

Finishers by Category - Heat 1

Rundate: 04/16/2011 19:21:52 2011 Stafford Hospital 5km 04/16/2011

Cat	Plc	Place	Name	City	ST	Time	Time min/mile	Ag	Grand Prix
Women's Overall									
	15	1/3	Victoria Jasparro	Fredericksburg	VA	00:20:05	6:28	37	1000
	18	2/3	Sara Perez	Stafford	VA	00:20:41	6:39	33	998
	23	3/3	Ruth Olson	Fredericksburg	VA	00:21:06	6:47	48	996
Women's 14 & under									
	113	1/4	Rheagan Horne	Fredericksburg	VA	00:28:09	9:04	12	936
	117	2/4	Zoe Gobeille	Spotsylvania	VA	00:28:38	9:13	10	932
	128	3/4	Teagan Sullivan	Stafford	VA	00:29:09	9:23	13	914
	189	4/4	Paige Pruitt	Stafford	VA	00:41:39	13:24	14	832
Women's 15-19									
	187	1/2	Alisa Posey	Fredericksburg	VA	00:39:58	12:52	16	834
	190	2/2	Courtney Pruitt	Stafford	VA	00:41:50	13:28	17	830
Women's 20-24									
	112	1/5	Rachel Vangeison	Stafford	VA	00:28:06	9:03	22	938
	147	2/5	Christine Onidi	Fredericksburg	VA	00:32:48	10:33	22	890
	153	3/5	Sam Vaughan	Milford	Va	00:33:31	10:47	24	880
	215	4/5	Jacqueline Lewis	Colonial Beach	VA	00:52:57	17:03	21	792
	216	5/5	Sarah Wells	Stafford	VA	00:52:57	17:03	24	790
Women's 25-29									
	46	1/10	Tracy Mannion	Fredericksburg	VA	00:23:10	7:27	29	988
	94	2/10	Kristy Feia	Cushing	MN	00:27:04	8:43	28	960
	95	3/10	Jestine Dooney	Locust Grove	VA	00:27:05	8:43	26	958
	109	4/10	Cayla M Culberson	Fredericksburg	VA	00:28:00	9:01	25	942
	123	5/10	Tiffany Bruno	Fredericksburg	VA	00:28:51	9:17	26	922
	140	6/10	Pamela M Hughey	Fredericksburg	VA	00:31:10	10:02	25	898
	142	7/10	Kayla Garrison	Fredericksburg	VA	00:31:17	10:04	26	896
	181	8/10	Deanna Heitzman	Stafford	VA	00:37:14	11:59	27	844
	182	9/10	Danika Wells	Stafford	VA	00:38:05	12:15	25	842
	218	10/10	Lakeisha Willis	King George	VA	00:54:04	17:24	29	786
Women's 30-34									
	77	1/16	Christine Demetz	Bealton	VA	00:25:49	8:19	30	978
	93	2/16	Mary Tokar	Fredericksburg	VA	00:27:02	8:42	30	962
	119	3/16	Venetia Sessoms			00:28:41	9:14	32	928
	122	4/16	Mary C Jenkins	Fredericksburg	VA	00:28:47	9:16	30	924
	124	5/16	Mechelle Cutshaw	Locust Grove	VA	00:28:53	9:18	32	920
	131	6/16	Bella Calayag	Stafford	VA	00:29:40	9:33	34	912
	132	7/16	Amy Dooley	Fredericksburg	VA	00:29:48	9:36	30	910
	150	8/16	Sheri Snyder	Fredericksburg	VA	00:33:25	10:45	33	886
	160	9/16	Heather Giuffra	Fredericksburg	VA	00:34:15	11:01	33	870
	171	10/16	Amy Steele	Fredericksburg	VA	00:35:33	11:27	34	856
	176	11/16	Chantel Blackwell	Fredericksburg	VA	00:36:06	11:37	31	850
	184	12/16	Corinne Quinones	Fredericksburg	VA	00:38:29	12:23	32	840
	199	13/16	Victoria Wolff			00:44:48	14:25	32	818
	205	14/16	Tanya Giwa			00:49:01	15:47	33	810
	212	15/16	Kim Baird	Stafford	VA	00:50:54	16:23	34	796
	224	16/16	Sara Betz	Fredericksburg	VA	01:01:29	19:47	31	774
Women's 35-39									
	36	1/20	Stephanie Hayden	Fredericksburg	VA	00:22:25	7:13	35	994
	49	2/20	Aimee Fulwider	Fredericksburg	VA	00:23:18	7:30	35	984
