

Finishers by Category - Heat 1

Rundate: 08/04/2018 20:22:39 2018 DHRT 50km

08/04/2018

Cat	Pl	Place	Name	City	ST	Time	Time min/mile	Ag	Bib #
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Women Overall									
	6	1/3	Bethany patterson	Richmond	VA	4:13:03	8:09	39	101
	7	2/3	Kristen Serafin	Gaithersburg	MD	4:53:31	9:27	30	162
	8	3/3	Neela D'Souza	Pickering	ON	4:55:35	9:31	40	102
Women 40-49									
	22	1/5	Jennifer Hickey	Washington	DC	5:40:15	10:57	47	133
	32	2/5	Maribel Dichard	Woodbridge	VA	6:35:32	12:44	41	125
	35	3/5	Robin Davis	Palmyra	VA	6:45:58	13:04	44	123
	36	4/5	Nicole Clark	Lutherville	MD	6:46:50	13:06	47	121
	43	5/5	Lesa DePeal	Durham	NC	7:09:56	13:50	49	124
Women 50-59									
	46	1/1	Kate Abbott	Fairfax	VA	7:19:19	14:08	53	109
Women 60 & over									
	29	1/1	Sandy Williams	Charlottesville	VA	6:22:57	12:20	60	166
Men Overall									
	1	1/3	Seth Kolosso	Dahlgren	VA	3:38:51	7:03	24	141
	2	2/3	George Sefzik	Alexandria	VA	3:51:43	7:27	43	161
	3	3/3	Erick Kuhlmann	Staunton	VA	3:52:43	7:29	31	103
Men 40-49									
	10	1/8	Joseph Nah	Gaithersburg	MD	5:02:14	9:44	46	155
	14	2/8	Reynolds Wilson	Arlington	VA	5:07:43	9:54	46	167
	17	3/8	Chris Sherwood	Bristow	VA	5:28:49	10:35	46	163
	19	4/8	Michael Maddock Jr	Fairfax	VA	5:31:06	10:39	49	147
	20	5/8	Troy Hughes	Washington	DC	5:36:05	10:49	48	136
	31	6/8	Tom Hu	Bethesda	MD	6:26:39	12:27	42	135
	41	7/8	Brian Mcgonigal	Manassas	VA	7:08:14	13:47	43	150
	42	8/8	Dan Bengero	Laurel	MD	7:08:15	13:47	40	112
Men 50-59									
	4	1/13	Dan Nephin	Lancaster	PA	4:11:40	8:06	50	156
	5	2/13	Takayoshi Kuramoto	ANN ARBOR	MI	4:12:32	8:08	50	143
	18	3/13	Chris Gellene	Bridgewater	Va	5:30:49	10:39	55	107
	25	4/13	Michael Brown	Bardstown	KY	6:01:24	11:38	50	115
	28	5/13	David Wood	Abingdon	Md	6:22:49	12:19	56	106
	30	6/13	Tim Moles	Stafford	VA	6:26:37	12:27	58	153
	33	7/13	Bob Barnard	Arlington	VA	6:39:11	12:51	51	111
	37	8/13	Perry Ligon	Harrisburg	PA	6:47:48	13:08	57	145
	38	9/13	Steven DeSantis	Alexandria	VA	6:53:09	13:18	57	105
	39	10/13	John Buzansky	Jamison	PA	7:04:33	13:40	56	117
	44	11/13	Christipher Streeter	Mitchellville	MD	7:14:45	14:00	57	164
	45	12/13	Glenn Bossie	Montross	VA	7:18:15	14:06	56	114
	47	13/13	Chris Intagliata	Williamsburg	VA	7:23:34	14:17	54	137
Men 60 & over									
	16	1/3	wayne kline	Manassas	VA	5:25:43	10:29	64	104
	40	2/3	Alex Long	Port Royal	VA	7:05:07	13:41	63	146
	49	3/3	William Moeller	Spring	TX	7:30:27	14:30	62	152
Men's Others									
	9	1/13	Tate Besougloff	McLean	VA	4:59:29	9:38	25	113
	11	2/13	Takeya Tsunokawa	King George	VA	5:04:57	9:49	39	168
	12	3/13	Luke Fleck	Export	PA	5:06:44	9:52	23	128
	13	4/13	Tj McCay	Virginia Beach	VA	5:06:46	9:52	28	149
	15	5/13	Frank Markham	Richmond	Va	5:14:37	10:08	33	148
	21	6/13	John Hodge	King George	VA	5:37:38	10:52	30	134

23	7/13	Mark Keats	Falls Church	VA	5:52:12	11:20	38	139
24	8/13	Ryan Myers	Manassas	VA	6:01:01	11:37	35	154
26	9/13	Benjamin Krasnoff	Abingdon	Md	6:09:53	11:54	35	142
27	10/13	Ashley Arwood	Havre de Grace	MD	6:20:37	12:15	37	110
34	11/13	Zack Fuqua	Annandale	VA	6:45:13	13:03	35	129
48	12/13	Joe Pickens	King George	VA	7:27:57	14:25	32	158
50	13/13	John Jacobson	San Antonio	TX	7:34:31	14:38	32	138

2018 Dahlgren Heritage Rail Trail 50km Splits

First time in each column is time of day. Second time is pace per mile.  
Finish time is gun time followed by pace per mile.

