

Finishers by Category - Heat 1

Rundate: 09/28/2013 13:02:00 2013 Howlin' Coyote 10km Trail09/28/2013

Cat	Pl	Place	Name	City	ST	Time	min/mile	Ag	Bib #
Women's Overall									
	7	1/3	Holly Askins	Fredericksburg	VA	0:52:22	8:26	33	802
	8	2/3	Alice Pallotti	King George	VA	0:53:09	8:33	36	851
	11	3/3	Amy Branscome	Fredericksburg	VA	0:54:05	8:42	33	806
Women's 19 & under									
	30	1/2	Gabby Luviano	Triangle	VA	1:06:04	10:38	18	822
	38	2/2	Andrea Gamache	King George	VA	1:16:49	12:22	16	864
Women's 20-29									
	23	1/2	Shannon Hauser	Fredericksburg	VA	1:01:12	9:51	25	816
	33	2/2	Sabrina Alvarez	King George	VA	1:07:13	10:49	28	801
Women's 30-39									
	16	1/5	Melissa Bragan	Fredericksburg	VA	0:57:56	9:19	30	805
	19	2/5	Liz Scharen	King George	VA	0:58:48	9:28	36	828
	27	3/5	Kanako Gresham	Dahlgren	VA	1:04:38	10:24	37	814
	34	4/5	Elizabeth Austin	Fredericksburg	VA	1:09:10	11:08	30	804
	36	5/5	Sonia Moss	Stafford	VA	1:11:37	11:32	39	824
Women's 40-49									
	13	1/4	Donna German	King George	VA	0:54:52	8:50	40	813
	18	2/4	Mary Flower LeMaster	Fredericksburg	VA	0:58:21	9:23	46	812
	35	3/4	Ninfen Rattanaxay	Dahlgren	VA	1:09:47	11:14	40	825
	37	4/4	Missey Lee	Colonial Beach	VA	1:14:14	11:57	40	820
Women's 50-59									
	17	1/4	Lynne Clemo	Fredericksburg	VA	0:58:02	9:20	54	860
	21	2/4	Andrea Carroll	Stafford	VA	0:59:00	9:30	50	807
	39	3/4	Brenda Fletcher	Spotsylvania	VA	1:19:37	12:49	50	811
	40	4/4	Casey Ateah	Fredericksburg	VA	1:20:37	12:58	50	803
Men's Overall									
	1	1/3	Justin Riddle	King George	VA	0:44:41	7:11	38	861
	2	2/3	Kyle Knepshield	King George	VA	0:47:25	7:38	15	859
	3	3/3	Avery LaBelle	Fredericksburg	VA	0:48:08	7:45	26	818
Men's 20-29									
	24	1/1	PJ Robinson	King George	VA	1:02:03	9:59	27	826
Men's 30-39									
	5	1/5	Thomas Kapp	Stafford	VA	0:51:44	8:20	38	817
	6	2/5	Timothy Casey	Stafford	VA	0:51:58	8:22	33	858
	14	3/5	Chip Ellis	Fredericksburg	VA	0:57:31	9:15	32	809
	15	4/5	Stephen Lee	Colonial Beach	VA	0:57:38	9:17	39	821
	28	5/5	Carlos Arbaiza	Fredericksburg	VA	1:04:45	10:25	39	866
Men's 40-49									
	9	1/3	Shawn Pallotti	King George	VA	0:53:17	8:35	40	852
	12	2/3	Steve Rowles	King George	VA	0:54:30	8:46	45	827
	22	3/3	Jerry Slezak	Fredericksburg	VA	1:01:12	9:51	49	830
Men's 50-59									
	10	1/5	Randall Lasater	Fredericksburg	VA	0:53:35	8:37	57	819
	20	2/5	Tim Moles	Stafford	VA	0:58:54	9:29	54	823
	25	3/5	Kevin Shoup	Fredericksburg	VA	1:02:34	10:04	59	829
	26	4/5	Ed Torrey	Fredericksburg	VA	1:03:20	10:12	52	863
	32	5/5	Howard Thomas	King George	VA	1:06:56	10:46	51	832
Men's 60 and over									
	4	1/4	Allen Vaughan	Stafford	VA	0:49:44	8:00	62	833
	29	2/4	David Yeager	Stafford	VA	1:04:51	10:26	61	862
	31	3/4	Stephen Fisher	Fredericksburg	VA	1:06:30	10:42	65	810

41 4/4 Larry Thompson

Stafford

VA 1:22:07

13:13 65 856