	78	3/20	Maleah Durham	Woodbridge	VA	00:25:50	8:19	36	976
	84	4/20	Niccole Taylor	Fredericksburg	VA	00:26:26	8:30	39	970
	86	5/20	Laurie Dew	Fredericksburg	VA	00:26:30	8:32	37	968
	96	6/20	Michelle Henry	Stafford	VA	00:27:11	8:45	35	956
	100	7/20	Renee Almond	Unionville	VA	00:27:18	8:47	36	952
	102	8/20	Cindy Horne	Fredericksburg	VA	00:27:31	8:51	38	948
	105	9/20	LILLIAN NISKALA	Stafford	VA	00:27:46	8:56	37	946

107	10/20	Caren Lee Walker	Fredericksburg	VA	00:27:49	8:57	38	944
118	11/20	Gail Norris	Ruther Glen	VA	00:28:41	9:14	39	930
154	12/20	Nicki Shupp	Spotsylvania	VA	00:33:38	10:50	39	878
166	13/20	Lisa Smith	Fredericksburg	VA	00:34:25	11:05	37	866
169	14/20	Thea Bowling	Fredericksburg	VA	00:35:09	11:19	39	860
170	15/20	Jeri L. Brown	Fredericksburg	VA	00:35:13	11:20	38	858
192	16/20	Tina Fitton	Fredericksburg	VA	00:43:00	13:50	36	826
209	17/20	Beth Williams	Fredericksburg	VA	00:49:49	16:02	38	802
213	18/20	Andrea Girton	Fredericksburg	VA	00:50:58	16:24	35	794
219	19/20	Paula Oldham	Fredericksburg	VA	00:55:36	17:54	35	784
223	20/20	Valyaunda Gregory	Fredericksburg	VA	00:56:42	18:15	36	776
Women's 40-44								
43	1/21	Helena Bozarth	Fredericksburg	VA	00:22:56	7:23	44	990
50	2/21	Suzanne Bain	Fredericksburg	VA	00:23:19	7:30	44	982
79	3/21	Kimberly Willits	Fredericksburg	VA	00:25:52	8:20	40	974
91	4/21	Crystal Brinson			00:26:42	8:36	40	964
121	5/21	Laurie Groehler	Los Angeles	CA	00:28:47	9:16	44	926
125	6/21	Michelle Batitto	Fredericksburg	VA	00:28:54	9:18	43	918
136	7/21	Heidi Miller	Fredericksburg	VA	00:30:41	9:53	44	904
139	8/21	Jami Mckenna	Fredericksburg	VA	00:31:09	10:02	44	900
143	9/21	Lisa Green	Spotsylvania	VA	00:31:20	10:05	40	894
145	10/21	Jenna Conlee	Fredericksburg	VA	00:31:54	10:16	41	892
152	11/21	Coleen Sullivan	Stafford	VA	00:33:28	10:46	41	882
157	12/21	A K Gossett	Spotsylvania	VA	00:33:55	10:55	41	876
158	13/21	Michelle Malocu	Stafford	VA	00:34:00	10:57	44	874
159	14/21	Kitty Daniels	Stafford	VA	00:34:03	10:58	43	872
168	15/21	MARY WILFONG	Spotsylvania	VA	00:34:59	11:16	41	862
177	16/21	Laura Dosser	Stafford	VA	00:36:06	11:37	40	848
191	17/21	Cyndi Brazell	Stafford	VA	00:41:51	13:28	41	828
194	18/21	Donna Wilson	Fredericksburg	VA	00:43:18	13:56	42	824
200	19/21	Candy Farmer	Fredericksburg	VA	00:46:03	14:49	40	816
210	20/21	Laura Lohmeyer	Stafford	VA	00:50:15	16:10	43	800
217	21/21	Abdullah	Fredericksburg	VA	00:54:04	17:24	41	788
Women's 45-49								
68	1/7	Catherine M Norvell	Spotsylvania	VA	00:25:12	8:07	49	980
126	2/7	Robin Huddle	Fredericksburg	VA	00:29:06	9:22	48	916
135	3/7	J Sharps	Fredericksburg	VA	00:30:35	9:51	46	906
148	4/7	Laura Gluchowski	Stafford	VA	00:33:03	10:38	45	888
151	5/7	Darlene Cropp	Fredericksburg	VA	00:33:27	10:46	48	884
167	6/7	Sarah Lowther	Stafford	VA	00:34:52	11:13	47	864
185	7/7	Andrea Vassel	Fredericksburg	VA	00:39:16	12:38	46	838
