

Finishers by Category - Heat 1

Rundate: 05/29/2010 11:33:17 2010 Fair Oaks Ambulance 5 km 05/29/2010

| Cat | Plc | Place | Name | City | ST | Time | Time min/mile | Ag |
|--------------------|-----|-------|----------------------|---------------|----|----------|------------------|----|
| Women Overall | | | | | | | | |
| | 5 | 1/3 | Martha Merz | | | 00:19:31 | 6:17 | 47 |
| | 18 | 2/3 | Alison Brecher | Mont Village | MD | 00:21:30 | 6:55 | 30 |
| | 20 | 3/3 | Amanda Gould | Gainesville | VA | 00:21:36 | 6:57 | 27 |
| Women 18 and under | | | | | | | | |
| | 34 | 1/10 | Hannah Chrisman | Haymarket | VA | 00:23:30 | 7:34 | 11 |
| | 46 | 2/10 | Elizabeth Moens | Oakton | VA | 00:25:10 | 8:06 | 14 |
| | 84 | 3/10 | Briandie Porter | | | 00:28:48 | 9:16 | 18 |
| | 102 | 4/10 | Abegail Richardson | Springfield | VA | 00:30:06 | 9:41 | 10 |
| | 105 | 5/10 | Rachel Eldering | Oak Hill | Va | 00:30:19 | 9:45 | 11 |
| | 122 | 6/10 | Bailey Turnicky | Sterling | VA | 00:33:18 | 10:43 | 12 |
| | 132 | 7/10 | Melissa Perpall | Vienna | VA | 00:34:12 | 11:00 | 13 |
| | 143 | 8/10 | Alexa Rooney | Alexandria | VA | 00:36:03 | 11:36 | 10 |
| | 159 | 9/10 | Lauren Dawson | Alexandria | VA | 00:41:52 | 13:29 | 14 |
| | 164 | 10/10 | Kaitlyn Prisciandaro | | | 00:43:01 | 13:51 | 13 |
| Women 19-29 | | | | | | | | |
| | 27 | 1/18 | Melissa Wisner | Washington | DC | 00:22:30 | 7:15 | 27 |
| | 35 | 2/18 | Jackie Kuntz | Wooster | OH | 00:23:53 | 7:41 | 29 |
| | 40 | 3/18 | Michele Hopke | Alexandria | VA | 00:24:23 | 7:51 | 20 |
| | 66 | 4/18 | Tori Avitto | LEESBURG | VA | 00:26:51 | 8:39 | 24 |
| | 76 | 5/18 | Rebecca Tulkoff | Fairfax | VA | 00:28:01 | 9:01 | 27 |
| | 98 | 6/18 | Michelle Lagola | Fairfax | VA | 00:29:52 | 9:37 | 25 |
| | 108 | 7/18 | Ashley Jenkins | Centreville | VA | 00:30:28 | 9:48 | 28 |
| | 115 | 8/18 | Morgan Perpall | Vienna | VA | 00:31:50 | 10:15 | 19 |
| | 116 | 9/18 | Bailey Gatens | | | 00:32:10 | 10:21 | 27 |
| | 118 | 10/18 | Sara McCoy | Fairfax | VA | 00:32:23 | 10:25 | 27 |
| | 121 | 11/18 | Casey Sullivan | Arlington | VA | 00:32:52 | 10:35 | 27 |
| | 125 | 12/18 | Wynne Tysdal | | | 00:33:22 | 10:44 | 29 |
| | 134 | 13/18 | Kristen Hubacheck | Springfield | VA | 00:34:58 | 11:15 | 29 |
| | 142 | 14/18 | Monika Gupta | Oak Hill | Va | 00:36:01 | 11:36 | 26 |
| | 147 | 15/18 | Angela Henderson | Oak Hill | Va | 00:36:26 | 11:44 | 23 |
| | 149 | 16/18 | Charlotte Perpall | | | 00:36:45 | 11:50 | 22 |
| | 156 | 17/18 | Heather Hickman | Leesburg | Va | 00:39:59 | 12:52 | 24 |
| | 157 | 18/18 | Angel Parker | Stephens City | VA | 00:40:04 | 12:54 | 29 |
| Women 30-39 | | | | | | | | |
| | 24 | 1/16 | Corky Sturtevant | Springfield | VA | 00:21:50 | 7:02 | 39 |
| | 56 | 2/16 | Julie Crespi | Oak Hill | Va | 00:26:02 | 8:23 | 36 |
| | 67 | 3/16 | Dawn Michel | Reston | VA | 00:27:13 | 8:46 | 39 |
| | 69 | 4/16 | Jamie Sears | LEESBURG | VA | 00:27:17 | 8:47 | 30 |
| | 81 | 5/16 | Theresa Kauffman | Burke | VA | 00:28:19 | 9:07 | 38 |
| | 83 | 6/16 | Claudia Van Nostrand | Fairfax | VA | 00:28:42 | 9:14 | 36 |
| | 97 | 7/16 | Athena Sootirchos | | | 00:29:48 | 9:36 | 36 |
| | 100 | 8/16 | Sue Richardson | Springfield | VA | 00:30:05 | 9:41 | 37 |
| | 111 | 9/16 | Kristin Mahieu | Fairfax | VA | 00:31:09 | 10:02 | 39 |
| | 112 | 10/16 | Michelle Mallek | Oakton | VA | 00:31:32 | 10:09 | 38 |
| | 120 | 11/16 | Kitty Kruse | | | 00:32:44 | 10:32 | 38 |
| | 160 | 12/16 | Cindy Underwood | Fairfax | VA | 00:41:52 | 13:29 | 32 |
| | 161 | 13/16 | Allison Foley | Fairfax | VA | 00:42:18 | 13:37 | 33 |
| | 165 | 14/16 | Melisa Carter | Fairfax | VA | 00:43:12 | 13:54 | 33 |
| | 168 | 15/16 | Nicole White | Fairfax | VA | 00:43:31 | 14:00 | 30 |
| | 169 | 16/16 | Supriya Baily | Fairfax | VA | 00:43:31 | 14:00 | 37 |
| Women 40-49 | | | | | | | | |
| | 44 | 1/16 | Marce Willard | Ashburn | VA | 00:24:35 | 7:55 | 45 |
| | 48 | 2/16 | Cynthia Revesman | Oak Hill | Va | 00:25:16 | 8:08 | 49 |
| | 86 | 3/16 | Kelly Wormeli | Oak Hill | Va | 00:29:05 | 9:22 | 47 |
| | 87 | 4/16 | Michelle Sackenheim | Fairfax | VA | 00:29:05 | 9:22 | 46 |

