

Finishers by Category - Heat 1

Rundate: 02/22/2020 14:58:43 2020 Dahlgren Trail 1/2 Mara 02/22/2020

| Cat | Plc | Place | Name | City | ST | StartInt | ChipTime | Gun Time | ChipTime | ChipTime min/mile | Ag | Grand Prix | Bib # |
|--------------------|-----|-------|-----------------------|----------------|----|----------|----------|----------|----------|----------------------|----|---------------|-------|
| Women's Open | | | | | | | | | | | | | |
| | 14 | 1/5 | Tracy Dzibela | Fredericksburg | VA | 00:00:01 | 01:34:43 | 01:34:44 | 01:34:43 | 7:14 | 42 | 1000 | 943 |
| | 18 | 2/5 | Liz Greenlaw | Arlington | VA | 00:00:01 | 01:38:55 | 01:38:56 | 01:38:55 | 7:33 | 32 | 998 | 815 |
| | 21 | 3/5 | Tiaisha Myers | Fredericksburg | VA | 00:00:01 | 01:40:22 | 01:40:23 | 01:40:22 | 7:39 | 41 | 996 | 863 |
| | 24 | 4/5 | Carolyn Lowe-Thompson | Roanoke | VA | 00:00:01 | 01:41:24 | 01:41:25 | 01:41:24 | 7:44 | 49 | 994 | 845 |
| | 26 | 5/5 | Carol David | Stafford | VA | 00:00:01 | 01:42:35 | 01:42:36 | 01:42:35 | 7:50 | 57 | 992 | 802 |
| Women's 19 & under | | | | | | | | | | | | | |
| | 85 | 1/3 | Miriam Bonney | La Plata | MD | 00:02:02 | 02:07:09 | 02:09:11 | 02:07:09 | 9:42 | 16 | 952 | 787 |
| | 114 | 2/3 | Anna Bonney | La Plata | MD | 00:04:03 | 02:21:57 | 02:26:00 | 02:21:57 | 10:50 | 16 | 926 | 785 |
| | 116 | 3/3 | Molly Watson | King George | VA | 00:09:02 | 02:23:18 | 02:32:20 | 02:23:18 | 10:56 | 15 | 924 | 915 |
| Women's 20-29 | | | | | | | | | | | | | |
| | 28 | 1/8 | Kaitlin Mulder | Bentonville | VA | 00:00:01 | 01:43:18 | 01:43:19 | 01:43:18 | 7:53 | 26 | 990 | 861 |
| | 44 | 2/8 | Rebecca McMahon | Front Royal | VA | 00:09:02 | 01:50:19 | 01:59:21 | 01:50:19 | 8:25 | 28 | 976 | 856 |
| | 51 | 3/8 | Carrie Schlemmer | Buena Vista | CO | 00:07:02 | 01:53:18 | 02:00:20 | 01:53:18 | 8:39 | 26 | 972 | 891 |
| | 61 | 4/8 | Kelsie Judd | Arlington | VA | 00:04:03 | 01:56:16 | 02:00:19 | 01:56:16 | 8:52 | 26 | 966 | 835 |
| | 102 | 5/8 | Kelly Hodgkins | Fredericksburg | VA | 00:07:02 | 02:16:03 | 02:23:05 | 02:16:03 | 10:23 | 29 | 936 | 825 |
| | 113 | 6/8 | Maku Orleans-Pobee | Carrboro | NC | 00:07:02 | 02:21:42 | 02:28:44 | 02:21:42 | 10:49 | 24 | 928 | 865 |
| | 154 | 7/8 | Lin Rudder | Centreville | VA | 00:07:02 | 03:12:03 | 03:19:05 | 03:12:03 | 14:39 | 26 | 880 | 888 |
| | 155 | 8/8 | Kinsey Fields | Fredericksburg | VA | 00:09:02 | 03:13:26 | 03:22:28 | 03:13:26 | 14:45 | 28 | 878 | 940 |
| Women's 30-39 | | | | | | | | | | | | | |
| | 29 | 1/14 | Kris Beckert | Fredericksburg | VA | 00:00:01 | 01:43:36 | 01:43:37 | 01:43:36 | 7:54 | 37 | 988 | 780 |
