

Finishers by Category - Heat 1

Rundate: 09/17/2016 11:16:57 2016 Ladysmith Village 5 km 09/17/2016

Cat	Pl	Place	Name	City	ST	Time	min/mile	Ag	Grand	Prix	Bib #

Women Overall											
	4	1/3	Heather Morgan	Fredericksburg	VA	0:24:37	7:55	34	1000		729
	5	2/3	Megan Nason	Ruther Glen	VA	0:25:22	8:10	30	998		727
	6	3/3	Megan Rasnick	Ruther Glen	VA	0:26:13	8:26	32	996		728
Women 00-29											
	11	1/4	Erica Lacy	Ruther Glen	VA	0:30:02	9:40	15	990		737
	12	2/4	Jasmine Singleton			0:30:02	9:40	17	988		736
	13	3/4	Danica Sale	Woodford	VA	0:30:49	9:55	10	986		743
	15	4/4	Elyse Hammonds	Ruther Glen	VA	0:35:11	11:19	28	984		742
Women's 40-49											
	8	1/2	Kelly LaJeunesse	Pittsboro	NC	0:28:27	9:09	47	994		747
	19	2/2	Stacey D Broughton	Ruther Glen	VA	0:42:24	13:39	46	980		731
Women's 50-59											
	10	1/1	Julie Weber	Fredericksburg	VA	0:29:10	9:23	50	992		730
Women's 60 and over											
	18	1/1	Ethel Guerrero	King George	VA	0:40:59	13:11	61	982		741
Men Overall											
	1	1/3	Kyle Rogers	King George	VA	0:19:25	6:15	25	1000		734
	2	2/3	Benjamin Nason	Ruther Glen	VA	0:24:25	7:52	31	998		726
	3	3/3	John Blatchford	Stafford	VA	0:24:36	7:55	58	996		733
Men 00-29											
	17	1/1	Rhett Parker	Fredericksburg	VA	0:37:29	12:04	15	986		740
Men 30-39											
	20	1/1	Joe Shinko	Ruther Glen	VA	0:42:55	13:49	37	984		739
Men's 40-49											
	14	1/1	Mike Courtmanche	Locust Grove	VA	0:35:10	11:19	45	990		732
Men's 50-59											
	7	1/2	Edward Sinclair	Spotsylvania	VA	0:27:04	8:43	52	994		735
	9	2/2	Howard Thomas	King George	VA	0:28:48	9:16	54	992		746
Men's 60 and over											
	16	1/2	Randall Washburn	Fredericksburg	VA	0:35:38	11:28	71	988		745
	21	2/2	Robert Gurtler	The Plains	Va	0:43:18	13:56	81	982		744