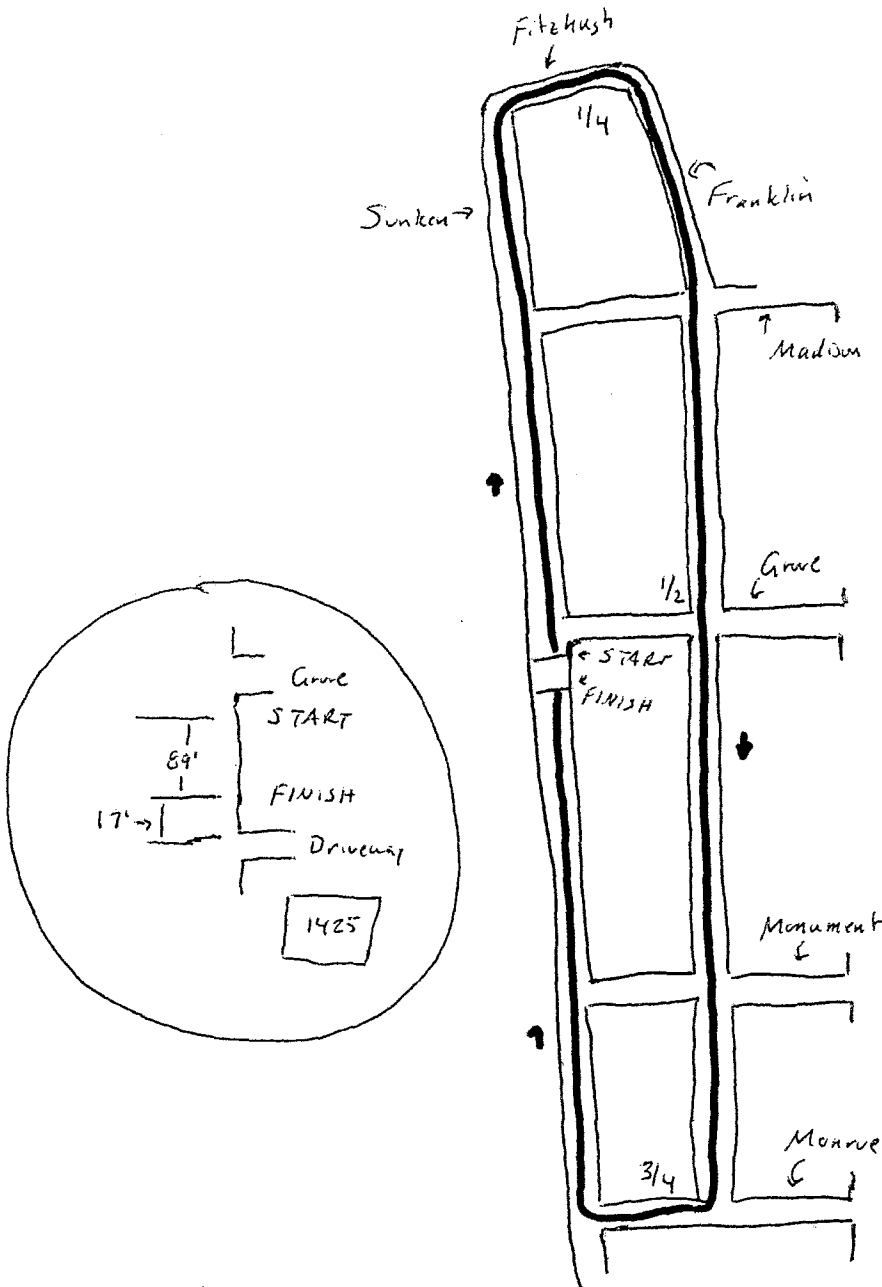


↑ N

Mental Health Mile  
measured by Vic Culp  
on March 23, 2008

USATF-CERTIFIED  
COURSE  
VA-08014-RT



Loop is 89 feet longer than mile. Any two points 89 feet apart will give a mile course.

Start and Finish are noted to place 1/4 mile markers

Start - 89 feet NW of Finish

Finish - 17 feet NW of NW edge of driveway for 1425 Sunken

1/4 - 9'10" before Drain Cap between brick wall and White House on Fitzhugh

1/2 - 4' after Sewer Cap in middle of intersection of Grove and Franklin. Use the sewer cap that is closest to Madison

3/4 - 11" before horse hitch for 913 Monroe

CERTIFICATION EXPIRES  
12/31/2018