

Finishers by Category - Heat 1

Rundate: 04/09/2017 13:54:17 2017 Prison Break 10km

04/09/2017

Cat	Plc	Place	Name	City	ST	StartInt	ChipTime	Gun Time	Time	Time	min/mile	Ag	Bib #
Women's Overall													
	4	1/3	Anna Bernal			00:00:00	00:41:05	00:41:05	00:41:05		6:37	28	135
	11	2/3	Lane Tingle			00:00:01	00:48:11	00:48:12	00:48:11		7:45	50	297
	12	3/3	Mia Cangiano			00:00:04	00:48:25	00:48:29	00:48:25		7:48	20	142
Women 10-14													
	61	1/1	Regan Goger	Stafford	VA	00:00:13	00:57:18	00:57:31	00:57:18		9:13	14	185
Women 15-19													
	19	1/2	Sarah Sabal	Stafford	VA	00:00:02	00:49:53	00:49:55	00:49:53		8:02	16	269
	52	2/2	Shannon Lea	Fredericksburg	VA	00:00:08	00:56:14	00:56:22	00:56:14		9:03	19	215
Women 20-29													
	13	1/16	Sarah Dickenson			00:00:03	00:48:29	00:48:32	00:48:29		7:48	20	160
	42	2/16	Kristina Griffin			00:00:03	00:54:28	00:54:31	00:54:28		8:46	26	188
	47	3/16	Natalie Ernst			00:00:10	00:55:07	00:55:17	00:55:07		8:52	28	168
	48	4/16	Gelisa Slyer	Stafford	VA	00:00:06	00:55:08	00:55:14	00:55:08		8:52	24	282
	49	5/16	Laura Matt			00:00:18	00:55:10	00:55:28	00:55:10		8:53	23	224
	57	6/16	Martinika Edwards			00:00:03	00:56:40	00:56:43	00:56:40		9:07	25	166
	81	7/16	Nicole Lamoureux			00:00:10	01:00:50	01:01:00	01:00:50		9:47	25	213
	88	8/16	Brooke Apperson			00:00:16	01:01:55	01:02:11	01:01:55		9:58	28	125
	96	9/16	Emily Soun			00:00:02	01:03:13	01:03:15	01:03:13		10:10	28	287
	114	10/16	Rachel Tenpenny-Chigas	Andrews AFB	MD	00:00:04	01:06:35	01:06:39	01:06:35		10:43	29	296
	124	11/16	Brittany Barnes			00:00:17	01:11:28	01:11:45	01:11:28		11:30	28	130
	126	12/16	Christina Gambrell			00:00:20	01:13:00	01:13:20	01:13:00		11:45	29	180
	133	13/16	Kara Bedford			00:00:16	01:14:49	01:15:05	01:14:49		12:02	29	134
	136	14/16	Lindsey Santos Koos	King George	VA	00:00:08	01:15:37	01:15:45	01:15:37		12:10	26	274
	161	15/16	Christina Truong			00:00:17	01:38:47	01:39:04	01:38:47		15:54	26	299
	162	16/16	Sayaka Simmons			00:00:18	01:38:48	01:39:06	01:38:48		15:54	27	280
Women 30-39													
	16	1/37	Rumi Readnour			00:00:01	00:49:33	00:49:34	00:49:33		7:58	39	259
	36	2/37	Susan Morgan			00:00:03	00:53:00	00:53:03	00:53:00		8:32	30	238
	40	3/37	Alicia Geraci			00:00:03	00:53:32	00:53:35	00:53:32		8:37	38	182
	50	4/37	TusaRebecca Pannucci			00:00:13	00:55:11	00:55:24	00:55:11		8:53	36	251
	51	5/37	Megan Fuller			00:00:07	00:56:05	00:56:12	00:56:05		9:02	38	177
	53	6/37	Jennifer Ritchie	Woodbridge	VA	00:00:14	00:56:19	00:56:33	00:56:19		9:04	38	264
	59	7/37	Karen Perry			00:00:02	00:57:04	00:57:06	00:57:04		9:11	37	253
	62	8/37	Lisa Lam			00:00:07	00:57:35	00:57:42	00:57:35		9:16	34	312
	63	9/37	Julie Bakir			00:00:11	00:57:45	00:57:56	00:57:45		9:18	37	128
	65	10/37	Julie Chase			00:00:06	00:59:01	00:59:07	00:59:01		9:30	32	145
	69	11/37	Amira Tann			00:00:15	00:59:32	00:59:47	00:59:32		9:35	36	294
	79	12/37	Caralina Ciemny			00:00:17	01:00:43	01:01:00	01:00:43		9:46	30	146
	82	13/37	Kylee Arvizu			00:00:05	01:00:54	01:00:59	01:00:54		9:48	33	127

