

All Finishers - Heat 1
 Rundate: 05/13/2018 13:14:40 2018 Ladies Choice Triathlon 05/13/2018

Place	Name	Sex	Swim			Swim min/100m	Bike	Bike mph	Run	Run min/mile	Penalty	Ag	Cat	Cat			
			S Place	City	ST									Tot Time	Place	Bib #	
1/72	Melanie McDonough	F	1/65	Frisco	TX	00:47:59	00:05:52	1:36	00:26:33	18.08	00:15:34	7:47	00:00:00	25	F-Over	1/3	253
2/72	Erin Smith	F	2/65	Ft. Washington	MD	00:48:34	00:07:31	2:04	00:25:44	18.65	00:15:19	7:40	00:00:00	34	F-Over	2/3	354
3/72	Lauren Herron	F	3/65	Centreville	VA	00:49:03	00:06:50	1:52	00:25:54	18.53	00:16:19	8:10	00:00:00	25	F-Over	3/3	261
4/72	Lightning sharks	N	1/7			00:50:18	00:05:57	1:38	00:25:42	18.68	00:18:39	9:20	00:00:00	1	Relay	1/7	251
5/72	Lauren Santangelo	F	4/65	Alexandria	VA	00:51:33	00:09:03	2:29	00:26:11	18.33	00:16:19	8:10	00:00:00	45	F4549	1/11	371
6/72	Melissa Friesen	F	5/65	Silver Spring	MD	00:52:42	00:10:04	2:45	00:25:56	18.51	00:16:42	8:21	00:00:00	44	F4044	1/18	268
7/72	Kaiya Reimer	F	6/65	Lanoka harbor	NJ	00:52:49	00:07:33	2:04	00:28:05	17.09	00:17:11	8:36	00:00:00	19	F1619	1/2	258
8/72	Girl Power	N	2/7			00:53:15	00:07:45	2:07	00:26:43	17.97	00:18:47	9:24	00:00:00	2	Relay	2/7	262
9/72	Wine Not?	N	3/7			00:53:50	00:07:11	1:58	00:29:22	16.35	00:17:17	8:39	00:00:00	1	Relay	3/7	254
10/72	Beth Bisbee	F	7/65	Woodbridge	VA	00:53:57	00:10:20	2:50	00:28:43	16.72	00:14:54	7:27	00:00:00	32	F3034	1/6	265
11/72	Lori Brockway	F	8/65	Gainesville	VA	00:54:02	00:08:50	2:25	00:28:18	16.96	00:16:54	8:27	00:00:00	33	F3034	2/6	298
12/72	Krewe de Swamp	N	4/7			00:55:36	00:07:43	2:07	00:28:13	17.01	00:19:40	9:50	00:00:00	1	Relay	4/7	257
13/72	Michele Reimer	F	9/65	Lanoka harbor	NJ	00:55:36	00:11:04	3:02	00:26:41	17.99	00:17:51	8:56	00:00:00	49	F4549	2/11	264
14/72	Traci Lee	F	10/65	Arlington	VA	00:55:48	00:08:54	2:26	00:27:19	17.57	00:19:35	9:48	00:00:00	37	F3539	1/8	288
15/72	Beth DeVries Casey	F	11/65	Alexandria	VA	00:55:51	00:09:29	2:36	00:28:41	16.73	00:17:41	8:51	00:00:00	49	F4549	3/11	285
16/72	Schadey Ladies	N	5/7			00:56:08	00:10:19	2:50	00:26:56	17.82	00:18:53	9:27	00:00:00	3	Relay	5/7	292
17/72	Duk Ro	F	12/65	Bristow	VA	00:57:16	00:09:40	2:39	00:29:44	16.14	00:17:52	8:56	00:00:00	59	F5559	1/7	275
18/72	Stacia Jackson	F	13/65	Washington	DC	00:57:22	00:10:21	2:50	00:28:56	16.59	00:18:05	9:03	00:00:00	32	F3034	3/6	314
19/72	Jill McPhillips	F	14/65	Rockville	MD	00:57:51	00:11:14	3:05	00:27:18	17.58	00:19:19	9:40	00:00:00	42	F4044	2/18	276
20/72	Shannon Welch	F	15/65	Madison	VA	00:57:58	00:11:35	3:10	00:29:35	16.23	00:16:48	8:24	00:00:00	50	F5054	1/4	338
21/72	Heidi van den Hooff	F	16/65	Arlington	VA	00:58:21	00:10:56	3:00	00:26:02	18.44	00:21:23	10:42	00:00:00	43	F4044	3/18	321
22/72	Mary Jo Gneshin	F	17/65	Charlottesville	VA	00:59:31	00:09:54	2:43	00:29:43	16.15	00:19:54	9:57	00:00:00	41	F4044	4/18	309
23/72	Rios Divas	N	6/7			01:00:03	00:08:54	2:26	00:26:54	17.84	00:24:15	12:08	00:00:00	1	Relay	6/7	293
