

RESTRICTIONS

On out bound Russell, runner's can use only the west bound lane.

Of in bound Russell, runner's can use only the east bound lane.

Forestaty, NE of the traffic circle, cones can be placed on the center line to the intersection with Catlin Ave. These are not required for the shortest distance will keep rules to the right of the cones until this point and shortest distance will take runners to SW bound side of Barnett.