

Finishers by Category - Heat 1

Rundate: 11/15/2015 14:17:24 2015 MMRF Race for Research 5k11/15/2015

Cat	Plc	Place	Name	City	ST	StartInt	ChipTime	Gun	Time	Time	Time	min/mile	Ag	Grand	Prix	Bib #
Women's Overall																
	11	1/1	Anne Flowers	Washington	DC	00:00:06	00:21:10	00:21:16	00:21:10		6:49	26	1000			5874
Women's 14 & under																
	14	1/24	Becca Tidwell	King George	VA	00:00:03	00:21:14	00:21:17	00:21:14		6:50	13	996			6253
	65	2/24	Abigail Granberg	Clifton	VA	00:00:10	00:25:49	00:25:59	00:25:49		8:19	13	986			5920
	89	3/24	Sophia Manthei	Potomac	Md	00:00:10	00:27:17	00:27:27	00:27:17		8:47	9	972			6052
	126	4/24	Samantha Kamm			00:00:04	00:28:53	00:28:57	00:28:53		9:18	13	942			6457
	147	5/24	Giselle Silla	McLean	VA	00:00:45	00:29:56	00:30:41	00:29:56		9:38	13	914			6207
	182	6/24	Zoe Maas	Washington	DC	00:01:01	00:30:52	00:31:53	00:30:52		9:56	7	878			6045
	198	7/24	Callie Solomon	Washington	DC	00:00:57	00:31:18	00:32:15	00:31:18		10:04	8	866			6217
	220	8/24	Chase Hunter	Washington	DC	00:01:05	00:32:18	00:33:23	00:32:18		10:24	7	842			5981
	244	9/24	Zia Grace	Washington	DC	00:00:59	00:33:02	00:34:01	00:33:02		10:38	9	818			5918
	260	10/24	Cheyenne Freeman			00:00:57	00:33:41	00:34:38	00:33:41		10:50	9	798			6494
	261	11/24	Shanez Benyoucef	Washington	DC	00:00:54	00:33:42	00:34:36	00:33:42		10:51	6	804			5741
	262	12/24	Shiraz Benyoucef	Washington	DC	00:00:55	00:33:42	00:34:37	00:33:42		10:51	8	802			5742
	286	13/24	Emily Giorgio	Davidsonville	MD	00:01:11	00:34:41	00:35:52	00:34:41		11:10	12	762			5906
	289	14/24	Ava Durosko	Fairfax	VA	00:00:58	00:34:43	00:35:41	00:34:43		11:10	8	774			6414
	307	15/24	Rebecca Noland	Washington	DC	00:00:54	00:35:20	00:36:14	00:35:20		11:22	6	750			6095
	315	16/24	Avery Eisenhower	Gainesville	VA	00:00:40	00:35:45	00:36:25	00:35:45		11:30	9	742			5847
	320	17/24	Sophie Selfridge	Washington	DC	00:01:19	00:35:50	00:37:09	00:35:50		11:32	8	722			6191
	349	18/24	Hannah Wilson	Chesapeake Beach	MD	00:00:24	00:37:30	00:37:54	00:37:30		12:04	12	704			6281
	350	19/24	Alexandra Foltz	Clear Spring	MD	00:01:07	00:37:33	00:38:40	00:37:33		12:05	11	684			5875
	364	20/24	Kelsey Giorgio	Davidsonville	MD	00:01:13	00:38:38	00:39:51	00:38:38		12:26	14	672			5908
	382	21/24	Mimi Silla	Washington	DC	00:00:55	00:40:38	00:41:33	00:40:38		13:05	8	654			6208
	393	22/24	Hannah Cohen De-La Rosa	Washington	DC	00:01:11	00:41:58	00:43:09	00:41:58		13:30	5	636			5794
	403	23/24	Jazlyn Griffin	Waldorf	MD	00:00:51	00:43:09	00:44:00	00:43:09		13:53	7	630			5925
	408	24/24	Lillian Charles	La Plata	MD	00:00:35	00:44:35	00:45:10	00:44:35		14:21	12	628			5786
Women's 15-19																
	223	1/6	Christina Basile	Prince Frederick	MD	00:00:23	00:32:21	00:32:44	00:32:21		10:25	19	862			5732
	243	2/6	Hedyeh Dorrnanian	Rockville	MD	00:00:14	00:32:59	00:33:13	00:32:59		10:37	17	848			5834
	246	3/6	Allison Frye	Chantilly	VA	00:00:41	00:33:13	00:33:54	00:33:13		10:41	16	822			5888
	309	4/6	Kaylee Burnett	Mechanicsville	Md	00:00:52	00:35:22	00:36:14	00:35:22		11:23	17	748			5768
	319	5/6	Tiffany Lower	Ashburn	VA	00:00:53	00:35:50	00:36:43	00:35:50		11:32	19	736			6343
	340	6/6	MacKenzie Swanson	Woodbridge	VA	00:01:14	00:37:15	00:38:29	00:37:15		11:59	16	690			6232
Women's 20-24																
	59	1/19	Lynn Juan	Cherry Hill	NJ	00:00:20	00:25:39	00:25:59	00:25:39		8:15	22	988			5991
	86	2/19	Erica Hillwig	Chicora	PA	00:00:08	00:27:08	00:27:16	00:27:08		8:44	24	974			5967
	97	3/19	Ashley Skipper	District Height	MD	00:01:08	00:27:40	00:28:48	00:27:40		8:54	24	946			6211
	100	4/19	Allison Brodsky	New York	NY	00:00:19	00:27:51	00:28:10	00:27:51		8:58	23	962			5761
	101	5/19	Diana Baran	Washington	DC	00:00:18	00:27:52	00:28:10	00:27:52		8:58	24	960			6481

118	6/19	Cooper McLendon	Bethesda	MD	00:00:26	00:28:33	00:28:59	00:28:33	9:11	24	940	6065
125	7/19	Chelsea Borkovitz	Philadelphia	PA	00:00:19	00:28:50	00:29:09	00:28:50	9:17	23	938	5753
145	8/19	Hannah Kass	Baltimore	MD	00:00:51	00:29:55	00:30:46	00:29:55	9:38	20	908	5994
155	9/19	Hayley O'Brien	Washington	DC	00:00:09	00:30:10	00:30:19	00:30:10	9:43	23	924	6098
165	10/19	Laura Davis	Columbia	MO	00:00:21	00:30:27	00:30:48	00:30:27	9:48	21	904	5821
166	11/19	Taylor Jarsocrak	Shillington	PA	00:00:22	00:30:29	00:30:51	00:30:29	9:49	22	902	5987
169	12/19	Amanda Barber	Temple Hills	MD	00:00:21	00:30:30	00:30:51	00:30:30	9:49	22	900	5729
175	13/19	Kate Hillman	Washington	DC	00:00:28	00:30:44	00:31:12	00:30:44	9:54	24	896	5966
193	14/19	Samantha Jarsocrak	Washington	DC	00:00:27	00:31:14	00:31:41	00:31:14	10:03	24	888	5986
197	15/19	Alex Ptachick	Vienna	VA	00:00:32	00:31:17	00:31:49	00:31:17	10:04	23	880	6139
200	16/19	Nitin Potarazu	McLean	Va	00:00:10	00:31:23	00:31:33	00:31:23	10:06	24	892	6130
265	17/19	Avia Esposito	Baltimore	MD	00:01:05	00:33:48	00:34:53	00:33:48	10:53	24	792	5855
