

Finishers by Category - Heat 1

Rundate: 08/02/2014 20:04:48 2014 DHRT 50km

08/02/2014

Cat	Pl	Place	Name	City	ST	Time	Time min/mile	Ag	Bib #
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Women Overall									
	4	1/3	Gina Slaby	Virginia Beach	VA	3:39:26	7:04	33	40
	13	2/3	Sara Harmon	Kernersville	NC	4:46:30	9:13	31	17
	15	3/3	Vicky Jaspardo	Fredericksburg	VA	4:47:59	9:16	41	49
Women 40-49									
	29	1/1	Kate Moga	Fredericksburg	VA	5:48:22	11:13	46	28
Women 50-59									
	33	1/1	Lynne Clemo	Fredericksburg	VA	6:11:26	11:57	54	8
Women 60 & over									
	43	1/1	Joyce Ong	Bristow	VA	8:03:04	15:33	64	29
Women's Others									
	23	1/2	Alice Pallotti	King George	VA	5:12:30	10:04	37	31
	40	2/2	Rachel Dunai	Fredericksburg	VA	7:39:16	14:47	33	12
Men Overall									
	1	1/3	Michael Wardian	Arlington	VA	3:10:26	6:08	40	44
	2	2/3	Steve Slaby	Virginia Beach	VA	3:20:05	6:26	33	41
	3	3/3	Brad Hinton	Berryville	VA	3:36:53	6:59	38	18
Men 40-49									
	5	1/12	Alexander Hetherington	Vienna	VA	3:45:23	7:15	47	1
	14	2/12	mike porter	Fredericksburg	VA	4:47:40	9:16	46	52
	16	3/12	Michael A. Pulley	Mechanicsville	VA	4:57:41	9:35	48	51
	17	4/12	Richard Sisson	Tappahannock	VA	4:59:42	9:39	43	39
	21	5/12	Mike Sisson	King George	VA	5:09:15	9:57	40	38
	24	6/12	Joe Miller	Ft Belvoir	VA	5:14:35	10:08	46	27
	31	7/12	Jonathan White	Stafford	VA	6:08:03	11:51	45	45
	32	8/12	Dominic DeMarco	Vienna	VA	6:09:23	11:53	40	9
	35	9/12	John King	Richmond	VA	6:31:33	12:36	43	20
	37	10/12	David Klisz	Ashland	VA	6:42:46	12:58	45	21
	38	11/12	Miguel Rivera	Stafford	VA	7:05:15	13:41	47	35
	42	12/12	Todd Leshar	Fredericksburg	VA	7:58:29	15:24	48	23
Men 50-59									
	7	1/9	Duane Williamson	Warrenton	VA	4:28:31	8:39	50	46
	9	2/9	Steven DeSantis	California	MD	4:34:06	8:49	53	10
	10	3/9	David Lovegrove	Fredericksburg	VA	4:36:15	8:53	57	50
	11	4/9	George Cleland IV	Winston Salem	NC	4:42:21	9:05	50	7
	20	5/9	Don Baxter	Fredericksburg	VA	5:06:21	9:52	54	2
	26	6/9	Jeff Madison	Reston	VA	5:30:14	10:38	56	25
	27	7/9	Chris Gellene	Vienna	VA	5:44:03	11:04	51	16
	36	8/9	David Wood	Abingdon	Md	6:37:47	12:48	52	47
	41	9/9	Damian Horne	Arlington	VA	7:52:12	15:12	55	19
Men's Others									
	6	1/11	Uriah Orland	Manassas	VA	4:11:04	8:05	37	30
	8	2/11	Jim McGuckin	Wilmington	DE	4:30:04	8:42	37	26
	12	3/11	Jason Dexter	Arlington	VA	4:44:30	9:09	33	11
	18	4/11	Chris Snyder	Ruther Glen	VA	5:03:30	9:46	39	42
	19	5/11	Ryan Pau	Arlington	VA	5:05:49	9:51	28	32
	22	6/11	Avery LaBelle	Fredericksburg	VA	5:11:11	10:01	27	22
	25	7/11	Ben Strunk	Raleigh	NC	5:18:24	10:15	25	43
	28	8/11	Dan Pulskamp	Chesterfield	VA	5:45:49	11:08	35	33
	30	9/11	Van Garcia	Fredericksburg	VA	6:05:37	11:46	34	15
	34	10/11	Steven Buoni	Ashland	VA	6:22:38	12:19	28	4
	39	11/11	Timothy Brown	Spotsylvania	VA	7:22:07	14:14	32	3

2014 Dahlgren Heritage Rail Trail 50km Splits

First time in each column is time of day. Second time is pace per mile.
 Finish time is gun time followed by pace per mile.

