

All Finishers - Heat 1

Rundate: 07/29/2018 15:20:40 2018 TiN Super Sprint Tri 07/29/2018

Place	Name	Sex		ST	Tot Time	Swim	Swim		Bike		Run		Penalty	Ag	Cat	Place	Bib #
		S	Place				City	min/100m	Bike	mph	Run	min/mile					
1/95	Van Arnold	M	1/50	Haymarket	VA	00:41:56	00:07:44	1:56	00:21:32	22.29	00:12:40	6:20	00:00:00	40	M-Over	1/3	329
2/95	Matthew Negard	M	2/50	Manassas	VA	00:44:31	00:08:08	2:02	00:22:33	21.29	00:13:50	6:55	00:00:00	31	M-Over	2/3	325
3/95	Caren Bancroft	F	1/43	Gaithersburg	MD	00:45:06	00:07:35	1:54	00:22:09	21.67	00:15:22	7:41	00:00:00	48	F-Over	1/3	313
4/95	Tai Brashear	M	3/50	McLean	VA	00:45:34	00:05:54	1:29	00:25:09	19.09	00:14:31	7:16	00:00:00	15	M-Over	3/3	304
5/95	Terry Dean	M	4/50	Harrisonburg	VA	00:45:52	00:08:05	2:01	00:22:11	21.64	00:15:36	7:48	00:00:00	46	M4549	1/8	332
6/95	Robert Bruton	M	5/50	Lovettsville	VA	00:45:55	00:08:44	2:11	00:22:44	21.11	00:14:27	7:14	00:00:00	53	M5054	1/8	353
7/95	Joshua Shepherd	M	6/50	Ashburn	VA	00:46:50	00:06:17	1:34	00:24:37	19.50	00:15:56	7:58	00:00:00	36	M3539	1/8	306
8/95	H2oman	N	1/2	Silver Spring	MD	00:47:42	00:06:33	1:38	00:26:58	17.80	00:14:11	7:06	00:00:00	1	Relay	1/2	315
9/95	Edward Ice	M	7/50	Falls Church	VA	00:48:07	00:06:12	1:33	00:27:11	17.66	00:14:44	7:22	00:00:00	14	M1315	1/4	301
10/95	John Schulze	M	8/50	Potomac	MD	00:48:41	00:08:07	2:02	00:24:45	19.39	00:15:49	7:55	00:00:00	38	M3539	2/8	328
11/95	Charles Zuhoski	M	9/50	Vienna	VA	00:48:42	00:06:58	1:45	00:25:46	18.63	00:15:58	7:59	00:00:00	10	M1012	1/2	309
12/95	Todd Morin	M	10/50	Kanata	ON	00:48:46	00:08:13	2:03	00:26:08	18.37	00:14:25	7:13	00:00:00	54	M5054	2/8	333
13/95	Rebecca Beyer	F	2/43	Arlington	VA	00:48:56	00:07:21	1:50	00:26:54	17.84	00:14:41	7:21	00:00:00	33	F-Over	2/3	312
14/95	Timothy Huddleston	M	11/50	Ashburn	VA	00:48:56	00:08:42	2:11	00:25:54	18.53	00:14:20	7:10	00:00:00	43	M4044	1/8	331
15/95	Matthew Nichols	M	12/50	Vienna	VA	00:50:41	00:07:51	1:58	00:28:56	16.59	00:13:54	6:57	00:00:00	13	M1315	2/4	320
16/95	Thomas Rumley	M	13/50	Baltimore	MD	00:50:50	00:10:08	2:32	00:24:53	19.29	00:15:49	7:55	00:00:00	35	M3539	3/8	378
17/95	Ricky Elliott	M	14/50	Manassas	VA	00:51:03	00:09:05	2:16	00:27:05	17.72	00:14:53	7:27	00:00:00	37	M3539	4/8	391
18/95	Boden Pearson	M	15/50	Gainesville	VA	00:52:02	00:06:09	1:32	00:28:40	16.74	00:17:13	8:37	00:00:00	13	M1315	3/4	300