270	18/19	Ely Molina	Woodbridge	VA	00:00:28	00:33:58	00:34:26	00:33:58	10:56	21	810	6071
334	19/19	Aisha Shah	Washington	DC	00:00:54	00:36:56	00:37:50	00:36:56	11:53	24	708	6194
Women's 25-29												
69	1/35	Emily Henning	Phoenix	MD	00:00:43	00:26:09	00:26:52	00:26:09	8:25	25	978	5961
73	2/35	Shelley Vinyard	Washington	DC	00:00:05	00:26:26	00:26:31	00:26:26	8:30	29	980	6265
79	3/35	Danielle Meyer	Wheaton	MD	00:01:28	00:26:49	00:28:17	00:26:49	8:38	29	954	6393
85	4/35	Danielle Doheny	Washington	DC	00:00:09	00:27:07	00:27:16	00:27:07	8:44	28	976	5830
88	5/35	LeighAnne Daly	Washington	DC	00:00:53	00:27:16	00:28:09	00:27:16	8:47	25	964	5815
96	6/35	Marilea Griggs	Cambridge	MA	00:00:26	00:27:39	00:28:05	00:27:39	8:54	25	966	6471
141	7/35	Alyssa Wolice	Arlington	VA	00:00:38	00:29:46	00:30:24	00:29:46	9:35	26	918	6289
146	8/35	Courtney Abrams	Washington	DC	00:00:26	00:29:56	00:30:22	00:29:56	9:38	29	920	5703
227	9/35	Michele Hoang	Monroe	NC	00:00:54	00:32:23	00:33:17	00:32:23	10:25	27	846	5968
231	10/35	Stephanie Urban	Boston	MA	00:00:18	00:32:27	00:32:45	00:32:27	10:27	29	858	6312
234	11/35	Laura Herman	Washington	DC	00:00:11	00:32:35	00:32:46	00:32:35	10:29	28	856	5962
247	12/35	Molly Sweeney	Potomac	Md	00:00:12	00:33:20	00:33:32	00:33:20	10:44	25	832	6238
251	13/35	Abigail Seiler	Washington	DC	00:00:19	00:33:25	00:33:44	00:33:25	10:45	29	824	6187
257	14/35	Caroline Halaby	Washington	DC	00:00:45	00:33:40	00:34:25	00:33:40	10:50	25	812	5937
263	15/35	Elisabeth Ferland	ARLINGTON	VA	00:00:32	00:33:43	00:34:15	00:33:43	10:51	27	816	5868
293	16/35	Lindsey Scheggia	Mechanicsburg	PA	00:00:43	00:34:58	00:35:41	00:34:58	11:15	27	772	6179
304	17/35	Kate Giere	Cambridge	MA	00:00:22	00:35:19	00:35:41	00:35:19	11:22	28	770	5901
313	18/35	Sarah Cooper	Nottingham	MD	00:01:16	00:35:39	00:36:55	00:35:39	11:28	26	732	5801
323	19/35	Alyssa Ewing	Washington	DC	00:01:06	00:35:59	00:37:05	00:35:59	11:35	26	724	5859
330	20/35	Thi Nguyen	Mont Village	MD	00:00:43	00:36:32	00:37:15	00:36:32	11:46	27	720	6093
331	21/35	Ashley McCauley	Mechanicsville	Md	00:00:23	00:36:33	00:36:56	00:36:33	11:46	26	728	6056
335	22/35	Zeppa Kreager	Washington	DC	00:00:53	00:36:58	00:37:51	00:36:58	11:54	26	706	6010
336	23/35	Kim Putterman	Rockville	MD	00:00:16	00:37:01	00:37:17	00:37:01	11:55	27	718	6141
341	24/35	Valerie Valcourt	Washington	DC	00:00:28	00:37:17	00:37:45	00:37:17	12:00	26	710	6260
360	25/35	Kristi Wick	Washington	DC	00:00:56	00:38:22	00:39:18	00:38:22	12:21	29	678	6275
362	26/35	Allison Grunwald	Mechanicsburg	PA	00:00:43	00:38:28	00:39:11	00:38:28	12:23	25	680	5932
376	27/35	Kaitie Clarkin	Centreville	VA	00:01:09	00:40:10	00:41:19	00:40:10	12:56	28	662	5791
377	28/35	Lauren Frankiewicz	Arlington	VA	00:01:08	00:40:11	00:41:19	00:40:11	12:56	28	660	6337
378	29/35	Kristen Haynor	Arlington	VA	00:01:08	00:40:11	00:41:19	00:40:11	12:56	26	658	5957
379	30/35	Devon Dowell	Vienna	VA	00:01:08	00:40:11	00:41:19	00:40:11	12:56	27	656	5837
385	31/35	Jessica Beck	Freeland	MD	00:01:19	00:40:51	00:42:10	00:40:51	13:09	27	642	5736
409	32/35	Vanessa Escobar	Fairfax	VA	00:00:50	00:44:45	00:45:35	00:44:45	14:24	26	626	5854

415	33/35	Jessamyn Beasley	Washington	DC	00:01:15	00:46:32	00:47:47	00:46:32	14:59	25	616	5734
416	34/35	Laura McElhaney	Ashburn	VA	00:00:53	00:48:36	00:49:29	00:48:36	15:39	26	614	6062
423	35/35	Hannah Ellwood	Washington	DC	00:01:10	00:53:33	00:54:43	00:53:33	17:14	27	608	5853
Women's 30-34												
12	1/36	Shana Frank	Falls Church	Va	00:00:06	00:21:10	00:21:16	00:21:10	6:49	31	998	5882
103	2/36	Kelly Zukosky	Springfield	VA	00:00:13	00:27:58	00:28:11	00:27:58	9:00	31	958	6486
108	3/36	Audrey Hsieh	Washington	DC	00:00:13	00:28:07	00:28:20	00:28:07	9:03	33	952	5977
121	4/36	Sarah Robie	Washington	DC	00:00:13	00:28:43	00:28:56	00:28:43	9:15	31	944	6160
136	5/36	Jackie Pilette	Washington	DC	00:00:45	00:29:22	00:30:07	00:29:22	9:27	31	926	6126
150	6/36	Orly Halpern	ARLINGTON	VA	00:00:37	00:30:07	00:30:44	00:30:07	9:42	30	912	5944
160	7/36	Mariana Dalit Mandler	Rockville	MD	00:00:28	00:30:16	00:30:44	00:30:16	9:45	31	910	5810
179	8/36	Monica Kohli	Washington	DC	00:00:36	00:30:52	00:31:28	00:30:52	9:56	33	894	6007
186	9/36	Jillian Katcher	Arlington	VA	00:00:16	00:30:55	00:31:11	00:30:55	9:57	30	898	5995
195	10/36	Karen Nguyen	Fairfax	VA	00:05:48	00:31:15	00:37:03	00:31:15	10:04	34	726	6092
199	11/36	Anna Doctors	Washington	DC	00:00:19	00:31:22	00:31:41	00:31:22	10:06	30	886	5828
201	12/36	Margaret Doctors	Washington	DC	00:00:17	00:31:24	00:31:41	00:31:24	10:06	33	884	5829
203	13/36	Elyse Cohen	Washington	DC	00:00:27	00:31:29	00:31:56	00:31:29	10:08	32	876	5793
205	14/36	Lindsay Nelson	Alexandria	VA	00:00:39	00:31:32	00:32:11	00:31:32	10:09	33	870	6089
206	15/36	Lisa Gilbert	Washington	DC	00:00:28	00:31:34	00:32:02	00:31:34	10:10	34	872	5904
213	16/36	Aimee Campbell	Gaithersburg	MD	00:00:47	00:31:58	00:32:45	00:31:58	10:17	33	860	5773