24/72	Margaret Turner	F	18/65	Falls Church	VA	01:00:17	00:10:04	2:45	00:32:03	14.98	00:18:10	9:05	00:00:00	43	F4044	5/18	337
25/72	Andrea Melo-Newman	F	19/65	Ashburn	VA	01:00:49	00:09:05	2:29	00:30:57	15.51	00:20:47	10:24	00:00:00	44	F4044	6/18	302
26/72	Elizabeth Karn	F	20/65	Arlington	VA	01:01:00	00:07:25	2:02	00:32:36	14.72	00:20:59	10:30	00:00:00	44	F4044	7/18	273
27/72	Susan Bradley	F	21/65	Sterling	VA	01:01:41	00:09:04	2:29	00:31:05	15.44	00:21:32	10:46	00:00:00	56	F5559	2/7	279
28/72	Kathleen Green	F	22/65	Falls Church	VA	01:01:46	00:11:38	3:11	00:30:12	15.89	00:19:56	9:58	00:00:00	56	F5559	3/7	311
29/72	Aly Lubov	F	23/65	Washington	DC	01:02:02	00:09:50	2:42	00:30:43	15.63	00:21:29	10:45	00:00:00	32	F3034	4/6	329
30/72	Jennifer Lindsey	F	24/65	Alexandria	VA	01:02:17	00:08:48	2:25	00:33:46	14.22	00:19:43	9:52	00:00:00	31	F3034	5/6	287
31/72	Alexis Serna	F	25/65	Washington	DC	01:02:17	00:11:19	3:06	00:32:08	14.94	00:18:50	9:25	00:00:00	35	F3539	2/8	269
32/72	Jessica Jones	F	26/65	Gaithersburg	MD	01:02:23	00:09:19	2:33	00:32:29	14.78	00:20:35	10:18	00:00:00	51	F5054	2/4	284
33/72	Eileen Lutkenhouse	F	27/65	Bristow	VA	01:02:29	00:10:31	2:53	00:31:02	15.47	00:20:56	10:28	00:00:00	44	F4044	8/18	310
34/72	Teri Ngo	F	28/65	Ashburn	VA	01:02:58	00:10:16	2:49	00:32:31	14.76	00:20:11	10:06	00:00:00	45	F4549	4/11	294
35/72	Toni Ziemba	F	29/65	Chesapeake	VA	01:03:17	00:13:30	3:42	00:27:59	17.15	00:21:48	10:54	00:00:00	54	F5054	3/4	278
36/72	Talley Hess	F	30/65	Ashburn	VA	01:04:30	00:09:28	2:36	00:31:08	15.42	00:23:54	11:57	00:00:00	57	F5559	4/7	283
37/72	Gabrielle Torres	F	31/65	Alexandria	VA	01:04:38	00:08:56	2:27	00:31:14	15.37	00:24:28	12:14	00:00:00	36	F3539	3/8	282
38/72	Sierra Craig	F	32/65	Charlottesville	VA	01:04:46	00:11:57	3:16	00:33:38	14.27	00:19:11	9:36	00:00:00	20	F2024	1/2	289
39/72	Melissa McGeehan	F	33/65	Haymarket	VA	01:05:14	00:09:47	2:41	00:36:02	13.32	00:19:25	9:43	00:00:00	46	F4549	5/11	322
40/72	Mary Ann Cox	F	34/65	Chantilly	VA	01:05:23	00:09:13	2:32	00:32:43	14.67	00:23:27	11:44	00:00:00	56	F5559	5/7	307
41/72	Kathy Chu	F	35/65	Vienna	VA	01:05:37	00:16:00	4:23	00:29:03	16.52	00:20:34	10:17	00:00:00	41	F4044	9/18	306
42/72	Julie Worthington	F	36/65	Hopewell	VA	01:05:47	00:12:14	3:21	00:35:42	13.45	00:17:51	8:56	00:00:00	38	F3539	4/8	320
43/72	You Just Got Hitched	N	7/7	Bristow	VA	01:06:30	00:12:47	3:30	00:34:00	14.12	00:19:43	9:52	00:00:00	1	Relay	7/7	339
44/72	Allison Frye	F	37/65	Chantilly	VA	01:06:52	00:08:38	2:22	00:31:17	15.34	00:21:57	10:59	00:05:00	19	F1619	2/2	281
45/72	Savannah Frye	F	38/65	Chantilly	VA	01:07:28	00:08:33	2:21	00:35:22	13.57	00:23:33	11:47	00:00:00	21	F2024	2/2	260
46/72	Ashley Gaines	F	39/65	Alexandria	VA	01:07:39	00:10:37	2:55	00:31:26	15.27	00:25:36	12:48	00:00:00	37	F3539	5/8	319
47/72	Jayshree Chokhani	F	40/65	Vienna	VA	01:09:34	00:14:18	3:55	00:33:45	14.22	00:21:31	10:46	00:00:00	37	F3539	6/8	270
48/72	Melinda Dobson	F	41/65	Dumfries	VA	01:10:10	00:11:41	3:12	00:36:10	13.27	00:22:19	11:10	00:00:00	36	F3539	7/8	296
