

Finishers by Category - Heat 1

Rundate: 04/15/2012 14:49:01 2012 Prison Break 5km

04/15/2012

Cat	Plc	Place	Name	City	ST	StartInt	ChipTime	Gun Time	Time	Time	min/mile	Ag
Women's Overall												
	14	1/3	Kim Thornburg	Lorton	VA	00:00:02	00:20:55	00:20:57	00:20:55		6:44	40
	27	2/3	Ivette Booher	Lorton	VA	00:00:01	00:22:33	00:22:34	00:22:33		7:15	46
	28	3/3	Carmen Booher	Lorton	VA	00:00:01	00:22:34	00:22:35	00:22:34		7:16	10
Women's 14 & under												
	19	1/8	Helen Merkle	Woodbridge	VA	00:04:26	00:21:41	00:26:07	00:21:41		6:59	12
	54	2/8	Emily Smith	Burke	VA	00:04:30	00:24:43	00:29:13	00:24:43		7:57	9
	82	3/8	Madeline Smith	Woodbridge	VA	00:00:07	00:26:22	00:26:29	00:26:22		8:29	14
	114	4/8	Kelly Stockman	Fairfax Station	VA	00:00:00	00:28:18	00:28:18	00:28:18		9:07	9
	125	5/8	Reese Yoakum	Lorton	VA	00:00:00	00:28:46	00:28:46	00:28:46		9:16	9
	141	6/8	Julia Krein	Fairfax Station	VA	00:00:00	00:29:59	00:29:59	00:29:59		9:39	8
	153	7/8	Katie Nowak	Springfield	VA	00:06:09	00:30:47	00:36:56	00:30:47		9:54	12
	206	8/8	Catrin Waters	Reston	VA	00:04:30	00:35:15	00:39:45	00:35:15		11:21	12
Women's 15-19												
	88	1/2	Maddy King	Oak Hill	Va	00:00:04	00:26:41	00:26:45	00:26:41		8:35	15
	243	2/2	Katie Annetti	Springfield	VA	00:06:12	00:45:00	00:51:12	00:45:00		14:29	16
Women's 20-24												
	49	1/11	Kate Modzelewski	Alexandria	VA	00:00:01	00:24:12	00:24:13	00:24:12		7:47	23
	73	2/11	Ashley Jordan	Woodbridge	VA	00:04:34	00:25:54	00:30:28	00:25:54		8:20	23
	95	3/11	Astrid Trued	Fairfax	VA	00:00:02	00:27:12	00:27:14	00:27:12		8:45	23
	136	4/11	Malia King	Stafford	VA	00:04:38	00:29:33	00:34:11	00:29:33		9:31	23
	159	5/11	Katherine Budusky	Woodbridge	VA	00:04:34	00:31:07	00:35:41	00:31:07		10:01	22
	164	6/11	Ashley Hopkins	Centreville	VA	00:00:04	00:31:29	00:31:33	00:31:29		10:08	22
	172	7/11	Mia Perry	Fairfax	VA	00:02:02	00:31:49	00:33:51	00:31:49		10:14	22
	174	8/11	Lisa Janovsky	Fairfax	VA	00:06:13	00:32:05	00:38:18	00:32:05		10:20	22
	178	9/11	Emma Kouguell	Springfield	VA	00:04:27	00:32:27	00:36:54	00:32:27		10:27	21
	181	10/11	Anna Foster	Woodbridge	VA	00:04:34	00:32:39	00:37:13	00:32:39		10:31	23
	224	11/11	Kristine Armour	Woodbridge	VA	00:04:33	00:36:58	00:41:31	00:36:58		11:54	22
Women's 25-29												
	26	1/17	Alissa Savage	Dumfries	Va	00:04:28	00:22:13	00:26:41	00:22:13		7:09	25
	43	2/17	Sarah Hawes	Fairfax	VA	00:04:26	00:23:56	00:28:22	00:23:56		7:42	28
	44	3/17	Nicole Long	Manassas	VA	00:04:29	00:23:59	00:28:28	00:23:59		7:43	28
	103	4/17	Stephanie Powers	Woodbridge	VA	00:06:08	00:27:48	00:33:56	00:27:48		8:57	25
	113	5/17	Tessa Sorensen	Woodbridge	VA	00:06:12	00:28:17	00:34:29	00:28:17		9:06	27