226	17/36	Meghan Hedblom	Sterling	VA	00:00:30	00:32:23	00:32:53	00:32:23	10:25	30	854	5959
248	18/36	Rebecca Galek	Reston	VA	00:00:38	00:33:21	00:33:59	00:33:21	10:44	34	820	5892
271	19/36	Angela Palmer	Springfield	VA	00:00:52	00:33:58	00:34:50	00:33:58	10:56	30	796	6108
273	20/36	Abigail Baxendale	Washington	DC	00:00:59	00:34:10	00:35:09	00:34:10	11:00	31	782	5733
275	21/36	Cami Glennon	Warrenton	VA	00:00:44	00:34:16	00:35:00	00:34:16	11:02	30	786	6439
279	22/36	Alissa Tofias	New York	NY	00:00:26	00:34:34	00:35:00	00:34:34	11:08	34	784	6254
282	23/36	Jennifer Daly	Reisterstown	MD	00:01:14	00:34:38	00:35:52	00:34:38	11:09	30	764	5814
291	24/36	Alicia Serrie	Arlington	VA	00:01:12	00:34:46	00:35:58	00:34:46	11:11	34	760	6192
292	25/36	Sherry Goode	Elkridge	MD	00:01:10	00:34:53	00:36:03	00:34:53	11:14	34	758	5916
300	26/36	Karen Agness			00:01:23	00:35:16	00:36:39	00:35:16	11:21	31	740	6446
322	27/36	Goli Abedini	Washington	DC	00:00:24	00:35:55	00:36:19	00:35:55	11:34	31	744	5701
327	28/36	Tammy Rutledge	Arlington	VA	00:00:15	00:36:24	00:36:39	00:36:24	11:43	31	738	6169
345	29/36	Zoe Coor	Silver Spring	MD	00:00:19	00:37:22	00:37:41	00:37:22	12:02	34	712	5803
365	30/36	Darlene Moy	E Brunswick	NJ	00:00:52	00:38:40	00:39:32	00:38:40	12:27	33	676	6080
368	31/36	Kaitlyn Wischum	Washington	DC	00:00:31	00:39:21	00:39:52	00:39:21	12:40	30	670	6287
384	32/36	Jennifer Gall	Hampstead	MD	00:01:19	00:40:50	00:42:09	00:40:50	13:09	33	644	5893
395	33/36	Kieran Doucette	Arlington	VA	00:00:45	00:42:00	00:42:45	00:42:00	13:31	34	640	6303
398	34/36	Andrea Thompson	Germantown	MD	00:01:11	00:42:23	00:43:34	00:42:23	13:39	34	634	6250
422	35/36	Lauren Lentz	Leesburg	Va	00:01:51	00:51:57	00:53:48	00:51:57	16:43	31	610	6491
427	36/36	Delorace Groves	La Plata	MD	00:00:34	01:04:25	01:04:59	01:04:25	20:44	33	604	5931
Women's 35-39												
38	1/21	Meghan Carey	Washington	DC	00:00:08	00:24:24	00:24:32	00:24:24	7:51	35	994	5776
95	2/21	Amy Elizondo	Chevy Chase	MD	00:00:26	00:27:37	00:28:03	00:27:37	8:53	39	968	5851
110	3/21	Erin Farley	Alexandria	VA	00:00:23	00:28:14	00:28:37	00:28:14	9:05	38	948	5864
140	4/21	Anna Souza	Falls Church	VA	00:00:35	00:29:45	00:30:20	00:29:45	9:35	36	922	6219
156	5/21	Sarah Powers	Washington	DC	00:00:37	00:30:11	00:30:48	00:30:11	9:43	35	906	6132
171	6/21	Megan Kessler	Chevy Chase	MD	00:01:04	00:30:37	00:31:41	00:30:37	9:51	37	890	6002

188	7/21	Sara Tucker	Washington	DC	00:01:15	00:30:59	00:32:14	00:30:59	9:58	37	868	6415
224	8/21	Afua Ofosu-Barko	Washington	DC	00:01:21	00:32:21	00:33:42	00:32:21	10:25	35	826	6100
229	9/21	Kara Anderson	Westminster	MD	00:01:05	00:32:25	00:33:30	00:32:25	10:26	38	836	5716
233	10/21	Kim Landgraf	Brookeville	MD	00:00:29	00:32:32	00:33:01	00:32:32	10:28	39	850	6014
255	11/21	Meenakshi Nankani	Washington	DC	00:01:19	00:33:32	00:34:51	00:33:32	10:48	36	794	6087
268	12/21	Michelle McDonald	Fairfax	VA	00:01:06	00:33:49	00:34:55	00:33:49	10:53	36	790	6060
272	13/21	Monique Sullivan	Washington	DC	00:01:22	00:33:58	00:35:20	00:33:58	10:56	36	780	6230
294	14/21	Marie Calvosa	Alexandria	VA	00:01:07	00:35:02	00:36:09	00:35:02	11:17	36	756	5772
303	15/21	Elizabeth Brannan	ALEXANDRIA	VA	00:02:52	00:35:17	00:38:09	00:35:17	11:21	35	696	5757
326	16/21	Tonya Fulkerson	Washington	DC	00:01:18	00:36:04	00:37:22	00:36:04	11:37	36	716	5891
339	17/21	Kristy Wilson	Chesapeake Beach	MD	00:00:25	00:37:15	00:37:40	00:37:15	11:59	39	714	6283
348	18/21	Audra Oneil	Gaithersburg	MD	00:00:50	00:37:26	00:38:16	00:37:26	12:03	39	692	6104
355	19/21	Jill Caiazzo	Arlington	VA	00:00:24	00:37:51	00:38:15	00:37:51	12:11	38	694	5771
410	20/21	Jacqueline Pannell	Waldorf	MD	00:00:50	00:44:45	00:45:35	00:44:45	14:24	35	624	6111
411	21/21	Jennifer Remen	Ashburn	VA	00:01:27	00:45:02	00:46:29	00:45:02	14:30	36	618	6154
Women's 40-44												
157	1/15	Eudora Miller	Chantilly	VA	00:00:11	00:30:13	00:30:24	00:30:13	9:44	41	916	6070
174	2/15	Brooke Newborn	Reisterstown	MD	00:01:18	00:30:43	00:32:01	00:30:43	9:53	41	874	6091
236	3/15	Erin Eisenhower	Gainesville	VA	00:00:40	00:32:37	00:33:17	00:32:37	10:30	41	844	5848
241	4/15	Candice Kaup	Arlington	VA	00:00:48	00:32:53	00:33:41	00:32:53	10:35	44	828	5997
259	5/15	Kathrina Peterson	Washington	DC	00:00:58	00:33:40	00:34:38	00:33:40	10:50	41	800	6121
280	6/15	Heather Bianchi	Haymarket	VA	00:01:08	00:34:34	00:35:42	00:34:34	11:08	40	766	5747
325	7/15	Victoria Quint	Bethesda	MD	00:00:46	00:36:04	00:36:50	00:36:04	11:37	40	734	6147
346	8/15	ashley taylor	Fairfax	VA	00:04:40	00:37:22	00:42:02	00:37:22	12:02	40	648	6242
357	9/15	Cara Mattison	Potomac	Md	00:00:25	00:38:05	00:38:30	00:38:05	12:15	41	688	6455
371	10/15	Rebecca Falquet	Vienna	VA	00:02:24	00:39:22	00:41:46	00:39:22	12:40	40	650	5863
375	11/15	Teresa Sturm	Mt Airy	MD	00:00:24	00:40:02	00:40:26	00:40:02	12:53	44	666	6229
383	12/15	Lisa Swearingen	Bethesda	MD	00:00:17	00:40:43	00:41:00	00:40:43	13:06	44	664	6234