84	14/37	Laura Yates			00:00:13	01:01:17	01:01:30	01:01:17	9:52	37	306
87	15/37	Claudia Reyes			00:00:12	01:01:36	01:01:48	01:01:36	9:55	39	260
98	16/37	Amanda Scoville			00:00:09	01:03:14	01:03:23	01:03:14	10:11	31	276
99	17/37	Jamie Lawson	Woodbridge	VA	00:00:18	01:03:15	01:03:33	01:03:15	10:11	36	214
103	18/37	Katrina Lohan			00:00:14	01:04:10	01:04:24	01:04:10	10:20	33	221
106	19/37	Crystal Beavers	Fredericksburg	VA	00:00:13	01:05:30	01:05:43	01:05:30	10:32	33	132
108	20/37	Elizabeth McCumiskey	Herndon	VA	00:00:13	01:05:38	01:05:51	01:05:38	10:34	33	230
115	21/37	Kathleen Tenpenny	Andrews AFB	MD	00:00:04	01:06:36	01:06:40	01:06:36	10:43	35	295
117	22/37	Tara McCutcheon			00:00:13	01:07:17	01:07:30	01:07:17	10:50	33	231
121	23/37	Eileen Liston			00:00:07	01:08:15	01:08:22	01:08:15	10:59	32	219
132	24/37	Sara Hamidi			00:00:18	01:14:45	01:15:03	01:14:45	12:02	34	191
135	25/37	Jennifer Pullen			00:00:19	01:15:28	01:15:47	01:15:28	12:09	35	256
137	26/37	Christine Herdman			00:00:10	01:16:33	01:16:43	01:16:33	12:19	31	194
138	27/37	Ebone Liggins			00:00:19	01:19:08	01:19:27	01:19:08	12:44	34	218
143	28/37	April Mickens			00:00:05	01:19:48	01:19:53	01:19:48	12:51	37	237
144	29/37	Angela DeCanio	Fredericksburg	VA	00:00:19	01:20:45	01:21:04	01:20:45	13:00	39	156
145	30/37	Martha Smallwood			00:00:19	01:20:48	01:21:07	01:20:48	13:00	38	284
148	31/37	Stephanie Romonchuk			00:00:07	01:21:15	01:21:22	01:21:15	13:05	38	266
151	32/37	Cecily Anthony	Woodbridge	VA	00:00:17	01:22:00	01:22:17	01:22:00	13:12	36	124
152	33/37	Gessica Ryan			00:00:15	01:22:04	01:22:19	01:22:04	13:12	30	267
153	34/37	Cayce Boyles	Fredericksburg	VA	00:00:14	01:22:45	01:22:59	01:22:45	13:19	30	140
156	35/37	Ashley Nicole Sullivan			00:00:07	01:25:54	01:26:01	01:25:54	13:49	31	293
157	36/37	Elicia Pratt			00:00:11	01:26:08	01:26:19	01:26:08	13:52	30	254
158	37/37	Robin Figurelle	King George	VA	00:00:08	01:29:47	01:29:55	01:29:47	14:27	30	174
Women 40-49											
25	1/22	Kelley Jiron			00:00:27	00:51:22	00:51:49	00:51:22	8:16	40	205
26	2/22	Claire Branson			00:00:05	00:51:30	00:51:35	00:51:30	8:17	40	307
34	3/22	Jacqueline Fee			00:00:10	00:52:48	00:52:58	00:52:48	8:30	45	172
43	4/22	JENNIFER DERASMO	Fairfax Station	VA	00:00:08	00:54:38	00:54:46	00:54:38	8:48	41	157
44	5/22	Jamy Specht	Fairfax Station	VA	00:00:07	00:54:39	00:54:46	00:54:39	8:48	44	288
64	6/22	Miryam Brunson			00:00:02	00:58:32	00:58:34	00:58:32	9:25	40	141
66	7/22	Helen Stevens			00:00:15	00:59:10	00:59:25	00:59:10	9:31	47	291
76	8/22	Maribel Dichard			00:00:08	01:00:17	01:00:25	01:00:17	9:42	40	159
78	9/22	Susan Falkofske			00:00:11	01:00:32	01:00:43	01:00:32	9:45	41	169
91	10/22	danira mayes	Alexandria	VA	00:00:14	01:02:43	01:02:57	01:02:43	10:06	43	226
92	11/22	Tracy Lewellen	Spotsylvania	VA	00:00:15	01:02:43	01:02:58	01:02:43	10:06	45	217
94	12/22	Brooke Lemelin			00:00:03	01:02:57	01:03:00	01:02:57	10:08	49	216
105	13/22	Carla Sloane			00:00:17	01:04:56	01:05:13	01:04:56	10:27	40	281
123	14/22	Carla Goger			00:00:13	01:11:10	01:11:23	01:11:10	11:27	43	184
129	15/22	Jeanne Vanlancker			00:00:05	01:13:57	01:14:02	01:13:57	11:54	48	300
130	16/22	Kim Haddox	Louisville	KY	00:00:11	01:14:28	01:14:39	01:14:28	11:59	48	189
146	17/22	Vicky Somma			00:00:16	01:21:02	01:21:18	01:21:02	13:02	42	286
149	18/22	Saly Fayez			00:00:07	01:21:16	01:21:23	01:21:16	13:05	42	170
150	19/22	Phirum Sam	Alexandria	VA	00:00:13	01:21:42	01:21:55	01:21:42	13:09	43	271
159	20/22	Carolyn Fuss	Fredericksburg	VA	00:00:09	01:31:18	01:31:27	01:31:18	14:42	47	178
160	21/22	Kristin Craine			00:00:12	01:35:21	01:35:33	01:35:21	15:21	45	152
164	22/22	Kimberly Davis			00:00:15	01:57:25	01:57:40	01:57:25	18:54	48	155