	117	6/17	Brandie Jackson	Woodbridge	VA	00:00:01	00:28:22	00:28:23	00:28:22		9:08	27
	131	7/17	Kiersten Booth	Fairfax	VA	00:04:31	00:29:20	00:33:51	00:29:20		9:26	26
	137	8/17	Meredith Kain	Fairfax	VA	00:06:13	00:29:37	00:35:50	00:29:37		9:32	25
	138	9/17	Jeni Lynne Stepien	Lorton	VA	00:00:04	00:29:44	00:29:48	00:29:44		9:34	29
	162	10/17	Christine Berry	Fairfax	VA	00:04:30	00:31:17	00:35:47	00:31:17		10:04	28
	176	11/17	Jeannie Botteri	Woodbridge	VA	00:04:41	00:32:10	00:36:51	00:32:10		10:21	26

203	12/17	Lindsay Brennan	Springfield	VA	00:04:31	00:35:14	00:39:45	00:35:14	11:20	25
204	13/17	Rachael Domer	Fairfax	VA	00:04:32	00:35:14	00:39:46	00:35:14	11:20	27
205	14/17	Jennifer Yacus	Woodbridge	VA	00:04:32	00:35:14	00:39:46	00:35:14	11:20	25
210	15/17	Erica Fouche	Springfield	VA	00:06:09	00:35:56	00:42:05	00:35:56	11:34	29
214	16/17	Brooke Marley	Woodbridge	VA	00:06:07	00:36:16	00:42:23	00:36:16	11:40	28
225	17/17	Paola Cuellar	Woodbridge	VA	00:00:03	00:37:13	00:37:16	00:37:13	11:59	26
Women's 30-34										
35	1/33	Megan Yuenger	Woodbridge	VA	00:04:26	00:23:13	00:27:39	00:23:13	7:28	31
40	2/33	Amy Young	Woodbridge	VA	00:04:34	00:23:46	00:28:20	00:23:46	7:39	32
52	3/33	Vanessa Jones	Woodbridge	VA	00:04:28	00:24:41	00:29:09	00:24:41	7:57	33
72	4/33	Colleen Telling	Woodbridge	VA	00:00:03	00:25:53	00:25:56	00:25:53	8:20	33
93	5/33	Jessica Mainhart	LEESBURG	VA	00:02:06	00:27:08	00:29:14	00:27:08	8:44	32
94	6/33	Meg Nelson	Springfield	VA	00:02:06	00:27:08	00:29:14	00:27:08	8:44	31
100	7/33	Sarah Shields	Woodbridge	VA	00:02:06	00:27:27	00:29:33	00:27:27	8:50	32
105	8/33	Kimberly Scott	Lorton	VA	00:02:06	00:27:51	00:29:57	00:27:51	8:58	34
123	9/33	Sharon Vazquez-Martinez	Washington	DC	00:06:08	00:28:41	00:34:49	00:28:41	9:14	32
124	10/33	Yesenia Nunez-Santos	Woodbridge	VA	00:06:08	00:28:41	00:34:49	00:28:41	9:14	31
128	11/33	Nicole Curcio	Woodbridge	VA	00:04:41	00:29:07	00:33:48	00:29:07	9:22	30
129	12/33	Jennifer Montcalm	Ft Belvoir	VA	00:02:03	00:29:09	00:31:12	00:29:09	9:23	33
133	13/33	Chrissy Kirsch	Woodbridge	VA	00:04:35	00:29:26	00:34:01	00:29:26	9:28	32
135	14/33	Kim Iwansky	Woodbridge	VA	00:02:02	00:29:32	00:31:34	00:29:32	9:30	33
142	15/33	Lourdes Quinteros	Arlington	VA	00:00:02	00:30:06	00:30:08	00:30:06	9:41	32
146	16/33	Sarah Callan	Lorton	VA	00:06:05	00:30:16	00:36:21	00:30:16	9:45	32
148	17/33	Christie Corsoro	Alexandria	VA	00:02:07	00:30:26	00:32:33	00:30:26	9:48	31
156	18/33	Renea Mielec	Springfield	VA	00:06:15	00:30:55	00:37:10	00:30:55	9:57	33
166	19/33	Jennifer Elena	Arlington	VA	00:00:02	00:31:39	00:31:41	00:31:39	10:11	32
168	20/33	Heather Nicole Weisman	Fairfax	VA	00:02:07	00:31:41	00:33:48	00:31:41	10:12	33