19/95	Selah Bickel	F	3/43	Wheaton	MD	00:52:04	00:07:35	1:54	00:28:55	16.60	00:15:34	7:47	00:00:00	17	F-Over	3/3	338
20/95	CJ Croft	M	16/50	Fruitland	MD	00:52:08	00:08:18	2:05	00:25:06	19.12	00:18:44	9:22	00:00:00	28	M2529	1/1	323
21/95	Brian Shukan	M	17/50	Vienna	VA	00:52:20	00:06:55	1:44	00:27:44	17.31	00:17:41	8:51	00:00:00	50	M5054	3/8	314
22/95	Shannon Ice	F	4/43	Falls Church	VA	00:52:28	00:07:43	1:56	00:25:22	18.92	00:19:23	9:42	00:00:00	41	F4044	1/7	307
23/95	Dune Ly	M	18/50	Haymarket	VA	00:52:39	00:10:54	2:44	00:26:39	18.01	00:15:06	7:33	00:00:00	45	M4549	2/8	392
24/95	Rana Baz	F	5/43	Clifton	VA	00:52:43	00:09:46	2:27	00:26:27	18.15	00:16:30	8:15	00:00:00	37	F3539	1/5	371
25/95	Charles Rossi	M	19/50	Purcellville	VA	00:53:20	00:10:46	2:42	00:25:55	18.52	00:16:39	8:20	00:00:00	55	M5559	1/2	355
26/95	Scott Bain	M	20/50	Arlington	VA	00:53:23	00:09:05	2:16	00:25:36	18.75	00:18:42	9:21	00:00:00	47	M4549	3/8	308
27/95	Chris Kidd	M	21/50	Alexandria	VA	00:54:53	00:12:33	3:08	00:25:41	18.69	00:16:39	8:20	00:00:00	22	M2024	1/1	398
28/95	Andrew Baillie	M	22/50	NOKESVILLE	VA	00:55:00	00:12:43	3:11	00:25:54	18.53	00:16:23	8:12	00:00:00	54	M5054	4/8	393
29/95	Juan Mosquera	M	23/50	Annapdale	VA	00:55:09	00:10:44	2:41	00:28:45	16.70	00:15:40	7:50	00:00:00	38	M3539	5/8	362
30/95	Lydia Mikhin	F	6/43	Vienna	VA	00:55:27	00:07:40	1:55	00:31:07	15.43	00:16:40	8:20	00:00:00	11	F1012	1/3	319
31/95	Laurie Tickle	F	7/43	Vienna	VA	00:55:48	00:10:02	2:31	00:29:49	16.10	00:15:57	7:59	00:00:00	43	F4044	2/7	382
32/95	Greg Counts	M	24/50	Fairfax	VA	00:56:11	00:08:28	2:07	00:29:39	16.19	00:18:04	9:02	00:00:00	42	M4044	2/8	330
33/95	Elizabeth Vertz	F	8/43	Arlington	VA	00:56:20	00:08:07	2:02	00:30:01	15.99	00:18:12	9:06	00:00:00	29	F2529	1/3	342
34/95	Madeline Ice	F	9/43	Falls Church	VA	00:56:31	00:06:21	1:35	00:30:03	15.97	00:20:07	10:04	00:00:00	16	F1619	1/3	302
35/95	Emanuele Tosi	M	25/50	Vienna	VA	00:56:37	00:08:05	2:01	00:31:02	15.47	00:17:30	8:45	00:00:00	54	M5054	5/8	354
36/95	Kanwar Singh	M	26/50	Charlottesville	VA	00:56:47	00:12:02	3:01	00:26:33	18.08	00:18:12	9:06	00:00:00	45	M4549	4/8	384
37/95	Sang Lee	M	27/50	Fairfax	VA	00:57:06	00:11:13	2:48	00:27:56	17.18	00:17:57	8:59	00:00:00	44	M4044	3/8	427
38/95	Duk Ro	F	10/43	Bristow	VA	00:57:12	00:09:55	2:29	00:29:28	16.29	00:17:49	8:55	00:00:00	59	F5559	1/1	367
