

Finishers by Category - Heat 1

Rundate: 11/16/2013 14:01:37 2013 MMRF Race for Research 5k11/16/2013

Cat	Plc	Place	Name	City	ST	Time	Time	Ag	Grand	Prix	Bib #
							min/mile				
Women's Overall											
	6	1/1	Amanda Cole	Mercersburg	PA	0:21:42	6:59	16	1000		1902
Women's 14 & under											
	86	1/20	Maya Lucia Boyer	Washington	DC	0:27:22	8:49	10	956		2114
	136	2/20	Tess Collard			0:29:43	9:34	14	920		2404
	137	3/20	Allison Vuono			0:29:44	9:34	12	918		2405
	157	4/20	Alexandra Jenkins	La Plata	MD	0:30:46	9:54	12	900		2361
	191	5/20	Abby Edelman	Port Matilda	PA	0:32:34	10:29	9	858		1961
	224	6/20	Anjali Donnelly			0:33:51	10:54	9	824		2386
	242	7/20	Allison Frye	Chantilly	VA	0:34:33	11:07	14	802		2006
	246	8/20	Brianna Horvath	West River	MD	0:34:38	11:09	11	796		2053
	251	9/20	Celine Papageorgiou	Washington	DC	0:34:54	11:14	11	788		2179
	262	10/20	Chanel Sasson	Valley Stream	NY	0:35:14	11:20	13	776		2233
	274	11/20	Bella Grace De Luise	Ashburn	VA	0:35:44	11:30	7	764		1938
	278	12/20	Brooke Taylor	Fairfax	VA	0:35:48	11:31	10	760		2296
	328	13/20	Mackenzie Swanson			0:39:43	12:47	14	714		2366
	347	14/20	Julia Dick	Waldorf	MD	0:40:57	13:11	13	690		1949
	351	15/20	Kathryn Hood			0:41:00	13:12	14	686		2400
	378	16/20	Olivia DeCarlo	Annandale	VA	0:42:31	13:41	9	654		1942
	388	17/20	Ella Casto	Alexandria	VA	0:44:08	14:12	6	644		1886
	391	18/20	Briana Madigan	Waldorf	MD	0:44:33	14:20	12	640		2370
	392	19/20	Kate Whitlow	Ashburn	VA	0:44:42	14:23	10	638		2337
	396	20/20	Haley Hogan	Rockville	MD	0:46:18	14:54	13	630		2047
Women's 15-19											
	14	1/8	Kelly Connelly	West River	MD	0:23:31	7:34	19	994		1906
	30	2/8	Rachel Beall	West River	MD	0:24:36	7:55	19	984		2408
	33	3/8	Isabel Blalock	Baltimore	MD	0:24:41	7:57	17	980		1839
	74	4/8	Courtney Hogan	Rockville	MD	0:27:01	8:42	16	960		2046
	92	5/8	Annie Blalock	Baltimore	MD	0:27:54	8:59	15	954		1836
	243	6/8	Savannah Frye	Chantilly	VA	0:34:33	11:07	15	800		2007
	313	7/8	Kaitlyn Shifflett	Mechanicsville	Md	0:38:49	12:30	15	728		2254
	409	8/8	Renee Shifflett	Mechanicsville	Md	0:50:53	16:23	16	608		2255
Women's 20-24											
	17	1/27	Kallie Fehr	Elkton	MD	0:23:35	7:35	21	992		2365
	22	2/27	Caitlin Orr	Mount Laurel	NJ	0:23:59	7:43	22	990		2364
	67	3/27	Jenny Griggs	Washington	DC	0:26:39	8:35	22	964		2026
	98	4/27	Jessica Sartalamacchia	Glen Burnie	MD	0:28:23	9:08	24	950		2231
	100	5/27	Erin Sensabaugh	Arlington	VA	0:28:24	9:08	23	946		2247
	106	6/27	Maddy Murphy	Washington	DC	0:28:36	9:12	24	944		2158
	108	7/27	Nina Jankowicz	Falls Church	VA	0:28:39	9:13	24	942		2071
	161	8/27	Danielle Adams	Washington	DC	0:30:59	9:58	24	894		1801
	166	9/27	Elise Wilkin	Alexandria	VA	0:31:21	10:05	24	886		2341
	185	10/27	Alexandra Fields	Washington	DC	0:32:17	10:23	23	864		1980
	187	11/27	Nicole Grigg	Washington	DC	0:32:18	10:24	23	860		2025
	195	12/27	Gabrielle Howard	Towson	MD	0:32:43	10:32	24	854		2054
	202	13/27	Lauren Walsh	Towson	MD	0:32:58	10:37	23	848		2323
	206	14/27	Brittany Canaski	Baltimore	MD	0:33:24	10:45	22	842		1870
	211	15/27	Sara Weeks	Orland Park	IL	0:33:34	10:48	24	836		2330
	214	16/27	Bria Barker	Washington	DC	0:33:36	10:49	24	834		1821
	219	17/27	Emma Kaplan	Washington	DC	0:33:46	10:52	23	830		2076
	220	18/27	Emma Anspach	Washington	DC	0:33:46	10:52	24	828		1810