| | 30 | 2/14 | Jennifer Cole | Washington | DC | 00:04:03 | 01:43:59 | 01:48:02 | 01:43:59 | 7:56 | 35 | 986 | 797 |
| | 32 | 3/14 | Megan McDonald | Fredericksburg | VA | 00:02:02 | 01:44:44 | 01:46:46 | 01:44:44 | 7:59 | 31 | 984 | 851 |
| | 38 | 4/14 | Rosemary Hlcks | New Kent | VA | 00:04:03 | 01:48:05 | 01:52:08 | 01:48:05 | 8:15 | 35 | 982 | 824 |
| | 63 | 5/14 | Nancy Penney | King George | VA | 00:09:02 | 01:56:26 | 02:05:28 | 01:56:26 | 8:53 | 38 | 964 | 866 |
| | 76 | 6/14 | Andrea Hillebrand | Emerald Isle | NC | 00:04:03 | 02:01:46 | 02:05:49 | 02:01:46 | 9:17 | 32 | 956 | 823 |
| | 88 | 7/14 | Lindsey Bellomy | Alexandria | VA | 00:07:02 | 02:07:40 | 02:14:42 | 02:07:40 | 9:44 | 37 | 946 | 782 |
| | 89 | 8/14 | Jessica Williams | Fredericksburg | VA | 00:07:02 | 02:07:40 | 02:14:42 | 02:07:40 | 9:44 | 32 | 944 | 919 |
| | 111 | 9/14 | Rebecca Winn | Fredericksburg | VA | 00:07:02 | 02:20:32 | 02:27:34 | 02:20:32 | 10:43 | 37 | 932 | 922 |
| | 119 | 10/14 | Kelsey Bracewell | Fredericksburg | VA | 00:07:02 | 02:23:56 | 02:30:58 | 02:23:56 | 10:59 | 31 | 922 | 789 |
| | 120 | 11/14 | Erin Walker | Colonial Beach | VA | 00:07:02 | 02:25:47 | 02:32:49 | 02:25:47 | 11:07 | 33 | 920 | 913 |
| | 124 | 12/14 | Zelphanie Diaz | Fredericksburg | VA | 00:07:02 | 02:30:14 | 02:37:16 | 02:30:14 | 11:28 | 35 | 916 | 803 |
| | 153 | 13/14 | Lauren Jeddou | King George | VA | 00:09:02 | 03:07:31 | 03:16:33 | 03:07:31 | 14:18 | 35 | 882 | 829 |
| | 158 | 14/14 | Hazel Podbielski | Ruther Glen | VA | 00:09:02 | 03:46:55 | 03:55:57 | 03:46:55 | 17:19 | 35 | 872 | 875 |
| Women's 40-49 | | | | | | | | | | | | | |
| | 39 | 1/18 | Michele Tritt | King George | VA | 00:00:01 | 01:48:54 | 01:48:55 | 01:48:54 | 8:18 | 49 | 980 | 908 |
| | 45 | 2/18 | Roseanne McEwan | Hollywood | MD | 00:00:01 | 01:50:42 | 01:50:43 | 01:50:42 | 8:27 | 42 | 974 | 853 |
| | 58 | 3/18 | Kelly Cox | Richmond | VA | 00:07:02 | 01:55:37 | 02:02:39 | 01:55:37 | 8:49 | 46 | 968 | 798 |
| | 65 | 4/18 | Veronica Gutierrez | Fredericksburg | VA | 00:02:02 | 01:57:18 | 01:59:20 | 01:57:18 | 8:57 | 41 | 962 | 936 |
| | 66 | 5/18 | Erin Dwyer | Gore | VA | 00:00:01 | 01:57:24 | 01:57:25 | 01:57:24 | 8:57 | 43 | 960 | 806 |

| | | | | | | | | | | | | |
|---------------------|-------|-------------------------|----------------|----|----------|----------|----------|----------|-------|----|------|-----|
| 75 | 6/18 | Leigh Weil | Washington | DC | 00:07:02 | 02:01:44 | 02:08:46 | 02:01:44 | 9:17 | 41 | 958 | 916 |