39/95	Tylor Brino-Dean	F	11/43	Harrisonburg	VA	00:57:23	00:09:33	2:23	00:26:36	18.05	00:21:14	10:37	00:00:00	13	F1315	1/2	374
40/95	Zachary Allen	M	28/50	Fredericksburg	VA	00:57:23	00:08:48	2:12	00:29:01	16.54	00:19:34	9:47	00:00:00	16	M1619	1/2	431
41/95	Rick Storey	M	29/50	Bealton	VA	00:57:33	00:11:40	2:55	00:28:54	16.61	00:16:59	8:30	00:00:00	48	M4549	5/8	351
42/95	Pamela Chism	F	12/43	Fairfax	VA	00:57:54	00:10:17	2:34	00:30:46	15.60	00:16:51	8:26	00:00:00	44	F4044	3/7	403
43/95	Danny Han	M	30/50	Clifton	VA	00:58:08	00:10:56	2:44	00:26:30	18.11	00:20:42	10:21	00:00:00	41	M4044	4/8	349
44/95	Joe Jeronimo	M	31/50	Fairfax	VA	00:58:23	00:11:09	2:47	00:32:59	14.55	00:14:15	7:08	00:00:00	46	M4549	6/8	410
45/95	Naomi Gunter	F	13/43	Silver Spring	MD	00:58:27	00:11:02	2:46	00:28:44	16.71	00:18:41	9:21	00:00:00	37	F3539	2/5	399
46/95	Susan Budd	F	14/43	Arlington	VA	00:58:39	00:10:03	2:31	00:29:43	16.15	00:18:53	9:27	00:00:00	45	F4549	1/3	369
47/95	Elizabeth Trueman	F	15/43	Oakton	VA	00:58:41	00:08:46	2:12	00:30:05	15.96	00:19:50	9:55	00:00:00	25	F2529	2/3	322
48/95	David Harback	M	32/50	Bristow	VA	00:58:41	00:10:45	2:41	00:28:55	16.60	00:19:01	9:31	00:00:00	44	M4044	5/8	383
49/95	Leah Shukan	F	16/43	Vienna	VA	00:59:05	00:06:52	1:43	00:34:15	14.01	00:17:58	8:59	00:00:00	19	F1619	2/3	310
50/95	Amelia Menefee	F	17/43	Bethesda	MD	00:59:38	00:08:44	2:11	00:31:37	15.18	00:19:17	9:39	00:00:00	11	F1012	2/3	425
51/95	Jaquis Gaskins	F	18/43	Manassas	VA	00:59:51	00:10:27	2:37	00:30:52	15.55	00:18:32	9:16	00:00:00	44	F4044	4/7	370
52/95	Carol Downing	F	19/43	Monkton	MD	00:59:53	00:10:39	2:40	00:30:49	15.58	00:18:25	9:13	00:00:00	63	F6064	1/2	336
53/95	Connor Chism	M	33/50	Fairfax	VA	00:59:53	00:09:17	2:19	00:35:42	13.45	00:14:54	7:27	00:00:00	15	M1315	4/4	411
54/95	Thomas Eppolito	M	34/50	Alexandria	VA	00:59:54	00:11:04	2:46	00:27:05	17.72	00:21:45	10:53	00:00:00	35	M3539	6/8	345
55/95	Joni Clifford	F	20/43	Leesburg	Va	00:59:54	00:10:30	2:38	00:27:23	17.53	00:22:01	11:01	00:00:00	48	F4549	2/3	385
56/95	Bill Stahr	M	35/50	The Plains	Va	01:00:24	00:11:29	2:52	00:31:09	15.41	00:17:46	8:53	00:00:00	58	M5559	2/2	394

57/95	Russell Frederickson	M	36/50	Sterling	VA	01:00:39	00:10:53	2:43	00:31:01	15.48	00:18:45	9:23	00:00:00	49	M4549	7/8	422