389	13/15	Kendra Brown	Cheverly	MD	00:00:57	00:41:05	00:42:02	00:41:05	13:13	41	646	5764
413	14/15	Cathie Hamilton	Frederick	MD	00:00:52	00:45:22	00:46:14	00:45:22	14:36	44	620	5945
420	15/15	Gretchen Zucker	Washington	DC	00:01:04	00:50:48	00:51:52	00:50:48	16:21	43	612	6301
Women's 45-49												
40	1/14	Kristina Berdan	Rockville	MD	00:00:04	00:24:35	00:24:39	00:24:35	7:55	45	992	5743
114	2/14	Tamara Freeman	Alexandria	VA	00:00:58	00:28:28	00:29:26	00:28:28	9:10	49	932	5886
139	3/14	Kimberly Manthei	Potomac	Md	00:00:10	00:29:26	00:29:36	00:29:26	9:28	45	930	6049
209	4/14	Sue Kovalsky	Alexandria	VA	00:00:38	00:31:38	00:32:16	00:31:38	10:11	49	864	6008
216	5/14	Julie Perez			00:00:42	00:32:13	00:32:55	00:32:13	10:22	46	852	6473
245	6/14	Donna Thomas	Upper Marlboro	MD	00:01:14	00:33:05	00:34:19	00:33:05	10:39	47	814	6249
250	7/14	Heather Halvorson	Oxon Hill	MD	00:01:07	00:33:24	00:34:31	00:33:24	10:45	45	808	6342
274	8/14	Karen Griffin-Roosa	Washington	DC	00:00:18	00:34:15	00:34:33	00:34:15	11:01	45	806	5926
285	9/14	Dipti Patel-Donnelly	Fairfax	VA	00:00:47	00:34:41	00:35:28	00:34:41	11:10	45	776	6335
298	10/14	Nancy Liffmann	Bethesda	MD	00:01:01	00:35:08	00:36:09	00:35:08	11:18	47	754	6311
321	11/14	Emily Kaltenmarle			00:01:02	00:35:53	00:36:55	00:35:53	11:33	47	730	6485
342	12/14	Liesl Curtis	McLean	VA	00:00:39	00:37:17	00:37:56	00:37:17	12:00	49	702	6418
353	13/14	Lori Brainard	Washington	DC	00:00:55	00:37:38	00:38:33	00:37:38	12:07	47	686	5755
394	14/14	Nancy Wertrz	Fairfax Station	VA	00:00:49	00:41:59	00:42:48	00:41:59	13:31	45	638	6390
Women's 50-54												

51	1/12	Trina Taylor	Ft. Washington	MD	00:00:11	00:25:08	00:25:19	00:25:08	8:05	52	990	6247
98	2/12	Paula Lewandoski	Mt Airy	MD	00:00:09	00:27:41	00:27:50	00:27:41	8:55	51	970	6032
113	3/12	Carol Haig	Alexandria	VA	00:00:59	00:28:27	00:29:26	00:28:27	9:09	54	934	5936
119	4/12	Heidi Blalock	Baltimore	MD	00:00:40	00:28:34	00:29:14	00:28:34	9:12	50	936	5750
137	5/12	Deirdre Joy	Washington	DC	00:00:20	00:29:23	00:29:43	00:29:23	9:27	52	928	6389
238	6/12	Laura Glennon	Warrenton	VA	00:00:44	00:32:43	00:33:27	00:32:43	10:32	50	840	5912
277	7/12	Verdar Ashford	ACCOKEEK	MD	00:00:24	00:34:32	00:34:56	00:34:32	11:07	53	788	5721
281	8/12	Chandra Branham	Alexandria	VA	00:00:47	00:34:36	00:35:23	00:34:36	11:08	50	778	5756
337	9/12	Jeanie Glasser	Potomac	Md	00:01:02	00:37:01	00:38:03	00:37:01	11:55	54	698	5909
343	10/12	Heidi Appel	McLean	VA	00:00:39	00:37:17	00:37:56	00:37:17	12:00	50	700	6419
387	11/12	Kiya Sibley	Vienna	VA	00:00:37	00:41:02	00:41:39	00:41:02	13:12	51	652	6203
412	12/12	Mary Ann Cox	Chantilly	VA	00:00:31	00:45:14	00:45:45	00:45:14	14:34	53	622	5807
Women's 55-59												
106	1/9	Casey McCauley	Brandywine	LA	00:00:13	00:28:02	00:28:15	00:28:02	9:01	56	956	6057
112	2/9	Trina Windsor	Gainesville	VA	00:00:08	00:28:27	00:28:35	00:28:27	9:09	56	950	6285
192	3/9	Connie Flood	Mitchellville	MD	00:00:31	00:31:13	00:31:44	00:31:13	10:03	55	882	5872
232	4/9	robin sampier	Stafford	VA	00:01:02	00:32:31	00:33:33	00:32:31	10:28	55	830	6172
240	5/9	Andrea Cox	Baltimore	MD	00:00:40	00:32:49	00:33:29	00:32:49	10:34	59	838	5805
299	6/9	Nicole Bracken	Annandale	VA	00:01:01	00:35:10	00:36:11	00:35:10	11:19	59	752	5754
361	7/9	Alisan Kula	Gainesville	VA	00:00:29	00:38:27	00:38:56	00:38:27	12:23	56	682	6011
370	8/9	R Fischer	Alexandria	VA	00:00:12	00:39:22	00:39:34	00:39:22	12:40	55	674	5870
425	9/9	Jennifer Brumback	Reisterstown	MD	00:03:09	00:54:39	00:57:48	00:54:39	17:35	55	606	5766
Women's 60-64												
60	1/3	Patricia Payne	Baltimore	MD	00:00:42	00:25:41	00:26:23	00:25:41	8:16	60	982	6117
305	2/3	Linda Putterman	West Hartford	CT	00:00:22	00:35:19	00:35:41	00:35:19	11:22	63	768	6142
373	3/3	Bonnie Kaup	Atoona	PA	00:00:50	00:39:34	00:40:24	00:39:34	12:44	62	668	6305
Women's 65-69												
405	1/1	Karen Rheuban	Charlottesville	VA	00:00:33	00:43:19	00:43:52	00:43:19	13:57	65	632	6310
Women's 70+												
318	1/1	Mandy Whalen	Falls Church	VA	00:00:28	00:35:49	00:36:17	00:35:49	11:32	75	746	6272
Women's Others												
62	1/2	Stephanie Yeldell	Washington	DC	00:00:18	00:25:45	00:26:03	00:25:45	8:17	1	984	6295
239	2/2	Catie Worley			00:00:46	00:32:46	00:33:32	00:32:46	10:33	1	834	6332
Men's Overall												
1	1/1	Nathan Wick	Washington	DC	00:00:02	00:18:11	00:18:13	00:18:11	5:51	30	1000	6276
Men's 14 & under												
15	1/45	Ryan Schroeber	Arlington	VA	00:00:02	00:21:15	00:21:17	00:21:15	6:50	12	978	6182
18	2/45	Cole Davidson	Oakton	VA	00:00:03	00:21:46	00:21:49	00:21:46	7:00	9	972	5818
19	3/45	Nathaniel Stoneberger			00:00:04	00:21:46	00:21:50	00:21:46	7:00	14	970	6482
26	4/45	Benjamin Tidwell	King George	VA	00:00:02	00:22:58	00:23:00	00:22:58	7:24	9	956	6252
44	5/45	Evan Haley	Lorton	VA	00:00:09	00:24:43	00:24:52	00:24:43	7:57	12	926	5941
74	6/45	James Hamilton	Frederick	MD	00:00:52	00:26:30	00:27:22	00:26:30	8:32	12	876	5946
