

Finishers by Category - Heat 1

Rundate: 08/07/2010 22:42:21 2010 DHRT 50km

08/07/2010

Cat	Pl	Place	Name	City	ST	Time	Time min/mile	Ag
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Women's Overall								
	17	1/3	Donna Rostant	Reston	VA	5:05:58	9:35	50
	20	2/3	laurel bell	crownsville	md	5:10:01	9:43	48
	26	3/3	Bridget Guerrero	Stafford	VA	5:18:38	9:59	42
Women 19 & under								
Women 40-49								
	30	1/3	Ryn Morrison	South Boston	VA	5:30:48	10:22	45
	41	2/3	Marianna Inslee	Mechanicsville	VA	5:44:10	10:47	45
	44	3/3	Linda Newman	Richmond	VA	5:55:37	11:09	48
Women 50-59								
	53	1/1	Lynne Clemo	Fredericksburg	VA	6:06:36	11:30	51
Women 60 & over								
	68	1/1	Jean D. Evansmore	Ellicott City	MD	8:48:47	16:35	69
Women's Others								
	27	1/7	Kira Zevan	College Park	MD	5:26:19	10:14	36
	38	2/7	Jillian Good	Fredericksburg	VA	5:42:11	10:44	27
	45	3/7	Katheryn Newnum	Fredericksburg	VA	5:58:04	11:13	31
	58	4/7	C Dorrian	Fredericksburg	VA	6:18:42	11:52	37
	62	5/7	Julia Ledlin	New York	NY	6:55:02	13:01	21
	64	6/7	Carissa Van Alstine	Wilmington	NC	7:44:01	14:33	27
	65	7/7	Amber Van Alstine	Fredericksburg	VA	7:44:06	14:33	27
Men's Overall								
	1	1/3	Karsten Brown	Front Royal	VA	3:55:06	7:22	36
	2	2/3	Joseph Parker	Lynchburg	VA	4:07:23	7:45	24
	3	3/3	Brad Hinton	Strasburg	VA	4:07:47	7:46	34
Men 19 & under								
Men 40-49								
	6	1/16	Steven DeSantis	ALEXANDRIA	VA	4:34:32	8:36	49
	7	2/16	Barry Hauptman	Bethesda	MD	4:35:50	8:39	47
	14	3/16	Keith Rose	Richmond	VA	4:59:45	9:24	43
	23	4/16	Joe Wood	Chesapeake	VA	5:15:41	9:54	45
	24	5/16	Steven Yancey	Ashland	VA	5:17:13	9:57	49
	25	6/16	Michael Pulley	Mechanicsville	VA	5:18:19	9:59	44
	31	7/16	Stefan Krannitz	Fredericksburg	VA	5:33:25	10:27	42
	32	8/16	David Grossweiler	Thurmont	MD	5:34:02	10:28	41
	36	9/16	Jack Hyland	Fredericksburg	VA	5:41:24	10:42	46
	39	10/16	John Buzansky	Jamison	PA	5:42:32	10:44	48
	40	11/16	Doug Mason	Germantown	MD	5:42:59	10:45	41
	46	12/16	Chris Zazzale	Annapolis	MD	5:58:49	11:15	44
	49	13/16	Tom Phillips	Scottsville	VA	6:00:10	11:17	44
	50	14/16	Bill Ramsey	St George	VA	6:00:45	11:19	46
	60	15/16	Tom Lavin	Baltimore	MD	6:42:00	12:36	46
	63	16/16	S Greig	Fredericksburg	VA	7:38:24	14:22	40
Men 50-59								
	12	1/9	Hector Regatto	Falls Church	VA	4:53:03	9:11	51
	18	2/9	Tim Cohn	Reston	VA	5:05:58	9:35	53
	19	3/9	Tom DeKornfeld	Annapolis	MD	5:09:40	9:42	57
	42	4/9	Luke Brandonisio	Bel Air	MD	5:49:00	10:56	52
	43	5/9	Peter Kimes	Ashburn	VA	5:50:31	10:59	54
	48	6/9	Jerry Jared	St George	VA	5:59:21	11:16	55
	52	7/9	Dean Wewetzer	Newport News	VA	6:03:47	11:24	51
	55	8/9	Paul Boyette	Chesapeake	VA	6:09:50	11:36	51
	56	9/9	Jon Jester	Mechanicsville	VA	6:12:37	11:41	51