49/72	Erin Andrew	F	42/65	Falls Church	VA	01:10:26	00:11:55	3:16	00:35:44	13.43	00:22:47	11:24	00:00:00	41	F4044	10/18	330
50/72	Kara DeFilippi	F	43/65	Arlington	VA	01:10:32	00:10:46	2:57	00:38:25	12.49	00:21:21	10:41	00:00:00	42	F4044	11/18	277
51/72	Bella DeFilippi	F	44/65	Arlington	VA	01:10:36	00:10:52	2:59	00:38:24	12.50	00:21:20	10:40	00:00:00	10	F1012	1/2	355
52/72	Leah Craig	F	45/65	Charlottesville	VA	01:11:19	00:16:33	4:32	00:33:25	14.36	00:21:21	10:41	00:00:00	52	F5054	4/4	290
53/72	Jayde Entwistle	F	46/65	Alexandria	VA	01:11:44	00:13:09	3:36	00:32:35	14.73	00:26:00	13:00	00:00:00	14	F1315	1/1	300
54/72	Shannon Entwistle	F	47/65	Alexandria	VA	01:11:48	00:13:14	3:38	00:32:34	14.74	00:26:00	13:00	00:00:00	47	F4549	6/11	299
55/72	LA Stone	F	48/65	Vienna	VA	01:14:06	00:10:19	2:50	00:37:56	12.65	00:25:51	12:56	00:00:00	44	F4044	12/18	274
56/72	Sophia Lin	F	49/65	Fairfax	VA	01:14:22	00:12:44	3:29	00:38:19	12.53	00:23:19	11:40	00:00:00	40	F4044	13/18	327

57/72 Gem Stone	F 50/65 SELMA	NC 01:15:13 00:16:11	4:26	00:27:03	17.74	00:31:59	16:00	00:00:00	48	F4549	7/11	316
58/72 Sarah Axelson	F 51/65 Fairfax	VA 01:17:11 00:12:09	3:20	00:37:27	12.82	00:27:35	13:48	00:00:00	36	F3539	8/8	313
59/72 Jeanne Schlevensky	F 52/65 Haymarket	VA 01:17:17 00:14:13	3:54	00:39:10	12.26	00:23:54	11:57	00:00:00	44	F4044	14/18	323
60/72 Amy Storey	F 53/65 Bealton	VA 01:17:30 00:11:07	3:03	00:37:35	12.77	00:28:48	14:24	00:00:00	47	F4549	8/11	317
61/72 Karen Onizuka	F 54/65 Bowie	MD 01:18:43 00:12:15	3:21	00:38:37	12.43	00:27:51	13:56	00:00:00	41	F4044	15/18	334
62/72 Christina Ritchie	F 55/65 Alexandria	VA 01:18:59 00:12:01	3:18	00:38:57	12.32	00:28:01	14:01	00:00:00	61	F6064	1/1	315
63/72 Anne Helzer	F 56/65 Winchester	VA 01:22:05 00:11:37	3:11	00:36:39	13.10	00:33:49	16:55	00:00:00	44	F4044	16/18	308
64/72 KRISTINE D'AMICO	F 57/65 Woodbridge	VA 01:22:31 00:13:40	3:45	00:45:29	10.55	00:23:22	11:41	00:00:00	43	F4044	17/18	301
65/72 Stephanie Martini	F 58/65 Ellicot City	MD 01:25:32 00:11:33	3:10	00:39:23	12.19	00:34:36	17:18	00:00:00	45	F4549	9/11	286
66/72 Mary Beth Mahoney	F 59/65 Whitefish Bay	WI 01:25:42 00:13:08	3:36	00:38:39	12.42	00:33:55	16:58	00:00:00	58	F5559	6/7	318
67/72 Zoe Andonegui	F 60/65 Falls Church	VA 01:31:10 00:10:00	2:44	00:49:26	9.71	00:31:44	15:52	00:00:00	10	F1012	2/2	295
68/72 Holly Bell	F 61/65 Herndon	VA 01:31:50 00:12:07	3:19	00:44:10	10.87	00:35:33	17:47	00:00:00	43	F4044	18/18	326
69/72 Nichole Andonegui	F 62/65 Alexandria	VA 01:33:09 00:08:55	2:27	00:52:25	9.16	00:31:49	15:55	00:00:00	49	F4549	10/11	263
70/72 Yvette Lerma Jones	F 63/65 Berwyn Heights	MD 01:33:38 00:24:01	6:35	00:39:23	12.19	00:30:14	15:07	00:00:00	30	F3034	6/6	332
71/72 Linda Suppan	F 64/65 Manassas	VA 01:45:23 00:11:59	3:17	00:46:51	10.25	00:46:33	23:17	00:00:00	57	F5559	7/7	304
72/72 Rayanne Gonzales	F 65/65 Woodbridge	VA 02:03:56 00:19:28	5:20	01:11:13	6.74	00:33:15	16:38	00:00:00	47	F4549	11/11	333