| | | | | | | | |
|-----|-------|---------------------|-------------|----|----------|-------|----|
| 91 | 5/16 | Nancy Sharp | Fairfax | VA | 00:29:25 | 9:28 | 42 |
| 106 | 6/16 | Marie Eldering | Oak Hill | Va | 00:30:19 | 9:45 | 45 |
| 113 | 7/16 | Michelle Wentzel | Centreville | VA | 00:31:45 | 10:13 | 48 |
| 117 | 8/16 | Laura Whittle | | | 00:32:15 | 10:23 | 41 |
| 123 | 9/16 | Annette Owens | Sterling | VA | 00:33:18 | 10:43 | 45 |
| 127 | 10/16 | Anne Pastorkovich | Fairfax | VA | 00:33:39 | 10:50 | 45 |
| 141 | 11/16 | Patricia Powers | Centreville | VA | 00:35:49 | 11:32 | 40 |
| 150 | 12/16 | Lisa Pisani | Herndon | VA | 00:36:47 | 11:50 | 42 |
| 152 | 13/16 | Laurie Prisciandaro | | | 00:37:24 | 12:02 | 46 |
| 153 | 14/16 | Hattie Bouyer | Alexandria | VA | 00:37:46 | 12:09 | 47 |
| 162 | 15/16 | Juliane Kanozsay | Haymarket | VA | 00:42:44 | 13:45 | 45 |
| 166 | 16/16 | Celie Powers | Fairfax | VA | 00:43:13 | 13:55 | 40 |