| 87 | 7/18 | Kristy Trayer | Bumpass | VA | 00:07:02 | 02:07:20 | 02:14:22 | 02:07:20 | 9:43 | 48 | 948 | 907 |
| 92 | 8/18 | Ruth Tonkyro | Leonardtown | Md | 00:07:02 | 02:09:04 | 02:16:06 | 02:09:04 | 9:51 | 42 | 942 | 906 |
| 107 | 9/18 | Patricia Bolen | Fredericksburg | VA | 00:07:02 | 02:19:45 | 02:26:47 | 02:19:45 | 10:40 | 43 | 934 | 784 |
| 122 | 10/18 | carolina sandoval | Fredericksburg | VA | 00:09:02 | 02:26:33 | 02:35:35 | 02:26:33 | 11:11 | 45 | 918 | 890 |
| 129 | 11/18 | Shelly Jones | Fredericksburg | VA | 00:07:02 | 02:35:08 | 02:42:10 | 02:35:08 | 11:50 | 41 | 910 | 832 |
| 132 | 12/18 | Delilah Tangney | Spotsylvania | VA | 00:07:02 | 02:36:15 | 02:43:17 | 02:36:15 | 11:55 | 46 | 906 | 901 |
| 139 | 13/18 | Martha Avila | Stafford | VA | 00:07:02 | 02:44:25 | 02:51:27 | 02:44:25 | 12:33 | 44 | 896 | 924 |
| 145 | 14/18 | Susan Blankenship | Fredericksburg | VA | 00:07:02 | 02:53:06 | 03:00:08 | 02:53:06 | 13:12 | 43 | 890 | 783 |
| 146 | 15/18 | Andrea King | Spotsylvania | VA | 00:07:02 | 02:53:17 | 03:00:19 | 02:53:17 | 13:13 | 47 | 888 | 837 |
| 151 | 16/18 | Sonya Bowman | Colonial Beach | VA | 00:09:02 | 03:05:26 | 03:14:28 | 03:05:26 | 14:09 | 41 | 884 | 926 |
| 156 | 17/18 | Victoria Carroll | Alexandria | VA | 00:09:02 | 03:22:22 | 03:31:24 | 03:22:22 | 15:26 | 40 | 876 | 795 |
| 157 | 18/18 | Sonia Moss | Stafford | VA | 00:09:02 | 03:24:49 | 03:33:51 | 03:24:49 | 15:37 | 45 | 874 | 932 |
| Women's 50-59 | | | | | | | | | | | | |
| 41 | 1/12 | Helena Bozarth | Fredericksburg | VA | 00:00:01 | 01:49:09 | 01:49:10 | 01:49:09 | 8:20 | 53 | 978 | 788 |
| 54 | 2/12 | Debra Durocher | Fredericksburg | VA | 00:07:02 | 01:54:09 | 02:01:11 | 01:54:09 | 8:42 | 52 | 970 | 805 |
| 79 | 3/12 | Elizabeth Quinn | Stafford | VA | 00:02:02 | 02:03:58 | 02:06:00 | 02:03:58 | 9:27 | 58 | 954 | 937 |
| 86 | 4/12 | Mary Ellen Kinser | Ashland | VA | 00:07:02 | 02:07:19 | 02:14:21 | 02:07:19 | 9:43 | 57 | 950 | 838 |
| 93 | 5/12 | RACHEL TOBUL | Springfield | VA | 00:07:02 | 02:09:18 | 02:16:20 | 02:09:18 | 9:52 | 52 | 940 | 905 |
| 125 | 6/12 | Donna Marcil | Fredericksburg | VA | 00:07:02 | 02:30:14 | 02:37:16 | 02:30:14 | 11:28 | 51 | 914 | 849 |
| 131 | 7/12 | Jane Yaun | Fredericksburg | VA | 00:09:02 | 02:36:03 | 02:45:05 | 02:36:03 | 11:54 | 53 | 908 | 923 |
| 133 | 8/12 | Pearl Guditus | Fredericksburg | VA | 00:07:02 | 02:36:16 | 02:43:18 | 02:36:16 | 11:55 | 57 | 904 | 818 |
| 134 | 9/12 | Sheridan Allicock | Fredericksburg | VA | 00:07:02 | 02:39:24 | 02:46:26 | 02:39:24 | 12:10 | 53 | 902 | 774 |