183	21/33	Laura Tobias	Bristow	VA	00:02:01	00:33:11	00:35:12	00:33:11	10:41	32
193	22/33	melanie burns	Springfield	VA	00:02:01	00:34:19	00:36:20	00:34:19	11:03	33
194	23/33	Alicia Easley	Reston	VA	00:02:05	00:34:20	00:36:25	00:34:20	11:03	30
196	24/33	Mara Palen	Fairfax	VA	00:00:06	00:34:22	00:34:28	00:34:22	11:04	30
217	25/33	Kilani Cables	Lorton	VA	00:04:38	00:36:30	00:41:08	00:36:30	11:45	31
218	26/33	Rebecca Sottile	Manassas	VA	00:04:33	00:36:36	00:41:09	00:36:36	11:47	33
229	27/33	Sarah Resavy	Arlington	VA	00:06:11	00:38:05	00:44:16	00:38:05	12:15	31
230	28/33	Meghan Crow	Rockville	MD	00:06:11	00:38:06	00:44:17	00:38:06	12:16	30
237	29/33	Angela Farrow	Woodbridge	VA	00:00:06	00:41:16	00:41:22	00:41:16	13:17	30
244	30/33	Liz Braswell	Arlington	VA	00:06:13	00:45:00	00:51:13	00:45:00	14:29	33
245	31/33	Tifiane Leitner	Dumfries	Va	00:00:08	00:46:01	00:46:09	00:46:01	14:49	30
249	32/33	Erica Tappis	Gaithersburg	MD	00:04:49	00:59:41	01:04:30	00:59:41	19:13	32
251	33/33	Theresa Callaghan	Fairfax Station	VA	00:04:50	00:59:42	01:04:32	00:59:42	19:13	32
Women's 35-39										
36	1/16	Jamye Specht	Fairfax Station	VA	00:00:06	00:23:23	00:23:29	00:23:23	7:32	39
39	2/16	Sue Brindisi	Lorton	VA	00:00:07	00:23:46	00:23:53	00:23:46	7:39	37
65	3/16	Stephanie Cochran	Springfield	VA	00:02:01	00:25:27	00:27:28	00:25:27	8:11	36
79	4/16	Jenn Kinkopf	Locust Grove	VA	00:04:36	00:26:14	00:30:50	00:26:14	8:27	38
80	5/16	Malissa Coy	Woodbridge	VA	00:00:02	00:26:16	00:26:18	00:26:16	8:27	37
115	6/16	Melanie Shaffer	Woodbridge	VA	00:06:07	00:28:18	00:34:25	00:28:18	9:07	38

116	7/16	Amy Thomas	Woodbridge	VA	00:06:06	00:28:21	00:34:27	00:28:21	9:07	38
134	8/16	Julie May	Burke	VA	00:06:14	00:29:29	00:35:43	00:29:29	9:29	35
145	9/16	Karin Ballman	Washington	DC	00:06:07	00:30:11	00:36:18	00:30:11	9:43	37
151	10/16	Anne Wiersgalla	Springfield	VA	00:06:09	00:30:40	00:36:49	00:30:40	9:52	35
175	11/16	Lorraine Sawka	Springfield	VA	00:02:04	00:32:07	00:34:11	00:32:07	10:20	39
177	12/16	brandy henricks	Washington	DC	00:04:31	00:32:16	00:36:47	00:32:16	10:23	35
191	13/16	Leslie Matus	Fairfax	VA	00:06:14	00:34:00	00:40:14	00:34:00	10:57	36
195	14/16	Amy Burns	Woodbridge	VA	00:02:00	00:34:21	00:36:21	00:34:21	11:03	35
221	15/16	Tiffany Tefft	Woodbridge	VA	00:04:30	00:36:45	00:41:15	00:36:45	11:50	35
222	16/16	Rebecca Smith	Burke	VA	00:04:33	00:36:46	00:41:19	00:36:46	11:50	37
Women's 40-44										
68	1/21	Kipsy Gould	Springfield	VA	00:00:07	00:25:39	00:25:46	00:25:39	8:15	42
84	2/21	Amy James	South Riding	VA	00:04:27	00:26:23	00:30:50	00:26:23	8:30	41
87	3/21	Kristy Parker	Fairfax Station	VA	00:04:28	00:26:37	00:31:05	00:26:37	8:34	43
