

Finishers by Category - Heat 1

Rundate: 04/13/2014 13:33:03 2014 Prison Break 10km

04/13/2014

Cat		Plc	Place	Name	City	ST	StartInt	ChipTime	Gun	Time	Time	Time	Ag	Bib #
												min/mile		
Women's Overall														
2	1/3			Alana Copelan			00:00:02	00:47:26	00:47:28	00:47:26		7:38	30	700
4	2/3			Eleanor Lynch			00:00:01	00:47:44	00:47:45	00:47:44		7:41	31	705
13	3/3			Melody Peppard			00:00:05	00:51:02	00:51:07	00:51:02		8:13	33	731
Women 15-19														
70	1/2			Laura Hegemann			00:00:17	01:04:02	01:04:19	01:04:02		10:18	16	828
88	2/2			Emily Nguyen			00:00:17	01:07:24	01:07:41	01:07:24		10:51	16	814
Women 20-29														
20	1/25			Kathleen Sims			00:00:01	00:53:00	00:53:01	00:53:00		8:32	26	702
28	2/25			Daniela Lazarte	Dumfries	Va	00:00:01	00:56:50	00:56:51	00:56:50		9:09	23	804
29	3/25			Shannon Hoff			00:00:16	00:56:55	00:57:11	00:56:55		9:10	22	800
34	4/25			Amanda DuPrey			00:00:00	00:59:04	00:59:04	00:59:04		9:30	28	809
48	5/25			Lisa Wagner			00:00:04	01:01:27	01:01:31	01:01:27		9:53	25	841
53	6/25			Anna Pollock			00:00:16	01:02:10	01:02:26	01:02:10		10:00	28	748
54	7/25			Erin Van Allan			00:00:01	01:02:21	01:02:22	01:02:21		10:02	28	722
59	8/25			Kyle Hoffmann			00:00:17	01:03:13	01:03:30	01:03:13		10:10	29	776
65	9/25			Maegan McGoff			00:00:06	01:03:32	01:03:38	01:03:32		10:13	22	786
72	10/25			GERALYN CARREON			00:00:02	01:04:11	01:04:13	01:04:11		10:20	29	761
76	11/25			Dawn Morgan	Mineral	VA	00:00:24	01:04:53	01:05:17	01:04:53		10:27	29	767
77	12/25			Linsey Bauer	Spotsylvania	VA	00:00:23	01:04:54	01:05:17	01:04:54		10:27	28	779
80	13/25			Jenny Jordan			00:00:18	01:05:40	01:05:58	01:05:40		10:34	26	829
82	14/25			Amanda Shanks			00:00:24	01:06:03	01:06:27	01:06:03		10:38	26	783
92	15/25			Amy Nham			00:00:16	01:07:45	01:08:01	01:07:45		10:54	25	747
93	16/25			Deniz Polat			00:00:15	01:07:46	01:08:01	01:07:46		10:54	25	757
98	17/25			Allyson Gibson			00:00:16	01:08:39	01:08:55	01:08:39		11:03	22	811
117	18/25			Emily Hedrick			00:00:05	01:12:04	01:12:09	01:12:04		11:36	28	826
132	19/25			Ashlee Schlund	Spotsylvania	VA	00:00:23	01:15:26	01:15:49	01:15:26		12:08	28	780
143	20/25			Andrea Crowe			00:00:18	01:18:08	01:18:26	01:18:08		12:34	23	746
144	21/25			Amanda Myers			00:00:11	01:20:04	01:20:15	01:20:04		12:53	25	859
151	22/25			Liz Knight-Smith			00:00:09	01:21:38	01:21:47	01:21:38		13:08	29	790
155	23/25			Allison Hedrick			00:00:04	01:25:23	01:25:27	01:25:23		13:44	21	745
161	24/25			Megan Wendell			00:00:23	01:30:37	01:31:00	01:30:37		14:35	27	848
168	25/25			Margaret Turlington			00:00:20	01:42:11	01:42:31	01:42:11		16:27	25	875
Women 30-39														
30	1/38			Leigh Hannagan			00:00:07	00:56:58	00:57:05	00:56:58		9:10	39	777
31	2/38			Natassha Halverson			00:00:07	00:57:32	00:57:39	00:57:32		9:16	30	740
37	3/38			Fiorella Santos	Dumfries	VA	00:00:05	00:59:15	00:59:20	00:59:15		9:32	38	760
46	4/38			Monica E Janik	Burke	VA	00:00:10	01:00:49	01:00:59	01:00:49		9:47	32	734
47	5/38			Sarah Laylo			00:00:11	01:00:57	01:01:08	01:00:57		9:49	39	799
51	6/38			Melissa McLaughlin			00:00:06	01:01:54	01:02:00	01:01:54		9:58	38	785