	239	19/27	Sarah Cooper	Freeland	MD	0:34:26	11:05	24	804		1911
	286	20/27	Makeda Peterson	Cheverly	MD	0:36:59	11:54	24	752		2189
	290	21/27	Emily Henning	Phoenix	MD	0:37:27	12:03	23	746		2040
	305	22/27	Molly Sweeney	Potomac	Md	0:38:14	12:18	23	736		2289
	326	23/27	Daniela Cabezas	Germantown	MD	0:39:38	12:45	24	718		2384

349	24/27	Gabrielle Mizerak	Manassas	VA	0:40:58	13:11	21	688	2148
355	25/27	Katy Waters	ACCOKEEK	MD	0:41:13	13:16	24	682	2327
375	26/27	Claire Mitchell	Washington	DC	0:42:24	13:39	23	660	2147
407	27/27	Allison Grunwald	Mechanicsburg	PA	0:48:22	15:34	23	612	2028
Women's 25-29									
12	1/31	Tracy Branding	Washington	DC	0:22:46	7:20	25	998	1854
13	2/31	Catherine Spaulding	Washington	DC	0:23:15	7:29	25	996	2270
23	3/31	Jacqueline Schmidt	Washington	DC	0:24:07	7:46	26	988	2240
32	4/31	Gina Lentine	Washington	DC	0:24:40	7:56	26	982	2105
41	5/31	Blair Saeks	Baltimore	MD	0:25:10	8:06	25	974	2226
42	6/31	Leslie Danzell	East New Market	MD	0:25:11	8:06	28	972	1926
133	7/31	Jennifer Daly	Reisterstown	MD	0:29:34	9:31	28	924	1924
143	8/31	Jenna Money	Owings	MD	0:30:01	9:40	28	914	2149
146	9/31	Shelley Vinyard	Washington	DC	0:30:14	9:44	27	910	2380
149	10/31	Shannon Maurer	Arlington	VA	0:30:27	9:48	28	908	2125
159	11/31	Molly Rollo	Silver Spring	MD	0:30:51	9:56	29	896	2222
168	12/31	Sarah Hart	Arlington	VA	0:31:31	10:09	27	882	2036
183	13/31	Brittany Doyle	Arlington	VA	0:32:16	10:23	26	868	1954
193	14/31	Juliette O'Connell	Annapolis	MD	0:32:38	10:30	28	856	2171
199	15/31	Lisa Lewis	Arlington	VA	0:32:48	10:33	25	850	2109
207	16/31	Serena Chen	Clarksburg	MD	0:33:24	10:45	25	840	1890
221	17/31	Alayne Fahey	Washington	DC	0:33:47	10:52	26	826	1970
236	18/31	Abigail Seiler	Washington	DC	0:34:22	11:04	27	808	2244
238	19/31	Lauren Fairweather	Cranston	RI	0:34:24	11:04	25	806	1972
250	20/31	Maureen Mulcay			0:34:53	11:14	29	790	2157
264	21/31	Victoria Austin			0:35:16	11:21	29	774	2398
293	22/31	Laura Sherman	Boyds	MD	0:37:35	12:06	27	742	2253
300	23/31	Jennifer Davis	Nanjemoy	MD	0:38:05	12:15	28	740	1929
320	24/31	Nisha Shah			0:39:13	12:37	29	724	2248
356	25/31	Perryn Ford	Bryans Road	MD	0:41:14	13:16	29	680	1994
358	26/31	Ashley Kerr	Stryker	OH	0:41:20	13:18	26	678	2079
372	27/31	Kimberly Anastasi	Rockville	MD	0:42:16	13:36	27	664	1805
382	28/31	Ana Velasquez	Alexandria	VA	0:43:20	13:57	26	648	2316
397	29/31	Ryna Nevius	Rockville	MD	0:46:23	14:56	28	628	2169
406	30/31	Anne Khirallah	ALEXANDRIA	VA	0:47:48	15:23	26	614	2083
408	31/31	Lindsey Scheggia	Mechanicsburg	PA	0:48:22	15:34	25	610	2237
Women's 30-34									
28	1/40	Avvin Ganesn			0:24:30	7:53	34	986	2383
40	2/40	Audrey Hsieh	Alexandria	VA	0:25:07	8:05	31	976	2057
44	3/40	Lindsay Rohrbaugh	Takoma Park	MD	0:25:28	8:12	31	970	2220
50	4/40	Allison Murray	Washington	DC	0:25:43	8:17	30	968	2159
73	5/40	Heather Padilla	Falls Church	VA	0:26:56	8:40	30	962	2176
93	6/40	Molly Danahy	Washington	DC	0:27:58	9:00	30	952	1925
118	7/40	Stephanie Iselin	Philadelphia	PA	0:29:12	9:24	30	934	2066
124	8/40	Lauren Wilson	Washington	DC	0:29:22	9:27	31	930	2344
130	9/40	Nikki Hodge	Arlington	VA	0:29:30	9:30	30	926	2045
135	10/40	Jane Gelbmann	Washington	DC	0:29:39	9:33	31	922	2011
145	11/40	Elizabeth Kinkel	Arlington	VA	0:30:14	9:44	30	912	2363
151	12/40	Margo Robinson	Arlington	VA	0:30:30	9:49	33	906	2216
158	13/40	Nicole Bova	Bradford	MA	0:30:49	9:55	32	898	1850