58/95	Megan Ice	F	21/43	Falls Church	VA	01:00:51	00:07:22	1:51	00:31:50	15.08	00:21:39	10:50	00:00:00	12	F1012	3/3	303
59/95	Paula Swanson	F	22/43	Alexandria	VA	01:01:16	00:09:50	2:28	00:31:42	15.14	00:19:44	9:52	00:00:00	51	F5054	1/6	352
60/95	Robert Thomson	M	37/50	Alexandria	VA	01:01:17	00:12:37	3:09	00:28:05	17.09	00:20:35	10:18	00:00:00	63	M6064	1/2	407
61/95	Caroline Hudson-Hale	F	23/43	Arlington	VA	01:01:37	00:08:37	2:09	00:31:07	15.43	00:21:53	10:57	00:00:00	24	F2024	1/1	321
62/95	Erica Lee	F	24/43	Vienna	VA	01:01:38	00:10:53	2:43	00:31:16	15.35	00:19:29	9:45	00:00:00	37	F3539	3/5	379
63/95	Kenneth Fortes	M	38/50	North Haven	CT	01:01:54	00:11:04	2:46	00:29:25	16.32	00:21:25	10:43	00:00:00	54	M5054	6/8	406
64/95	Mark Biesiada	M	39/50	Washington	DC	01:02:30	00:12:08	3:02	00:29:10	16.46	00:21:12	10:36	00:00:00	41	M4044	6/8	420
65/95	William Creighton	M	40/50	Oak Hill	Va	01:02:45	00:14:29	3:37	00:27:42	17.33	00:20:34	10:17	00:00:00	54	M5054	7/8	416
66/95	Miriam Friedman	F	25/43	Wheaton	MD	01:03:25	00:10:13	2:33	00:33:26	14.36	00:19:46	9:53	00:00:00	54	F5054	2/6	366
67/95	Eric Kern	M	41/50	Alexandria	VA	01:03:26	00:09:53	2:28	00:29:03	16.52	00:24:30	12:15	00:00:00	53	M5054	8/8	386
68/95	Tarek Elalaily	M	42/50	McLean	Va	01:03:27	00:10:01	2:30	00:32:08	14.94	00:21:18	10:39	00:00:00	41	M4044	7/8	414
69/95	Tyrone Osilesi	M	43/50	Potomac	Md	01:05:58	00:12:15	3:04	00:33:59	14.12	00:19:44	9:52	00:00:00	37	M3539	7/8	417
70/95	Meghan Bernier	F	26/43	Baltimore	MD	01:06:06	00:11:30	2:53	00:29:02	16.53	00:25:34	12:47	00:00:00	34	F3034	1/3	360
71/95	Brian Borakove	M	44/50	Leesburg	Va	01:06:24	00:12:58	3:15	00:31:46	15.11	00:21:40	10:50	00:00:00	44	M4044	8/8	363
72/95	Jennifer McCarry	F	27/43	Vienna	VA	01:06:36	00:09:25	2:21	00:33:25	14.36	00:23:46	11:53	00:00:00	39	F3539	4/5	347
73/95	Erin Bender	F	28/43	Manassas	VA	01:06:43	00:10:00	2:30	00:32:00	15.00	00:24:43	12:22	00:00:00	35	F3539	5/5	413
74/95	Hope Scherer	F	29/43	Alexandria	VA	01:06:53	00:12:50	3:13	00:31:22	15.30	00:22:41	11:21	00:00:00	51	F5054	3/6	415
75/95	Tracey Haley	F	30/43	Kanata	ON	01:07:16	00:11:54	2:59	00:30:49	15.58	00:24:33	12:17	00:00:00	54	F5054	4/6	387
76/95	Charlie Parsons	M	45/50	LEESBURG	VA	01:07:49	00:14:23	3:36	00:35:39	13.46	00:17:47	8:54	00:00:00	49	M4549	8/8	364
