

Finishers by Category - Heat 1

Rundate: 05/05/2018 12:49:16 2018 Cougar Literacy Run 5km 05/05/2018

Cat	Pl	Place	Name	City	ST	Time	Time	Ag	Grand	Prix	Bib #
							min/mile				
Women Overall											
	6	1/3	Rebecca Rydstrom	Manassas	VA	00:28:36	9:12	39	0		318
	8	2/3	heather montgomery	Philadelphia	PA	00:30:24	9:47	35	0		316
	10	3/3	Debbie McIntyre	Manassas	VA	00:30:51	9:56	41	0		314
Women 19 and under											
	21	1/3	Lilibeth Rivera	Manassas	VA	00:42:12	13:35	10	0		334
	23	2/3	Kaylee Frank	Manassas	VA	00:53:48	17:19	9	0		327
	25	3/3	Ava Larmore	Manassas	VA	00:57:14	18:25	8	0		325
Women 20-29											
	17	1/1	Elizabeth England	Manassas	VA	00:37:28	12:04	27	0		303
Women 30-39											
	12	1/4	Shannon Washburn	Manassas	VA	00:33:32	10:48	33	0		328
	15	2/4	Michelle Rogers	Manassas	VA	00:36:13	11:39	36	0		331
	18	3/4	Linda Lane	Manassas	VA	00:37:51	12:11	39	0		309
	26	4/4	Daria Brown	Decatur	GA	00:57:14	18:25	39	0		324
Women 40-49											
	11	1/3	Kimberly Escamilla	Manassas	VA	00:31:13	10:03	42	0		304
	16	2/3	Stacey Mamon	Bristow	VA	00:36:19	11:41	43	0		336
	19	3/3	Darcy Damon	Manassas	VA	00:39:10	12:36	48	0		302
Women 50-59											
	24	1/1	Lynnie Mehus	Manassas	VA	00:53:48	17:19	50	0		326
Women 60-69											
	28	1/1	Sharon McDonald	Marietta	PA	00:59:29	19:09	64	0		322
Men Overall											
	1	1/3	Sean Hicks	Manassas	VA	00:17:38	5:41	45	0		320
	2	2/3	Team Donald Harms	Manassas	VA	00:19:12	6:11	34	0		307
	3	3/3	Michael Cruz	Manassas	VA	00:21:30	6:55	15	0		330
Men 19 and under											
	7	1/3	Brandon Guzman	Manassas	VA	00:29:57	9:38	12	0		329
	13	2/3	Luke Mamon	Bristow	VA	00:34:49	11:12	8	0		335
	14	3/3	Alejandro Rogers	Manassas	VA	00:36:06	11:37	9	0		332
Men 30-39											
	9	1/2	John Groves	Manassas	VA	00:30:41	9:53	36	0		321
	20	2/2	Stanley LaFrance	Manassas	VA	00:39:15	12:38	35	0		308
Men 40-49											
	4	1/3	frank montgomery	Philadelphia	PA	00:26:08	8:25	44	0		315
	5	2/3	Bidyut Acharya	Manassas	VA	00:27:52	8:58	45	0		301
	22	3/3	Alex Rivera	Manassas	VA	00:42:13	13:35	42	0		333
Men 60-69											
	27	1/1	Jeff McDonald	Marietta	PA	00:59:29	19:09	64	0		323