Women 50-59

54	1/12	Suzy Munnis			00:00:09	00:56:25	00:56:34	00:56:25	9:05	52	240
73	2/12	Mary Ernst			00:00:10	00:59:50	01:00:00	00:59:50	9:38	55	167
77	3/12	Mary Grace McAlevy	Fairfax	VA	00:00:14	01:00:25	01:00:39	01:00:25	9:43	52	228
100	4/12	Tracy Saunders			00:00:09	01:03:20	01:03:29	01:03:20	10:12	57	275
101	5/12	Terry Drew			00:00:08	01:03:21	01:03:29	01:03:21	10:12	50	162
116	6/12	Tamra Salvatore			00:00:07	01:06:52	01:06:59	01:06:52	10:46	55	270
122	7/12	Diana Hyjek			00:00:05	01:10:45	01:10:50	01:10:45	11:23	52	201
128	8/12	Juliet Henshaw			00:00:06	01:13:32	01:13:38	01:13:32	11:50	54	193
139	9/12	Michele Orsino	Lorton	VA	00:00:11	01:19:13	01:19:24	01:19:13	12:45	50	246
147	10/12	Lori Jo McPhee	Lorton	VA	00:00:17	01:21:04	01:21:21	01:21:04	13:03	50	234
154	11/12	Helen Mayberry			00:00:19	01:23:02	01:23:21	01:23:02	13:22	58	225
163	12/12	Barbara Vaughan			00:00:15	01:57:24	01:57:39	01:57:24	18:54	53	301