75	7/45	Will Hamilton	Frederick	MD	00:00:52	00:26:31	00:27:23	00:26:31	8:32	14	874	5948
90	8/45	David Austin			00:00:20	00:27:17	00:27:37	00:27:17	8:47	12	864	6387
127	9/45	Drew Taylor	Fairfax	VA	00:00:44	00:28:58	00:29:42	00:28:58	9:19	9	810	6245
130	10/45	Reed Swearingen	Bethesda	MD	00:00:16	00:29:05	00:29:21	00:29:05	9:22	9	818	6235

131	11/45	Rowan Griffin-Roosa	Washington	DC	00:00:06	00:29:07	00:29:13	00:29:07	9:22	10	828	5927
134	12/45	Jack Forde	McLean	VA	00:00:44	00:29:11	00:29:55	00:29:11	9:24	11	808	6442
152	13/45	William Swearingen	Bethesda	MD	00:00:17	00:30:08	00:30:25	00:30:08	9:42	8	800	6236
154	14/45	Sherlock Grigsby	Washington	DC	00:01:12	00:30:09	00:31:21	00:30:09	9:42	8	770	5928
163	15/45	Adam Kessler	Chevy Chase	MD	00:01:03	00:30:22	00:31:25	00:30:22	9:46	8	760	6001
167	16/45	Avram Shapiro	Washington	DC	00:00:54	00:30:29	00:31:23	00:30:29	9:49	9	766	6196
189	17/45	William Kim	Washington	DC	00:00:05	00:31:01	00:31:06	00:31:01	9:59	12	782	6005
202	18/45	Jordan Quint	Washington	DC	00:00:46	00:31:27	00:32:13	00:31:27	10:07	9	732	6146
225	19/45	Clayton Remen	Ashburn	VA	00:00:31	00:32:22	00:32:53	00:32:22	10:25	6	722	6153
235	20/45	Grayson Eisenhower	Gainesville	VA	00:00:39	00:32:36	00:33:15	00:32:36	10:30	7	710	5849
242	21/45	Greyson Schroeder	Arlington	VA	00:00:48	00:32:53	00:33:41	00:32:53	10:35	7	704	6181
254	22/45	Nate Zia	Washington	DC	00:00:59	00:33:32	00:34:31	00:33:32	10:48	7	694	6299
267	23/45	Brayton McDonald	Fairfax	VA	00:01:06	00:33:49	00:34:55	00:33:49	10:53	13	682	6059
269	24/45	Chase Forde	McLean	VA	00:00:44	00:33:54	00:34:38	00:33:54	10:55	7	690	6441
284	25/45	Mahdi Dorranean	Rockville	MD	00:00:14	00:34:41	00:34:55	00:34:41	11:10	14	680	5835
287	26/45	Kiran Donnelly	McLean	VA	00:00:49	00:34:42	00:35:31	00:34:42	11:10	9	674	6334
295	27/45	Kwaw Pobee	Washington	DC	00:01:10	00:35:02	00:36:12	00:35:02	11:17	8	662	6128
297	28/45	Zach Liffman	Washington	DC	00:01:00	00:35:08	00:36:08	00:35:08	11:18	10	666	6034
308	29/45	James Burnett	Mechanicsville	Md	00:00:52	00:35:21	00:36:13	00:35:21	11:23	10	658	5767
311	30/45	Sunil Kennerly	Washington	DC	00:01:13	00:35:27	00:36:40	00:35:27	11:25	7	648	6000
312	31/45	Cameron Swanson	Woodbridge	VA	00:01:17	00:35:33	00:36:50	00:35:33	11:27	9	642	6231
344	32/45	Dominic Coor	Silver Spring	MD	00:00:21	00:37:21	00:37:42	00:37:21	12:01	8	630	5802
351	33/45	Marc Liebowitz	Washington	DC	00:00:56	00:37:34	00:38:30	00:37:34	12:05	7	620	6033
358	34/45	E.J. Brody	Washington	DC	00:00:54	00:38:08	00:39:02	00:38:08	12:16	9	612	5762
366	35/45	Wesley Brubaker	Washington	DC	00:01:12	00:39:15	00:40:27	00:39:15	12:38	10	606	5765
367	36/45	Gavin Falquet	Vienna	VA	00:02:24	00:39:20	00:41:44	00:39:20	12:40	8	598	5860
372	37/45	Graham Falquet	Vienna	VA	00:02:22	00:39:24	00:41:46	00:39:24	12:41	6	594	5861
374	38/45	Noah Foltz	Clear Spring	MD	00:00:02	00:39:47	00:39:49	00:39:47	12:48	9	610	5877
390	39/45	Riley Brown			00:00:57	00:41:05	00:42:02	00:41:05	13:13	6	590	6492
397	40/45	Aidan Kamm			00:01:41	00:42:12	00:43:53	00:42:12	13:35	8	576	6483
417	41/45	Evan Charles	La Plata	MD	00:00:36	00:48:54	00:49:30	00:48:54	15:44	13	568	5784
418	42/45	James Charles	La Plata	MD	00:00:35	00:48:57	00:49:32	00:48:57	15:45	6	566	5785
419	43/45	Jonah Tucker			00:01:04	00:50:46	00:51:50	00:50:46	16:20	8	564	6493
424	44/45	Jaden Carnegie	Washington	DC	00:01:14	00:53:33	00:54:47	00:53:33	17:14	7	560	5777
426	45/45	Ryker Charles	La Plata	MD	00:00:36	01:04:22	01:04:58	01:04:22	20:43	5	558	5787
Men's 15-19												
4	1/17	Alexander Housaman	Woodbridge	VA	00:00:02	00:19:38	00:19:40	00:19:38	6:19	15	994	5974
5	2/17	Cnnor Glennon	Warrenton	VA	00:00:41	00:19:41	00:20:22	00:19:41	6:20	16	990	5911
7	3/17	Eli Austin			00:00:03	00:20:46	00:20:49	00:20:46	6:41	15	988	6388
17	4/17	Nathan Manthei	Potomac	Md	00:00:02	00:21:41	00:21:43	00:21:41	6:59	15	974	6050
22	5/17	Max Berman	Rockville	MD	00:00:02	00:22:35	00:22:37	00:22:35	7:16	15	964	5744
29	6/17	Cade Cavaricci	Lorton	VA	00:00:09	00:23:16	00:23:25	00:23:16	7:29	16	950	5781
30	7/17	Shane Haley	Lorton	VA	00:00:09	00:23:17	00:23:26	00:23:17	7:30	15	948	5942
31	8/17	Christopher Saylor	Woodbridge	VA	00:00:03	00:23:23	00:23:26	00:23:23	7:32	15	946	6173
37	9/17	Charlie Wixson	Alexandria	VA	00:00:03	00:23:57	00:24:00	00:23:57	7:43	15	940	6288
46	10/17	Jacob Kamm			00:00:04	00:24:52	00:24:56	00:24:52	8:00	16	924	6456
55	11/17	Ian Winslow	Columbia	MD	00:00:04	00:25:23	00:25:27	00:25:23	8:10	15	914	6286

84	12/17	Jacob Mcdougall	Falls Church	VA	00:00:47	00:27:05	00:27:52	00:27:05	8:43	15	856	6061
122	13/17	Eric Saylor	Woodbridge	VA	00:00:16	00:28:44	00:29:00	00:28:44	9:15	15	832	6174
153	14/17	Ryan Vennemeyer	Hillsborough	NJ	00:00:53	00:30:08	00:31:01	00:30:08	9:42	15	786	6263
212	15/17	Shane Morrissey	Woodbridge	VA	00:00:15	00:31:55	00:32:10	00:31:55	10:16	15	736	6077