Women 50-59

| | | | | | | | |
|-----|-----|--------------------|-------------|----|----------|-------|----|
| 53 | 1/8 | Merrilee Seidman | Alexandria | VA | 00:25:52 | 8:20 | 55 |
| 55 | 2/8 | Monica Williams | | | 00:25:58 | 8:21 | 52 |
| 64 | 3/8 | Mary Alice Curtiss | Clifton | VA | 00:26:46 | 8:37 | 54 |
| 126 | 4/8 | Joyce Aramburu | Fairfax | VA | 00:33:23 | 10:45 | 52 |
| 128 | 5/8 | Roberta Howe | | | 00:33:48 | 10:53 | 57 |
| 131 | 6/8 | Ann Rodriguez | Springfield | VA | 00:34:06 | 10:59 | 58 |
| 137 | 7/8 | Kim Monroe | | | 00:35:19 | 11:22 | 51 |
| 154 | 8/8 | Gigi Louden | | | 00:38:38 | 12:26 | 58 |

Women 60 and over

| | | | | | | | |
|-----|-----|-----------------|--------------|----|----------|-------|----|
| 124 | 1/2 | Christina Lyons | | | 00:33:22 | 10:44 | 63 |
| 158 | 2/2 | Teresa Revanna | Falls Church | VA | 00:41:19 | 13:18 | 64 |

Mens Overall

| | | | | | | | |
|---|-----|-----------------|--------------|----|----------|------|----|
| 1 | 1/3 | Hugh Toland | Fairfax | VA | 00:17:18 | 5:34 | 29 |
| 2 | 2/3 | Craig Shearer | Mont Village | MD | 00:17:40 | 5:41 | 29 |
| 3 | 3/3 | Scott Van Zandt | | | 00:18:16 | 5:53 | 17 |

Men 18 and under

| | | | | | | | |
|-----|-----|-----------------------|-------------|----|----------|-------|----|
| 16 | 1/7 | Christopher Aramburu | Fairfax | VA | 00:21:18 | 6:51 | 18 |
| 107 | 2/7 | Alex Powers | Centreville | VA | 00:30:27 | 9:48 | 9 |
| 130 | 3/7 | Spencer Chrisman | | | 00:34:05 | 10:58 | 13 |
| 138 | 4/7 | Kevin Powers | Centreville | VA | 00:35:34 | 11:27 | 10 |
| 139 | 5/7 | Mrinaal Lorengo | Fairfax | VA | 00:35:34 | 11:27 | 8 |
| 145 | 6/7 | Matthew Fanucci | Centreville | VA | 00:36:11 | 11:39 | 9 |
| 163 | 7/7 | Jonathan Prisciandaro | | | 00:43:00 | 13:50 | 9 |

Men 19-29

| | | | | | | | |
|-----|-------|-------------------|-------------|----|----------|-------|----|
| 19 | 1/14 | David Oguns | Oak Hill | Va | 00:21:31 | 6:56 | 24 |
| 21 | 2/14 | Ibrahim Pashali | | | 00:21:40 | 6:58 | 19 |
| 22 | 3/14 | Michael Sundquist | | | 00:21:44 | 7:00 | 28 |
| 37 | 4/14 | Bob Hammell | Lebanon | NJ | 00:24:17 | 7:49 | 23 |
| 38 | 5/14 | Rich Capak | Centreville | VA | 00:24:20 | 7:50 | 29 |
| 43 | 6/14 | Hoang Nguyen | Fairfax | VA | 00:24:34 | 7:54 | 28 |
| 60 | 7/14 | Russell Hadfield | | | 00:26:35 | 8:33 | 21 |
| 71 | 8/14 | Skyler Peacock | LEESBURG | VA | 00:27:31 | 8:51 | 26 |
| 72 | 9/14 | Nick Meads | Arlington | VA | 00:27:40 | 8:54 | 28 |
| 73 | 10/14 | Frank Puleo | | | 00:27:41 | 8:55 | 26 |
| 96 | 11/14 | Michael Wood | Fairfax | VA | 00:29:46 | 9:35 | 28 |
| 129 | 12/14 | Mark Rosenberg | Arlington | VA | 00:33:58 | 10:56 | 27 |
| 140 | 13/14 | Niroop Gonchikar | Fairfax | VA | 00:35:35 | 11:27 | 29 |
| 148 | 14/14 | Peter Noori | Fairfax | VA | 00:36:42 | 11:49 | 28 |