90	4/21	Helen Stevens	Lorton	VA	00:06:09	00:26:55	00:33:04	00:26:55	8:40	41
101	5/21	Heather Lewis	Arlington	VA	00:04:30	00:27:41	00:32:11	00:27:41	8:55	40
102	6/21	Carolyn Ackerman	Haymarket	VA	00:00:03	00:27:42	00:27:45	00:27:42	8:55	43
107	7/21	Sarah Poulos	Lorton	VA	00:04:35	00:27:54	00:32:29	00:27:54	8:59	40
118	8/21	Jennifer Bondgren	Springfield	VA	00:04:37	00:28:28	00:33:05	00:28:28	9:10	41
119	9/21	Kristy KOWALSKI	Lorton	VA	00:02:03	00:28:30	00:30:33	00:28:30	9:10	42
127	10/21	Rina Shaffer	Springfield	VA	00:04:32	00:28:49	00:33:21	00:28:49	9:17	43
130	11/21	Rachel Burchard	Lorton	VA	00:02:03	00:29:10	00:31:13	00:29:10	9:23	42
157	12/21	Susan Thompson	Woodbridge	VA	00:02:07	00:30:57	00:33:04	00:30:57	9:58	41
161	13/21	Courtney Zellmer	Manassas	VA	00:02:03	00:31:14	00:33:17	00:31:14	10:03	43
202	14/21	Mary Wilfong	Spotsylvania	VA	00:02:05	00:35:11	00:37:16	00:35:11	11:19	42
208	15/21	Danielle Frank	Woodbridge	VA	00:02:05	00:35:45	00:37:50	00:35:45	11:30	41
227	16/21	Valerie Ellis	Fairfax Station	VA	00:04:31	00:37:39	00:42:10	00:37:39	12:07	43
228	17/21	Kathleen O'Connor	Woodbridge	VA	00:06:13	00:37:54	00:44:07	00:37:54	12:12	42
232	18/21	PORTIA ALTIMUS	Burke	VA	00:02:09	00:39:42	00:41:51	00:39:42	12:47	40
233	19/21	angela strycharz	Woodbridge	VA	00:06:13	00:39:48	00:46:01	00:39:48	12:49	43
238	20/21	Whitney Bolton	Woodbridge	VA	00:06:07	00:41:23	00:47:30	00:41:23	13:19	41
246	21/21	Samantha McClelland	Woodbridge	VA	00:00:08	00:46:02	00:46:10	00:46:02	14:49	42
Women's 45-49										
85	1/25	Yuri Cole	Woodbridge	VA	00:04:28	00:26:26	00:30:54	00:26:26	8:30	47
99	2/25	Jennifer King	Oak Hill	Va	00:00:04	00:27:16	00:27:20	00:27:16	8:47	46
109	3/25	Suzanne Smith	Woodbridge	VA	00:02:05	00:28:11	00:30:16	00:28:11	9:04	48
121	4/25	Trish McClure	Burke	VA	00:06:07	00:28:33	00:34:40	00:28:33	9:11	45
122	5/25	Laura Oyhenart	Fairfax	VA	00:04:27	00:28:38	00:33:05	00:28:38	9:13	49
132	6/25	julie Graham	Lorton	VA	00:04:36	00:29:25	00:34:01	00:29:25	9:28	45
139	7/25	Paula Singleton	Springfield	VA	00:04:36	00:29:45	00:34:21	00:29:45	9:35	49
140	8/25	Jennifer Merkle	Woodbridge	VA	00:04:34	00:29:46	00:34:20	00:29:46	9:35	49
149	9/25	Anne Coia	Arlington	VA	00:00:07	00:30:29	00:30:36	00:30:29	9:49	47
185	10/25	Maria Perry	Fairfax	VA	00:02:02	00:33:23	00:35:25	00:33:23	10:45	48
188	11/25	Karyl-Lynne Tirk	King George	VA	00:04:35	00:33:40	00:38:15	00:33:40	10:50	47
189	12/25	Barbara Porta	Occoquan	VA	00:02:08	00:33:59	00:36:07	00:33:59	10:56	48
198	13/25	Victoria Schaller	Springfield	VA	00:02:00	00:34:46	00:36:46	00:34:46	11:11	45
199	14/25	Shelley Bolt	Fairfax Station	VA	00:06:06	00:34:54	00:41:00	00:34:54	11:14	46