| 135 | 10/12 | Michele Tucker | Spotsylvania | VA | 00:07:02 | 02:40:08 | 02:47:10 | 02:40:08 | 12:13 | 52 | 900 | 909 |
| 136 | 11/12 | Sandra VanValkenburg | Fredericksburg | VA | 00:07:02 | 02:41:46 | 02:48:48 | 02:41:46 | 12:20 | 51 | 898 | 934 |
| 150 | 12/12 | Julia Huffman | King George | VA | 00:07:02 | 03:00:48 | 03:07:50 | 03:00:48 | 13:47 | 56 | 886 | 945 |
| Women's 60-69 | | | | | | | | | | | | |
| 98 | 1/4 | Leslie Rigby Kash | Fredericksburg | VA | 00:07:02 | 02:14:54 | 02:21:56 | 02:14:54 | 10:17 | 63 | 938 | 836 |
| 128 | 2/4 | Peggy Bell | Fredericksburg | VA | 00:07:02 | 02:34:29 | 02:41:31 | 02:34:29 | 11:47 | 62 | 912 | 781 |
| 142 | 3/4 | Mi Son Boles | Stafford | VA | 00:09:02 | 02:45:42 | 02:54:44 | 02:45:42 | 12:38 | 64 | 894 | 944 |
| 144 | 4/4 | Michelle Butler | Berwyn Heights | MD | 00:09:02 | 02:47:48 | 02:56:50 | 02:47:48 | 12:48 | 64 | 892 | 792 |
| Women's 70 and over | | | | | | | | | | | | |
| 112 | 1/1 | Nancy Crippen | Stafford | VA | 00:09:02 | 02:20:49 | 02:29:51 | 02:20:49 | 10:45 | 72 | 930 | 927 |
| Men's Open | | | | | | | | | | | | |
| 1 | 1/5 | Chris Pirch | Spotsylvania | VA | 00:00:01 | 01:18:20 | 01:18:21 | 01:18:20 | 5:59 | 39 | 1000 | 874 |
| 2 | 2/5 | Jared Jenkins | Fredericksburg | VA | 00:00:01 | 01:20:59 | 01:21:00 | 01:20:59 | 6:11 | 39 | 998 | 830 |
| 3 | 3/5 | Matt Boyd | Fredericksburg | VA | 00:00:01 | 01:22:42 | 01:22:43 | 01:22:42 | 6:19 | 49 | 996 | 938 |
| 4 | 4/5 | Shawn Baker | Fredericksburg | VA | 00:00:01 | 01:23:48 | 01:23:49 | 01:23:48 | 6:24 | 33 | 994 | 776 |
| 6 | 5/5 | Jim Thompson | Fredericksburg | VA | 00:00:01 | 01:25:43 | 01:25:44 | 01:25:43 | 6:32 | 32 | 990 | 904 |
| Men's 19 & under | | | | | | | | | | | | |
| 20 | 1/2 | Joseph Bonney | La Plata | MD | 00:00:01 | 01:39:57 | 01:39:58 | 01:39:57 | 7:37 | 16 | 966 | 786 |
| 43 | 2/2 | Joseph Ellefson | Front Royal | VA | 00:09:02 | 01:50:19 | 01:59:21 | 01:50:19 | 8:25 | 18 | 940 | 808 |
| Men's 20-29 | | | | | | | | | | | | |
| 5 | 1/9 | Aaron Misera | McLean | VA | 00:02:02 | 01:25:11 | 01:27:13 | 01:25:11 | 6:30 | 29 | 992 | 859 |
| 13 | 2/9 | Tyler Ortman | Fredericksburg | VA | 00:02:02 | 01:33:21 | 01:35:23 | 01:33:21 | 7:07 | 29 | 976 | 935 |
| 15 | 3/9 | Christopher Vinciguerra | Culpeper | VA | 00:00:01 | 01:37:28 | 01:37:29 | 01:37:28 | 7:26 | 27 | 974 | 939 |

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|-------------|-------|--------------------------|------------------|----|----------|----------|----------|----------|-------|----|-----|-----|