Women's 50-54								
42	1/12	Lynne Clemo	Fredericksburg	VA	00:22:56	7:23	51	992
47	2/12	Victoria Colon	Fredericksburg	VA	00:23:10	7:27	50	986
80	3/12	Sue Pash	Stafford	VA	00:25:59	8:22	51	972
101	4/12	Nancy Cooper	Colonial Beach	VA	00:27:29	8:51	52	950
110	5/12	Shelley Austin	Fredericksburg	VA	00:28:02	9:01	54	940
114	6/12	Beth Venable	King George	VA	00:28:14	9:05	53	934
133	7/12	Liz Peele	Stafford	VA	00:30:22	9:46	50	908
197	8/12	Debbie Pereira	Fredericksburg	VA	00:44:19	14:16	53	820
202	9/12	Patty Wolff	Fredericksburg	VA	00:46:18	14:54	54	812
207	10/12	Shirley A. Poss	Stafford	VA	00:49:02	15:47	53	806
208	11/12	Urline Richardson	UPPER MARLBORO	MD	00:49:03	15:47	50	804
222	12/12	Rosario	Stafford	VA	00:56:36	18:13	52	778
Women's 55-59								
90	1/4	Jodi Vangeison	Stafford	VA	00:26:41	8:35	55	966
97	2/4	Nancy Ball	Fredericksburg	VA	00:27:11	8:45	55	954
211	3/4	Claudette Harrison	Stafford	VA	00:50:49	16:21	56	798
220	4/4	Joyce Lopez	Stafford	VA	00:55:39	17:55	57	782
Women's 60-64								
138	1/6	Nancy Morrissette	Stafford	VA	00:31:07	10:01	63	902
174	2/6	Trudy Monroe	Fredericksburg	VA	00:35:53	11:33	64	854
186	3/6	Nancy Murray	Fredericksburg	VA	00:39:54	12:51	61	836

196	4/6	Anita Perrow	Stafford	VA	00:44:15	14:15	62	822
221	5/6	Sager-Dean	Stafford	VA	00:56:33	18:12	61	780
225	6/6	Mona Lamb	Spotsylvania	VA	01:02:45	20:12	61	772
Women's 65-69								
165	1/4	Annie Fillare	Spotsylvania	VA	00:34:23	11:04	66	868
178	2/4	Marcia Hall	King George	VA	00:36:30	11:45	67	846
206	3/4	Alice Stumpf	Stafford	VA	00:49:01	15:47	67	808
226	4/4	Claire Curcio	Fredericksburg	VA	01:02:45	20:12	67	770
Women's 70+								
175	1/1	Arlowene Garland	Warsaw	VA	00:36:01	11:36	72	852
Women's Others								
201	1/1	Toni Mohrman	Stafford	VA	00:46:15	14:53	1	814
Men's Overall								
1	1/3	Craig Clark			00:17:15	5:33	24	1000
2	2/3	Scott Mersowsky	Fredericksburg	VA	00:17:52	5:45	45	998
3	3/3	Ted Poulos	McLean	VA	00:18:08	5:50	49	996
Men's 14 & under								
35	1/5	Hunter Wilfong	Spotsylvania	VA	00:22:24	7:13	11	938
39	2/5	Andrew Watson	Hartwood	VA	00:22:44	7:19	9	932
120	3/5	Sam Sharps	Fredericksburg	VA	00:28:44	9:15	10	836
163	4/5	THOMAS WILFONG	Spotsylvania	VA	00:34:19	11:03	9	808
193	5/5	Marcus Brown	Fredericksburg	VA	00:43:14	13:55	14	792
Men's 15-19								
13	1/3	Sam Glover	Fredericksburg	VA	00:19:55	6:25	16	976
25	2/3	Shawn Sullivan	Stafford	VA	00:21:25	6:54	18	958
164	3/3	Adam Brown Jr.	Fredericksburg	VA	00:34:20	11:03	17	806
Men's 20-24								
12	1/9	Dan Feldman	Haddonfield	NJ	00:19:50	6:23	22	978
29	2/9	Doug Quarles IV	Washington	DC	00:21:29	6:55	23	950
32	3/9	Anthony Brazell	Stafford	VA	00:21:50	7:02	22	944
48	4/9	Alex Cooper	Colonial Beach	VA	00:23:11	7:28	22	922
53	5/9	Kyle Stanley			00:23:46	7:39	24	916
54	6/9	Chris Kreft	Stafford	VA	00:23:47	7:39	23	914