Men's Overall

1	1/3	Matthew Alan Earman	NOKESVILLE	VA	00:00:00	00:35:29	00:35:29	00:35:29	5:43	23	163
2	2/3	Josh Orr			00:00:02	00:39:00	00:39:02	00:39:00	6:17	20	245
3	3/3	James Munnis III	Shepherdstown	WV	00:00:01	00:39:57	00:39:58	00:39:57	6:26	52	241
Men 10-14											
35	1/2	Jonathan Ryan			00:00:00	00:52:58	00:52:58	00:52:58	8:31	12	268
155	2/2	Jayden Slyer			00:00:14	01:24:04	01:24:18	01:24:04	13:32	12	283
Men 15-19											
45	1/1	Alexander Koenig	Fredericksburg	VA	00:00:14	00:54:42	00:54:56	00:54:42	8:48	16	211
Men 20-29											
5	1/15	Evan Richey			00:00:01	00:44:40	00:44:41	00:44:40	7:11	22	261
7	2/15	John Orellano			00:00:02	00:46:02	00:46:04	00:46:02	7:25	27	244
15	3/15	Samuel Green			00:00:02	00:48:55	00:48:57	00:48:55	7:52	20	187
21	4/15	Michael McGraw			00:00:01	00:50:16	00:50:17	00:50:16	8:05	22	232
22	5/15	Joshua Littlefield			00:00:01	00:50:49	00:50:50	00:50:49	8:11	22	220
28	6/15	Cody Rioux			00:00:04	00:51:37	00:51:41	00:51:37	8:18	21	263
30	7/15	Michael Raat			00:00:01	00:51:56	00:51:57	00:51:56	8:21	20	258
33	8/15	Colin Jennings			00:00:04	00:52:47	00:52:51	00:52:47	8:30	26	204
41	9/15	Keshaun Joseph			00:00:06	00:54:21	00:54:27	00:54:21	8:45	28	209
56	10/15	Ricky Cosme			00:00:03	00:56:40	00:56:43	00:56:40	9:07	28	151
72	11/15	Eric Cedotal			00:00:04	00:59:43	00:59:47	00:59:43	9:37	20	144
93	12/15	Gerardo Ortiz			00:00:02	01:02:44	01:02:46	01:02:44	10:06	28	248
110	13/15	Gunnar Bedford			00:00:17	01:06:12	01:06:29	01:06:12	10:39	23	133
120	14/15	Ronald Amaya			00:00:03	01:07:59	01:08:02	01:07:59	10:56	29	123
134	15/15	Breon Grant			00:00:07	01:15:24	01:15:31	01:15:24	12:08	29	186
Men 30-39											
6	1/19	Lester Maynard	Woodbridge	VA	00:00:02	00:45:53	00:45:55	00:45:53	7:23	38	227
10	2/19	Zach Jiron			00:00:25	00:47:24	00:47:49	00:47:24	7:38	39	206
14	3/19	Joseph Williams			00:00:11	00:48:33	00:48:44	00:48:33	7:49	37	302
17	4/19	Evan Bassett			00:00:15	00:49:38	00:49:53	00:49:38	7:59	36	131
20	5/19	Patrick Hemmer			00:00:04	00:50:07	00:50:11	00:50:07	8:04	39	311
23	6/19	Avis Johnson			00:00:07	00:51:14	00:51:21	00:51:14	8:15	33	207
24	7/19	Jackie Coogan			00:00:05	00:51:21	00:51:26	00:51:21	8:16	37	150