Men 60 & over

57	1/2	Farouk Elkassed	Fairfax	VA	6:16:18	11:48	60
66	2/2	Laurence Macon	San Antonio	TX	7:55:31	14:54	65

Men's Others

4	1/24	Chris Szoch	Ruckersville	VA	4:31:15	8:30	26
5	2/24	Seth Rasymo	Lynchburg	VA	4:33:12	8:34	24
8	3/24	Ryan Nebel	Richmond	VA	4:47:43	9:01	26
9	4/24	Chris Miller	Alexandria	VA	4:48:26	9:03	36
10	5/24	David Capezza	Washington	DC	4:51:26	9:08	26
11	6/24	Michael Wolfgang	Richmond	VA	4:52:41	9:11	34
13	7/24	Ryan Fulwider	Fredericksburg	VA	4:58:40	9:22	35
15	8/24	Troy Hartle	Triangle	VA	5:02:19	9:29	26
16	9/24	Rodney Gill	Richmond	Va	5:05:33	9:35	36
21	10/24	christopher holt	Arnold	MD	5:10:39	9:44	33
22	11/24	Alexander Hall	Dumfries	VA	5:10:45	9:44	29
28	12/24	Davis Hall	Raleigh	NC	5:26:55	10:15	32
29	13/24	Philip Riley	Newport News	VA	5:27:47	10:17	28
33	14/24	Blaine Mably	Leonardtwn	Md	5:34:58	10:30	31
34	15/24	Joshua Greenberg			5:38:38	10:37	36
35	16/24	Kevin Riley	Washington	DC	5:40:28	10:40	31
37	17/24	John Shepard	Alexandria	VA	5:42:10	10:44	33
47	18/24	MATTHEW ILES	LEESBURG	VA	5:59:07	11:15	35
51	19/24	Jonathan Doda	Burke	VA	6:03:05	11:23	33
54	20/24	William C. Solley	Falls Church	Va	6:09:49	11:36	34
59	21/24	Kevin Vioral	Stafford	VA	6:23:35	12:01	39
61	22/24	William Gane	New York	NY	6:55:02	13:01	35
67	23/24	Robert Coleman Jr	Petersburg	VA	8:28:47	15:57	33
69	24/24	Neil Richard	King George	VA	8:52:42	16:42	33

2010 Dahlgren Heritage Rail Trail 50km Splits

First time in each column is time of day. Second time is pace per mile.
Finish time is gun time followed by pace per mile.