222	16/17	Chase Travers	Prince Frederick	MD	00:00:21	00:32:20	00:32:41	00:32:20	10:24	19	726	6258
392	17/17	Michael O'Toole			00:01:25	00:41:50	00:43:15	00:41:50	13:28	16	588	6306
Men's 20-24												
43	1/10	Hugh Davis	Huntington	MD	00:00:05	00:24:40	00:24:45	00:24:40	7:56	23	930	6341
45	2/10	Brandon Gaughan	Parma	OH	00:00:09	00:24:51	00:25:00	00:24:51	8:00	23	922	5898
94	3/10	David Secor	Vienna	VA	00:00:28	00:27:34	00:28:02	00:27:34	8:52	23	850	6186
117	4/10	Adam Woodard			00:00:43	00:28:32	00:29:15	00:28:32	9:11	23	826	6458
183	5/10	Matthew Eisenman	Washington	DC	00:00:28	00:30:53	00:31:21	00:30:53	9:56	24	768	6487
190	6/10	Joe Scannell	Arlington	VA	00:00:07	00:31:02	00:31:09	00:31:02	9:59	24	780	6177
211	7/10	Casey Anderson	Towson	MD	00:00:25	00:31:53	00:32:18	00:31:53	10:16	22	730	5715
215	8/10	Matthew Soellner	Baltimore	MD	00:00:27	00:32:01	00:32:28	00:32:01	10:18	23	728	6302
253	9/10	Alex Hauer	New York	NY	00:00:53	00:33:32	00:34:25	00:33:32	10:48	24	698	5956
404	10/10	Nicolas Alfonso-Baron	Burke	VA	00:00:50	00:43:10	00:44:00	00:43:10	13:54	22	574	5711
Men's 25-29												
9	1/34	Hyder Ramatala	Washington	DC	00:00:04	00:20:56	00:21:00	00:20:56	6:44	27	986	6149
27	2/34	Max Spector	Washington	DC	00:00:07	00:23:05	00:23:12	00:23:05	7:26	28	954	6220
32	3/34	Brian Payne	Baltimore	MD	00:00:41	00:23:28	00:24:09	00:23:28	7:33	25	938	6116
33	4/34	David Putterman	Cambridge	MA	00:00:06	00:23:40	00:23:46	00:23:40	7:37	29	944	6140
34	5/34	Milton Fuentes	Mont Village	MD	00:00:39	00:23:40	00:24:19	00:23:40	7:37	28	936	5890
36	6/34	Mike Meyer	Wheaton	MD	00:01:27	00:23:56	00:25:23	00:23:56	7:42	29	916	6395
61	7/34	Joshua Sieben	Ft. Washington	MD	00:01:04	00:25:42	00:26:46	00:25:42	8:16	29	884	6204
64	8/34	Leon White	Upper Marlboro	MD	00:00:20	00:25:48	00:26:08	00:25:48	8:18	26	902	6274
66	9/34	Andrew Tomlinson	Arlington	VA	00:00:38	00:25:54	00:26:32	00:25:54	8:20	26	888	6256
67	10/34	Tommy Lawler	Baltimore	MD	00:00:15	00:25:55	00:26:10	00:25:55	8:21	26	900	6021
70	11/34	Evan Butzlaff	Columbia	MD	00:00:58	00:26:18	00:27:16	00:26:18	8:28	26	878	6309
76	12/34	Chris Perr	Washington	DC	00:00:56	00:26:36	00:27:32	00:26:36	8:34	26	868	6365
81	13/34	James Hascup	Falls Church	VA	00:00:43	00:26:51	00:27:34	00:26:51	8:39	27	866	5951
83	14/34	Ryan Lynch	Washington	DC	00:00:57	00:27:03	00:28:00	00:27:03	8:42	26	852	6366
99	15/34	Sam Cox	Baltimore	MD	00:00:39	00:27:49	00:28:28	00:27:49	8:57	26	844	5808
116	16/34	Kevin Gilligan	Washington	DC	00:00:18	00:28:30	00:28:48	00:28:30	9:10	28	840	5905
120	17/34	William Quinn	Washington	DC	00:00:46	00:28:41	00:29:27	00:28:41	9:14	29	816	6145
129	18/34	Peter Eckhoff	Washington	DC	00:00:55	00:29:04	00:29:59	00:29:04	9:21	25	806	6367
144	19/34	Brian Kelly	Atlanta	GA	00:00:41	00:29:55	00:30:36	00:29:55	9:38	26	796	5999
148	20/34	Sean Morales	Mechanicsville	Md	00:00:23	00:30:00	00:30:23	00:30:00	9:39	28	802	6075
191	21/34	Ross Jarsocrak	Macungie	PA	00:00:29	00:31:12	00:31:41	00:31:12	10:03	29	750	5985
196	22/34	Donnie Coles	Washington	DC	00:00:28	00:31:17	00:31:45	00:31:17	10:04	25	748	5796
207	23/34	Vasiliy Kisunko	Washington	DC	00:00:28	00:31:34	00:32:02	00:31:34	10:10	28	740	6359
228	24/34	Christopher Hedblom	Sterling	VA	00:00:30	00:32:24	00:32:54	00:32:24	10:26	29	720	5958
230	25/34	Edwin Herrera	Mont Village	MD	00:00:44	00:32:26	00:33:10	00:32:26	10:26	28	712	5963
249	26/34	Timothy Caron	Washington	DC	00:00:49	00:33:23	00:34:12	00:33:23	10:45	29	700	6338
258	27/34	Daniel Krawchyk	Washington	DC	00:00:46	00:33:40	00:34:26	00:33:40	10:50	25	696	6009
266	28/34	Alex Cox	Baltimore	MD	00:01:04	00:33:49	00:34:53	00:33:49	10:53	28	684	5804
276	29/34	Andrew Acs	Washington	DC	00:00:49	00:34:25	00:35:14	00:34:25	11:05	29	676	5704

314	30/34	Benjamin Beck	Freeland	MD	00:01:16	00:35:39	00:36:55	00:35:39	11:28	29	640	5735
338	31/34	Colin Orr	Baltimore	MD	00:00:16	00:37:02	00:37:18	00:37:02	11:55	26	632	6106
400	32/34	Brian Mulkeen	Ramsey	NJ	00:00:44	00:42:56	00:43:40	00:42:56	13:49	26	586	6083
401	33/34	William Patterson	Scottsdale	AZ	00:00:43	00:42:58	00:43:41	00:42:58	13:50	26	584	6115
414	34/34	Charles Zange	Arlington	VA	00:01:16	00:46:29	00:47:45	00:46:29	14:58	27	570	6297
Men's 30-34												
23	1/22	Noah Frank	Washington	DC	00:00:06	00:22:39	00:22:45	00:22:39	7:17	31	962	5881
35	2/22	Alex Shapero	ARLINGTON	VA	00:00:07	00:23:48	00:23:55	00:23:48	7:40	31	942	6195
49	3/22	Stephen Robie	Washington	DC	00:00:13	00:25:01	00:25:14	00:25:01	8:03	31	918	6161
54	4/22	Nathan Mushynski	FORT MEADE	MD	00:00:58	00:25:22	00:26:20	00:25:22	8:10	30	894	6084
57	5/22	Andy Rheuban	ARLINGTON	VA	00:00:06	00:25:37	00:25:43	00:25:37	8:15	30	906	6157
78	6/22	Gregory Donahoe	Fairfax Station	VA	00:00:58	00:26:43	00:27:41	00:26:43	8:36	33	862	5833
82	7/22	Justin Giannndrea	Washington	DC	00:00:44	00:27:03	00:27:47	00:27:03	8:42	30	858	5900
87	8/22	Andrew Church	Washington	DC	00:00:07	00:27:16	00:27:23	00:27:16	8:47	34	870	5788