58	7/38	Angela White	Fredericksburg	VA	00:00:05	01:02:56	01:03:01	01:02:56	10:08	32	749
60	8/38	Patricia Adler			00:00:12	01:03:18	01:03:30	01:03:18	10:11	39	742
62	9/38	Candace Bosch	Woodbridge	VA	00:00:10	01:03:24	01:03:34	01:03:24	10:12	32	752
63	10/38	Rhiannon Jordan			00:00:09	01:03:30	01:03:39	01:03:30	10:13	36	736
64	11/38	Amanda Freeman			00:00:09	01:03:30	01:03:39	01:03:30	10:13	31	744
74	12/38	Amy Meli			00:00:14	01:04:25	01:04:39	01:04:25	10:22	36	762
81	13/38	Brittany Kelley			00:00:11	01:05:41	01:05:52	01:05:41	10:34	31	835
84	14/38	Anja Lendvay			00:00:16	01:06:32	01:06:48	01:06:32	10:42	37	830
85	15/38	Tabitha Hedrick	Fredericksburg	VA	00:00:12	01:06:53	01:07:05	01:06:53	10:46	37	806
89	16/38	Patricia Biggio			00:00:02	01:07:37	01:07:39	01:07:37	10:53	33	855
91	17/38	Melina Furtado			00:00:00	01:07:42	01:07:42	01:07:42	10:54	34	876
94	18/38	Katherine Siefker	Spotsylvania	VA	00:00:23	01:07:49	01:08:12	01:07:49	10:55	36	833
102	19/38	Caroline Stampfel			00:00:20	01:09:38	01:09:58	01:09:38	11:12	33	877
103	20/38	Stephanie Passero			00:00:12	01:09:42	01:09:54	01:09:42	11:13	32	802
104	21/38	Amanda Kearney			00:00:28	01:09:49	01:10:17	01:09:49	11:14	32	810
108	22/38	Martha Smallwood			00:00:06	01:10:48	01:10:54	01:10:48	11:24	35	844
109	23/38	Denise Studeny			00:00:18	01:10:48	01:11:06	01:10:48	11:24	39	851
112	24/38	Kara Heitz			00:00:19	01:11:34	01:11:53	01:11:34	11:31	38	836
114	25/38	Katie Jugl			00:00:01	01:11:46	01:11:47	01:11:46	11:33	31	764
118	26/38	Nora Herwick			00:00:12	01:12:13	01:12:25	01:12:13	11:37	39	793
122	27/38	Maha-Rebekah Abejuela			00:00:19	01:13:01	01:13:20	01:13:01	11:45	33	846
124	28/38	Megan Stokes			00:00:14	01:13:40	01:13:54	01:13:40	11:51	32	845
127	29/38	Theresa Lord			00:00:17	01:14:40	01:14:57	01:14:40	12:01	32	815
131	30/38	Katherine Andrews			00:00:15	01:15:23	01:15:38	01:15:23	12:08	35	869
139	31/38	Molly Selby			00:00:25	01:16:34	01:16:59	01:16:34	12:19	33	879
140	32/38	Cheryl Rhodes			00:00:25	01:16:34	01:16:59	01:16:34	12:19	39	865
157	33/38	Michaela Cooper			00:00:03	01:26:14	01:26:17	01:26:14	13:53	36	878
158	34/38	Lissett Lineberry			00:00:15	01:29:47	01:30:02	01:29:47	14:27	37	873
159	35/38	Jennifer Sjostedt			00:00:21	01:29:56	01:30:17	01:29:56	14:28	30	868
160	36/38	Jackelyn Jordan	Woodbridge	VA	00:00:13	01:30:27	01:30:40	01:30:27	14:33	35	867
162	37/38	Jessica Donaldson			00:00:17	01:31:09	01:31:26	01:31:09	14:40	32	880
164	38/38	Leigh Smith			00:00:18	01:35:09	01:35:27	01:35:09	15:19	39	874
Women 40-49											
19	1/21	Kerrie Golden			00:00:06	00:52:33	00:52:39	00:52:33	8:27	46	729
23	2/21	Regina Pace			00:00:02	00:53:43	00:53:45	00:53:43	8:39	44	723
38	3/21	Barbara Fiero			00:00:00	00:59:20	00:59:20	00:59:20	9:33	42	739
49	4/21	Kerri Freis			00:00:08	01:01:27	01:01:35	01:01:27	9:53	41	756
57	5/21	Terri Hyman			00:00:14	01:02:44	01:02:58	01:02:44	10:06	43	768
69	6/21	Stacy Nixon			00:00:14	01:03:52	01:04:06	01:03:52	10:17	40	803
86	7/21	Heather Ryder			00:00:12	01:06:53	01:07:05	01:06:53	10:46	42	765
120	8/21	Amy Thomas	Woodbridge	VA	00:00:06	01:12:37	01:12:43	01:12:37	11:41	40	887
121	9/21	Nancy Gines			00:00:18	01:12:39	01:12:57	01:12:39	11:42	45	827
126	10/21	Kareen Lawson			00:00:07	01:13:56	01:14:03	01:13:56	11:54	45	838
129	11/21	Marcia Bradley			00:00:25	01:15:01	01:15:26	01:15:01	12:04	43	853
133	12/21	Saria Omar			00:00:03	01:15:32	01:15:35	01:15:32	12:09	43	884
136	13/21	Theresa Groves			00:00:18	01:15:53	01:16:11	01:15:53	12:13	42	819
142	14/21	Victoria Crowe	Arlington	VA	00:00:19	01:18:07	01:18:26	01:18:07	12:34	44	807