Men 30-39

| | | | | | | | |
|----|-------|------------------|--------------|----|----------|------|----|
| 6 | 1/18 | Adam Lesser | Fairfax | VA | 00:19:31 | 6:17 | 30 |
| 8 | 2/18 | Eugene Huang | Alexandria | VA | 00:20:05 | 6:28 | 34 |
| 13 | 3/18 | Rich Moha | Alexandria | VA | 00:21:00 | 6:46 | 36 |
| 14 | 4/18 | Charles Rink | | | 00:21:13 | 6:50 | 30 |
| 15 | 5/18 | Jeffrey Phelps | Fairfax | VA | 00:21:15 | 6:50 | 35 |
| 23 | 6/18 | Silver Bernetich | Falls Church | VA | 00:21:44 | 7:00 | 30 |
| 26 | 7/18 | Harold Tracy | Manassas | VA | 00:22:28 | 7:14 | 32 |
| 32 | 8/18 | Vic Calder | Fairfax | VA | 00:23:19 | 7:30 | 32 |
| 36 | 9/18 | Ken O'Donnell | Fairfax | VA | 00:24:06 | 7:45 | 37 |
| 45 | 10/18 | Andy Sackenheim | Fairfax | VA | 00:25:07 | 8:05 | 36 |

| | | | | | | | |
|-----------------|-------|---------------------|--------------|----|----------|-------|----|
| 51 | 11/18 | Michael Porter | | | 00:25:45 | 8:17 | 39 |
| 57 | 12/18 | Christina Tanglin | | | 00:26:02 | 8:23 | 39 |
| 77 | 13/18 | Tom Van Nostrand | Fairfax | VA | 00:28:05 | 9:02 | 33 |
| 78 | 14/18 | Rob Bluey | ALEXANDRIA | VA | 00:28:13 | 9:05 | 30 |
| 80 | 15/18 | Dan Aloma | Springfield | VA | 00:28:15 | 9:06 | 31 |
| 88 | 16/18 | Christopher Mitcham | Oakton | VA | 00:29:14 | 9:25 | 37 |
| 146 | 17/18 | Chad Sosolik | Clemson | SC | 00:36:12 | 11:39 | 37 |
| 167 | 18/18 | Anthony Dean | Lorton | VA | 00:43:25 | 13:58 | 36 |
| Men 40-49 | | | | | | | |
| 4 | 1/26 | Matt Anderson | Fairfax | VA | 00:18:39 | 6:00 | 44 |
| 7 | 2/26 | Stephen G. Wills | Washington | DC | 00:19:34 | 6:18 | 48 |
| 10 | 3/26 | Marc Arendt | | | 00:20:10 | 6:29 | 44 |
| 25 | 4/26 | Charles DeLeon | Chantilly | VA | 00:22:13 | 7:09 | 45 |
| 29 | 5/26 | Andrew Quong | Philadelphia | PA | 00:22:34 | 7:16 | 47 |
| 30 | 6/26 | Michael Coyle | Centreville | VA | 00:22:40 | 7:18 | 46 |
| 31 | 7/26 | Daniel Sanborn | Fairfax | VA | 00:22:44 | 7:19 | 46 |
| 33 | 8/26 | Jeff Wright | Reston | VA | 00:23:23 | 7:32 | 46 |
| 47 | 9/26 | Bernard Moens | Oakton | VA | 00:25:11 | 8:06 | 42 |
| 50 | 10/26 | Robert Lease | Fairfax | VA | 00:25:37 | 8:15 | 41 |
| 52 | 11/26 | Tim Donovan | Burke | VA | 00:25:52 | 8:20 | 40 |
| 54 | 12/26 | Kent Krul | Fairfax | VA | 00:25:57 | 8:21 | 46 |
| 58 | 13/26 | Phil Kauffman | Burke | VA | 00:26:30 | 8:32 | 46 |
| 59 | 14/26 | Rick Givens | | | 00:26:34 | 8:33 | 47 |
| 62 | 15/26 | Patrick Quigley | Falls Church | VA | 00:26:44 | 8:36 | 44 |
| 68 | 16/26 | Adam Schwartz | | | 00:27:15 | 8:46 | 49 |