163	14/40	Marianne Matocha	Warrenton	VA	0:30:59	9:58	34	892	2124
165	15/40	Robin Peterson	Alexandria	VA	0:31:18	10:04	30	888	2191
169	16/40	Caroline Bussenius	LEESBURG	VA	0:31:38	10:11	32	880	1867
174	17/40	Mariela Lee	Annandale	VA	0:31:45	10:13	30	874	2102
204	18/40	Mary Hurley	Hoboken	NJ	0:33:02	10:38	30	846	2059
208	19/40	Kristin Cahalan-Hudson	Cheverly	MD	0:33:24	10:45	32	838	1869
226	20/40	Deborah Sarkes	Silver Spring	MD	0:34:04	10:58	31	822	2230
229	21/40	Lindsay Nelson	Alexandria	VA	0:34:12	11:00	31	816	2168
249	22/40	Maria Bennis	Falls Church	VA	0:34:52	11:13	31	792	1832
255	23/40	Elizabeth Okasako	South Riding	VA	0:34:58	11:15	32	784	2173
257	24/40	Michelle Laird	Ellicott City	MD	0:35:00	11:16	32	780	2092
269	25/40	Gemma Crane	Olney	MD	0:35:26	11:24	32	772	1916
271	26/40	Jennifer Gall	East Berlin	PA	0:35:30	11:26	31	768	2008

272	27/40	Angela Brown	Fairfax	VA	0:35:33	11:27	31	766	1860
327	28/40	Jennifer Epidendio	Waldorf	MD	0:39:40	12:46	34	716	1969
330	29/40	Caroline Muglia	Washington	DC	0:39:47	12:48	31	710	2156
331	30/40	Cj Giovingo	Washington	DC	0:39:47	12:48	32	708	2018
333	31/40	Deanna Siegfried	Potomac	Md	0:39:49	12:49	32	704	2258
334	32/40	Win Khanijoun	Alexandria	VA	0:39:57	12:52	32	702	2082
340	33/40	Bridget Anderson	Falls Church	VA	0:40:24	13:00	32	696	1807
368	34/40	Lisa Gilbert	Washington	DC	0:42:06	13:33	32	670	2015
369	35/40	Crystal Bergemann	Berwyn Heights	MD	0:42:06	13:33	31	668	2377
370	36/40	Emily Lyons	Mt Rainer	MD	0:42:06	13:33	32	666	2116
374	37/40	Molly Winkler	Fairfax	VA	0:42:19	13:37	30	662	2347
377	38/40	Jennifer Consalvo	Hollywood	MD	0:42:26	13:39	30	656	1910
394	39/40	Cheri Fairchild	Annapolis	MD	0:46:12	14:52	34	634	1971
395	40/40	Diana Smith	Olney	MD	0:46:17	14:54	31	632	2261
Women's 35-39									
113	1/28	Marla Regan	Sterling	VA	0:28:55	9:18	36	938	2203
122	2/28	Lisa Ciarrocchi	Hebron	CT	0:29:20	9:26	39	932	1893
164	3/28	Melody Beam	Moseley	VA	0:31:00	9:59	37	890	1826
167	4/28	Sandy Imbriale	Hollywood	MD	0:31:25	10:07	39	884	2063
171	5/28	Jessen Snyder	Reston	VA	0:31:41	10:12	36	878	2264
178	6/28	Emily Berens	Washington	DC	0:32:00	10:18	36	870	1834
186	7/28	Kim Landgraf	Brookeville	MD	0:32:17	10:23	37	862	2094
205	8/28	Kaira Whitmore	Silver Spring	MD	0:33:06	10:39	37	844	2339
235	9/28	Katie Clark	Ellicott City	MD	0:34:20	11:03	35	810	1899
247	10/28	Emily Caredeo	Rockville	MD	0:34:40	11:09	36	794	1872
254	11/28	Beth Dick	Waldorf	MD	0:34:57	11:15	37	786	1947
256	12/28	Kristen Wilson	Reston	VA	0:34:59	11:16	36	782	2343
275	13/28	Rachel De Luise	Ashburn	VA	0:35:46	11:31	38	762	1939
281	14/28	Michelle Egorin	Falls Church	VA	0:36:11	11:39	36	756	1965
283	15/28	Alison Filano	Olney	MD	0:36:27	11:44	37	754	1981
309	16/28	Lindsay Deangelis	Alexandria	VA	0:38:27	12:23	35	732	1940
310	17/28	Giselle Archibald			0:38:28	12:23	36	730	2395
329	18/28	Erika Moore	Arlington	VA	0:39:45	12:48	36	712	2151
360	19/28	Melissa Davis	Rockville	MD	0:41:36	13:23	35	676	1932
367	20/28	Desiree McCoy	Clinton	Md	0:42:03	13:32	37	672	2127
376	21/28	Susan Kopicko	Ridge	MD	0:42:26	13:39	39	658	2087
398	22/28	Jen Warnack	Waldorf	Md	0:46:24	14:56	38	626	2325
400	23/28	Jill Whitlow	Ashburn	VA	0:46:47	15:03	36	622	2336
402	24/28	Annette Walker	Waldorf	MD	0:47:16	15:13	39	618	2319
404	25/28	Jennifer Bleam	Waldorf	MD	0:47:40	15:21	39	616	1841