91	9/22	Bijan Ganji	Washington	DC	00:00:24	00:27:22	00:27:46	00:27:22	8:49	30	860	5895
109	10/22	Daniel Bleier	Washington	DC	00:00:48	00:28:07	00:28:55	00:28:07	9:03	30	838	5751
124	11/22	Dan Price	Washington	DC	00:00:08	00:28:49	00:28:57	00:28:49	9:17	34	834	6444
133	12/22	Thomas Doheny	Washington	DC	00:00:10	00:29:10	00:29:20	00:29:10	9:23	30	820	5831
143	13/22	Hy Matz	Washington	DC	00:01:04	00:29:49	00:30:53	00:29:49	9:36	30	790	6055
149	14/22	John Delli Carpini	Washington	DC	00:00:17	00:30:01	00:30:18	00:30:01	9:40	31	804	5823
180	15/22	Joshua Riley	Washington	DC	00:00:37	00:30:52	00:31:29	00:30:52	9:56	34	758	6159
185	16/22	Josh Katcher	Arlington	VA	00:00:16	00:30:55	00:31:11	00:30:55	9:57	32	774	5996
208	17/22	Matthew Powers	Washington	DC	00:00:36	00:31:36	00:32:12	00:31:36	10:10	31	734	6131
219	18/22	David Wyman	Aspen	CO	00:01:23	00:32:17	00:33:40	00:32:17	10:23	30	706	6293
302	19/22	Paul Brannan	ALEXANDRIA	VA	00:02:51	00:35:17	00:38:08	00:35:17	11:21	34	622	5758
333	20/22	Chris Elizondo	Chevy Chase	MD	00:00:23	00:36:49	00:37:12	00:36:49	11:51	33	634	5852
347	21/22	Yasha Moz	Washington	DC	00:00:35	00:37:23	00:37:58	00:37:23	12:02	30	626	6082
421	22/22	Jonathan Lentz	Leesburg	Va	00:01:52	00:51:56	00:53:48	00:51:56	16:43	32	562	6490
Men's 35-39												
6	1/32	Brent Cecil	Washington	DC	00:00:02	00:20:02	00:20:04	00:20:02	6:27	38	992	5783
8	2/32	Matthew Lowenbraun	Irvington	NY	00:00:11	00:20:53	00:21:04	00:20:53	6:43	35	984	6042
10	3/32	Bruce Fontneau	Alexandria	VA	00:00:03	00:21:09	00:21:12	00:21:09	6:48	35	982	5878
16	4/32	Patrick Marzluff	Fairfax Station	VA	00:00:03	00:21:27	00:21:30	00:21:27	6:54	38	976	6417
20	5/32	Matthew Davis	Washington	DC	00:00:06	00:21:53	00:21:59	00:21:53	7:03	36	968	5822
21	6/32	Isaac Bloom	Washington	DC	00:00:06	00:22:26	00:22:32	00:22:26	7:13	36	966	5752
24	7/32	Matt Remen	Ashburn	VA	00:00:07	00:22:39	00:22:46	00:22:39	7:17	36	958	6155
50	8/32	Ramone Jackson	Bryans Road	MD	00:01:13	00:25:02	00:26:15	00:25:02	8:03	36	896	5983
52	9/32	Dzanh Le-Si	Alexandria	VA	00:00:21	00:25:14	00:25:35	00:25:14	8:07	37	912	6022
53	10/32	Richard Bright	Mitchellville	MD	00:00:19	00:25:19	00:25:38	00:25:19	8:09	35	908	5760
72	11/32	Arvin Ganesan	Washington	DC	00:00:06	00:26:25	00:26:31	00:26:25	8:30	36	890	5894
77	12/32	Justin Luecking	Bethesda	MD	00:00:11	00:26:41	00:26:52	00:26:41	8:35	36	880	6043
93	13/32	Mark Prentice	Vienna	VA	00:02:10	00:27:30	00:29:40	00:27:30	8:51	39	812	6134
128	14/32	Justin Borgman	Boston	MA	00:00:18	00:29:00	00:29:18	00:29:00	9:20	35	824	6313
138	15/32	Freddy Tellez	Burke	VA	00:00:06	00:29:25	00:29:31	00:29:25	9:28	38	814	6466
142	16/32	Trevor Thibeoult			00:00:54	00:29:46	00:30:40	00:29:46	9:35	35	794	6459
162	17/32	Chad Oneil	Gaithersburg	MD	00:00:50	00:30:21	00:31:11	00:30:21	9:46	39	776	6105
164	18/32	Robert Jacobs	Woodbridge	VA	00:00:55	00:30:23	00:31:18	00:30:23	9:47	37	772	5984

181	19/32	Jake Maas	Washington	DC	00:01:01	00:30:52	00:31:53	00:30:52	9:56	38	744	6044
187	20/32	Steve Parrish	Woodbridge	VA	00:00:32	00:30:58	00:31:30	00:30:58	9:58	38	756	6114
194	21/32	Jody Agena	Fairfax	VA	00:05:47	00:31:15	00:37:02	00:31:15	10:04	36	636	5707
210	22/32	Christian Hall	Lorton	VA	00:01:18	00:31:49	00:33:07	00:31:49	10:14	35	716	5943
217	23/32	Alan Schaberl	Washington	DC	00:00:34	00:32:16	00:32:50	00:32:16	10:23	38	724	6178
218	24/32	Catherine Fontneau	Alexandria	VA	00:00:41	00:32:17	00:32:58	00:32:17	10:23	35	718	5879
252	25/32	Jeta Olokppa	Washington	DC	00:01:20	00:33:30	00:34:50	00:33:30	10:47	35	686	6358
290	26/32	Joseph Serrie	Arlington	VA	00:01:12	00:34:45	00:35:57	00:34:45	11:11	35	668	6193
296	27/32	Ryan Moniz	Alexandria	VA	00:01:05	00:35:04	00:36:09	00:35:04	11:17	36	664	6073
301	28/32	Dan Lips			00:01:23	00:35:17	00:36:40	00:35:17	11:21	36	650	6445
310	29/32	Gregory Henderson	Washington	DC	00:01:14	00:35:25	00:36:39	00:35:25	11:24	37	652	5960
324	30/32	Matthew Landgraf	Mt Airy	MD	00:00:22	00:36:01	00:36:23	00:36:01	11:36	37	656	6015
328	31/32	Daniel Walsh	Washington	DC	00:00:10	00:36:30	00:36:40	00:36:30	11:45	36	646	6267
388	32/32	Jay Brown	Cheverly	MD	00:00:57	00:41:05	00:42:02	00:41:05	13:13	37	592	5763
Men's 40-44												
25	1/21	Mike Donnelly			00:00:05	00:22:40	00:22:45	00:22:40	7:18	43	960	6336
28	2/21	Jim Sprecher	Boonsboro	MD	00:00:03	00:23:13	00:23:16	00:23:13	7:28	41	952	6221
39	3/21	Michael Nelson	Washington	DC	00:00:11	00:24:32	00:24:43	00:24:32	7:54	40	932	6090
47	4/21	Daniel Hughes	Ft Belvoir	VA	00:01:01	00:24:56	00:25:57	00:24:56	8:02	40	904	6361
56	5/21	John Davidson	Oakton	VA	00:00:03	00:25:32	00:25:35	00:25:32	8:13	42	910	5819
58	6/21	Lou Hamilton	Frederick	MD	00:00:52	00:25:38	00:26:30	00:25:38	8:15	43	892	5947
63	7/21	Alex Wright	Alexandria	VA	00:01:01	00:25:46	00:26:47	00:25:46	8:18	41	882	6292
68	8/21	Holter Graham	New York	NY	00:00:04	00:26:08	00:26:12	00:26:08	8:25	43	898	5919