| 52 | 4/9 | Richard Pickeral | La Plata | MD | 00:02:02 | 01:53:22 | 01:55:24 | 01:53:22 | 8:39 | 25 | 928 | 872 |
| 53 | 5/9 | Karl Seiwert | Lansing | MI | 00:02:02 | 01:54:07 | 01:56:09 | 01:54:07 | 8:42 | 29 | 926 | 893 |
| 55 | 6/9 | Daniel Pratson | Leonardtwn | Md | 00:02:02 | 01:54:48 | 01:56:50 | 01:54:48 | 8:45 | 27 | 924 | 879 |
| 68 | 7/9 | Cody Waters | Fredericksburg | VA | 00:07:02 | 01:58:31 | 02:05:33 | 01:58:31 | 9:02 | 26 | 908 | 914 |
| 72 | 8/9 | Alejandro Diaz | Fredericksburg | VA | 00:04:03 | 01:59:01 | 02:03:04 | 01:59:01 | 9:05 | 29 | 900 | 946 |
| 152 | 9/9 | Ryan Stone | King George | VA | 00:09:02 | 03:06:59 | 03:16:01 | 03:06:59 | 14:16 | 27 | 816 | 899 |
| Men's 30-39 | | | | | | | | | | | | |
| 7 | 1/14 | James Hayner | Fredericksburg | VA | 00:00:01 | 01:25:58 | 01:25:59 | 01:25:58 | 6:33 | 39 | 988 | 819 |
| 11 | 2/14 | Steven Baumann | Washington | DC | 00:00:01 | 01:29:09 | 01:29:10 | 01:29:09 | 6:48 | 30 | 980 | 779 |
| 16 | 3/14 | Paul Johnson | Alexandria | VA | 00:02:02 | 01:38:30 | 01:40:32 | 01:38:30 | 7:31 | 30 | 972 | 831 |
| 25 | 4/14 | Nick Pierce | Ruther Glen | VA | 00:02:02 | 01:41:42 | 01:43:44 | 01:41:42 | 7:45 | 39 | 960 | 873 |
| 37 | 5/14 | McKenzie McLeod | Woodbridge | VA | 00:09:02 | 01:47:02 | 01:56:04 | 01:47:02 | 8:10 | 38 | 946 | 855 |
| 49 | 6/14 | Daniel Setlock | Fredericksburg | VA | 00:04:03 | 01:52:31 | 01:56:34 | 01:52:31 | 8:35 | 34 | 932 | 894 |
| 62 | 7/14 | Matthew Faulds | Waldorf | MD | 00:02:02 | 01:56:25 | 01:58:27 | 01:56:25 | 8:53 | 32 | 914 | 812 |
| 67 | 8/14 | Jeff Henry | Fredericksburg | VA | 00:04:03 | 01:57:54 | 02:01:57 | 01:57:54 | 9:00 | 38 | 910 | 820 |
| 73 | 9/14 | Matt Wilson | King George | VA | 00:02:02 | 01:59:36 | 02:01:38 | 01:59:36 | 9:07 | 38 | 898 | 921 |
| 74 | 10/14 | Jose Roman | Emerald Isle | NC | 00:04:03 | 02:01:44 | 02:05:47 | 02:01:44 | 9:17 | 39 | 896 | 887 |
| 104 | 11/14 | James Tweeddale | Fredericksburg | VA | 00:09:02 | 02:17:46 | 02:26:48 | 02:17:46 | 10:31 | 39 | 860 | 910 |
| 115 | 12/14 | Andrew Walker | Colonial Beach | VA | 00:02:02 | 02:23:05 | 02:25:07 | 02:23:05 | 10:55 | 34 | 848 | 912 |
| 121 | 13/14 | Victor Thomas Podbielski | Ruther Glen | VA | 00:04:03 | 02:25:52 | 02:29:55 | 02:25:52 | 11:08 | 37 | 842 | 877 |
| 149 | 14/14 | Steve Logsdon | La Plata | MD | 00:04:03 | 02:56:33 | 03:00:36 | 02:56:33 | 13:28 | 38 | 818 | 843 |
| Men's 40-49 | | | | | | | | | | | | |
| 9 | 1/22 | John Oplinger | King George | VA | 00:00:01 | 01:28:26 | 01:28:27 | 01:28:26 | 6:45 | 43 | 984 | 933 |