145	15/21	Carrie Drummond	Alexandria	VA	00:00:10	01:20:06	01:20:16	01:20:06	12:53	40	825
149	16/21	Diane McKee			00:00:14	01:21:26	01:21:40	01:21:26	13:06	49	861
152	17/21	Roxana Gunnett			00:00:12	01:24:35	01:24:47	01:24:35	13:37	49	883
156	18/21	Laura Weeks			00:00:15	01:25:59	01:26:14	01:25:59	13:50	43	773
163	19/21	Aimee Davis			00:00:16	01:33:30	01:33:46	01:33:30	15:03	42	842
166	20/21	Whitney Bolton	Woodbridge	VA	00:00:13	01:38:11	01:38:24	01:38:11	15:48	43	886
170	21/21	Laura Berry			00:00:25	01:42:13	01:42:38	01:42:13	16:27	44	840
Women 50-59											
56	1/11	Lezlie Hedges			00:00:04	01:02:44	01:02:48	01:02:44	10:06	52	856
67	2/11	Pamela Sutey			00:00:05	01:03:43	01:03:48	01:03:43	10:15	59	795
83	3/11	Kat Oleary			00:00:26	01:06:08	01:06:34	01:06:08	10:39	50	849
96	4/11	Mary Kay Chase			00:00:13	01:08:32	01:08:45	01:08:32	11:02	52	781
106	5/11	Denise Kangas	Fredericksburg	VA	00:00:09	01:09:56	01:10:05	01:09:56	11:15	50	866
123	6/11	Marie Hensley			00:00:05	01:13:11	01:13:16	01:13:11	11:47	50	871
135	7/11	Cheryl Cotton			00:00:04	01:15:51	01:15:55	01:15:51	12:12	50	818
137	8/11	Christie Gass			00:00:18	01:15:53	01:16:11	01:15:53	12:13	54	862
148	9/11	Yvette Powell			00:00:03	01:21:23	01:21:26	01:21:23	13:06	53	888
153	10/11	Lisa Johnson			00:00:17	01:24:35	01:24:52	01:24:35	13:37	53	870
169	11/11	gwynne shingler			00:00:26	01:42:12	01:42:38	01:42:12	16:27	53	766
Women 60-69											
128	1/3	Carol Ward			00:00:13	01:14:46	01:14:59	01:14:46	12:02	60	821
146	2/3	Wynne Tysdal	Fairfax	VA	00:00:21	01:20:26	01:20:47	01:20:26	12:57	62	864
147	3/3	Christina Lyons			00:00:21	01:20:49	01:21:10	01:20:49	13:00	67	863
Men's Overall											
1	1/3	miguel sanchez-ruano	Woodbridge	VA	00:00:02	00:43:37	00:43:39	00:43:37	7:01	46	711
3	2/3	Alex Ozenberger			00:00:01	00:47:30	00:47:31	00:47:30	7:39	27	701
5	3/3	Wesley Barker			00:00:02	00:48:01	00:48:03	00:48:01	7:44	29	735
Men 10-14											
36	1/3	Carl Stierle			00:00:03	00:59:15	00:59:18	00:59:15	9:32	14	713
44	2/3	Finn Ciszewski			00:00:20	01:00:33	01:00:53	01:00:33	9:45	11	889
99	3/3	Henry Nimey			00:00:07	01:08:53	01:09:00	01:08:53	11:05	14	791
Men 15-19											
35	1/1	Robert McGoff			00:00:06	00:59:11	00:59:17	00:59:11	9:31	15	787
Men 20-29											
41	1/8	Daniel Tacconi			00:00:16	01:00:03	01:00:19	01:00:03	9:40	23	775
42	2/8	Sean Ferro	Fredericksburg	VA	00:00:07	01:00:17	01:00:24	01:00:17	9:42	27	737
55	3/8	Will Kline			00:00:06	01:02:22	01:02:28	01:02:22	10:02	24	808
68	4/8	Tony Maina	Fredericksburg	VA	00:00:15	01:03:51	01:04:06	01:03:51	10:17	28	823
73	5/8	Nick Evans			00:00:01	01:04:20	01:04:21	01:04:20	10:21	23	730
79	6/8	Jason Parrish			00:00:12	01:05:40	01:05:52	01:05:40	10:34	29	834
90	7/8	Bryan Bierbaum			00:00:16	01:07:41	01:07:57	01:07:41	10:54	27	751
97	8/8	Chris Bernardes			00:00:18	01:08:34	01:08:52	01:08:34	11:02	26	816
Men 30-39											
6	1/25	Mark Thompson			00:00:00	00:48:13	00:48:13	00:48:13	7:46	33	716
7	2/25	Adrian Hawkins			00:00:12	00:48:20	00:48:32	00:48:20	7:47	39	717
8	3/25	Mathew Scott			00:00:10	00:49:52	00:50:02	00:49:52	8:02	30	732