201	15/25	Kathleen Schroeder	Burke	VA	00:04:33	00:35:07	00:39:40	00:35:07	11:18	45
207	16/25	Susan Brownsword	Reston	VA	00:06:09	00:35:38	00:41:47	00:35:38	11:28	46
219	17/25	Michelle Kidd	Woodbridge	VA	00:06:11	00:36:41	00:42:52	00:36:41	11:48	45
226	18/25	Michelle Aquilino	Occoquan	VA	00:02:07	00:37:16	00:39:23	00:37:16	12:00	46
231	19/25	Michele Orsino	Lorton	VA	00:04:42	00:38:07	00:42:49	00:38:07	12:16	45
234	20/25	Mindy Printup-Robson	Fairfax Station	VA	00:06:11	00:39:51	00:46:02	00:39:51	12:50	49
236	21/25	Teresa Cole	Woodbridge	VA	00:02:03	00:40:39	00:42:42	00:40:39	13:05	48
239	22/25	Tina Babicz	Alexandria	VA	00:04:33	00:41:32	00:46:05	00:41:32	13:22	47
240	23/25	Shonda Davis	Alexandria	VA	00:04:32	00:41:33	00:46:05	00:41:33	13:22	46
241	24/25	Debbie Rooney	Annandale	VA	00:00:07	00:43:38	00:43:45	00:43:38	14:03	49
242	25/25	Kim Youtzy	Springfield	VA	00:06:09	00:44:07	00:50:16	00:44:07	14:12	49
Women's 50-54										
33	1/7	Maura Hackett	Springfield	VA	00:04:28	00:23:09	00:27:37	00:23:09	7:27	52
81	2/7	DeeDee Wellborn	Fairfax Station	VA	00:04:38	00:26:17	00:30:55	00:26:17	8:28	50
150	3/7	Susan Turner	Fairfax Station	VA	00:04:29	00:30:30	00:34:59	00:30:30	9:49	51
182	4/7	Brenda Monn	Occoquan	VA	00:04:39	00:32:42	00:37:21	00:32:42	10:32	51
192	5/7	Cindy Skiles	Alexandria	VA	00:00:06	00:34:18	00:34:24	00:34:18	11:02	50
215	6/7	Kathleen Christesen	Fairfax Station	VA	00:02:00	00:36:18	00:38:18	00:36:18	11:41	52
235	7/7	Cindy Skinner	Vienna	VA	00:04:33	00:40:14	00:44:47	00:40:14	12:57	50
Women's 55-59										
92	1/4	Grace Rascati	Alexandria	VA	00:04:29	00:27:00	00:31:29	00:27:00	8:41	55
169	2/4	Kathy Gurchiek	Woodbridge	VA	00:04:29	00:31:43	00:36:12	00:31:43	10:13	57
190	3/4	Beth Marty	Woodbridge	VA	00:04:37	00:34:00	00:38:37	00:34:00	10:57	57
197	4/4	Susan Farris	Fairfax Station	VA	00:02:00	00:34:37	00:36:37	00:34:37	11:09	57
Women's 60-64										
211	1/2	Tina Lewis	Fairfax Station	VA	00:02:04	00:36:05	00:38:09	00:36:05	11:37	61
250	2/2	Florence Bosch	Rockville	MD	00:04:49	00:59:42	01:04:31	00:59:42	19:13	60
Women's 65-69										
Women's 70-74										
Women's 75+										
Women's Others										
Men's Overall										
2	1/3	Dirk Plante	Alexandria	VA	00:00:03	00:19:11	00:19:14	00:19:11	6:10	44
5	2/3	jack kammerer	Washington	DC	00:00:00	00:19:27	00:19:27	00:19:27	6:16	49
7	3/3	Eric Jackson	Woodbridge	VA	00:00:01	00:19:46	00:19:47	00:19:46	6:22	27
Men's 14 & under										
29	1/7	Hawthorne Merkle	Woodbridge	VA	00:04:33	00:22:46	00:27:19	00:22:46	7:20	12
69	2/7	Darwin Walter	Oak Hill	Va	00:00:00	00:25:41	00:25:41	00:25:41	8:16	13