| 12 | 2/22 | Christopher Koehler | Locust Grove | VA | 00:00:01 | 01:29:48 | 01:29:49 | 01:29:48 | 6:51 | 48 | 978 | 941 |
| 19 | 3/22 | Adil Jeddou | King George | VA | 00:04:03 | 01:39:11 | 01:43:14 | 01:39:11 | 7:34 | 44 | 968 | 828 |
| 27 | 4/22 | Kenneth Robitaille | Fredericksburg | VA | 00:04:03 | 01:42:48 | 01:46:51 | 01:42:48 | 7:51 | 43 | 958 | 884 |
| 31 | 5/22 | Robert Eaves | Mechanicsville | VA | 00:02:02 | 01:44:03 | 01:46:05 | 01:44:03 | 7:56 | 45 | 956 | 807 |
| 34 | 6/22 | Eldon Pollard | Spotsylvania | VA | 00:04:03 | 01:45:02 | 01:49:05 | 01:45:02 | 8:01 | 46 | 952 | 878 |
| 35 | 7/22 | JP Duckett | Triangle | VA | 00:02:02 | 01:46:33 | 01:48:35 | 01:46:33 | 8:08 | 45 | 950 | 804 |
| 40 | 8/22 | Brian Pessolano | Stafford | VA | 00:00:01 | 01:48:58 | 01:48:59 | 01:48:58 | 8:19 | 46 | 944 | 869 |
| 42 | 9/22 | Shawn Martyniak | Newark | DE | 00:02:02 | 01:50:11 | 01:52:13 | 01:50:11 | 8:24 | 48 | 942 | 947 |
| 47 | 10/22 | Joshua Stevens | Fredericksburg | VA | 00:02:02 | 01:50:56 | 01:52:58 | 01:50:56 | 8:28 | 43 | 936 | 897 |
| 57 | 11/22 | David Bridi | Fredericksburg | VA | 00:02:02 | 01:55:27 | 01:57:29 | 01:55:27 | 8:48 | 45 | 920 | 791 |
| 59 | 12/22 | jermaine fox | Highland Springs | VA | 00:07:02 | 01:55:38 | 02:02:40 | 01:55:38 | 8:49 | 47 | 918 | 813 |
| 78 | 13/22 | Kent Archibald | Fredericksburg | VA | 00:04:03 | 02:03:09 | 02:07:12 | 02:03:09 | 9:24 | 43 | 892 | 775 |
| 81 | 14/22 | Lance Elzie | Manassas | VA | 00:07:02 | 02:04:33 | 02:11:35 | 02:04:33 | 9:30 | 45 | 888 | 809 |
| 90 | 15/22 | Carl Hooks | Purcellville | VA | 00:02:02 | 02:08:21 | 02:10:23 | 02:08:21 | 9:47 | 49 | 880 | 827 |
| 100 | 16/22 | Christopher Cusmano | Mechanicsville | Md | 00:07:02 | 02:15:42 | 02:22:44 | 02:15:42 | 10:21 | 45 | 866 | 800 |
| 109 | 17/22 | Jason Erdo | Alexandria | VA | 00:04:03 | 02:19:55 | 02:23:58 | 02:19:55 | 10:40 | 44 | 852 | 928 |
| 118 | 18/22 | Tim Rohlfs | Fredericksburg | VA | 00:04:03 | 02:23:51 | 02:27:54 | 02:23:51 | 10:58 | 42 | 844 | 885 |
| 126 | 19/22 | Michael Estes | Stafford | VA | 00:04:03 | 02:31:14 | 02:35:17 | 02:31:14 | 11:32 | 47 | 838 | 810 |
| 127 | 20/22 | Ian Stockwell | King George | VA | 00:09:02 | 02:31:48 | 02:40:50 | 02:31:48 | 11:35 | 40 | 836 | 898 |
| 140 | 21/22 | Phil Griffin | Toano | VA | 00:09:02 | 02:45:15 | 02:54:17 | 02:45:15 | 12:36 | 46 | 828 | 817 |
| 147 | 22/22 | Herman McDonald III | King George | VA | 00:09:02 | 02:54:40 | 03:03:42 | 02:54:40 | 13:19 | 47 | 822 | 852 |
| Men's 50-59 | | | | | | | | | | | | |
| 8 | 1/24 | Craig Chasse | Reston | VA | 00:00:01 | 01:27:43 | 01:27:44 | 01:27:43 | 6:41 | 50 | 986 | 796 |