Pl	Bib	LABC		Indiantown		Rt 605		Indiantown		Finish		
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1	76	Karsten Brown	7:05	7:27	7:55	7:27	8:58	7:26	10:00	7:22	3:55:06	7:22
2	51	Joseph Parker	7:08	8:05	8:02	8:04	9:11	8:05	10:12	7:47	4:07:23	7:45
3	31	Brad Hinton	7:05	7:27	7:55	7:27	8:59	7:29	10:06	7:35	4:07:47	7:46
4	63	Chris Szoch	7:06	7:40	7:58	7:43	9:06	7:50	10:22	8:08	4:31:15	8:30
5	62	Seth Rasymo	7:10	8:31	8:02	8:04	9:10	8:02	10:27	8:19	4:33:12	8:34
6	11	Steven DeSantis	7:08	8:05	8:02	8:04	9:17	8:24	10:33	8:32	4:34:32	8:36
7	30	Barry Hauptman	7:13	9:09	8:11	8:52	9:25	8:48	10:35	8:36	4:35:50	8:39
8	48	Ryan Nebel	7:09	8:18	8:03	8:09	9:17	8:24	10:43	8:53	4:47:43	9:01
9	46	Chris Miller	7:08	8:05	8:00	7:54	9:09	7:59	10:35	8:36	4:43:26	8:53
10	6	David Capezza	7:08	8:05	8:02	8:04	9:17	8:24	10:41	8:48	4:48:26	9:03
11	68	Michael Wolfgang	7:15	9:34	8:17	9:23	9:41	9:36	10:54	9:16	4:51:41	9:09
12	55	Hector Regatto	7:16	9:47	8:16	9:18	9:31	9:06	10:50	9:07	4:53:03	9:11
13	77	Ryan Fulwider	7:09	8:18	8:06	8:25	9:27	8:54	10:52	9:12	4:58:40	9:22
14	58	Keith Rose	7:15	9:34	8:17	9:23	9:41	9:36	10:55	9:18	4:59:45	9:24
15	29	Troy Hartle	7:09	8:18	8:05	8:20	9:23	8:42	10:53	9:14	5:02:19	9:29
16	20	Rodney Gill	7:15	9:34	8:17	9:23	9:41	9:36	11:02	9:33	5:05:33	9:35
17	59	Donna Rostant	7:11	8:43	8:11	8:52	9:33	9:12	10:58	9:24	5:05:58	9:35
	8	Tim Cohn	7:11	8:43	8:11	8:52	9:33	9:12	10:58	9:24	5:05:58	9:35
19	10	Tom Dekornfeld	7:15	9:34	8:17	9:23	9:40	9:33	11:05	9:39	5:09:40	9:42
20	3	Laurel Bell	7:15	9:34	8:17	9:23	9:40	9:33	11:05	9:39	5:10:01	9:43
21	32	Christopher Holt	7:15	9:34	8:17	9:23	9:40	9:33	11:05	9:39	5:10:39	9:44
22	27	Alexander Hall	7:13	9:09	8:15	9:13	9:36	9:21	11:03	9:35	5:10:45	9:44
23	69	Joe Wood	7:11	8:43	8:10	8:46	9:32	9:09	11:06	9:41	5:15:41	9:54
24	70	Steven Yancey	7:16	9:47	8:21	9:44	9:44	9:45	11:10	9:49	5:17:13	9:57