71	3/7	Cameron Tefft	Woodbridge	VA	00:04:30	00:25:50	00:30:20	00:25:50	8:19	13
76	4/7	Daniel Smith	Woodbridge	VA	00:00:07	00:26:11	00:26:18	00:26:11	8:26	10
160	5/7	Jack Parson	Woodbridge	VA	00:01:59	00:31:10	00:33:09	00:31:10	10:02	12
165	6/7	Eric Walter	Oak Hill	Va	00:00:04	00:31:30	00:31:34	00:31:30	10:08	11
167	7/7	Hayden Singleton	Springfield	VA	00:04:36	00:31:39	00:36:15	00:31:39	10:11	14
Men's 15-19										
8	1/6	Scott Walter	Oak Hill	Va	00:00:00	00:19:49	00:19:49	00:19:49	6:23	17
10	2/6	Andrew Holt	Fairfax Station	VA	00:00:05	00:20:20	00:20:25	00:20:20	6:33	17
31	3/6	Robert Witte	Woodbridge	VA	00:01:59	00:22:49	00:24:48	00:22:49	7:21	16

47	4/6	James Witte	Woodbridge	VA	00:01:59	00:24:02	00:26:01	00:24:02	7:44	16
57	5/6	Trevor Builta	Springfield	VA	00:04:34	00:24:59	00:29:33	00:24:59	8:02	15
120	6/6	Ryan Nethercutt	Manassas	VA	00:02:02	00:28:31	00:30:33	00:28:31	9:11	17
Men's 20-24										
17	1/5	Tim McClure	Burke	VA	00:06:07	00:21:31	00:27:38	00:21:31	6:56	22
42	2/5	Brandon Augustine	Woodbridge	VA	00:04:27	00:23:55	00:28:22	00:23:55	7:42	24
97	3/5	Dallas Stapleton	Fairfax	VA	00:00:02	00:27:13	00:27:15	00:27:13	8:46	23
147	4/5	Roger Maldonado	Woodbridge	VA	00:01:59	00:30:18	00:32:17	00:30:18	9:45	23
179	5/5	John Mooney	Roanoke	VA	00:04:26	00:32:28	00:36:54	00:32:28	10:27	20
Men's 25-29										
6	1/10	Max Stone	Stafford	VA	00:04:28	00:19:31	00:23:59	00:19:31	6:17	25
9	2/10	Charles Warren	Chester	VA	00:00:04	00:19:57	00:20:01	00:19:57	6:25	26
22	3/10	Ben Boggs	Fredericksburg	VA	00:04:30	00:21:50	00:26:20	00:21:50	7:02	25
30	4/10	J.T. Alukonis	Springfield	VA	00:04:31	00:22:48	00:27:19	00:22:48	7:20	28
67	5/10	Jeffrey Pace	Woodbridge	VA	00:04:33	00:25:31	00:30:04	00:25:31	8:13	29
86	6/10	William Rilee	Reston	VA	00:04:38	00:26:27	00:31:05	00:26:27	8:31	29
158	7/10	Shawn Byers	Washington	DC	00:00:07	00:31:05	00:31:12	00:31:05	10:00	26
163	8/10	Jerrel Hart	Dumfries	Va	00:04:36	00:31:20	00:35:56	00:31:20	10:05	26
186	9/10	William Tansill	Fairfax	VA	00:04:32	00:33:30	00:38:02	00:33:30	10:47	26
247	10/10	Bryce Blake	Idaho Falls	ID	00:06:06	00:46:56	00:53:02	00:46:56	15:06	27
Men's 30-34										
11	1/23	Jon Barrett	Woodbridge	VA	00:00:01	00:20:36	00:20:37	00:20:36	6:38	30
12	2/23	Chris Hall	Washington	DC	00:02:05	00:20:37	00:22:42	00:20:37	6:38	32
13	3/23	Christopher Palen	Fairfax	VA	00:04:26	00:20:40	00:25:06	00:20:40	6:39	31
18	4/23	Royce Smith	Woodbridge	VA	00:00:09	00:21:33	00:21:42	00:21:33	6:56	34
20	5/23	Brian Morreale	Baldwin	NY	00:00:00	00:21:45	00:21:45	00:21:45	7:00	31
24	6/23	Phil Jordan	Vienna	VA	00:04:34	00:22:07	00:26:41	00:22:07	7:07	31
25	7/23	John Marollo	Woodbridge	VA	00:02:05	00:22:10	00:24:15	00:22:10	7:08	30