9	4/25	Mike Copeland			00:00:08	00:50:18	00:50:26	00:50:18	8:06	35	712
10	5/25	Brad Reed			00:00:00	00:50:32	00:50:32	00:50:32	8:08	35	703
12	6/25	Jeremy Ratner			00:00:15	00:50:47	00:51:02	00:50:47	8:10	36	728
14	7/25	Elton Pepa			00:00:01	00:51:43	00:51:44	00:51:43	8:19	39	721
15	8/25	Matt Winn			00:00:22	00:51:54	00:52:16	00:51:54	8:21	32	782
16	9/25	Peter Sjostedt			00:00:22	00:52:00	00:52:22	00:52:00	8:22	31	707
24	10/25	George Zoulias			00:00:05	00:54:10	00:54:15	00:54:10	8:43	32	714
26	11/25	Nathan Mead			00:00:02	00:55:27	00:55:29	00:55:27	8:55	37	738
33	12/25	Chad Campbell			00:00:12	00:58:21	00:58:33	00:58:21	9:23	34	720
50	13/25	Ryan Bowers			00:00:07	01:01:33	01:01:40	01:01:33	9:54	36	796
78	14/25	Jonathan Phillips			00:00:20	01:05:07	01:05:27	01:05:07	10:29	32	770
87	15/25	Willie Davis	Woodbridge	VA	00:00:20	01:07:10	01:07:30	01:07:10	10:49	39	822
95	16/25	Derron Gadison			00:00:21	01:08:06	01:08:27	01:08:06	10:58	33	755
100	17/25	Brendan O'Hara			00:00:22	01:08:56	01:09:18	01:08:56	11:06	34	882
105	18/25	Matthew Kearney			00:00:27	01:09:50	01:10:17	01:09:50	11:14	31	743
107	19/25	Brandon Smallwood			00:00:07	01:10:47	01:10:54	01:10:47	11:23	34	843
110	20/25	Eric Dowty			00:00:03	01:11:21	01:11:24	01:11:21	11:29	32	758
119	21/25	Ivan Herwick			00:00:11	01:12:14	01:12:25	01:12:14	11:37	39	792
125	22/25	Andrew Wendell			00:00:25	01:13:40	01:14:05	01:13:40	11:51	32	847
141	23/25	Jeremy Siefker	Spotsylvania	VA	00:00:24	01:17:51	01:18:15	01:17:51	12:32	37	832
150	24/25	Brian Suddarth			00:00:09	01:21:38	01:21:47	01:21:38	13:08	33	789
165	25/25	Sean Bauer			00:00:24	01:38:00	01:38:24	01:38:00	15:46	34	778
Men 40-49											
11	1/12	Pavel Santos	Dumfries	VA	00:00:01	00:50:40	00:50:41	00:50:40	8:09	40	706
17	2/12	John Sharrock			00:00:03	00:52:17	00:52:20	00:52:17	8:25	47	727
21	3/12	Charles Hubbard			00:00:08	00:53:06	00:53:14	00:53:06	8:33	45	725