32	8/19	Pierce Acuff			00:00:03	00:52:47	00:52:50	00:52:47	8:30	31	121
39	9/19	Jordan Egert			00:00:02	00:53:22	00:53:24	00:53:22	8:35	31	309
60	10/19	Jason Perry			00:00:02	00:57:04	00:57:06	00:57:04	9:11	38	252
67	11/19	Kevin Hullihan			00:00:08	00:59:28	00:59:36	00:59:28	9:34	32	198
70	12/19	Jeff Mallozzi			00:00:12	00:59:38	00:59:50	00:59:38	9:36	38	223
74	13/19	Denis Arnez			00:00:04	01:00:01	01:00:05	01:00:01	9:40	36	126
75	14/19	Peter Goff			00:00:20	01:00:09	01:00:29	01:00:09	9:41	36	183
97	15/19	Ryan Bowers			00:00:14	01:03:13	01:03:27	01:03:13	10:10	39	139
109	16/19	Andrew Brooks			00:00:09	01:05:44	01:05:53	01:05:44	10:35	33	308
111	17/19	Ran Magalong			00:00:16	01:06:21	01:06:37	01:06:21	10:41	30	222
125	18/19	Jonathon Gambrell			00:00:21	01:12:58	01:13:19	01:12:58	11:45	30	181
142	19/19	Oscar Hsu			00:00:05	01:19:47	01:19:52	01:19:47	12:50	37	197
Men 40-49											
9	1/11	Stephen Pannucci			00:00:10	00:47:21	00:47:31	00:47:21	7:37	43	250
38	2/11	Andy Spohn			00:00:09	00:53:18	00:53:27	00:53:18	8:35	45	289
58	3/11	Ryan Somma			00:00:16	00:56:50	00:57:06	00:56:50	9:09	43	285
86	4/11	Mike Edinger			00:00:15	01:01:35	01:01:50	01:01:35	9:55	47	165
89	5/11	Ken Moss			00:00:10	01:02:15	01:02:25	01:02:15	10:01	47	239
90	6/11	Kevin Fitzhenry			00:00:08	01:02:43	01:02:51	01:02:43	10:06	40	175
95	7/11	Michael Frankowiak			00:00:09	01:03:12	01:03:21	01:03:12	10:10	41	176
104	8/11	Michael Connors			00:00:16	01:04:56	01:05:12	01:04:56	10:27	40	149
107	9/11	Romeo Ferrufino			00:00:04	01:05:32	01:05:36	01:05:32	10:33	43	173
112	10/11	Long Lam			00:00:06	01:06:25	01:06:31	01:06:25	10:41	40	313
119	11/11	Tony Shivers			00:00:06	01:07:37	01:07:43	01:07:37	10:53	45	279
Men 50-59											
8	1/15	Steven Stromberg	Fairfax Station	VA	00:00:00	00:46:32	00:46:32	00:46:32	7:29	52	292
18	2/15	R Thony Espinoza			00:00:02	00:49:48	00:49:50	00:49:48	8:01	54	310
27	3/15	Paul Ierardi	Stafford	VA	00:00:10	00:51:32	00:51:42	00:51:32	8:18	51	203
37	4/15	David Fee			00:00:11	00:53:06	00:53:17	00:53:06	8:33	52	171
46	5/15	Russell Cromwell			00:00:11	00:54:47	00:54:58	00:54:47	8:49	52	153
55	6/15	James McCool			00:00:12	00:56:28	00:56:40	00:56:28	9:05	59	229
68	7/15	Norman Fuss	Fredericksburg	VA	00:00:08	00:59:30	00:59:38	00:59:30	9:35	50	179
71	8/15	James Roberts			00:00:09	00:59:40	00:59:49	00:59:40	9:36	58	265
83	9/15	Waldemar Alquisa			00:00:16	01:01:00	01:01:16	01:01:00	9:49	54	122
85	10/15	Carl Rickertsen			00:00:08	01:01:28	01:01:36	01:01:28	9:54	57	262
113	11/15	Bill Smith			00:00:20	01:06:34	01:06:54	01:06:34	10:43	50	314
118	12/15	Sokhom Samreth	Alexandria	VA	00:00:12	01:07:33	01:07:45	01:07:33	10:52	59	272
127	13/15	Mark Winn			00:00:06	01:13:32	01:13:38	01:13:32	11:50	54	303
131	14/15	Alan W Koenig	Fredericksburg	VA	00:00:19	01:14:33	01:14:52	01:14:33	12:00	55	210
140	15/15	Richard Orsino	Lorton	VA	00:00:12	01:19:13	01:19:25	01:19:13	12:45	50	247
Men 60-69											
29	1/4	Jim Menke			00:00:04	00:51:48	00:51:52	00:51:48	8:20	62	236
31	2/4	frank stein			00:00:05	00:52:11	00:52:16	00:52:11	8:24	62	290
80	3/4	Gary Best	Fredericksburg	VA	00:00:06	01:00:50	01:00:56	01:00:50	9:47	62	137
102	4/4	David Sledgister			00:00:15	01:03:44	01:03:59	01:03:44	10:15	64	316
Men 70 and over											
141	1/1	John Pratt			00:00:20	01:19:19	01:19:39	01:19:19	12:46	70	255