25	53	Michael Pulley	7:16	9:47	8:20	9:39	9:39	9:30	11:09	9:47	5:18:19	9:59
26	26	Bridget Guerrero	7:17	10:00	8:25	10:05	9:52	10:09	11:13	9:56	5:18:38	9:59
27	72	Kira Zevan	7:14	9:22	8:17	9:23	9:44	9:45	11:13	9:56	5:26:19	10:14
28	28	Davis Hall	7:13	9:09	8:15	9:13	9:36	9:21	11:16	10:02	5:26:55	10:15
29	74	Philip Riley	7:17	10:00	8:22	9:49	9:51	10:06	11:20	10:11	5:27:47	10:17
30	47	Ryn Morrison	7:17	10:00	8:22	9:49	9:48	9:57	11:20	10:11	5:30:48	10:22
31	39	Stefan Krannitz	7:09	8:18	8:06	8:25	9:27	8:54	11:18	10:06	5:33:25	10:27
32	25	David Grossweiler	7:16	9:47	8:18	9:28	9:43	9:42	11:18	10:06	5:34:02	10:28
33	75	Blaine Mably	7:06	7:40	8:03	8:09	9:36	9:21	11:23	10:17	5:34:58	10:30
34	23	Joshua Greenberg	7:13	9:09	8:13	9:02	9:43	9:42	11:25	10:21	5:38:38	10:37
35	57	Kevin Riley	7:15	9:34	8:18	9:28	9:48	9:57	11:28	10:27	5:40:28	10:40
36	33	Jack Hyland	7:19	10:26	8:28	10:21	9:55	10:18	11:30	10:32	5:41:24	10:42
37	60	John Shepard	7:11	8:43	8:13	9:02	9:43	9:42	11:25	10:21	5:42:10	10:44
38	21	Jillian Good	7:19	10:26	8:29	10:26	9:59	10:30	11:32	10:36	5:42:11	10:44
39	5	John Buzansky	7:15	9:34	8:18	9:28	9:48	9:57	11:27	10:25	5:42:32	10:44
40	73	Doug Mason	7:16	9:47	8:19	9:34	9:47	9:54	11:25	10:21	5:42:59	10:45
41	35	Marianna Inslee	7:17	10:00	8:23	9:55	9:52	10:09	11:30	10:32	5:44:10	10:47
42	78	Luke Brandonisio	7:16	9:47	8:17	9:23	9:38	9:27	11:29	10:29	5:49:00	10:56
43	38	Peter Kimes	7:14	9:22	8:22	9:49	9:55	10:18	11:36	10:44	5:50:31	10:59
44	49	Linda Newman	7:17	10:00	8:24	10:00	9:59	10:30	11:39	10:51	5:55:37	11:09
45	50	Katheryn Newnum	7:15	9:34	8:21	9:44	9:55	10:18	11:40	10:53	5:58:04	11:13
46	71	Chris Zazzale	7:15	9:34	8:17	9:23	9:41	9:36	11:28	10:27	5:58:49	11:15
47	34	Matthew Iles	7:19	10:26	8:29	10:26	10:05	10:48	11:48	11:09	5:59:07	11:15
48	36	Jerry Jared	7:16	9:47	8:23	9:55	10:03	10:42	11:52	11:18	5:59:21	11:16
49	52	Tom Phillips	7:11	8:43	8:11	8:52	9:42	9:39	11:38	10:48	6:00:10	11:17
50	54	Bill Ramsey	7:16	9:47	8:23	9:55	9:57	10:24	11:49	11:12	6:00:45	11:19
51	12	Jonathan Doda	7:19	10:26	8:29	10:26	10:05	10:48	11:49	11:12	6:03:05	11:23
52	67	Dean Wewetzer	7:17	10:00	8:24	10:00	10:00	10:33	11:45	11:03	6:03:47	11:24
53	7	Lynne Clemo	7:19	10:26	8:29	10:26	10:03	10:42	11:50	11:14	6:06:36	11:30
54	61	William Solley	7:17	10:00	8:25	10:05	9:54	10:15	11:48	11:09	6:09:49	11:36
55	4	Paul Boyette	7:11	8:43	8:08	8:36	9:47	9:54	11:46	11:05	6:09:50	11:36
56	37	Jon Jester	7:17	10:00	8:24	10:00	9:57	10:24	11:50	11:14	6:12:37	11:41
57	15	Farouk Elkassed	7:17	10:00	8:26	10:11	10:05	10:48	11:56	11:26	6:16:18	11:48
58	13	C Dorrian	7:17	10:00	8:29	10:26	10:12	11:09	12:02	11:39	6:18:42	11:52
59	66	Kevin Vioral	7:21	10:51	8:35	10:58	10:11	11:06	12:05	11:45	6:23:35	12:01
60	40	Tom Lavin	7:24	11:29	8:40	11:24	10:16	11:21	12:20	12:17	6:42:00	12:36
61	18	William Gane	7:18	10:13	8:53	12:33	10:37	12:25	12:33	12:44	6:55:02	13:01
	41	Julia Ledlin	7:28	12:20	8:53	12:33	10:37	12:25	12:33	12:44	6:55:02	13:01
63	24	S Greig	7:17	10:00	8:29	10:26	10:30	12:04	13:04	13:49	7:38:24	14:22
64	65	Carissa Van Alstine	7:24	11:29	8:54	12:38	10:59	13:31	13:20	14:23	7:44:01	14:33
65	64	Amber Van Alstine	7:24	11:29	8:54	12:38	10:59	13:31	13:20	14:23	7:44:06	14:33
66	43	Laurence Macon	7:28	12:20	9:01	13:15	11:13	14:13	13:29	14:42	7:55:31	14:54
67	9	Robert Coleman Jr	7:31	12:59	9:06	13:41	11:18	14:28	13:55	15:37	8:28:47	15:57
68	16	Jean Evansmore	7:35	13:50	9:22	15:05	11:42	15:41	14:15	16:19	8:48:47	16:35
69	56	Neil Richard	7:31	12:59	9:06	13:41	11:25	14:49	14:01	15:49	8:52:42	16:42