61	7/9	Matthew Armentrout	Fredericksburg	VA	00:24:22	7:51	24	900
75	8/9	Nathan Ward	Fredericksburg	VA	00:25:46	8:18	24	874
161	9/9	John Budd	Fredericksburg	VA	00:34:16	11:02	24	812
Men's 25-29								
7	1/11	Nick Dunford	Fredericksburg	VA	00:18:33	5:58	28	988
37	2/11	Chris Abbondanzo	Fredericksburg	VA	00:22:34	7:16	26	936
62	3/11	Benjamin Casey	Fredericksburg	VA	00:24:33	7:54	27	898
76	4/11	Ted Langdon	Fredericksburg	VA	00:25:49	8:19	25	872
115	5/11	Justin Sebera	Fredericksburg	VA	00:28:18	9:07	28	840
116	6/11	William Johnson	Stafford	VA	00:28:23	9:08	25	838
134	7/11	Chad L Williams	Fredericksburg	VA	00:30:29	9:49	28	828
141	8/11	Ryan L Shook	Fredericksburg	VA	00:31:10	10:02	26	824
146	9/11	Brian Lamb	Spotsylvania	VA	00:32:02	10:19	26	820
180	10/11	Jason Boone	Fredericksburg	VA	00:37:14	11:59	29	798
183	11/11	Stephen Wells	Stafford	VA	00:38:05	12:15	28	796
Men's 30-34								
9	1/6	Zach Whalen	Fredericksburg	VA	00:19:07	6:09	31	984
33	2/6	Rodger Palko	Fredericksburg	VA	00:22:03	7:06	31	942
52	3/6	Steve Calayag	Stafford	VA	00:23:38	7:36	34	918
71	4/6	Harrison Howard	Stafford	VA	00:25:34	8:14	30	882
92	5/6	Shirodkar Lane	Stafford	VA	00:26:52	8:39	32	856
108	6/6	Joseph Gardner	Richardsville	VA	00:27:56	8:59	32	844
Men's 35-39								
6	1/13	Chris Leggett	Ruther Glen	VA	00:18:23	5:55	35	990
10	2/13	Bob MacDonald	Fredericksburg	VA	00:19:27	6:16	37	982
14	3/13	Andy Gotchel	King George	VA	00:19:58	6:26	38	974
19	4/13	Bob Appleton	Fredericksburg	VA	00:20:47	6:41	37	968
44	5/13	Joe DeLeva	Fredericksburg	VA	00:23:01	7:25	38	926
45	6/13	Mathew Laney	Fredericksburg	VA	00:23:08	7:27	37	924
56	7/13	Ralph Warren	Fredericksburg	VA	00:23:54	7:42	38	910

67	8/13	Mike Knutson	Fredericksburg	VA	00:25:12	8:07	39	888
88	9/13	Ron Tiberio	Fredericksburg	VA	00:26:39	8:35	36	860
172	10/13	Scott Klinck	Stafford	VA	00:35:34	11:27	35	804
195	11/13	Brian Wilfong	Spotsylvania	VA	00:43:47	14:06	38	790
204	12/13	John Lohmeyer	Stafford	VA	00:48:56	15:45	37	784
214	13/13	Jeff Friends	Stafford	VA	00:51:02	16:26	37	782
Men's 40-44								
8	1/13	Dennis Billings	Woodbridge	VA	00:18:47	6:03	42	986
24	2/13	Mark Reeves	Fredericksburg	VA	00:21:19	6:52	44	960
34	3/13	James B LaFratta	Fredericksburg	VA	00:22:15	7:10	44	940
40	4/13	Steve Ott	Spotsylvania	VA	00:22:49	7:21	44	930
41	5/13	Jeff Harmon	Fredericksburg	VA	00:22:54	7:22	44	928
55	6/13	Ciro Marchetti	Fredericksburg	VA	00:23:52	7:41	43	912
70	7/13	Jay Gordon	Fredericksburg	VA	00:25:23	8:10	43	884
73	8/13	George Roth	Fredericksburg	VA	00:25:44	8:17	41	878
74	9/13	Timothy Daniels	Stafford	VA	00:25:44	8:17	42	876
81	10/13	James Zeiner	Los Angeles	CA	00:26:14	8:27	44	870
104	11/13	Robert Sikora	Fredericksburg	VA	00:27:44	8:56	42	848
127	12/13	Michael Sullivan	Stafford	VA	00:29:09	9:23	43	834
188	13/13	Dan Wildman	Fredericksburg	VA	00:41:00	13:12	42	794
Men's 45-49								