| 10 | 2/24 | Dennis Billings | Woodbridge | VA | 00:00:01 | 01:28:35 | 01:28:36 | 01:28:35 | 6:45 | 51 | 982 | 925 |

| | | | | | | | | | | | | |
|-------------------|-------|------------------------|----------------|----|----------|----------|----------|----------|-------|----|-----|-----|
| 23 | 3/24 | Brad Rippey | Fredericksburg | VA | 00:02:02 | 01:41:04 | 01:43:06 | 01:41:04 | 7:43 | 53 | 962 | 883 |
| 33 | 4/24 | Duane Williamson | Warrenton | VA | 00:02:02 | 01:44:51 | 01:46:53 | 01:44:51 | 8:00 | 56 | 954 | 920 |
| 48 | 5/24 | Christopher Maestrello | Richmond | VA | 00:02:02 | 01:52:24 | 01:54:26 | 01:52:24 | 8:34 | 57 | 934 | 846 |
| 50 | 6/24 | Steven Perkins | Richmond | Va | 00:07:02 | 01:52:51 | 01:59:53 | 01:52:51 | 8:37 | 52 | 930 | 868 |
| 56 | 7/24 | Dale Manry | Stafford | VA | 00:02:02 | 01:55:10 | 01:57:12 | 01:55:10 | 8:47 | 54 | 922 | 848 |
| 60 | 8/24 | Lars Richard Dahl | Stafford | VA | 00:02:02 | 01:56:03 | 01:58:05 | 01:56:03 | 8:51 | 58 | 916 | 801 |
| 64 | 9/24 | Dan Carrigg | Leonardtown | Md | 00:02:02 | 01:57:16 | 01:59:18 | 01:57:16 | 8:57 | 53 | 912 | 794 |
| 69 | 10/24 | Lou Peradotto | Fredericksburg | VA | 00:02:02 | 01:58:54 | 02:00:56 | 01:58:54 | 9:04 | 54 | 906 | 867 |
| 71 | 11/24 | Eric Pratson | Leonardtown | Md | 00:02:02 | 01:58:59 | 02:01:01 | 01:58:59 | 9:05 | 57 | 902 | 880 |
| 77 | 12/24 | James Stemple | Stafford | VA | 00:04:03 | 02:02:17 | 02:06:20 | 02:02:17 | 9:20 | 54 | 894 | 896 |
| 82 | 13/24 | James Meersman | Woodbridge | VA | 00:04:03 | 02:05:27 | 02:09:30 | 02:05:27 | 9:34 | 59 | 886 | 857 |
| 91 | 14/24 | David Larson | Alexandria | VA | 00:04:03 | 02:08:45 | 02:12:48 | 02:08:45 | 9:49 | 55 | 878 | 841 |
| 94 | 15/24 | Christopher McFarlane | Alexandria | VA | 00:04:03 | 02:09:42 | 02:13:45 | 02:09:42 | 9:54 | 51 | 876 | 854 |
| 95 | 16/24 | Wendell Gore | Richmond | VA | 00:07:02 | 02:13:21 | 02:20:23 | 02:13:21 | 10:10 | 51 | 874 | 930 |
| 99 | 17/24 | Tony AGUILAR | Fredericksburg | VA | 00:02:02 | 02:15:00 | 02:17:02 | 02:15:00 | 10:18 | 56 | 868 | 773 |
| 101 | 18/24 | James Rohr | Warrenton | VA | 00:07:02 | 02:15:47 | 02:22:49 | 02:15:47 | 10:21 | 59 | 864 | 886 |
| 106 | 19/24 | George Judd | Fredericksburg | VA | 00:09:02 | 02:18:57 | 02:27:59 | 02:18:57 | 10:36 | 56 | 856 | 834 |
| 110 | 20/24 | Dave Honaker | Purcellville | VA | 00:09:02 | 02:20:17 | 02:29:19 | 02:20:17 | 10:42 | 56 | 850 | 826 |
| 117 | 21/24 | Gerry Griffin | Quantico | VA | 00:04:03 | 02:23:31 | 02:27:34 | 02:23:31 | 10:57 | 59 | 846 | 816 |