| 70 | 17/26 | Kenny Hunt | LEESBURG | VA | 00:27:17 | 8:47 | 41 |
| 74 | 18/26 | Derek Sturtevant | Springfield | VA | 00:27:41 | 8:55 | 46 |
| 79 | 19/26 | Roberta Cadman | | | 00:28:15 | 9:06 | 46 |
| 85 | 20/26 | Gerard Eldering | Oak Hill | Va | 00:29:03 | 9:21 | 47 |
| 92 | 21/26 | John Sharp | Fairfax | VA | 00:29:25 | 9:28 | 42 |
| 95 | 22/26 | Steve Pastorkovich | Fairfax | VA | 00:29:36 | 9:32 | 44 |
| 133 | 23/26 | Tim Marney | Fairfax | VA | 00:34:55 | 11:14 | 48 |
| 136 | 24/26 | Terry Monroe | | | 00:35:15 | 11:21 | 49 |
| 144 | 25/26 | James Rooney | Alexandria | VA | 00:36:03 | 11:36 | 46 |
| 155 | 26/26 | Bob Chrisman | Haymarket | VA | 00:39:18 | 12:39 | 47 |
| Men 50-59 | | | | | | | |
| 9 | 1/16 | Paul Bousel | Alexandria | VA | 00:20:07 | 6:28 | 57 |
| 12 | 2/16 | Mike Cannon | Springfield | VA | 00:20:38 | 6:38 | 52 |
| 17 | 3/16 | Peter Cini | Fairfax | VA | 00:21:25 | 6:54 | 51 |
| 39 | 4/16 | Frank Hopke | Alexandria | VA | 00:24:23 | 7:51 | 52 |
| 41 | 5/16 | Michael Bigman | | | 00:24:28 | 7:53 | 51 |
| 42 | 6/16 | George Reiter | | | 00:24:31 | 7:53 | 50 |
| 65 | 7/16 | James Abbott | Oakton | VA | 00:26:46 | 8:37 | 52 |
| 75 | 8/16 | Johan VanZyl | | | 00:27:51 | 8:58 | 57 |
| 82 | 9/16 | John Cooney | Medfield | MA | 00:28:19 | 9:07 | 54 |
| 89 | 10/16 | Steve Sandoval | | | 00:29:20 | 9:26 | 54 |
| 90 | 11/16 | Byron Howe | | | 00:29:23 | 9:27 | 55 |
| 99 | 12/16 | Bob Gatens | | | 00:29:57 | 9:38 | 55 |
| 103 | 13/16 | Kevin Foley | Fairfax | VA | 00:30:06 | 9:41 | 50 |
| 109 | 14/16 | David Coppenheimer | | | 00:30:53 | 9:56 | 51 |
| 114 | 15/16 | Bruce Chandler | Burke | VA | 00:31:46 | 10:13 | 59 |
| 135 | 16/16 | Jim Edwards | Clifton | VA | 00:35:10 | 11:19 | 51 |
| Men 60 and over | | | | | | | |
| 11 | 1/12 | Jim Noone | Fairfax | VA | 00:20:21 | 6:33 | 65 |
| 28 | 2/12 | Krupakar Revanna | Falls Church | VA | 00:22:31 | 7:15 | 66 |
| 49 | 3/12 | John Gluck | Alexandria | VA | 00:25:36 | 8:14 | 72 |
| 61 | 4/12 | Frank Kuntz | Wooster | OH | 00:26:37 | 8:34 | 62 |
| 63 | 5/12 | Bob Bluey | Yorkville | NY | 00:26:45 | 8:37 | 60 |
| 93 | 6/12 | Joseph Harris | Fairfax | VA | 00:29:26 | 9:28 | 60 |
| 94 | 7/12 | Jim Verdier | | | 00:29:29 | 9:29 | 68 |
| 101 | 8/12 | Charles Turner | Springfield | VA | 00:30:05 | 9:41 | 69 |
| 104 | 9/12 | Leo Wyne | | | 00:30:10 | 9:43 | 73 |
| 110 | 10/12 | Robert Mrak | Springfield | VA | 00:31:07 | 10:01 | 65 |

119 11/12 Rich Hall
151 12/12 Ben Cabral

Fairfax
Fairfax

VA 00:32:42 10:32 63
VA 00:37:09 11:57 62