5	1/9	Glenn Oxford	Fredericksburg	VA	00:18:22	5:55	46	992
11	2/9	Mike Cutright	Fredericksburg	VA	00:19:35	6:18	45	980
16	3/9	Kurt Wohler	Spotsylvania	VA	00:20:19	6:32	48	972
22	4/9	David Croteau	Stafford	VA	00:21:05	6:47	48	962
26	5/9	Robert Bingaman	Spotsylvania	VA	00:21:26	6:54	48	956
66	6/9	Dimas Santos	Spotsylvania	VA	00:24:54	8:01	48	890
72	7/9	Dan Hoffman	Fredericksburg	VA	00:25:41	8:16	47	880
82	8/9	Darius Wilson	Fredericksburg	VA	00:26:22	8:29	46	868
149	9/9	Alec Johnson	Stafford	VA	00:33:03	10:38	46	818
Men's 50-54								
4	1/14	Terry McLaughlin	Spotsylvania	VA	00:18:14	5:52	50	994
20	2/14	henry Clemo	Fredericksburg	VA	00:20:50	6:42	51	966
21	3/14	Mike Cannon	Springfield	VA	00:20:55	6:44	53	964
27	4/14	William Hamilton	Fredericksburg	VA	00:21:27	6:54	52	954
30	5/14	Bret Schmidt	Fredericksburg	VA	00:21:33	6:56	52	948
38	6/14	Jimmy Price	Stafford	VA	00:22:41	7:18	51	934
51	7/14	Gus Pecunia	Fredericksburg	VA	00:23:37	7:36	50	920
63	8/14	William Glover	Fredericksburg	VA	00:24:39	7:56	50	896
69	9/14	Mike Rogers	King George	VA	00:25:15	8:08	53	886
83	10/14	Jon Wallace	Fredericksburg	VA	00:26:25	8:30	54	866
89	11/14	Bruce Parker	Stafford	VA	00:26:40	8:35	52	858
99	12/14	Daniel Hansen	Fredericksburg	VA	00:27:15	8:46	54	852
106	13/14	John L Timmerman	Fredericksburg	VA	00:27:49	8:57	52	846
203	14/14	Kevin Dillard	Fredericksburg	VA	00:46:21	14:55	50	786
Men's 55-59								
17	1/9	Steve Sakry	Stafford	VA	00:20:34	6:37	58	970
28	2/9	Rolando Pancotti	Fredericksburg	VA	00:21:28	6:55	57	952
58	3/9	Larry Anderson	Springfield	VA	00:24:05	7:45	55	906
60	4/9	John Henderson	Fredericksburg	VA	00:24:11	7:47	57	902
64	5/9	Ron Lewis			00:24:47	7:59	55	894
87	6/9	Larry N Cooper	Colonial Beach	VA	00:26:34	8:33	59	862
111	7/9	Ralph Arquette	Fredericksburg	VA	00:28:03	9:02	55	842
156	8/9	Wayne Baker	Stafford	VA	00:33:55	10:55	59	814
198	9/9	Bob Brammer	Fredericksburg	VA	00:44:20	14:16	58	788
Men's 60-64								
31	1/8	Bobby Stevens	Stafford	VA	00:21:33	6:56	62	946
57	2/8	Ron Edington	Fredericksburg	VA	00:23:57	7:43	64	908
59	3/8	Tom Pierce	Quantico	VA	00:24:08	7:46	62	904
65	4/8	steve schaeffer	Mt Airy	MD	00:24:49	7:59	61	892
85	5/8	Barry Fitz-James	Stafford	VA	00:26:28	8:31	60	864
98	6/8	Dave Thomen	Stafford	VA	00:27:12	8:45	61	854
129	7/8	Stephen C. Fisher	Fredericksburg	VA	00:29:18	9:26	62	832

162	8/8	William J Murray	Fredericksburg	VA	00:34:19	11:03	64	810
Men's 65-69								
103	1/4	Robert Vranian	Fredericksburg	VA	00:27:38	8:54	66	850
130	2/4	Durrell Boyd	King George	VA	00:29:20	9:26	66	830
155	3/4	Bob Morrisette	Stafford	VA	00:33:40	10:50	67	816
173	4/4	Jim Jones	Fredericksburg	VA	00:35:50	11:32	67	802
Men's 70 and over								
137	1/3	Tom Kenney	Glen Echo	MD	00:30:55	9:57	78	826
144	2/3	Charles C Hall	King George	VA	00:31:51	10:15	70	822
179	3/3	Ferris Portner Jr	King George	VA	00:36:34	11:46	82	800