27	4/12	Jerry Hurst			00:00:13	00:56:45	00:56:58	00:56:45	9:08	46	719
40	5/12	Mark Njore	Woodbridge	VA	00:00:08	00:59:40	00:59:48	00:59:40	9:36	40	788
43	6/12	Rob Guzman	Fredericksburg	VA	00:00:04	01:00:24	01:00:28	01:00:24	9:43	44	724
45	7/12	David Wright			00:00:08	01:00:47	01:00:55	01:00:47	9:47	45	824
113	8/12	Michael Hardiman			00:00:02	01:11:45	01:11:47	01:11:45	11:33	44	763
116	9/12	CRAIG CISZEWSKI			00:00:26	01:12:01	01:12:27	01:12:01	11:35	45	820
138	10/12	Noah Adler			00:00:12	01:16:20	01:16:32	01:16:20	12:17	40	741
154	11/12	Francis Tamok			00:00:29	01:25:09	01:25:38	01:25:09	13:42	47	839
167	12/12	Mark Lineberry			00:00:15	01:38:56	01:39:11	01:38:56	15:55	40	872
Men 50-59											
18	1/11	DONALD ARLINGTON			00:00:00	00:52:32	00:52:32	00:52:32	8:27	55	710
22	2/11	Dave McSherry	Camp Hill	Pa	00:00:02	00:53:17	00:53:19	00:53:17	8:35	59	704
25	3/11	Bruce Erickson			00:00:02	00:54:23	00:54:25	00:54:23	8:45	50	718
32	4/11	Patrick Redmon			00:00:06	00:57:49	00:57:55	00:57:49	9:18	51	797
39	5/11	Paul Alquisa			00:00:03	00:59:24	00:59:27	00:59:24	9:34	51	715
66	6/11	Alan Remick	Dumfries	VA	00:00:04	01:03:33	01:03:37	01:03:33	10:14	56	857
71	7/11	David Chitwood			00:00:13	01:04:09	01:04:22	01:04:09	10:19	58	754
75	8/11	Edward Jennings			00:00:08	01:04:30	01:04:38	01:04:30	10:23	50	769
115	9/11	Kevin Collins			00:00:21	01:11:57	01:12:18	01:11:57	11:35	52	837
130	10/11	John Salata			00:00:14	01:15:23	01:15:37	01:15:23	12:08	58	852
134	11/11	Chip Cotton			00:00:04	01:15:50	01:15:54	01:15:50	12:12	51	817

Men 60-69

52 1/3 Dean Pollock
101 2/3 Justin O'Hara
111 3/3 John Pratt

00:00:16 01:02:10 01:02:26 01:02:10 10:00 60 812
00:00:22 01:08:56 01:09:18 01:08:56 11:06 68 881
00:00:23 01:11:30 01:11:53 01:11:30 11:30 67 831

Men 70 and over

61 1/1 Robert Lasken

00:00:10 01:03:23 01:03:33 01:03:23 10:12 70 798