | 2/16 | Richard Brunais | Stafford | VA | 00:00:02 | 00:20:47 | 00:20:49 | 00:20:47 | 6:41 | 56 | 964 | 352 |
| 28 | 3/16 | Jeff Peterson | Fredericksburg | VA | 00:00:02 | 00:21:33 | 00:21:35 | 00:21:33 | 6:56 | 58 | 952 | 969 |

| | | | | | | | | | | | | |
|-------------------|-------|-------------------|-----------------|----|----------|----------|----------|----------|-------|----|-----|-----|
| 29 | 4/16 | Mike Cannon | Fairfax Station | VA | 00:00:01 | 00:21:40 | 00:21:41 | 00:21:40 | 6:58 | 57 | 950 | 355 |
| 52 | 5/16 | Stan Rollins | Eleele | HI | 00:00:03 | 00:23:09 | 00:23:12 | 00:23:09 | 7:27 | 55 | 922 | 974 |
| 53 | 6/16 | Mike Brooks | Fredericksburg | VA | 00:00:04 | 00:23:12 | 00:23:16 | 00:23:12 | 7:28 | 58 | 920 | 350 |
| 60 | 7/16 | Tom Lauzon | Spotsylvania | VA | 00:00:03 | 00:24:28 | 00:24:31 | 00:24:28 | 7:53 | 58 | 910 | 427 |
| 69 | 8/16 | David Rasmussen | King George | VA | 00:00:08 | 00:25:05 | 00:25:13 | 00:25:05 | 8:04 | 57 | 900 | 480 |
| 71 | 9/16 | Brian Gudmundsson | Fredericksburg | VA | 00:00:07 | 00:25:09 | 00:25:16 | 00:25:09 | 8:06 | 57 | 898 | 393 |
| 90 | 10/16 | John Blatchford | Stafford | VA | 00:00:01 | 00:27:25 | 00:27:26 | 00:27:25 | 8:49 | 57 | 878 | 344 |
| 94 | 11/16 | Ralph Arquette | Fredericksburg | VA | 00:00:06 | 00:27:44 | 00:27:50 | 00:27:44 | 8:56 | 59 | 872 | 340 |
| 95 | 12/16 | Jon Wallace | Fredericksburg | VA | 00:00:16 | 00:27:37 | 00:27:53 | 00:27:37 | 8:53 | 58 | 870 | 336 |
| 96 | 13/16 | John Timmerman | Fredericksburg | VA | 00:00:15 | 00:27:44 | 00:27:59 | 00:27:44 | 8:56 | 56 | 868 | 948 |
| 112 | 14/16 | Bruce Parker | Stafford | VA | 00:00:13 | 00:29:11 | 00:29:24 | 00:29:11 | 9:24 | 56 | 854 | 465 |
| 201 | 15/16 | Douglas Taylor | Stafford | VA | 00:00:25 | 00:39:01 | 00:39:26 | 00:39:01 | 12:33 | 57 | 780 | 943 |
| 240 | 16/16 | Michael Maloney | Fairfax | VA | 00:00:36 | 00:45:23 | 00:45:59 | 00:45:23 | 14:36 | 58 | 758 | 439 |
| Men's 60-64 | | | | | | | | | | | | |
| 36 | 1/6 | Gary Grimsley | Springfield | VA | 00:00:01 | 00:22:05 | 00:22:06 | 00:22:05 | 7:06 | 60 | 940 | 391 |
| 86 | 2/6 | John Henderson | Fredericksburg | VA | 00:00:07 | 00:26:37 | 00:26:44 | 00:26:37 | 8:34 | 61 | 884 | 976 |
| 158 | 3/6 | Fred Rankin | Fredericksburg | VA | 00:00:18 | 00:34:47 | 00:35:05 | 00:34:47 | 11:12 | 63 | 808 | 479 |
| 180 | 4/6 | Ali Bagherian | Stafford | VA | 00:00:10 | 00:37:00 | 00:37:10 | 00:37:00 | 11:55 | 60 | 796 | 980 |
| 225 | 5/6 | james holden | Stafford | VA | 00:00:31 | 00:41:42 | 00:42:13 | 00:41:42 | 13:25 | 61 | 768 | 406 |
| 228 | 6/6 | Bob Brammer | Fredericksburg | VA | 00:00:30 | 00:43:51 | 00:44:21 | 00:43:51 | 14:07 | 62 | 766 | 346 |
| Men's 65-69 | | | | | | | | | | | | |
| 75 | 1/5 | steve schaeffer | Mt Airy | MD | 00:00:04 | 00:25:29 | 00:25:33 | 00:25:29 | 8:12 | 65 | 896 | 493 |
| 106 | 2/5 | Stephen Fisher | Fredericksburg | VA | 00:00:09 | 00:28:40 | 00:28:49 | 00:28:40 | 9:14 | 66 | 862 | 382 |
| 113 | 3/5 | Dave Thomen | Stafford | VA | 00:00:27 | 00:29:04 | 00:29:31 | 00:29:04 | 9:21 | 65 | 852 | 947 |
| 245 | 4/5 | Gary Snellings | Fredericksburg | VA | 00:00:23 | 00:46:35 | 00:46:58 | 00:46:35 | 15:00 | 67 | 754 | 500 |
| 249 | 5/5 | Michael Novak | Dumfries | VA | 00:00:15 | 00:49:41 | 00:49:56 | 00:49:41 | 15:59 | 67 | 752 | 460 |
| Men's 70 and over | | | | | | | | | | | | |
| 167 | 1/5 | Charles C Hall | King George | VA | 00:00:03 | 00:35:45 | 00:35:48 | 00:35:45 | 11:30 | 74 | 802 | 396 |
| 188 | 2/5 | Bob Morrisette | Stafford | VA | 00:00:18 | 00:37:40 | 00:37:58 | 00:37:40 | 12:07 | 71 | 788 | 452 |
| 211 | 3/5 | Robert Gurtler | The Plains | Va | 00:00:19 | 00:40:02 | 00:40:21 | 00:40:02 | 12:53 | 80 | 776 | 703 |
| 253 | 4/5 | Richard Cody | Stafford | VA | 00:00:21 | 00:51:06 | 00:51:27 | 00:51:06 | 16:27 | 76 | 750 | 361 |
| 268 | 5/5 | Michael Chenault | | | 00:00:30 | 00:55:40 | 00:56:10 | 00:55:40 | 17:55 | 72 | 746 | 360 |