77/95	Darlene Coons	F	31/43	Merrifield	VA	01:08:21	00:10:36	2:39	00:33:48	14.20	00:23:57	11:59	00:00:00	50	F5054	5/6	365
78/95	Michele Burgman	F	32/43	South Riding	VA	01:08:22	00:13:35	3:24	00:37:18	12.87	00:17:29	8:45	00:00:00	41	F4044	5/7	381
79/95	Rebecca Tait-Sleeter	F	33/43	Alexandria	VA	01:09:06	00:11:43	2:56	00:37:47	12.70	00:19:36	9:48	00:00:00	40	F4044	6/7	402
80/95	Allison Green	F	34/43	Oak Hill	Va	01:10:52	00:10:31	2:38	00:38:51	12.36	00:21:30	10:45	00:00:00	17	F1619	3/3	395
81/95	Team Domino	N	2/2	Falls Church	VA	01:10:55	00:10:59	2:45	00:36:42	13.08	00:23:14	11:37	00:00:00	1	Relay	2/2	401
82/95	Patrick Lee	M	46/50	Stafford	VA	01:14:00	00:16:17	4:04	00:37:13	12.90	00:20:30	10:15	00:00:00	11	M1012	2/2	432
83/95	Nicole Glass	F	35/43	Sterling	VA	01:14:08	00:12:02	3:01	00:42:43	11.24	00:19:23	9:42	00:00:00	32	F3034	2/3	426
84/95	John Lee	M	47/50	Fairfax	VA	01:14:11	00:09:08	2:17	00:42:16	11.36	00:22:47	11:23	00:00:00	16	M1619	2/2	337
85/95	Lainie Moreland	F	36/43	Stafford	VA	01:14:20	00:16:09	4:02	00:36:42	13.08	00:21:29	10:45	00:00:00	15	F1315	2/2	433
86/95	Robert Magsipoc	M	48/50	Reston	VA	01:14:43	00:16:26	4:07	00:33:02	14.53	00:25:15	12:38	00:00:00	36	M3539	8/8	409
87/95	Amy Storey	F	37/43	Warrenton	VA	01:15:43	00:11:58	3:00	00:37:24	12.83	00:26:21	13:11	00:00:00	47	F4549	3/3	404
88/95	Helen Glass	F	38/43	Reston	VA	01:15:59	00:09:06	2:17	00:43:59	10.91	00:22:54	11:27	00:00:00	28	F2529	3/3	340
89/95	Nancy Woodward	F	39/43	Herndon	VA	01:16:08	00:14:37	3:39	00:36:18	13.22	00:25:13	12:37	00:00:00	64	F6064	2/2	408
90/95	Katie Treen	F	40/43	Arlington	VA	01:19:02	00:10:22	2:36	00:40:08	11.96	00:28:32	14:16	00:00:00	30	F3034	3/3	390
91/95	Joy Brathwaite	F	41/43	Alexandria	VA	01:24:15	00:14:49	3:42	00:41:30	11.57	00:27:56	13:58	00:00:00	40	F4044	7/7	418
92/95	Ellen Green	F	42/43	Oak Hill	Va	01:28:00	00:13:35	3:24	00:40:15	11.93	00:34:10	17:05	00:00:00	51	F5054	6/6	405
93/95	William Theobald	M	49/50	Washington	DC	01:30:02	00:17:26	4:22	00:37:42	12.73	00:34:54	17:27	00:00:00	61	M6064	2/2	412
94/95	Evelyn Valdez	F	43/43	Alexandria	VA	01:31:45	00:22:31	5:38	00:33:11	14.47	00:36:03	18:02	00:00:00	36	W-Para	1/1	419
95/95	Nader Marzban	M	50/50	Lorton	VA	01:44:01	00:22:23	5:36	00:46:45	10.27	00:34:53	17:27	00:00:00	74	M70+	1/1	423
	Derrick Ha	M		Rockville	MD	DNF	00:08:52	2:13	00:15:57	15.04	00:19:34	9:47	00:00:00	48			350