

All Finishers - Heat 1

Rundate: 05/12/2019 14:00:20 2019 Ladies Choice Duathlon 05/12/2019

Place	Name	Sex	S Place	City	ST	Net Time	Run#1	Run#1 min/mile	Tr#1	Bike	Bike mph	Tr#2	Run#2	Run#2 min/mile	Ag	Cat	Cat Place	Bib #
1/5	Kristine Wilson	F	1/5	Leesburg	Va	00:57:44	00:14:41	7:21	00:00:53	00:26:55	17.83	00:00:33	00:14:42	7:21	69	F-Duo	1/5	596
2/5	Kristen Verderame	F	2/5	McLean	VA	00:57:51	00:14:24	7:12	00:01:05	00:26:55	17.83	00:01:00	00:14:27	7:14	51	F-Duo	2/5	593
3/5	Kara Russell	F	3/5	Stafford	VA	00:58:14	00:13:53	6:57	00:01:38	00:27:50	17.25	00:01:29	00:13:24	6:42	39	F-Duo	3/5	590
4/5	Moriah Hackett	F	4/5	Bristow	VA	01:09:29	00:15:27	7:44	00:01:22	00:35:30	13.52	00:01:08	00:16:02	8:01	30	F-Duo	4/5	565
5/5	Elizabeth Legere	F	5/5	Alexandria	VA	01:20:09	00:18:10	9:05	00:03:10	00:37:29	12.81	00:02:37	00:18:43	9:22	50	F-Duo	5/5	592