| 123 | 22/24 | John Syarto | Bristow | VA | 00:09:02 | 02:26:41 | 02:35:43 | 02:26:41 | 11:11 | 52 | 840 | 900 |
| 130 | 23/24 | Howard Thomas | King George | VA | 00:09:02 | 02:35:54 | 02:44:56 | 02:35:54 | 11:54 | 58 | 834 | 902 |
| 141 | 24/24 | John McDonald | King George | VA | 00:07:02 | 02:45:32 | 02:52:34 | 02:45:32 | 12:38 | 59 | 826 | 850 |
| Men's 60-69 | | | | | | | | | | | | |
| 17 | 1/15 | charles capone | Clinton | Md | 00:02:02 | 01:38:49 | 01:40:51 | 01:38:49 | 7:32 | 60 | 970 | 793 |
| 22 | 2/15 | Jack Morrison | Fredericksburg | VA | 00:02:02 | 01:40:22 | 01:42:24 | 01:40:22 | 7:39 | 60 | 964 | 942 |
| 36 | 3/15 | Vic Barthelemy | Spotsylvania | VA | 00:02:02 | 01:46:48 | 01:48:50 | 01:46:48 | 8:09 | 65 | 948 | 777 |
| 46 | 4/15 | Bret Schmidt | Fredericksburg | VA | 00:02:02 | 01:50:50 | 01:52:52 | 01:50:50 | 8:27 | 60 | 938 | 892 |
| 80 | 5/15 | Terry Basham | Dumfries | VA | 00:02:02 | 02:03:59 | 02:06:01 | 02:03:59 | 9:27 | 60 | 890 | 778 |
| 83 | 6/15 | Mike Minix | Manakin-Sabot | VA | 00:02:02 | 02:05:42 | 02:07:44 | 02:05:42 | 9:35 | 62 | 884 | 858 |
| 84 | 7/15 | allen vaughan | Stafford | VA | 00:02:02 | 02:05:47 | 02:07:49 | 02:05:47 | 9:36 | 69 | 882 | 911 |
| 96 | 8/15 | Garret Faulds | Colonial Beach | VA | 00:04:03 | 02:13:28 | 02:17:31 | 02:13:28 | 10:11 | 64 | 872 | 811 |
| 97 | 9/15 | David Rasmussen | King George | VA | 00:07:02 | 02:14:31 | 02:21:33 | 02:14:31 | 10:16 | 62 | 870 | 881 |
| 103 | 10/15 | Tim Moles | Stafford | VA | 00:04:03 | 02:16:29 | 02:20:32 | 02:16:29 | 10:25 | 60 | 862 | 860 |
| 105 | 11/15 | Alex Long | Port Royal | VA | 00:07:02 | 02:17:48 | 02:24:50 | 02:17:48 | 10:31 | 65 | 858 | 844 |
| 137 | 12/15 | Robert Silverman | Potomac | Md | 00:07:02 | 02:42:33 | 02:49:35 | 02:42:33 | 12:24 | 62 | 832 | 895 |
| 138 | 13/15 | Vic Culp | Fredericksburg | VA | 00:00:01 | 02:42:43 | 02:42:44 | 02:42:43 | 12:25 | 63 | 830 | 771 |
| 148 | 14/15 | Victor Podbielski | King George | VA | 00:09:02 | 02:56:26 | 03:05:28 | 02:56:26 | 13:28 | 62 | 820 | 876 |
| 159 | 15/15 | Bob Brammer | Fredericksburg | VA | 00:00:01 | 03:58:16 | 03:58:17 | 03:58:16 | 18:11 | 67 | 814 | 790 |
| Men's 70 and over | | | | | | | | | | | | |
| 70 | 1/3 | Vincent Murphy | Woodbridge | VA | 00:04:03 | 01:58:56 | 02:02:59 | 01:58:56 | 9:04 | 70 | 904 | 862 |
| 108 | 2/3 | Edwin Ridout | Stafford | VA | 00:07:02 | 02:19:49 | 02:26:51 | 02:19:49 | 10:40 | 70 | 854 | 882 |
| 143 | 3/3 | Stephen Fisher | Fredericksburg | VA | 00:09:02 | 02:47:15 | 02:56:17 | 02:47:15 | 12:45 | 71 | 824 | 929 |