38	8/23	Walter Dayanan	Woodbridge	VA	00:00:03	00:23:42	00:23:45	00:23:42	7:38	33
41	9/23	Tony Santiago	Fairfax Station	VA	00:00:03	00:23:54	00:23:57	00:23:54	7:42	32
45	10/23	Ryan Tappis	Gaithersburg	MD	00:04:36	00:23:59	00:28:35	00:23:59	7:43	31
55	11/23	Dave Prah	Woodbridge	VA	00:04:26	00:24:47	00:29:13	00:24:47	7:59	33
58	12/23	Christopher Salles	Manassas	VA	00:04:27	00:25:02	00:29:29	00:25:02	8:03	31
61	13/23	Greg Gillis	Centreville	VA	00:00:05	00:25:15	00:25:20	00:25:15	8:08	30
63	14/23	Brian Buser	Dumfries	VA	00:04:26	00:25:18	00:29:44	00:25:18	8:09	34
66	15/23	Mark Sparlin	Springfield	VA	00:04:27	00:25:28	00:29:55	00:25:28	8:12	32
74	16/23	Luke Ballman	Washington	DC	00:06:06	00:25:58	00:32:04	00:25:58	8:21	33
77	17/23	Adam Frank	Fairfax Station	VA	00:00:06	00:26:13	00:26:19	00:26:13	8:26	32
83	18/23	Sean Ferro	Fairfax Station	VA	00:02:01	00:26:23	00:28:24	00:26:23	8:30	32
96	19/23	Norman Dichard	Woodbridge	VA	00:04:39	00:27:12	00:31:51	00:27:12	8:45	31
111	20/23	Rick Schram	Fairfax	VA	00:04:35	00:28:11	00:32:46	00:28:11	9:04	33
144	21/23	Steve Korker	Reston	VA	00:02:06	00:30:08	00:32:14	00:30:08	9:42	33
213	22/23	Chris Young	Woodbridge	VA	00:04:39	00:36:05	00:40:44	00:36:05	11:37	34
248	23/23	Lane Blake	Idaho Falls	ID	00:06:06	00:46:57	00:53:03	00:46:57	15:07	30
Men's 35-39										
3	1/10	David Kovacich	Woodbridge	VA	00:04:26	00:19:15	00:23:41	00:19:15	6:12	35
23	2/10	John Shaffer	Woodbridge	VA	00:04:29	00:21:51	00:26:20	00:21:51	7:02	37

53	3/10	Justin Smith	Burke	VA	00:04:30	00:24:42	00:29:12	00:24:42	7:57	37
59	4/10	Jeff Kinkopf	Locust Grove	VA	00:04:37	00:25:02	00:29:39	00:25:02	8:03	37
64	5/10	Mike Gibson	Lorton	VA	00:04:39	00:25:18	00:29:57	00:25:18	8:09	36
106	6/10	Ron Terry	Lorton	VA	00:06:14	00:27:51	00:34:05	00:27:51	8:58	38
108	7/10	JP Charneco	Alexandria	VA	00:02:02	00:28:02	00:30:04	00:28:02	9:01	38
110	8/10	Joseph Musella	Fairfax Station	VA	00:02:09	00:28:11	00:30:20	00:28:11	9:04	38
152	9/10	Curtis Nowak	Springfield	VA	00:06:09	00:30:46	00:36:55	00:30:46	9:54	38
209	10/10	Brian Wilfong	Spotsylvania	VA	00:02:05	00:35:48	00:37:53	00:35:48	11:31	39
Men's 40-44										
4	1/6	Miguel Sanchez-Ruano	Woodbridge	VA	00:04:26	00:19:16	00:23:42	00:19:16	6:12	44
56	2/6	Jeff Builta	Springfield	VA	00:04:34	00:24:58	00:29:32	00:24:58	8:02	41
126	3/6	Kerry Yoakum	Lorton	VA	00:00:01	00:28:47	00:28:48	00:28:47	9:16	43
143	4/6	Marcus Wilson	Fairfax Station	VA	00:02:01	00:30:06	00:32:07	00:30:06	9:41	40
170	5/6	Mark Witte	Woodbridge	VA	00:02:01	00:31:44	00:33:45	00:31:44	10:13	42
171	6/6	Tony Garrow	Stafford	VA	00:04:37	00:31:44	00:36:21	00:31:44	10:13	42
Men's 45-49										