412	26/28	Julia Swanson			0:51:39	16:37	37	606	2367
413	27/28	MELISSA COKER	Waldorf	MD	0:54:12	17:27	37	604	1900
418	28/28	Jennifer Jackson-Dillahun	Alexandria	VA	1:12:43	23:24	35	602	2070
Women's 40-44									
39	1/15	Kristina Berdan	Baltimore	MD	0:25:04	8:04	43	978	1833
99	2/15	Claire Taylor	Quantico	VA	0:28:23	9:08	43	948	2297
127	3/15	Jamie Tinschert	Ashburn	VA	0:29:26	9:28	43	928	2307
172	4/15	Katherina Sampl	Clifton	VA	0:31:44	10:13	40	876	2227
227	5/15	Julie Bradbury	Waldorf	MD	0:34:10	11:00	40	820	1852
245	6/15	Victoria Winn	CROFTON	MD	0:34:37	11:09	41	798	2348
261	7/15	Traci Edelman	Port Matilda	PA	0:35:13	11:20	42	778	1962
288	8/15	Eleanor Vuono			0:37:07	11:57	43	750	2402
308	9/15	Christy Fenner	UPPER MARLBORO	MD	0:38:26	12:22	40	734	1976
317	10/15	Sonya Wagner	Waldorf	MD	0:39:08	12:36	41	726	2317
325	11/15	Sheri Palomaki	La Plata	MD	0:39:37	12:45	41	720	2178
332	12/15	Beth Rosenstein	Bethesda	MD	0:39:49	12:49	40	706	2223
343	13/15	Dipti Patel Donnelly			0:40:39	13:05	42	694	2388
344	14/15	Zephia Bryant	Indianapolis	IN	0:40:51	13:09	42	692	1864
363	15/15	Nicole Whitman	Germantown	MD	0:41:38	13:24	41	674	2338
Women's 45-49									
116	1/11	Heidi Blalock	Baltimore	MD	0:29:05	9:22	48	936	1838
138	2/11	Jennifer Ritz	Durham	NC	0:29:53	9:37	45	916	2214
184	3/11	Kathleen Stoebe	Stafford	VA	0:32:17	10:23	47	866	2279

198	4/11	Jean Ann Baum	West Chester	PA	0:32:48	10:33	47	852	1825
228	5/11	Sue Kovalsky	Alexandria	VA	0:34:12	11:00	47	818	2088
230	6/11	Bronwyn Haley	Alexandria	VA	0:34:15	11:01	47	814	2032
231	7/11	Sandra Radice	Alexandria	VA	0:34:15	11:01	45	812	2201
270	8/11	Deborah Hickox	Alexandria	VA	0:35:27	11:25	49	770	2042
352	9/11	Jacqueline Tapp	UPPER MARLBORO	MD	0:41:00	13:12	45	684	2292
389	10/11	Donna Casto	Alexandria	VA	0:44:08	14:12	45	642	1885
393	11/11	Beth Madigan	Waldorf	MD	0:44:58	14:28	48	636	2372
Women's 50-54									
84	1/10	Trina Taylor	Ft. Washington	MD	0:27:21	8:48	50	958	2301
155	2/10	Carol Haig	Alexandria	VA	0:30:36	9:51	52	904	2031
156	3/10	Susan Money	Owings	MD	0:30:41	9:53	54	902	2150
280	4/10	Diane Martin	Mt Airy	MD	0:36:05	11:37	52	758	2120
289	5/10	Alisan Kula	Gainesville	VA	0:37:23	12:02	54	748	2091
291	6/10	Lori Wright	Alexandria	VA	0:37:28	12:04	50	744	2352
324	7/10	Mary Ann Cox	Chantilly	VA	0:39:34	12:44	51	722	1915
338	8/10	Jennifer Brumback	Reisterstown	MD	0:40:01	12:53	53	698	1863
399	9/10	Michelle Flatley	Waldorf	MD	0:46:25	14:56	52	624	1986
401	10/10	Karen Miller	Manassas	VA	0:47:05	15:09	54	620	2146
Women's 55-59									
53	1/5	Patricia Payne	Baltimore	MD	0:25:55	8:21	58	966	2186
109	2/5	Inhee Soni	Waldorf	MD	0:28:40	9:14	59	940	2267
177	3/5	Susie Wilson	Washington	DC	0:31:57	10:17	56	872	2345
337	4/5	Cindy nELSON	Gaithersburg	MD	0:40:00	12:52	59	700	2167
387	5/5	Barbara Davis	Waldorf	MD	0:44:03	14:11	56	646	1927
Women's 60-64									
304	1/2	Annie Seiler	Baltimore	MD	0:38:09	12:17	60	738	2245
380	2/2	Joann Gilbert	Hyattsville	MD	0:42:57	13:49	62	652	2014
Women's 70+									
216	1/2	Barbara Wendell	Annapolis	MD	0:33:43	10:51	70	832	2333
381	2/2	Ann Clary Gordon	Baltimore	MD	0:42:57	13:49	70	650	2021
Men's Overall									
1	1/1	Preston Scherr	Bethesda	MD	0:19:16	6:12	15	1000	2239
Men's 14 & under									
36	1/34	Jack Shambaugh	Washington	DC	0:24:57	8:02	10	952	2249