Pl	Bib		Indiantown		Wal-Mart		Indiantown		Finish	
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1	141	Seth Kolosso	7:21	6:18	8:07	6:15	8:58	6:28	3:38:51	7:03
2	161	George Sefzik	7:28	7:10	8:20	7:05	9:15	7:12	3:51:43	7:27
3	103	Erick Kuhlmann	7:28	7:10	8:22	7:13	9:17	7:18	3:52:43	7:29
4	156	Dan Nephin	7:30	7:24	8:26	7:28	9:26	7:41	4:11:40	8:06
5	143	Takayoshi Kuramoto	7:35	8:01	8:34	7:59	9:33	7:59	4:12:32	8:08
6	101	Bethany patterson	7:35	8:01	8:34	7:59	9:33	7:59	4:13:03	8:09
7	162	Kristen Serafin	7:46	9:23	8:52	9:09	9:58	9:05	4:53:31	9:27
8	102	Neela D'Souza	7:35	8:01	8:34	7:59	9:33	7:59	4:55:35	9:31
9	113	Tate Besougloff	7:48	9:38	8:50	9:01	9:57	9:02	4:59:29	9:38
10	155	Joseph Nah	7:50	9:53	9:03	9:51	10:10	9:36	5:02:14	9:44
11	168	Takeya Tsunokawa	7:39	8:31	8:46	8:45	10:06	9:26	5:04:57	9:49
12	128	Luke Fleck	7:40	8:39	8:44	8:38	9:57	9:02	5:06:44	9:52
13	149	Tj McCay	7:40	8:39	8:44	8:38	9:55	8:57	5:06:46	9:52
14	167	Reynolds Wilson	7:52	10:07	9:00	9:40	10:12	9:42	5:07:43	9:54
15	148	Frank Markham	7:43	9:01	8:49	8:57	10:06	9:26	5:14:37	10:08
16	104	wayne kline	7:46	9:23	8:57	9:28	10:14	9:47	5:25:43	10:29
17	163	Chris Sherwood	7:43	9:01	8:49	8:57	10:01	9:13	5:28:49	10:35
18	107	Chris Gellene	8:04	11:36	9:24	11:12	10:40	10:55	5:30:49	10:39
19	147	Michael Maddock Jr	7:49	9:45	9:02	9:47	10:24	10:13	5:31:06	10:39
20	136	Troy Hughes	7:45	9:16	8:55	9:20	10:18	9:57	5:36:05	10:49
21	134	John Hodge	7:43	9:01	8:53	9:12	10:23	10:10	5:37:38	10:52
22	133	Jennifer Hickey	8:02	11:21	9:20	10:57	10:36	10:45	5:40:15	10:57
23	139	Mark Keats	7:49	9:45	9:06	10:03	10:39	10:52	5:52:12	11:20
24	154	Ryan Myers	7:40	8:39	8:48	8:53	10:34	10:39	6:01:01	11:37
25	115	Michael Brown	7:45	9:16	8:58	9:32	10:30	10:29	6:01:24	11:38
26	142	Benjamin Krasnoff	7:45	9:16	9:03	9:51	10:39	10:52	6:09:53	11:54
27	110	Ashley Arwood	7:48	9:38	9:13	10:30	10:55	11:34	6:20:37	12:15
28	106	David Wood	8:08	12:06	9:41	12:18	11:10	12:14	6:22:49	12:19
29	166	Sandy Williams	8:06	11:51	9:33	11:47	11:01	11:50	6:22:57	12:20
30	153	Tim Moles	8:02	11:21	9:32	11:43	11:09	12:11	6:26:37	12:27
31	135	Tom Hu	8:02	11:21	9:27	11:24	11:03	11:55	6:26:39	12:27
32	125	Maribel Dichard	8:04	11:36	9:33	11:47	11:10	12:14	6:35:32	12:44
33	111	Bob Barnard	7:55	10:30	9:21	11:01	11:03	11:55	6:39:11	12:51
34	129	Zack Fuqua	7:52	10:07	9:24	11:12	11:15	12:27	6:45:13	13:03
35	123	Robin Davis	8:10	12:21	9:44	12:30	11:24	12:50	6:45:58	13:04
36	121	Nicole Clark	8:08	12:06	9:42	12:22	11:23	12:48	6:46:50	13:06
37	145	Perry Ligon	8:06	11:51	9:41	12:18	11:23	12:48	6:47:48	13:08
38	105	Steven DeSantis	7:55	10:30	9:47	12:41	11:39	13:30	6:53:09	13:18
39	117	John Buzansky	8:05	11:44	9:43	12:26	11:37	13:24	7:04:33	13:40
40	146	Alex Long	8:10	12:21	9:47	12:41	11:35	13:19	7:05:07	13:41
41	150	Brian MCGonigal	8:00	11:07	9:34	11:51	11:24	12:50	7:08:14	13:47
42	112	Dan Bengero	8:04	11:36	9:37	12:02	11:25	12:53	7:08:15	13:47
43	124	Les DePeal	8:10	12:21	9:50	12:53	11:34	13:17	7:09:56	13:50
44	164	Christipher Streeter	7:53	10:15	9:19	10:53	11:24	12:50	7:14:45	13:60
45	114	Glenn Bossie	8:19	13:27	9:57	13:20	11:44	13:43	7:18:15	14:06

46	109	Kate Abbott	8:19	13:27	10:05	13:51	11:53	14:06	7:19:19	14:08
47	137	Chris Intagliata	8:09	12:13	9:48	12:45	11:39	13:30	7:23:34	14:17
48	158	Joe Pickens	8:00	11:07	9:40	12:14	11:40	13:32	7:27:57	14:25
49	152	William Moeller	8:06	11:51	9:40	12:14	11:37	13:24	7:30:27	14:30
50	138	John Jacobson	8:00	11:07	9:41	12:18	11:39	13:30	7:34:31	14:38
51	151	Dustin Meeker	7:21	6:18	8:09	6:22				
52	126	Cameron Dow	7:41	8:46	8:51	9:05				
53	132	Philip Halapin	8:48	17:02						