16	1/14	Gregory Smith	Woodbridge	VA	00:00:06	00:21:31	00:21:37	00:21:31	6:56	47
32	2/14	Richard Montague	Fairfax Station	VA	00:04:28	00:23:08	00:27:36	00:23:08	7:27	48
37	3/14	Daniel Plourd	Lorton	VA	00:00:05	00:23:39	00:23:44	00:23:39	7:37	47
46	4/14	John Kinnard	South Riding	VA	00:04:29	00:24:00	00:28:29	00:24:00	7:43	46
48	5/14	Frank Perry	Fairfax	VA	00:00:05	00:24:07	00:24:12	00:24:07	7:46	49
50	6/14	Robert Hally	Fairfax Station	VA	00:06:10	00:24:38	00:30:48	00:24:38	7:56	48
51	7/14	Steve Jones	Fredericksburg	VA	00:04:28	00:24:41	00:29:09	00:24:41	7:57	48
70	8/14	Barry Walter	Oak Hill	Va	00:00:05	00:25:44	00:25:49	00:25:44	8:17	46
89	9/14	Richard Orsino	Lorton	VA	00:04:42	00:26:44	00:31:26	00:26:44	8:36	45
104	10/14	Dimitri Henry	Burke	VA	00:06:08	00:27:48	00:33:56	00:27:48	8:57	48
112	11/14	Russell Hansen	Fairfax Station	VA	00:02:08	00:28:12	00:30:20	00:28:12	9:05	48
187	12/14	Mark Bellinger	Arlington	VA	00:02:04	00:33:36	00:35:40	00:33:36	10:49	45
220	13/14	Patrick Kashmer	Woodbridge	VA	00:06:11	00:36:42	00:42:53	00:36:42	11:49	45
223	14/14	William Armour	Woodbridge	VA	00:04:33	00:36:58	00:41:31	00:36:58	11:54	47
Men's 50-54										
1	1/8	Michael Murfee	Lorton	VA	00:04:26	00:18:18	00:22:44	00:18:18	5:53	51
15	2/8	Michael Reardon	Fairfax Station	VA	00:00:05	00:20:55	00:21:00	00:20:55	6:44	52
21	3/8	MINITIAL DONALD	Manassas	VA	00:04:28	00:21:46	00:26:14	00:21:46	7:00	52
60	4/8	Greg Perrine	Fairfax Station	VA	00:06:10	00:25:11	00:31:21	00:25:11	8:06	52
75	5/8	Robert Lowney	Fairfax Station	VA	00:06:10	00:25:59	00:32:09	00:25:59	8:22	53
78	6/8	Scot Merkle	Woodbridge	VA	00:02:07	00:26:13	00:28:20	00:26:13	8:26	51
200	7/8	James Schroeder	Burke	VA	00:04:34	00:35:06	00:39:40	00:35:06	11:18	52
216	8/8	Frederick Wilson	Woodbridge	VA	00:06:13	00:36:25	00:42:38	00:36:25	11:43	52
Men's 55-59										
34	1/4	Dave McClure	Burke	VA	00:06:07	00:23:10	00:29:17	00:23:10	7:27	57
62	2/4	John Monaghan	Fairfax Station	VA	00:04:29	00:25:15	00:29:44	00:25:15	8:08	55
91	3/4	Ched Hudson	Fairfax Station	VA	00:00:04	00:26:57	00:27:01	00:26:57	8:40	59
98	4/4	David Coia	Arlington	VA	00:00:02	00:27:15	00:27:17	00:27:15	8:46	58
Men's 60-64										
173	1/3	Clark Crawford	Dumfries	VA	00:04:29	00:31:50	00:36:19	00:31:50	10:15	63
180	2/3	William Foster	Woodbridge	VA	00:04:42	00:32:35	00:37:17	00:32:35	10:29	60

212	3/3	Fred Lewis	Fairfax Station VA	00:02:05	00:36:05	00:38:10	00:36:05	11:37	63
Men's 65-69									
Men's 70-74									
184	1/1	Rufus Harris	Fairfax Station VA	00:06:14	00:33:21	00:39:35	00:33:21	10:44	70
Men's 75 and over									
154	1/1	Robert Gurtler	The Plains Va	00:00:05	00:30:54	00:30:59	00:30:54	9:57	77
Men's Others									