43	2/34	Al Beast	West River	MD	0:25:16	8:08	13	946	1827
52	3/34	Matthew Leathem	Alexandria	VA	0:25:48	8:18	9	932	2099
69	4/34	Jacob Mcdougall	Falls Church	VA	0:26:47	8:37	13	902	2130
82	5/34	Jordan Imbriale	Hollywood	MD	0:27:12	8:45	11	880	2061
87	6/34	Kaelin Friedenson	Washington	DC	0:27:22	8:49	10	874	2000
95	7/34	Bailey De Luise	Ashburn	VA	0:28:10	9:04	9	862	1937
126	8/34	Kyle Tinschert	Ashburn	VA	0:29:25	9:28	8	822	2308
147	9/34	Sean Cronin	Fairfax	VA	0:30:16	9:45	10	800	1918
173	10/34	Mahdi Yazdi	Potomac	Md	0:31:45	10:13	10	782	2354
182	11/34	Connor Malone	Andrews AFB	MD	0:32:16	10:23	11	770	2118
189	12/34	Mia Shaker	Arlington	VA	0:32:26	10:26	14	766	2382
197	13/34	Alex Baum	West Chester	PA	0:32:45	10:32	7	756	1823
209	14/34	Aidan Casto	Alexandria	VA	0:33:27	10:46	6	748	1884
212	15/34	Ben Berman	Washington	DC	0:33:35	10:49	11	744	1835
215	16/34	Hunter Imbriale	Hollywood	MD	0:33:36	10:49	14	740	2060
218	17/34	Drew Clark	Ellicott City	MD	0:33:45	10:52	9	736	1897
233	18/34	Reece Paxton	Fairfax Station	VA	0:34:17	11:02	12	726	2360
237	19/34	Donovan McCoy	Clinton	Md	0:34:22	11:04	13	722	2128
241	20/34	Benjamin Nallengara	Washington	DC	0:34:32	11:07	7	718	2161
266	21/34	Erik Baum	West Chester	PA	0:35:19	11:22	12	698	1824
287	22/34	Trogan Friedenson	Washington	DC	0:37:01	11:55	8	678	2002
294	23/34	Jaden Tapp	UPPER MARLBORO	MD	0:37:36	12:06	12	674	2293
295	24/34	Kwaw Pobee	Washington	DC	0:37:37	12:06	6	672	2195
302	25/34	Kofi Pobee	Washington	DC	0:38:07	12:16	8	660	2194
323	26/34	Joshua Bleam	Waldorf	MD	0:39:30	12:43	7	636	1842
342	27/34	Kiran Donnelly			0:40:39	13:05	7	628	2387
346	28/34	John McKay	La Plata	MD	0:40:57	13:11	12	624	2132

354	29/34	Benjamin Bleam	Waldorf	MD	0:41:07	13:14	10	616	1840
359	30/34	Brett Fisher			0:41:34	13:23	11	612	1983
362	31/34	Stephen Bleam	Waldorf	MD	0:41:38	13:24	12	608	1843
366	32/34	Cameron Swanson	Woodbridge	VA	0:41:52	13:29	7	602	2285
373	33/34	Ethan Winkler	Fairfax	VA	0:42:19	13:37	9	598	2346
386	34/34	Ethan Casto	Alexandria	VA	0:43:35	14:02	10	590	1887
Men's 15-19									
11	1/13	Brandon Horvath	West River	MD	0:22:41	7:18	15	982	2051
26	2/13	Grant Sturm	Mt Airy	MD	0:24:23	7:51	16	964	2282
37	3/13	Stuart Spiers	Greensboro	NC	0:24:59	8:02	18	950	2272
61	4/13	Max Spiers	West River	MD	0:26:27	8:31	19	916	2271
75	5/13	Jacob Dick	Waldorf	MD	0:27:03	8:42	15	894	1948
90	6/13	Declan Zuccolo	Fairfax	VA	0:27:52	8:58	15	868	2356
91	7/13	Mike Baldinger	Haymarket	VA	0:27:52	8:58	16	866	1817
94	8/13	Jacob Jackson	Randallstown	MD	0:28:01	9:01	15	864	2068
101	9/13	Stephen Lee	La Plata	MD	0:28:25	9:09	18	856	2104
115	10/13	Matthew McDougall	Falls Church	VA	0:29:03	9:21	16	836	2131
120	11/13	Nicholas Sturm	Mt Airy	MD	0:29:18	9:26	19	830	2283
260	12/13	Justus Jackson	Randallstown	MD	0:35:01	11:16	19	704	2069
263	13/13	Dylan Sasson	Valley Stream	NY	0:35:15	11:21	19	702	2234
Men's 20-24									
31	1/7	Drew Mika	Arlington	VA	0:24:38	7:56	24	958	2144
55	2/7	Kevin Gunther			0:26:09	8:25	20	928	2409
110	3/7	Travis Gilmore	Falls Church	VA	0:28:46	9:16	20	844	2017
123	4/7	Tom Lee	Annandale	VA	0:29:21	9:27	20	826	2371
348	5/7	Matt Burns	Arlington	VA	0:40:58	13:11	22	622	1866
350	6/7	Evan Rutherford	Arlington	VA	0:41:00	13:12	22	620	2225
357	7/7	Marshall Ford	Bryans Road	MD	0:41:18	13:18	24	614	1993
Men's 25-29									