Pl	Bib		Indiantown		Wal-Mart		Indiantown		Finish	
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1	44	Michael Wardian	7:20	6:10	8:04	6:03	8:50	6:07	3:10:26	6:08
2	41	Steve Slaby	7:20	6:10	8:05	6:07	8:52	6:12	3:20:05	6:26
3	18	Brad Hinton	7:29	7:17	8:20	7:05	9:10	6:59	3:26:53	6:40
4	40	Gina Slaby	7:25	6:47	8:14	6:42	9:07	6:51	3:39:26	7:04
5	1	Alexander Hetherington	7:29	7:17	8:20	7:05	9:11	7:02	3:45:23	7:15
6	30	Uriah Orland	7:39	8:31	8:38	8:15	9:35	8:05	4:11:04	8:05
7	46	Duane Williamson	7:35	8:01	8:32	7:51	9:33	7:59	4:28:31	8:39
8	26	Jim McGuckin	7:37	8:16	8:35	8:03			4:30:04	8:42
9	10	Steve DeSantis	7:44	9:08	8:48	8:53	9:51	8:47	4:34:06	8:49
10	50	David Lovegrove	7:42	8:53	8:48	8:53	9:52	8:49	4:36:15	8:53
11	7	George Cleland IV	7:44	9:08	8:48	8:53	9:57	9:02	4:42:21	9:05
12	11	Jason Dexter	7:35	8:01	8:32	7:51	9:39	8:15	4:44:30	9:09
13	17	Sara Harmon	7:44	9:08	8:48	8:53	9:57	9:02	4:46:30	9:13
14	52	Mike Porter	7:46	9:23	8:56	9:24	10:01	9:13	4:47:40	9:16
15	49	Vicky Jasparro	7:54	10:22	9:01	9:43	10:06	9:26	4:47:59	9:16
16	51	Michael Pulley	7:48	9:38	8:57	9:28	10:06	9:26	4:57:41	9:35
17	39	Richard Sisson	7:47	9:30	8:57	9:28	10:07	9:29	4:59:42	9:39
18	42	Chris Snyder	7:46	9:23	8:56	9:24	10:05	9:23	5:03:30	9:46
19	32	Ryan Pau	7:44	9:08	8:50	9:01	10:00	9:10	5:05:49	9:51
20	2	Don Baxter	7:49	9:45	9:01	9:43	10:11	9:39	5:06:21	9:52
21	38	Mike Sisson	7:43	9:01	8:48	8:53	10:08	9:31	5:09:15	9:57
22	22	Avery LaBelle	7:47	9:30	8:56	9:24	10:10	9:36	5:11:11	10:01
23	31	Alice Pallotti	7:44	9:08	8:52	9:09	10:12	9:42	5:12:30	10:04
24	27	Joe Miller	7:51	10:00	9:03	9:51	10:18	9:57	5:14:35	10:08
25	43	Ben Strunk	7:41	8:46	8:44	8:38	9:53	8:52	5:18:24	10:15
26	25	Jeff Madison	7:44	9:08	8:50	9:01	10:07	9:29	5:30:14	10:38
27	16	Chris Gellene	7:55	10:30	9:15	10:37	10:36	10:45	5:44:03	11:04
28	33	Dan Pulskamp	7:53	10:15	9:11	10:22	10:33	10:37	5:45:49	11:08
29	28	Kate Moga	7:55	10:30	9:07	10:07	10:32	10:34	5:48:22	11:13
30	15	Van Garcia	7:50	9:53	9:03	9:51	10:40	10:55	6:05:37	11:46
31	45	Jonathan White	7:56	10:37	9:34	11:51	11:02	11:53	6:08:03	11:51
32	9	Dominic DeMarco	7:56	10:37	9:23	11:08	10:52	11:26	6:09:23	11:53
33	8	Lynne Clemo	7:56	10:37	9:17	10:45	10:51	11:24	6:11:26	11:57
34	4	Steven Buoni	7:54	10:22	9:22	11:05	11:01	11:50	6:22:38	12:19
35	20	John King	8:00	11:07	9:31	11:39	11:11	12:16	6:31:33	12:36
36	47	David Wood	8:04	11:36	9:33	11:47	11:13	12:21	6:37:47	12:48
37	21	David Klisz	8:01	11:14	9:34	11:51	11:15	12:27	6:42:46	12:58
38	35	Miguel Rivera	7:56	10:37	9:36	11:59	11:43	13:40	7:05:15	13:41
39	3	Timothy Brown	8:01	11:14	9:34	11:51	11:34	13:17	7:22:07	14:14
40	12	Rachel Dunai	8:03	11:29	9:37	12:02	11:31	13:09	7:39:16	14:47
41	19	Damian Horne	8:08	12:06	9:44	12:30	11:55	14:12	7:52:12	15:12
42	23	Todd Leshar	7:57	10:44	9:35	11:55	11:52	14:04	7:58:29	15:24
43	29	Joyce Ong	8:20	13:35	10:13	14:22	12:15	15:04	8:03:04	15:33