80	9/21	Chris Granberg	Clifton	VA	00:00:33	00:26:50	00:27:23	00:26:50	8:38	42	872	5922
102	10/21	Marius Von Tangen-Jordan	Wheaton	MD	00:00:17	00:27:57	00:28:14	00:27:57	9:00	41	846	6266
104	11/21	Robert Young	Springfield	VA	00:01:20	00:27:59	00:29:19	00:27:59	9:00	42	822	6296
135	12/21	Matt Tucker	Washington	DC	00:01:17	00:29:11	00:30:28	00:29:11	9:24	40	798	6416
168	13/21	Greg Selfridge	Washington	DC	00:01:18	00:30:29	00:31:47	00:30:29	9:49	43	746	6190
214	14/21	James Thompson	Germantown	MD	00:01:10	00:31:58	00:33:08	00:31:58	10:17	43	714	6251
256	15/21	Karim Zia	Washington	DC	00:00:59	00:33:34	00:34:33	00:33:34	10:48	43	692	6298
316	16/21	Stan Eisenhower	Gainesville	VA	00:00:38	00:35:46	00:36:24	00:35:46	11:31	44	654	5850
317	17/21	Rob Swanson	Woodbridge	VA	00:01:15	00:35:46	00:37:01	00:35:46	11:31	41	638	6233
329	18/21	Michael Ansell	Reston	VA	00:00:16	00:36:30	00:36:46	00:36:30	11:45	40	644	5717
332	19/21	Eric Foltz	Clear Spring	MD	00:01:07	00:36:42	00:37:49	00:36:42	11:49	41	628	5876
369	20/21	James Falquet	Vienna	VA	00:02:25	00:39:21	00:41:46	00:39:21	12:40	40	596	5862
396	21/21	James Kamm	Centreville	VA	00:01:41	00:42:12	00:43:53	00:42:12	13:35	40	578	6480
Men's 45-49												
2	1/13	Dennis Billings	Woodbridge	VA	00:00:02	00:18:45	00:18:47	00:18:45	6:02	46	998	5748
3	2/13	Brian Haley	Lorton	VA	00:00:08	00:19:31	00:19:39	00:19:31	6:17	47	996	5939
41	3/13	John Manthei	Potomac	Md	00:00:05	00:24:37	00:24:42	00:24:37	7:55	48	934	6048
71	4/13	Darryl Wren	Washington	DC	00:00:11	00:26:22	00:26:33	00:26:22	8:29	48	886	6291
107	5/13	Alan Morgan	Stafford	VA	00:00:29	00:28:04	00:28:33	00:28:04	9:02	47	842	6076
123	6/13	Brandon Baker			00:00:17	00:28:46	00:29:03	00:28:46	9:16	46	830	6364
221	7/13	Antonio Hunter	Washington	DC	00:01:03	00:32:19	00:33:22	00:32:19	10:24	46	708	5980
237	8/13	Bradley Glassner	Clarksville	MD	00:01:17	00:32:39	00:33:56	00:32:39	10:31	45	702	5910
283	9/13	Hugh Giorgio	Davidsonville	MD	00:01:12	00:34:39	00:35:51	00:34:39	11:09	46	670	5907
288	10/13	Craig Durosko	Fairfax	VA	00:00:57	00:34:43	00:35:40	00:34:43	11:10	45	672	6413

306	11/13	Moncef Benyoucef	Falls Church	VA	00:00:54	00:35:19	00:36:13	00:35:19	11:22	49	660	5740
352	12/13	robert Liebowitz			00:00:57	00:37:36	00:38:33	00:37:36	12:06	49	618	6488
407	13/13	Ken Rosenfeld	South Riding	VA	00:01:16	00:44:07	00:45:23	00:44:07	14:12	45	572	6166
Men's 50-54												
13	1/10	James Williams	Staunton	VA	00:00:02	00:21:14	00:21:16	00:21:14	6:50	52	980	6278
42	2/10	Brian Bushick	Alexandria	VA	00:00:11	00:24:37	00:24:48	00:24:37	7:55	54	928	6467
48	3/10	Ronald Taylor	Ft. Washington	MD	00:00:12	00:24:57	00:25:09	00:24:57	8:02	50	920	6246
92	4/10	David Blalock	Baltimore	MD	00:00:30	00:27:27	00:27:57	00:27:27	8:50	54	854	5749
176	5/10	Steve Smith	Huntington	MD	00:00:08	00:30:49	00:30:57	00:30:49	9:55	51	788	6214
178	6/10	David Mutschler	Davidsonville	MD	00:00:32	00:30:52	00:31:24	00:30:52	9:56	52	762	6085
184	7/10	Terrence Jones	Suitland	MD	00:01:14	00:30:53	00:32:07	00:30:53	9:56	51	738	5990
204	8/10	Gary Kalman	Washington	DC	00:00:32	00:31:30	00:32:02	00:31:30	10:08	52	742	6360
381	9/10	Eric Silla	McLean	VA	00:00:55	00:40:38	00:41:33	00:40:38	13:05	50	604	6206
386	10/10	Greg Sibley	Vienna	VA	00:00:36	00:41:02	00:41:38	00:41:02	13:12	51	600	6202
Men's 55-59												
105	1/10	Randy McCauley	Brandywine	LA	00:00:11	00:28:02	00:28:13	00:28:02	9:01	57	848	6058
111	2/10	Paul Glennon	Warrenton	VA	00:00:42	00:28:15	00:28:57	00:28:15	9:06	57	836	6438
151	3/10	Russ Reynolds	Alexandria	VA	00:00:59	00:30:07	00:31:06	00:30:07	9:42	57	784	6156
172	4/10	Joseph Catlett	Washington	DC	00:00:04	00:30:39	00:30:43	00:30:39	9:52	57	792	5780
278	5/10	Stan Ashford	ACCOKEEK	MD	00:00:22	00:34:34	00:34:56	00:34:34	11:08	56	678	5720
354	6/10	Morad Hassani	Rockville	MD	00:00:14	00:37:50	00:38:04	00:37:50	12:11	56	624	5952
356	7/10	Gardner Taliaferro	Gloucester	VA	00:00:54	00:37:51	00:38:45	00:37:51	12:11	59	614	6241
363	8/10	Steven Putterman	West Hartford	CT	00:01:22	00:38:37	00:39:59	00:38:37	12:26	58	608	6143
380	9/10	Pat Anastasi	Olney	MD	00:01:03	00:40:33	00:41:36	00:40:33	13:03	57	602	5714
406	10/10	Mehran Dorrnanian	Rockville	MD	00:00:15	00:43:26	00:43:41	00:43:26	13:59	55	582	5836
Men's 60-64												
161	1/3	Daniel Hewins	Baltimore	MD	00:01:07	00:30:17	00:31:24	00:30:17	9:45	61	764	6440
173	2/3	Scott Kessler	Brookeville	MD	00:01:02	00:30:39	00:31:41	00:30:39	9:52	63	752	6003
359	3/3	Ed Landgraf	Mt Airy	MD	00:00:22	00:38:13	00:38:35	00:38:13	12:18	64	616	6013
Men's 65-69												
158	1/4	Richard Seiler	Baltimore	MD	00:00:57	00:30:14	00:31:11	00:30:14	9:44	65	778	6189
177	2/4	Glenn Hood	Brandywine	LA	00:00:44	00:30:50	00:31:34	00:30:50	9:55	65	754	5969
264	3/4	Stanley Schwartz	Washington	DC	00:01:03	00:33:46	00:34:49	00:33:46	10:52	67	688	6184
402	4/4	Ron Frazier	Fairfax	VA	00:00:37	00:43:07	00:43:44	00:43:07	13:53	66	580	5885