2	1/28	Sean Garren	Washington	DC	0:19:18	6:13	28	998	2010
3	2/28	Will Dekrey	Washington	DC	0:19:23	6:14	28	996	1943
15	3/28	Jacob Fennessy	Washington	DC	0:23:33	7:35	29	980	1978
18	4/28	Adrian Sawczyn	Washington	DC	0:23:47	7:39	27	976	2236
19	5/28	Benjamin Krainin	Washington	DC	0:23:54	7:42	28	974	2090
21	6/28	Cliff Mckenney	Sterling	VA	0:23:57	7:43	27	970	2134
24	7/28	Owen Phillips	Washington	DC	0:24:09	7:46	27	968	2414
29	8/28	Todd Bolick	Annandale	VA	0:24:33	7:54	25	960	1847
38	9/28	Michael Parillo	Stamford	CT	0:25:02	8:03	26	948	2182
45	10/28	Taylor Atchley	Alexandria	VA	0:25:28	8:12	26	944	1814
46	11/28	Adam Thurn	Washington	DC	0:25:34	8:14	27	942	2306
47	12/28	Michael Civetti	Washington	DC	0:25:34	8:14	26	940	1896
51	13/28	Thomas Donovan	Enfield	CT	0:25:46	8:18	25	934	1953
71	14/28	Benjamin Beck	Freeland	MD	0:26:50	8:38	27	898	1828
102	15/28	Brad Singley	Germantown	MD	0:28:26	9:09	26	854	2259
121	16/28	Bill Francik	Lutherville	MD	0:29:20	9:26	26	828	1995
140	17/28	David Giambarresi	Arlington	VA	0:29:55	9:38	28	808	2013
142	18/28	Shane Van Hoesen	Arlington	VA	0:29:56	9:38	29	804	2314
144	19/28	Lukas Weeks	Orland Park	IL	0:30:07	9:42	25	802	2329
162	20/28	Adam Tinsley			0:30:59	9:58	27	786	2359
175	21/28	Kevin Gilligan	Washington	DC	0:31:49	10:14	26	780	2016
194	22/28	Nate Bailey	Springfield	VA	0:32:42	10:32	29	760	2392
253	23/28	Robin Pike	Arlington	VA	0:34:56	11:15	29	710	2376
258	24/28	Bobby Wallach	Owings	MD	0:35:00	11:16	28	708	2322
292	25/28	Erik Carlson	Boyds	MD	0:37:34	12:05	27	676	1876
319	26/28	David Wyman	Washington	DC	0:39:12	12:37	28	642	2353
383	27/28	Christopher Perry	Waldorf	MD	0:43:25	13:58	29	596	2188
405	28/28	Gregory Khirallah	ALEXANDRIA	VA	0:47:47	15:23	26	584	2084
Men's 30-34									
4	1/36	Matthew Lowenbraun	Irvington	NY	0:20:46	6:41	33	994	2112
5	2/36	Nate Ward	Washington	DC	0:21:06	6:47	33	992	2324
16	3/36	Kevin Phillips	Alexandria	VA	0:23:34	7:35	30	978	2192
35	4/36	Bruce Fontneau	Alexandria	VA	0:24:55	8:01	33	954	1991
48	5/36	Andrew Church	Washington	DC	0:25:39	8:15	32	938	1891

57	6/36	Nicholas Bennett	Fairfax	VA	0:26:19	8:28	32	924	1831
58	7/36	Kumar Jeev	Falls Church	VA	0:26:23	8:30	30	922	2072
59	8/36	Pedro Morillas			0:26:25	8:30	32	920	2399
63	9/36	Thomas Smee	Enola	PA	0:26:31	8:32	34	912	2260
65	10/36	Gene Smith	Olney	MD	0:26:36	8:34	34	908	2262
66	11/36	Dan Price	Washington	DC	0:26:37	8:34	32	906	2199
76	12/36	Ric SanDoval	Arlington	VA	0:27:03	8:42	30	892	2229
79	13/36	Jack deVilliers	Vienna	VA	0:27:06	8:43	31	886	1945
105	14/36	Raymond Henry			0:28:34	9:12	33	848	2041
107	15/36	Jeff Quigley	Washington	DC	0:28:36	9:12	30	846	2200
111	16/36	Jeta Ololcps			0:28:47	9:16	31	842	2410
128	17/36	Robert Connolly	Mechanicsville	Md	0:29:27	9:29	31	820	1909
160	18/36	Andrew Rollo	Silver Spring	MD	0:30:56	9:57	31	788	2221
188	19/36	David Troha	Arlington	VA	0:32:20	10:24	33	768	2311
192	20/36	Madhur Grover	Vienna	VA	0:32:36	10:30	34	762	2027
196	21/36	Catherine Fontneau	Alexandria	VA	0:32:44	10:32	33	758	1992
200	22/36	Charles Howe	Deale	MD	0:32:50	10:34	33	754	2055
217	23/36	Nishant Chadha	Vienna	VA	0:33:44	10:51	30	738	1888
248	24/36	Zac Champ	Washington	DC	0:34:40	11:09	30	714	1889
252	25/36	Michael Friel	Arlington	VA	0:34:55	11:14	31	712	2004
265	26/36	Brent Aurton			0:35:18	11:22	31	700	2397
