

Finishers by Category - Heat 1

Rundate: 03/25/2012 11:42:47 2012 Dahlgren Lions Roaring 5k03/25/2012

Cat	Pl	Place	Name	City	ST	Time	Time min/mile	Ag
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Women's Overall								
	15	1/3	Tracy Williams Davis	King George	VA	0:25:30	8:12	31
	17	2/3	Candi Shegogue	Fredericksburg	VA	0:27:20	8:48	32
	21	3/3	Courtney C. Lipski	Fredericksburg	VA	0:29:13	9:24	28
Women's 19 and under								
	23	1/1	Isabella Irace	King George	VA	0:30:34	9:50	9
Women's 20-29								
	27	1/2	Bethany Aanerud	King George	VA	0:32:11	10:22	26
	31	2/2	Laura McKinnon	King George	VA	0:33:52	10:54	23
Women's 30-39								
	24	1/3	Beth Motzer	King George	VA	0:30:38	9:52	39
	26	2/3	Amie Nester	King George	VA	0:31:20	10:05	36
	28	3/3	Carey Kelly	Chester	VA	0:32:30	10:28	34
Women's 40-49								
	22	1/3	Kathy Loudin	Fredericksburg	VA	0:29:47	9:35	46
	30	2/3	Mary Wilfong	Spotsylvania	VA	0:33:45	10:52	42
	32	3/3	Paige Watkins	King George	VA	0:33:52	10:54	48
Women's 50-59								
	40	1/3	Gale Marshall	Colonial Beach	VA	0:56:30	18:11	55
	41	2/3	Rebecca Henderson	Faulkner	MD	0:56:32	18:12	51
	42	3/3	Beverly Payne	Spotsylvania	VA	0:56:32	18:12	58
Women's 60+								
	39	1/1	Linda Baran	King George	VA	0:48:11	15:31	63
Men's Overall								
	1	1/3	Terry McLaughlin	Spotsylvania	VA	0:18:19	5:54	51
	2	2/3	Wesley Rogers	King George	VA	0:19:29	6:16	28
	3	3/3	Richard Stevenson	King George	VA	0:20:06	6:28	45
Men's 19 and under								
	19	1/1	Billy Stevenson	King George	VA	0:28:23	9:08	13
Men's 20-29								
	4	1/3	Steve Dorton	King George	VA	0:21:16	6:51	24
	6	2/3	Patrick Mead	King George	VA	0:21:43	6:59	26
	16	3/3	PJ Robinson Jr	King George	VA	0:26:19	8:28	26
Men's 30-39								
	11	1/3	Alex Fisher	King George	VA	0:23:35	7:35	38
	33	2/3	Benjamin Shegogue	Fredericksburg	VA	0:34:18	11:02	32
	35	3/3	Brian Wilfong	Spotsylvania	VA	0:34:32	11:07	39
Men's 40-49								
	7	1/8	Don McKenney	Colonial Beach	VA	0:21:54	7:03	43
	8	2/8	BILLY WAYNE RASNAKE JR.	King George	VA	0:21:58	7:04	49
	9	3/8	Justyn Cox	King George	VA	0:22:11	7:08	47
	10	4/8	Jonathan Dachos	King George	VA	0:22:42	7:18	47
	13	5/8	Scott Bakken	King George	VA	0:25:21	8:10	41
	20	6/8	William Stevenson	King George	VA	0:28:54	9:18	47
	25	7/8	Frank Christy	King George	VA	0:30:44	9:54	41
	36	8/8	Brad Nester	King George	VA	0:34:48	11:12	46

Men's 50-59

5	1/2	Mike Brooks	Fredericksburg	VA	0:21:38	6:58	55
12	2/2	Mike Rogers	King George	VA	0:25:06	8:05	54

Men's 60 and over

14	1/6	Patrick Del Vecchio	Locust Grove	VA	0:25:29	8:12	62
18	2/6	Ed Sharp	Fredericksburg	VA	0:27:23	8:49	72
29	3/6	Clark Sizemore	Winston Salem	NC	0:33:42	10:51	60
34	4/6	William Shegogue	King George	VA	0:34:18	11:02	63
37	5/6	Robert Richardson	King George	VA	0:38:46	12:29	70
38	6/6	Joe Primerano	King George	VA	0:42:04	13:32	69