268	27/36	Sean Rinn	Olney	MD	0:35:26	11:24	30	694	2213
273	28/36	Rickey Torrence	Mt Rainer	MD	0:35:41	11:29	33	692	2310
282	29/36	Nicholas Brown	Baltimore	MD	0:36:14	11:40	32	684	1862
299	30/36	Alex Bennett	LEESBURG	VA	0:38:01	12:14	32	664	1829
314	31/36	Richard Bright	Mitchellville	MD	0:38:49	12:30	33	650	1858
321	32/36	Josh Tapkas	baltimore	md	0:39:13	12:37	30	640	2291
341	33/36	Nathaniel Borrelli	Arlington	VA	0:40:28	13:01	32	630	1848
384	34/36	Mark Hood	Huntington	MD	0:43:26	13:59	33	594	2050
390	35/36	Paul Anderson	Falls Church	Va	0:44:28	14:19	30	588	1808
411	36/36	Kevin Davis	Washington	DC	0:51:35	16:36	31	580	1931
Men's 35-39									
7	1/24	Eric Russo	Riverdale	MD	0:21:46	7:00	35	990	2224
49	2/24	Alex Wright	Alexandria	VA	0:25:42	8:16	39	936	2351
54	3/24	Michael Ciarrocchi	Hebron	CT	0:25:59	8:22	39	930	1895
56	4/24	Richard Lutz	Alexandria	VA	0:26:15	8:27	38	926	2358
62	5/24	Sam Kang	Temple Hills	MD	0:26:29	8:31	37	914	2075
78	6/24	Matthew Lauderdale	Rosemary Beach	FL	0:27:04	8:43	35	888	2379
80	7/24	Eduardo Ponce Brito	Washington	DC	0:27:11	8:45	35	884	2197
96	8/24	Anthony De Luise	Ashburn	VA	0:28:11	9:04	38	860	1936
97	9/24	Bryan Shrader	Arlington	VA	0:28:21	9:07	36	858	2256
103	10/24	Reginald Hampton	Upper Marlboro	MD	0:28:27	9:09	39	852	2034
125	11/24	Matthew Landgraf	Mt Airy	MD	0:29:24	9:28	35	824	2095
129	12/24	Matthew Lowe	Gaithersburg	MD	0:29:30	9:30	35	818	2111
141	13/24	Thomas Crosby	CROFTON	MD	0:29:56	9:38	37	806	1919
180	14/24	Randy Dick	Waldorf	MD	0:32:14	10:22	37	774	1950
181	15/24	Gene Malone	Andrews AFB	MD	0:32:16	10:23	38	772	2119
210	16/24	Charlie Whitlow	Ashburn	VA	0:33:33	10:48	39	746	2335
277	17/24	Troy McKay	La Plata	MD	0:35:47	11:31	39	688	2133
279	18/24	Noah Egorin	Falls Church	VA	0:36:04	11:37	36	686	1966
284	19/24	Adeniyi Adekanye	Washington	DC	0:36:39	11:48	35	682	1802
303	20/24	Gregory Henderson	Washington	DC	0:38:07	12:16	35	658	2039
315	21/24	Ron Hill	Laurel	MD	0:38:55	12:32	39	648	2043
322	22/24	Matthew Deangelis	Alexandria	VA	0:39:20	12:40	36	638	1941
365	23/24	Rob Swanson	Woodbridge	VA	0:41:52	13:29	39	604	2286
417	24/24	Ben Flamm	Mt Rainer	MD	1:02:16	20:03	38	572	1985
Men's 40-44									
68	1/22	Steve Bradbury	Waldorf	MD	0:26:42	8:36	42	904	1853
77	2/22	Chris Soares	Washington	DC	0:27:03	8:42	41	890	2265
83	3/22	Rick Folkerts	ALEXANDRIA	VA	0:27:14	8:46	44	878	1990
89	4/22	Michael Davis	Hollywood	MD	0:27:44	8:56	44	870	1933
152	5/22	Scott Steward	ACCOKEEK	MD	0:30:34	9:50	44	794	2278
170	6/22	Jeremiah Carroll	Reston	VA	0:31:39	10:11	43	784	1883

179	7/22	Jay Shambaugh	Chevy Chase	MD	0:32:11	10:22	43	776	2250
190	8/22	Rob Shaker	Arlington	VA	0:32:29	10:27	43	764	2381
201	9/22	Mark Carr	South Boston	VA	0:32:51	10:34	43	752	1881
225	10/22	Michael Donnelly			0:34:03	10:58	41	730	2385
234	11/22	Shawn Paxton	Fairfax Station	VA	0:34:18	11:02	44	724	2185
240	12/22	Lona Nallengara	Washington	DC	0:34:32	11:07	42	720	2162
297	13/22	Holter Graham	New York	NY	0:37:44	12:09	41	668	2023
298	14/22	Ryan Coker	Waldorf	MD	0:37:46	12:09	44	666	1901
306	15/22	Wayne Archibald			0:38:22	12:21	41	656	2396
307	16/22	Greg Epidendio	Waldorf	MD	0:38:25	12:22	40	654	1968
316	17/22	David Potter	Waldorf	MD	0:38:56	12:32	44	646	2198
318	18/22	Travis Wagner	Waldorf	MD	0:39:08	12:36	40	644	2318
361	19/22	Dwayne Taylor	Rockville	MD	0:41:37	13:24	42	610	2299
364	20/22	James Thompson	Germantown	MD	0:41:45	13:26	41	606	2305
371	21/22	Noel Fisher	Chevy Chase	MD	0:42:09	13:34	43	600	1984
414	22/22	Jason Ducre	Waldorf	MD	0:56:27	18:10	44	578	1958
Men's 45-49									
9	1/14	Timothy Connelly	Lutherville	MD	0:22:14	7:09	48	986	1907
70	2/14	Darion Jackson	Randallstown	MD	0:26:47	8:37	46	900	2067
81	3/14	Jeff Baldwin	Waldorf	MD	0:27:11	8:45	46	882	1819
88	4/14	Robby Davis	Centreville	VA	0:27:31	8:51	49	872	1934
119	5/14	Antoine Walker	Waldorf	MD	0:29:17	9:26	47	832	2320
132	6/14	Jim Connolly	Washington	DC	0:29:32	9:30	47	814	1908
139	7/14	Brian Horvath	West River	MD	0:29:55	9:38	47	810	2052
148	8/14	Paul Cronin	Fairfax	VA	0:30:16	9:45	48	798	1917
154	9/14	Mark Kozeal	Washington	DC	0:30:35	9:51	47	790	2089
176	10/14	Derrick Fenner	UPPER MARLBORO	MD	0:31:53	10:16	46	778	1977
232	11/14	Ron Taylor	Ft. Washington	MD	0:34:15	11:01	48	728	2300
267	12/14	Ron Tinschert	Ashburn	VA	0:35:26	11:24	45	696	2309
301	13/14	Randy Stacks	Waldorf	MD	0:38:07	12:16	46	662	2273
345	14/14	Francis Kelley	Chester	VA	0:40:56	13:11	45	626	2368
Men's 50-54									
25	1/15	Kevin Lamadque			0:24:22	7:51	50	966	2407
34	2/15	Dexter Henson	Fort Worth	TX	0:24:51	8:00	50	956	2369
60	3/15	David Blalock	Baltimore	MD	0:26:26	8:30	52	918	1837
104	4/15	Pete Colombo	Bladensburg	MD	0:28:33	9:11	54	850	1905
150	5/15	Mark Mazzei	Ashburn	VA	0:30:29	9:49	53	796	2126
153	6/15	Kevin Connolly	Bowie	MD	0:30:34	9:50	53	792	2390
213	7/15	Gary Kalman	Washington	DC	0:33:36	10:49	50	742	2389
223	8/15	Steven Stoebe	Stafford	VA	0:33:50	10:53	52	732	2280
244	9/15	Crane Lopes	Alexandria	VA	0:34:36	11:08	54	716	2110
285	10/15	Morad Hassani	Rockville	MD	0:36:49	11:51	54	680	2037
296	11/15	David German	Washington	DC	0:37:42	12:08	51	670	2012
339	12/15	Thomas O'Toole	Baltimore	MD	0:40:23	13:00	53	632	2374
353	13/15	Greg Lower	Waldorf	MD	0:41:07	13:14	50	618	2113
415	14/15	Richard Warnack	Waldorf	MD	0:57:27	18:29	51	576	2326
416	15/15	John Flatley	Waldorf	MD	0:57:28	18:30	52	574	2378
Men's 55-59									
8	1/9	Louis Perkins	Baltimore	MD	0:22:03	7:06	57	988	2187
10	2/9	Mark Weisbrot	Washington	DC	0:22:31	7:15	59	984	2332
27	3/9	Charles Uyeda	Fairfax	VA	0:24:25	7:52	55	962	2393
114	4/9	Steve Coles	Upper Marlboro	MD	0:28:59	9:20	55	838	1904
117	5/9	Eric Urani	Red	PA	0:29:07	9:22	58	834	2313
131	6/9	Paul Soni	Waldorf	MD	0:29:31	9:30	57	816	2268
134	7/9	Jeff Bates	Alexandria	VA	0:29:36	9:32	55	812	1822
222	8/9	Trevor Williams	Ellicott City	MD	0:33:47	10:52	59	734	2342
276	9/9	Douglas Kalinowski	Washington	DC	0:35:47	11:31	57	690	2074
Men's 60-64									
20	1/5	Robert Frumkin	Olney	MD	0:23:56	7:42	60	972	2005
64	2/5	Glenn Hood	Brandywine	LA	0:26:35	8:33	63	910	2049
72	3/5	Richard Seiler	Baltimore	MD	0:26:52	8:39	63	896	2246
259	4/5	Steve Feld	Fairfax	VA	0:35:00	11:16	62	706	1975
403	5/5	Jim Farr	White Plains	MD	0:47:36	15:19	64	586	1974

Men's 65-69

112	1/5	Barry Sturm	Mt Airy	MD	0:28:52	9:17	65	840	2281
203	2/5	Stanley Schwartz	Washington	DC	0:33:00	10:37	65	750	2394
311	3/5	Ivan Leshinsky	Baltimore	MD	0:38:38	12:26	66	652	2108
385	4/5	Don Hood	Brandywine	LA	0:43:26	13:59	66	592	2048
410	5/5	John Davis	Waldorf	MD	0:51:34	16:36	65	582	1930

Men's Others

85	1/2	Sergio Sokol	Valley Stream	NY	0:27:21	8:48	1	876	2266
336	2/2	Matt Maggiacomo	Cranston	RI	0:40:00	12:52	0	634	2117